



Book Club Guide

DISCUSSION QUESTIONS

Resilience and Hope

1. Judy Henderson's journey is defined by resilience. How did her ability to maintain hope in such dire circumstances impact you as a reader?
2. What role did hope play in Judy's daily life during her wrongful incarceration? How did her hope evolve over time?
3. How does Judy's story illustrate the transformative power of perseverance? Can you think of other real-life examples where hope was a critical part of someone's survival?
4. Judy never lost sight of her innocence. How did this belief help her cope with the trauma of prison? Could you relate to her need to hold on to that truth?
5. What moments in the book were pivotal in reminding you of the strength of the human spirit? How did those moments challenge your own understanding of resilience?

Motherhood and Family Bonds

1. Judy's deep connection to her children was a constant driving force for her. How did her role as a mother shape her identity, even behind bars?
2. Discuss the impact of Judy's absence on her children. How do you think their lives were shaped by having a mother wrongfully incarcerated?
3. How did Judy's relationship with her children evolve over the years of her imprisonment? Were there moments that felt particularly heart-wrenching or uplifting?
4. The bond between Judy and her family is unbreakable, despite the circumstances. What does this say about the power of family and support systems?
5. What do you think about the way Judy's family, including her children, supported her throughout her wrongful conviction? How important is family support in overcoming adversity?

DISCUSSION QUESTIONS

Injustice and the Criminal Justice System

1. Judy Henderson's wrongful conviction was a miscarriage of justice. How did her experience shine a light on flaws within the criminal justice system?
2. What are some of the injustices that Judy faced while incarcerated, beyond her wrongful conviction?
3. How do you feel about the role of the prosecutor who later became her ally in securing her clemency? Does this redemption story offer hope for the justice system?
4. Discuss the role of activism and advocacy in Judy's case. How important were these efforts in securing her release?
5. In what ways can Judy's story serve as a call for reform in the criminal justice system, particularly for wrongfully incarcerated individuals and mothers?

Personal Transformation and Growth

1. Throughout the book, Judy undergoes significant personal transformation. What are some key moments where you saw her evolve as a person?
2. Judy writes about finding new purpose even in prison. How did she find meaning in her life despite her situation?
3. What do you think the book's title, *When the Light Finds Us*, represents in Judy's life and in the broader context of human experience?
4. Judy's journey from despair to redemption is both emotional and inspiring. What lessons can readers take from her transformation?
5. How do you think Judy's experiences in prison changed her perspective on the world outside? What do you think she values most now that she is free?

DISCUSSION QUESTIONS

Social Issues and Advocacy

1. Judy becomes an advocate for incarcerated women, especially mothers. Why do you think this cause was so important to her, and how did her experience influence her activism?
2. How does Judy's story shed light on the specific challenges faced by incarcerated women? Do you think society is often unaware of these issues?
3. What do you think Judy's story says about the need for greater empathy and understanding of those in the prison system?
4. In what ways did Judy's experiences shape her views on justice, redemption, and forgiveness?
5. Do you believe Judy's story could inspire change within the prison system? What changes do you think are necessary for a more just system, particularly for wrongfully convicted individuals?

LEAVE A REVIEW

I'd love to hear what you think! Please consider leaving a review of the book on a book review site, like GoodReads, or at the retailer or library where you got the book.