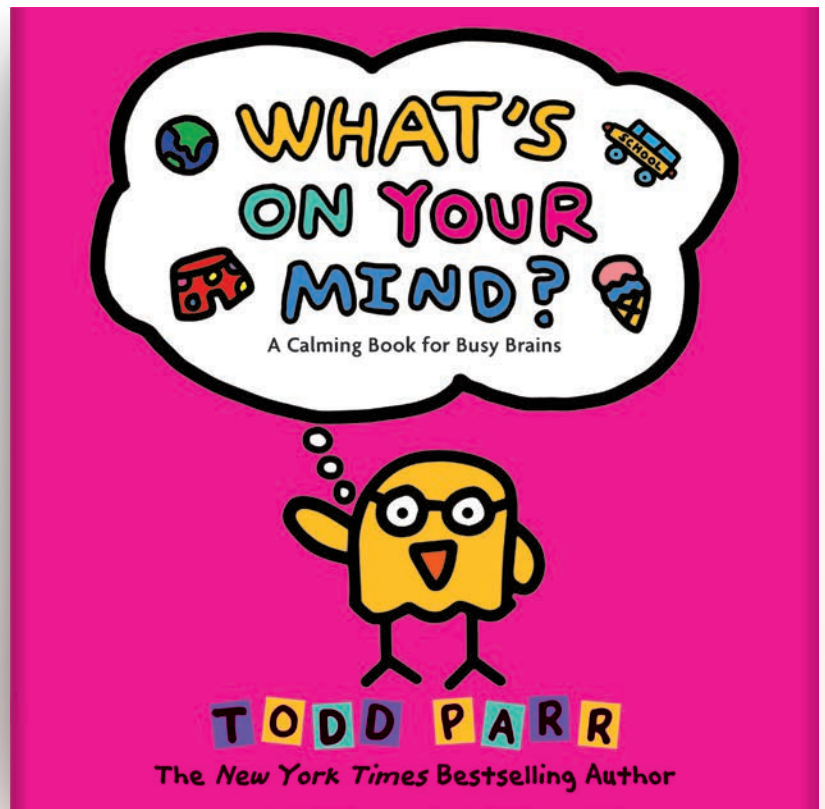


If your head feels too full...

A gentle, interactive introduction to mindfulness and handling feelings of all shapes and sizes from *New York Times* bestselling author **TODD PARR**.



Tim Courtney



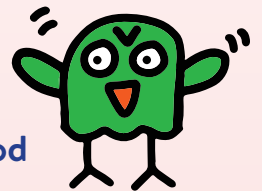
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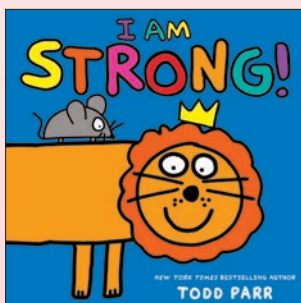
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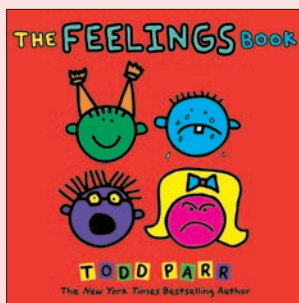
“Todd Parr’s developmentally perfect, brightly colored early childhood titles resonate emotionally with young children and their families.”
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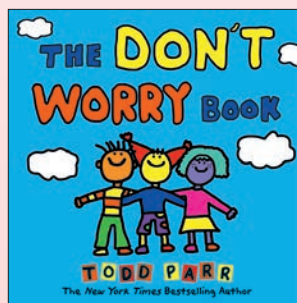
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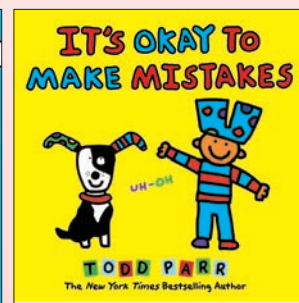
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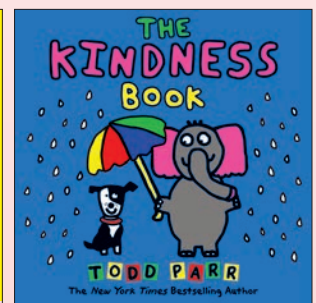
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