

Becoming the Man You Were Created to Be  
Instead of Who the World Says You Are

# STAND FIRM & ACT LIKE MEN

JOBY MARTIN

*with* CHARLES MARTIN

## Reader's Group Guide

# DISCUSSION QUESTIONS

## First Impressions

1. What were your first impressions of the book's take on manhood?
2. Which part of the book felt most personally challenging or encouraging to you?
3. How does the author's interpretation of 1 Corinthians 16:13-14 shape your understanding of masculinity?
4. Do you agree with Joby Martin that masculinity is in crisis? Why or why not?
5. What does "stand firm in the faith" look like in your life right now?

## Beliefs

1. How has culture shaped your ideas of what it means to be a man?
2. What does biblical strength look like compared to cultural strength?
3. What does biblical love look like compared to cultural love? Or How is biblical manhood and love not at odds with each other?
4. Did the book confront any false beliefs you held about manhood? If so, which ones?
5. How can men lead their families spiritually?

# DISCUSSION QUESTIONS

## Reflecting

1. Which chapter or story impacted you most? Why?
2. What lies do you think are most threatening to men in today's culture?
3. How can Christian men support one another in accountability and spiritual growth?
4. What is one practical habit or action you want to take after reading this book?
5. What does servant leadership mean to you after reading this?

## Thoughts on Manhood

1. How has the Church succeeded in equipping men to be godly leaders? How has it failed?
2. How does this book redefine strength and courage through the lens of the Bible?
3. What fears or doubts do you have about stepping into biblical manhood?
4. What role does humility play in Joby Martin's vision of manhood?
5. How does this book redefine strength and courage in spiritual terms?

## Takeaways

1. How did this book encourage or challenge your view of fatherhood or mentorship?
2. In what areas do you feel called to "act like a man" spiritually?
3. How can you support other men in your life in pursuing biblical masculinity?
4. How would you explain the message of this book to a non-Christian friend?
5. What's one takeaway you want to remember and live out from this book?

# LEAVE A REVIEW

**We'd love to hear what you think! Please consider leaving a review of the book on a book review site, like GoodReads, or at the retailer or library where you got the book.**

