

HOW TO MAKE A BOOKLET

Here are three simple ways to make a blank booklet.

1. Using a stapler

This method makes an eight-page booklet. You will need one A4 or letter-sized piece of paper, a pair of scissors, and a stapler.

1. Fold the paper in half widthwise, then fold again in half.
2. Unfold the paper and cut along the fold marks using scissors. You should have four rectangles of paper equal in size.
3. To bind the booklet, stack the rectangles on top of one another, fold them in half, and staple them together along the fold.

2. Using a needle and thread

This method makes an eight-page booklet. You will need one A4 or letter-sized piece of paper, a pair of scissors, and a needle and thread.

1. Fold the paper in half widthwise, then fold again in half.
2. Unfold the paper and cut along the fold marks using scissors. You should have four rectangles of paper equal in size.
3. To bind the booklet, stack the rectangles on top of one another, fold them in half, and sew them together along the fold.

Tip: Look up Japanese bookbinding instructions in a book or online.

3. Making an accordion book

This method makes a reversible booklet with a total of 26 panels. You will need two A4 or letter-sized pieces of paper, a pair of scissors, and glue.

1. Fold one piece of paper in half lengthwise, so that the two long edges meet. Unfold the paper and cut along the fold mark. You should have two long, skinny rectangles.
2. Fold one rectangle in half widthwise, so that the two short edges meet. Then fold the free ends in half back toward the middle fold. The rectangle will look like a W. Repeat with the second rectangle, so that you have two Ws.
3. Repeat steps 1 and 2 with the second piece of paper so you have four Ws total.
4. Glue the Ws together to create an accordion. You can flatten the accordion to “close” the book.

Tip: Glue one piece of cardboard (cut to size) to either end of the accordion to provide more structure.