

# ❖ FIRST FEELINGS ❖

I first heard your heartbeat \_\_\_\_\_

I first felt the flutter of your

movements \_\_\_\_\_

It felt like \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

I felt you kick for the first time \_\_\_\_\_

It felt like \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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\_\_\_\_\_

Other funny movements I felt \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Funny movements I could actually see \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Throughout the pregnancy, I was most

excited about \_\_\_\_\_

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I thought you would be \_\_\_\_\_

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