



**NEW  
RELEASES**

**20**



**23**

**Storey**

 **hachette**  
BOOK GROUP

# 1 NEW

## Creatures of the Ocean Sticker Poster

FIONA OCEAN SIMMANCE AND ALISON SKY SIMMANCE

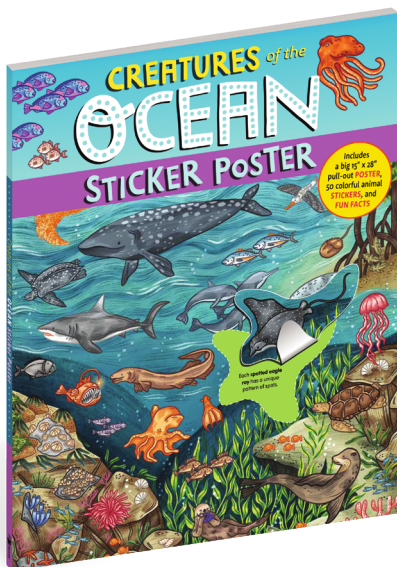
This colourful poster book invites kids ages 4–8 to complete the scene by adding 50 stickers, all featuring creatures found in the world's oceans. From polar bears, emperor penguins, and clownfish to hammerhead sharks and Beluga whales, kids will love learning facts and following the clues to match the creature to its place on the poster. The completed poster measures 15 x 28 inches.

**SEPTEMBER 2023**

14 pages; 8 x 10; Full-color

**Notebook binding with 5 sticker sheets; \$12.99 US**

ISBN 978-1-63586-620-9



## Creatures of the Rainforest Sticker Poster

FIONA OCEAN SIMMANCE AND ALISON SKY SIMMANCE

This poster book for kids ages 4–8 features 50 colourfully illustrated stickers of amazing creatures that live in rainforests around the world, from the scarlet macaw and pygmy glider to the red-eyed tree frog and many more. Kids will love learning facts and following the clues to match the creature to its place on the poster. The completed poster measures 15 x 28 inches.

**SEPTEMBER 2023**

14 pages; 8 x 10; Full-color

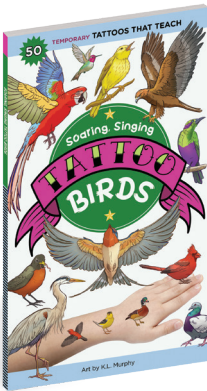
**Notebook binding with 5 sticker sheets; \$12.99 US**

ISBN 978-1-63586-621-6



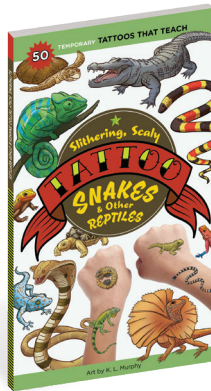
## Tattoo Books

Accompanied by fascinating facts, the tattoos come in sheets and are ready to be applied with a damp cloth, offering bright, bold body art. Easy to apply, these tattoos promise lots of fun—and learning—for nature lovers.



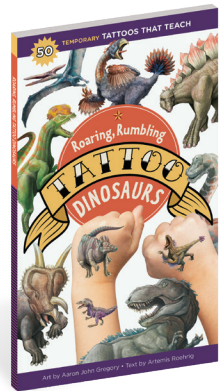
**SEPTEMBER 2023**

14 Pages; 5½ x 10; Full-Color;  
**Notebook binding with backing board; \$8.99 US**  
 ISBN 978-1-63586-668-1

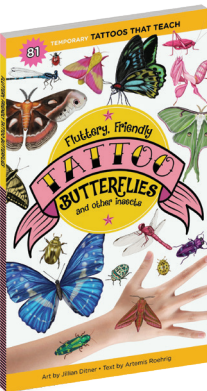


**SEPTEMBER 2023**

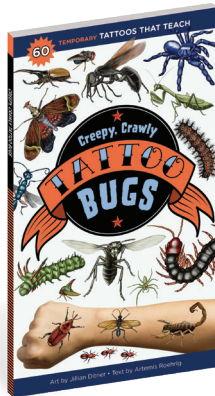
20 Pages; 5½ x 10; Full-Color;  
**Notebook binding with backing board; \$8.99 US**  
 ISBN 978-1-63586-667-4



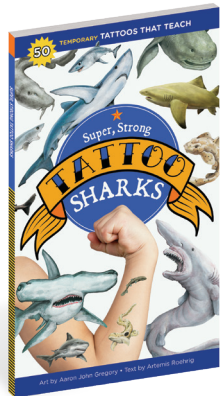
20 Pages; 5½ x 10; Full-Color;  
**Notebook binding with backing board; \$7.99 US**  
 ISBN 978-1-63586-319-2



14 Pages; 5½ x 10; Full-Color;  
**Notebook binding with backing board; \$7.99 US**  
 ISBN 978-1-63586-202-7

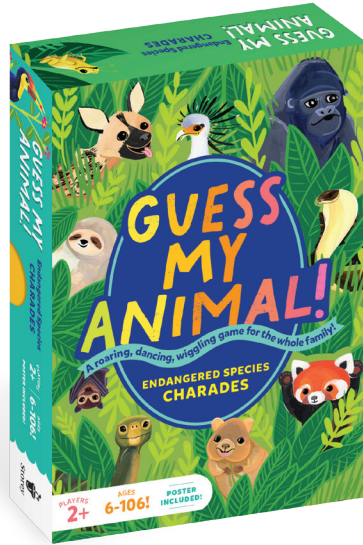


14 Pages; 5½ x 10; Full-Color;  
**Notebook binding with backing board; \$7.99 US**  
 ISBN 978-1-63586-196-9



20 Pages; 5½ x 10; Full-Color;  
**Notebook binding with backing board; \$7.99 US**  
 ISBN 978-1-63586-318-5

# 3 NEW



## Guess My Animal!

KATHLEEN YALE

Learning about 40 endangered animals and their wild and wacky behaviors is made fun with **Guess My Animal!**, an interactive card game for kids ages 6 and up. Each illustrated card in this charades-inspired game includes instructions for imitating the animal's distinctive behavior and seeing if the other players can guess who it is. The package also includes directions for versions of the game for different age groups, a 15 x 21" pull-out poster showing all 40 animals, and a colourful booklet with more fascinating facts about each animal's habitat, diet, and behavior.

### OCTOBER 2023

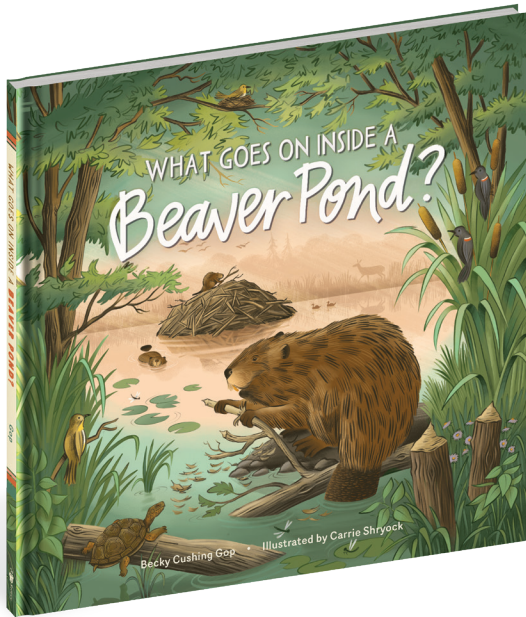
44 Pages; 5 x 17; Full-Color

Illustrations throughout,

40 card deck; \$18.99 US

ISBN 978-1-63586-622-3





## What Goes on inside a Beaver Pond?

BECKY CUSHING GOP

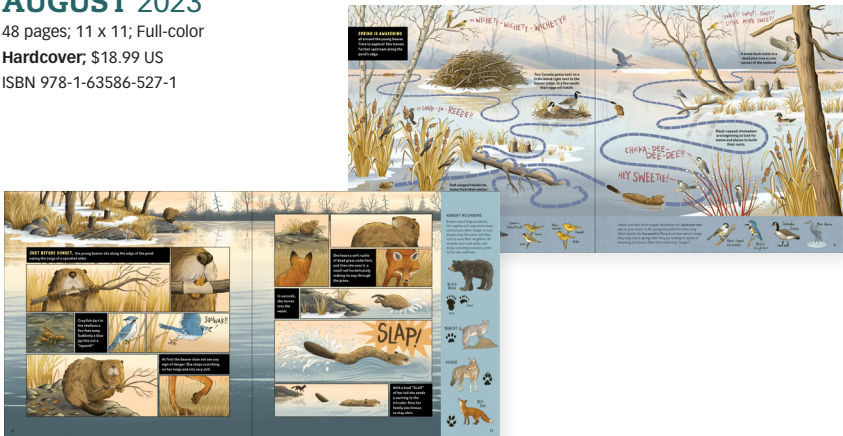
Dive into the fascinating world of beavers—the swimmers, builders, and engineers of the animal kingdom! ***What Goes on inside a Beaver Pond?*** takes kids ages 8 to 10 on a journey through an exciting year as the young beaver leaves her family lodge and moves throughout the Yokun Brook waterways, seeking a new home for herself. Throughout the seasons, vibrant illustrations and descriptions reveal the hidden innerworkings of a beaver lodge and what daily life is like within a beaver colony.

**AUGUST 2023**

48 pages; 11 x 11; Full-color

Hardcover; \$18.99 US

ISBN 978-1-63586-527-1



# 5 BUSY LITTLE HANDS SERIES

## Busy Little Hands: Science Play!

SUSAN EDWARDS RICHMOND

Preschoolers get a head start on science learning with the creative hands-on activities and games in *Busy Little Hands: Science Play!* Colourful, easy-to-follow photo sequences invite pre-readers to set up a pulley and learn a simple law of physics; explore earth science by making a vinegar volcano; and create animal tracks from plastic animals to learn how biologists study animal behavior. Twenty fun experiments and play activities use everyday household objects to foster science-readiness.

48 pages; 8 x 9; Full-color

**Hardcover;** \$12.99 US

ISBN 978-1-63586-465-6



## Busy Little Hands: Math Play!

LINDA DAUKSAS & JEANNE WHITE

This activity book helps preschoolers cultivate a love of numbers, with hands-on learning projects and fun ways to integrate math into everyday life. Each activity is designed for little mathematicians to play with numbers as they count, compare, measure, and make patterns using toys, snacks, and other items that are part of everyday life. Durable cards and stickers add hands-on learning elements.

48 pages; 8 x 9; Full-color

**Hardcover;** \$12.95 US

ISBN 978-1-63586-375-8



# BUSY LITTLE HANDS SERIES 6



## Busy Little Hands: Art Play!

MEREDITH MAGEE DONNELLY

Preschoolers become tinkerers, creators, and artists as they play with paint, clay, recycled T-shirts, and other common art supplies. Each project includes prompts and bright pictures for pre-readers, and grown-ups will find useful set-up tips and ideas for encouraging children to get the most from each activity. From making Bumpy Bubble Prints to Scavenger Hunt Sculptures, every activity is designed to spark imagination, learning, and creative expression.

48 pages; 8 x 9; Full-color

**Hardcover;** \$12.95 US

ISBN 978-1-63586-269-0

## Busy Little Hands: Food Play!

AMY PALANJIAN

Filled with bright pictures for pre-readers, this book teaches fun in the kitchen while laying a foundation for a love of healthy food. Each recipe encourages preschoolers to try foods of different colours, tastes, and textures, while leaving plenty of room for creative variations. Kids will love making Magic Fruit Wands, DIY Flavored Milk, or Use Your Noodle Bowls, and parents will love the emphasis on good-for-you ingredients.

48 pages; 8 x 9; Full-color

**Hardcover;** \$12.95 US

ISBN 978-1-63586-267-6



# 7 BACKPACK EXPLORER SERIES



## Backpack Explorer 5-Book Set with Nature Collection Box

The best-selling Backpack Explorer series is now available in one value-packed bundle! The **Backpack Explorer 5-Book Set with Nature Collection Box** includes five books in the series: *On the Nature Trail*; *Bird Watch*; *Bug Hunt*; *Discovering Trees*; and *Rock Hunt*. The five books are packaged in a keepsake nature collection box with dividers and label stickers for storing and identifying nature treasures that kids pick up along the trail.

### AUGUST 2023

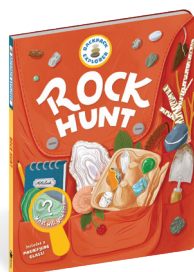
48 pages; 7.9 x 9.7; Full-color

**5 Books and sticker sheet in collection box;** \$64.99 US

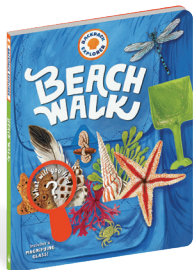
ISBN 978-1-63586-666-7



48 pages; 7 $\frac{3}{4}$  x 9 $\frac{1}{4}$ ;  
Full-color  
Hardcover with 3 sticker sheets, magnifying glass, and fold-out journal;  
\$12.95 US  
ISBN 978-1-63586-197-6



48 pages; 7 $\frac{3}{4}$  x 9 $\frac{1}{4}$ ;  
Full-color  
Hardcover with 3 sticker sheets, magnifying glass, and fold-out journal;  
\$12.99 US  
ISBN 978-1-63586-553-0



48 pages; 7 $\frac{3}{4}$  x 9 $\frac{1}{4}$ ;  
Full-color  
Hardcover with 3 sticker sheets, magnifying glass, and fold-out journal;  
\$12.95 US  
ISBN 978-1-61212-902-0



48 pages; 7 $\frac{3}{4}$  x 9 $\frac{1}{4}$ ;  
Full-color  
Hardcover with 3 sticker sheets, magnifying glass, and fold-out journal;  
\$12.95 US  
ISBN 978-1-63586-251-5

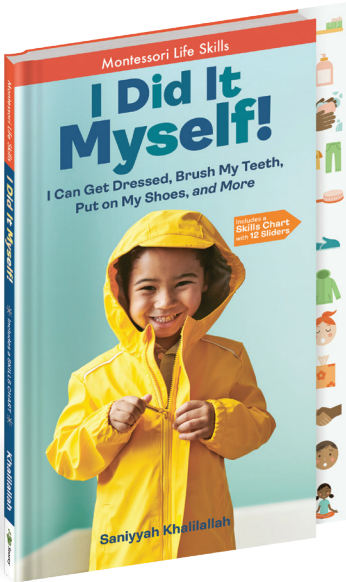


48 pages; 7 $\frac{3}{4}$  x 9 $\frac{1}{4}$ ;  
Full-color  
Hardcover with 3 sticker sheets, magnifying glass, and fold-out journal;  
\$12.95 US  
ISBN 978-1-63586-346-8



48 pages; 7 $\frac{3}{4}$  x 9 $\frac{1}{4}$ ;  
Full-color  
Hardcover with 3 sticker sheets, magnifying glass, and fold-out journal;  
\$12.95 US  
ISBN 978-1-63586-313-0





## I Did It Myself!

SANIYYAH KHALILALLAH

Inspired by the Montessori curriculum, the step-by-step photos in this book teach twelve essential daily activities, including getting dressed, washing hands, brushing teeth, putting on a coat, meeting someone new, and excusing yourself from the table. The unique book format features an interactive skills chart on the inside back cover, with sturdy slider windows for each activity. With step-by-step photos in *I Did It Myself!*, children ages 2 to 5 are on the path to mastering self-care skills.

32 pages; 6 x 10; Full-color

**Hardcover with moveable slides**

\$16.99 US

ISBN 978-1-63586-551-6

## I Help at Home!

SANIYYAH KHALILALLAH

Inspired by the Montessori curriculum, this colourful guide specially created for 2- to 5-year-olds teaches practical life skills with step-by-step photos. The unique book format features an interactive skills chart on the inside back cover, with sturdy slider windows for each activity. From setting a table to washing dishes, dusting shelves, and cleaning the bedroom, preschoolers learn the confidence and satisfaction that comes from being able to help at home.

32 pages; 6 x 10; Full-color

**Hardcover with moveable slides**

\$16.99 US

ISBN 978-1-63586-523-3



# 9 RECENT RELEASES

## Human Body Learning Lab

BETTY CHOI, MD

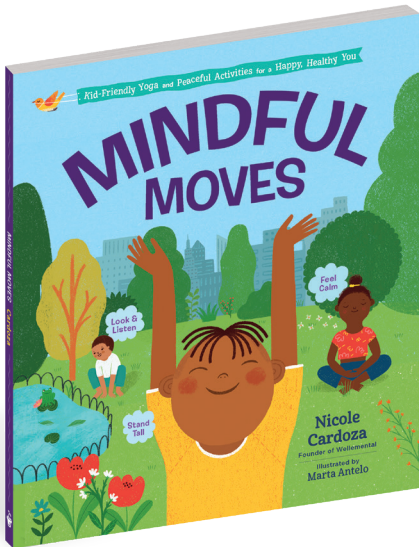
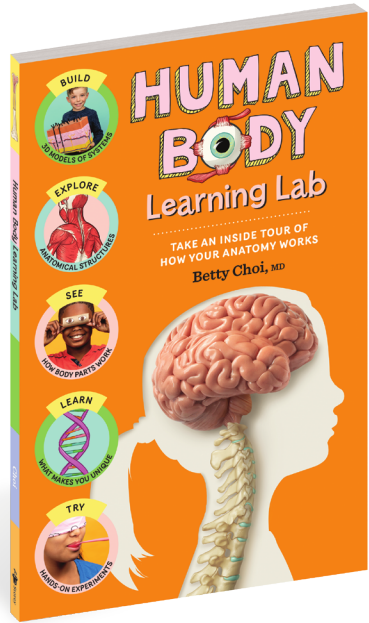
Pediatrician Betty Choi invites kids ages 8 and up to explore the marvels of the human body with lively hands-on projects and activities, including shaping bones from salt dough, creating a moving model of the eyes, and tracing capillary action.

Packed with colourful diagrams of how each major body system works, fun facts, and easy tests kids can use to explore how their own body functions, **Human Body Learning Lab** makes biology more exciting and engaging than ever.

144 pages; 7 x 10; Full-color

Paper; \$18.99 US

ISBN 978-1-63586-479-3



## Mindful Moves

NICOLE CARDOZA

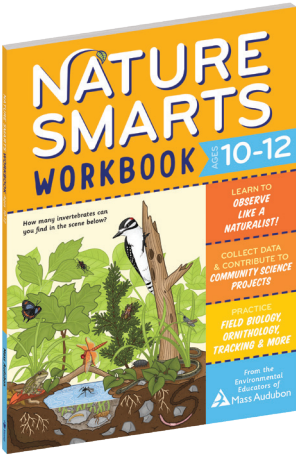
Mindfulness can help children understand their emotions and provide quiet time for self-reflection. With delightful illustrations and kid-friendly language, **Mindful Moves** introduces simple mindfulness, yoga, and movement activities that children can call upon any time they need to feel focused, calm, and happy, whether it's before a busy day at school, in the back seat of the car, or heading off to bed.

64 pages; 8 x 9; Full-color

Hardcover; \$14.95 US

ISBN 978-1-63586-271-3

# NATURE SMARTS WORKBOOK SERIES 10



## Nature Smarts Workbook, Ages 10-12

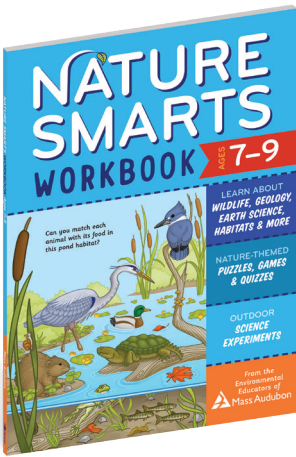
THE ENVIRONMENTAL EDUCATORS OF MASS AUDUBON

**Nature Smarts Workbook, Ages 10-12** builds kids' skills in field biology, nature observation, and investigation with interactive learning activities. This workbook includes in-depth lessons on plants, invertebrates, birds, habitats, and mammals. Nature-loving middle schoolers guide themselves through this introduction to key STEM concepts, such as habitat adaptation, plant reproduction, and invertebrate anatomy.

112 pages; 8¼ x 11½; Full-color

**Paper**; \$9.99 US

ISBN 978-1-63586-398-7



## Nature Smarts Workbook, Ages 7-9

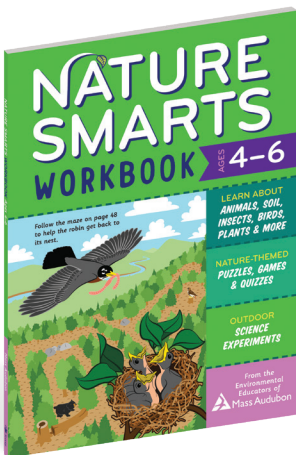
THE ENVIRONMENTAL EDUCATORS OF MASS AUDUBON

Packed with interactive learning activities that expand children's basic knowledge of geology, earth science, wildlife habits, botany, and more, the 7-9 Workbook also introduces important concepts such as pattern recognition and classification systems. Activities range from understanding how rocks transform to distinguishing between vertebrates and invertebrates, and identifying types of bird beaks and plant parts.

96 pages; 8¼ x 11½; Full-color

**Paper**; \$9.95 US

ISBN 978-163586-397-0



## Nature Smarts Workbook, Ages 4-6

THE ENVIRONMENTAL EDUCATORS OF MASS AUDUBON

This new Nature Smarts Workbook series features outdoor-themed mazes, puzzles, quizzes, and hands-on discovery activities to help kids get outside and learn STEM-related skills. The 4-6 Workbook is focused on teaching basic observational skills and introducing investigative methods. Kids learn to identify a range of common mammals and know each one's habitat.

96 pages; 8¼ x 11½; Full-color

**Paper**; \$9.95 US

ISBN 978-163586-396-3

# 11 CIRCLE ROUND SERIES

## The Lion's Whisker

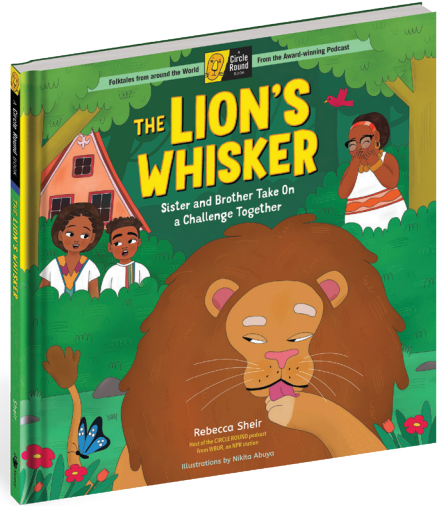
REBECCA SHEIR

A folktale with its roots in the Ethiopian tradition, *The Lion's Whisker* tells the story of Brother and Sister who are constantly arguing. When Grandmother sends them on a dangerous mission to pluck a lion's whisker for her magical potion, the siblings learn valuable lessons about the strength gained by working together. This classic folktale is brought to life for today's kids by Rebecca Sheir with the vibrant and modern folk art of Kenyan illustrator Nikita Abuya.

44 pages; 8½ x 8½; Full-color

**Hardcover; \$14.99 US**

ISBN 978-1-63586-520-2



## The Great Ball Game

REBECCA SHEIR

*The Great Ball Game*, a classic folktale from the Cherokee, Creek, Ojibwe and Menominee people of North America, is adapted by Rebecca Sheir, and illustrated by Joshua Mangeshig Pawis-Steckley, an Ojibwe Woodland artist.

A dispute between the animals and the birds over who is best leads to a ball game challenge. When the game is disrupted by the arrival of a tiny creature named Bat who doesn't seem to fit on either team, all the participants learn the value of diversity and celebrating those who seem "different."

44 pages; 8½ x 8½; Full-color

**Hardcover; \$14.99 US**

ISBN 978-1-63586-343-7



# CIRCLE ROUND SERIES 12



## A Taste of Honey

REBECCA SHEIR

**A Taste of Honey**, adapted from a traditional Indian folktale, tells the story of a clever young woman named Kamala who uses her smarts to solve a problem that brings financial security to her family. Sheir's contemporary telling of this story is brought to life by the rich, colourful illustrations of Indian artist Chaaya Prabhat. Accompanying the story are questions to encourage conversation, along with storytelling activities and crafts developed by educator Melissa Taylor, creator of the popular website Imagination Soup.

44 pages; 8½ x 8½; Full-color

**Hardcover**; \$14.95 US

ISBN 978-163586-492-2

## The Tale of the Unwelcome Guest

REBECCA SHEIR

**The Unwelcome Guest** is a classic folktale retold with a contemporary spin, in a new book series from the creators of *Circle Round*, the award-winning podcast. A story with roots in Turkey as well as several other cultures, it explores the themes of superficiality and how misleading it can be to judge others by their appearance. The colourful illustrations of Turkish-born artist Mert Tugen complement Sheir's original adaptation of this timeless tale.

44 pages; 8½ x 8½; Full-color

**Hardcover**; \$14.95 US

ISBN 978-163586-314-7



# 13 RECENT RELEASES

## What Can I Say?

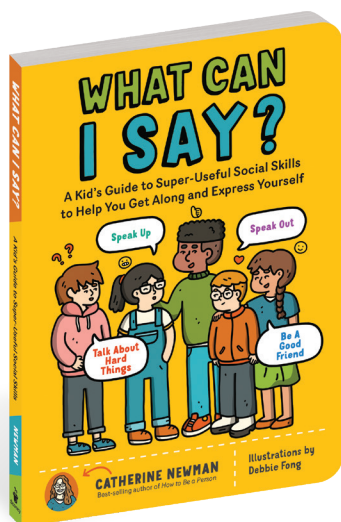
CATHERINE NEWMAN

In *What Can I Say?* Catherine Newman, parenting expert and best-selling author of *How to Be a Person*, offers confidence-building advice and real-life scenarios to guide kids ages 8 and up in developing their social skills and expressing themselves effectively. Newman's supportive, humorous voice, accompanied by the illustrations of Debbie Fong, provide accessible scripts for learning what to say in in all kinds of situations, from asking for help to arguing fairly, being an ally, turning down a date, and much more.

160 pages; 6½ x 9; Full-color

Paper; \$16.95 US

ISBN 978-163586-434-2



## How to Be a Person

CATHERINE NEWMAN

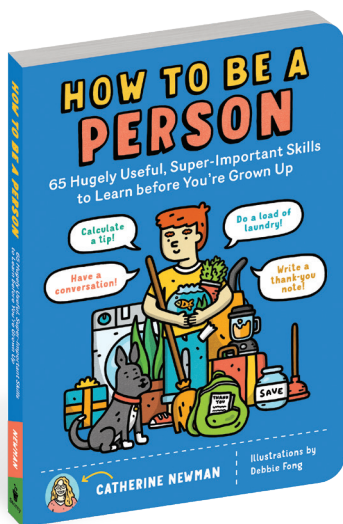
Kids' confidence and self-worth will blossom when they have the know-how to navigate the everyday obstacles life throws their way. Written in a friendly, non-judgmental voice by etiquette columnist Catherine Newman and jam-packed with helpful tips, tricks, and graphic novel-style illustrations, this handbook shows kids how to deal with dirty rooms, care for pets and cactuses, stick up for somebody, fold a T-shirt, use the kitchen, and more.

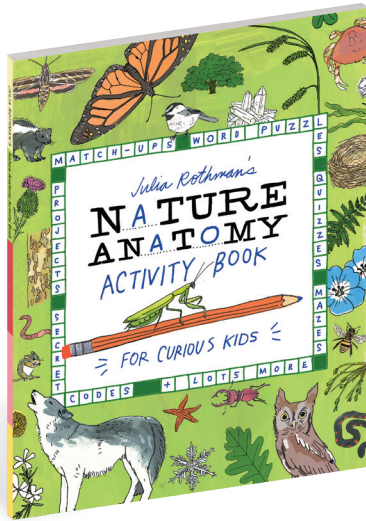
**82,000 COPIES IN PRINT**

160 pages; 6 ½ x 9; Full-color

Paper; \$16.99 US

ISBN 978-1-63586-182-2





## Julia Rothman's Nature Anatomy Activity Book

JULIA ROTHMAN

Bestselling author and illustrator Julia Rothman invites kids ages 8 and up to engage with her acclaimed *Nature Anatomy* book through this companion activity book, featuring on-the-page creativity and learning activities, including matching challenges, word searches, drawing exercises, diary pages, and observational challenges.

**SEPTEMBER 2023**

64 pages; Full-color, Illustrations throughout

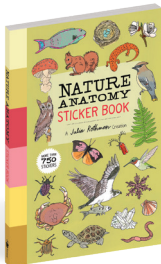
**Paper;** \$12.99 US

ISBN 978-1-63586-768-8

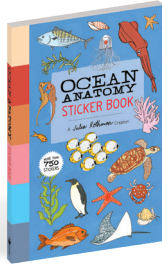
## Sticker BOOKS: Nature Anatomy • Ocean Anatomy • Farm Anatomy

Fans of Julia Rothman's illustrations from her best-selling Anatomy book series will love these sticker collections of her delightful art. Each book features over 750 stickers presented in a beautifully designed gift package.

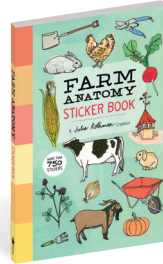
56 pages; 6 x 9; Full-color **Pad binding;** \$12.95 US



Nature Anatomy  
ISBN 978-163586-536-3



Ocean Anatomy  
ISBN 978-163586-537-0



Farm Anatomy  
ISBN 978-163586-538-7

# 15 RECENT RELEASES

## The World of Coral Reefs

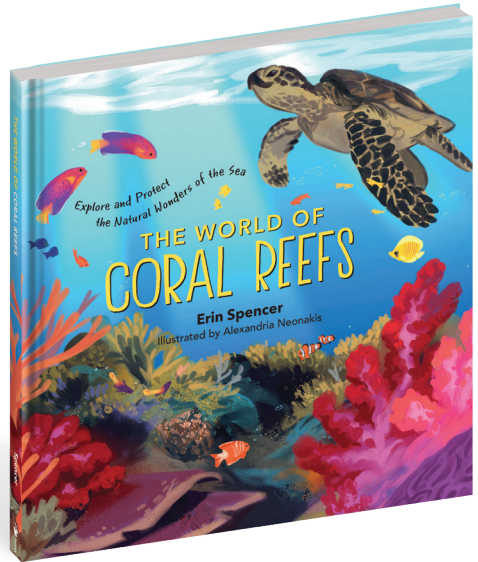
ERIN SPENCER

*The World of Coral Reefs* is a lavishly illustrated book that introduces kids ages 7 to 10 to the teeming diversity of life in these underwater cities. Marine ecologist Erin Spencer provides fascinating facts about the types of coral and their anatomy and life cycle, along with the story of how reefs develop and the incredible range of marine animals that live among them. Kids also learn about critical conservation work and solution-oriented ways that they can help in the effort.

48 pages; 11 x 11; Full-color

**Hardcover**; \$16.95 US

ISBN 978-1-63586-337-6



## We Garden Together!

JANE HIRSCHI AND THE  
EDUCATORS AT CITYSPROUTS

This introductory garden book for kids ages 3 to 6 features hands-on planting and growing activities that can be done in a small yard, classroom, or community garden. Written by the staff of CitySprouts, a leading educational organization in promoting urban gardening and equitable access to nature, each activity—from Sorting Seeds to Going on a Worm Hunt—encourages kids to learn about seeds, planting, and gardening. Step-by-step photos and discovery prompts make it inviting for kids everywhere to become plant lovers and nature explorers.

48 pages; 8 x 9; Full-color

**Hardcover**; \$12.99 US

ISBN 978-1-63586-545-5





## Love Your Amazing Self

OFOSU JONES-QUARTEY

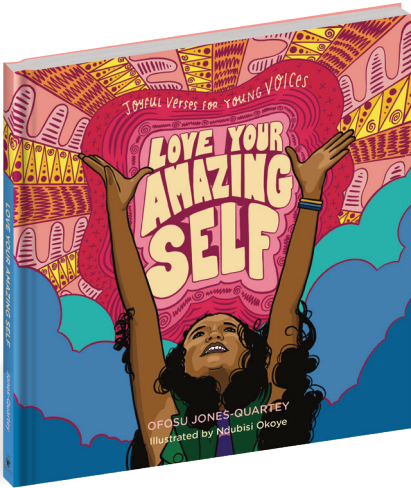
The empowering lyrical verses of Ofosu Jones-Quarthey, a meditation teacher and hip-hop musician, offer a unique entry point to mindfulness and self-empowerment for kids ages 10 and up, with words that call out to be spoken, recited, or sung aloud.

Accompanied by the vibrant illustrations of Ndbusi Okoye, each verse carries a theme that encourages kids to affirm the positive in themselves and their lives, including: Be True to Yourself, Stand up for Kindness, and Ask for Help. Short reflections and activities accompanying each verse.

72 pages; 9 x 9; Full-color

**Hardcover;** \$17.99 US

ISBN 978-1-63586-547-9



## How to Sleep Tight through the Night

TZIVIA GOVER & LESLÉA NEWMAN

Whether it's fear of the dark or worry about the day ahead, *How to Sleep Tight through the Night* has creative, kid-friendly solutions for soothing bedtime anxieties, easing nightmares, and developing the ability to fall—and stay—asp. Accompanied by the illustrations of Vivian Mineker, expert authors Tzivia Gover and Lesléa Newman have created 30 imaginative ways to welcome restful sleep using creative visualization, mindfulness techniques, and other playful strategies.

64 pages; 8 x 9; Full-color

**Hardcover;** \$14.95 US

ISBN 978-163586-424-3



# 17 SELECTED BACKLIST

## Cardboard Box Engineering

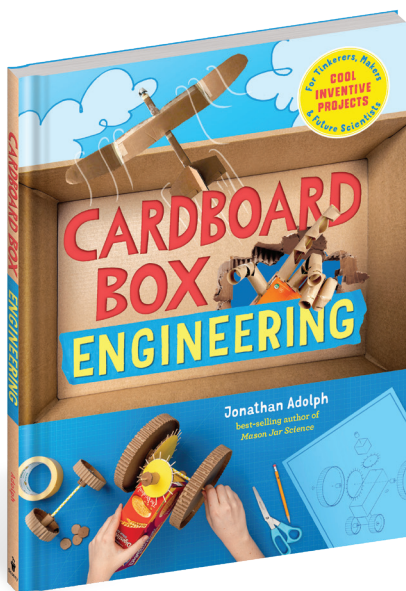
JONATHAN ADOLPH

A kaleidoscope, a marble runway, a robotic hand, and a flying rubber-band airplane are just some of the ingenious projects that kids who love to build, tinker, and invent can construct from cardboard boxes, sheets, and tubes. With easy-to-follow, step-by-step photographic instructions, young learners curious about how things work will exercise their engineering smarts, expand their 3-D thinking, and learn cool building techniques.

176 pages; 8½ x 10½; Full-color

Paper; \$16.99 US

ISBN 978-1-63586-214-0



## Mason Jar Science

JONATHAN ADOLPH

From the kitchen counter to the classroom or science fair, **Mason Jar Science** offers dozens of small-scale ways to illustrate the big-picture principles of chemistry, botany, biology, physics, and more. Heatproof, transparent, and durable, the mason jar is a miniature science lab. Includes 40 dynamic experiments for budding scientists ages 8 to 12, from creating miniature clouds to studying beetles up close to making a homemade lava lamp.

136 pages; 7 x 10; Full-color

Hardcover; \$14.95 US

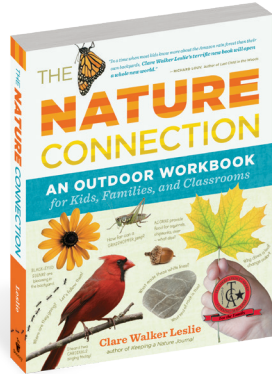
ISBN 978-1-61212-986-0



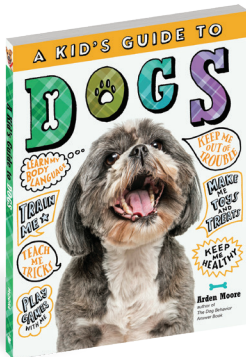
# BACKLIST HIGHLIGHTS 18



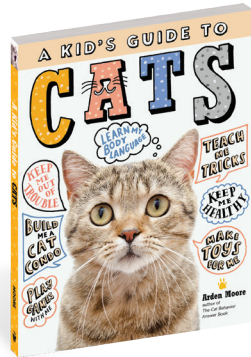
Hardcover with glow-in-the-dark ink on cover  
ISBN 978-1-63586-096-2; \$19.95 US



Paper; ISBN 978-1-60342-531-5; \$16.95 US



Paper; ISBN 978-1-63586-098-6; \$14.95 US



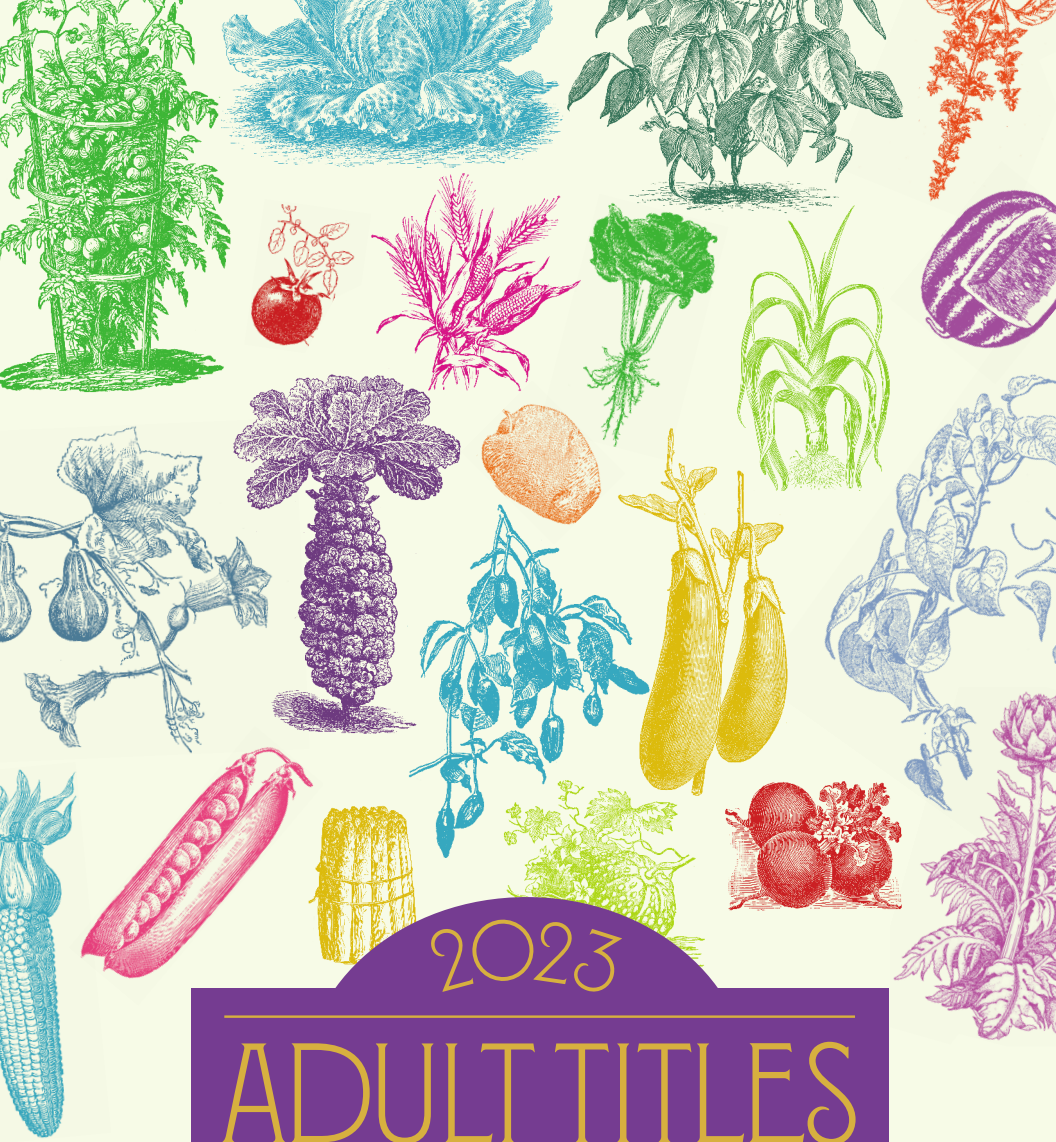
Paper; ISBN 978-1-63586-101-3; \$14.95 US



Hardcover  
ISBN 978-1-63586-399-4; \$12.95 US



Hardcover; ISBN 978-1-63586-154-9; \$12.95 US



2023

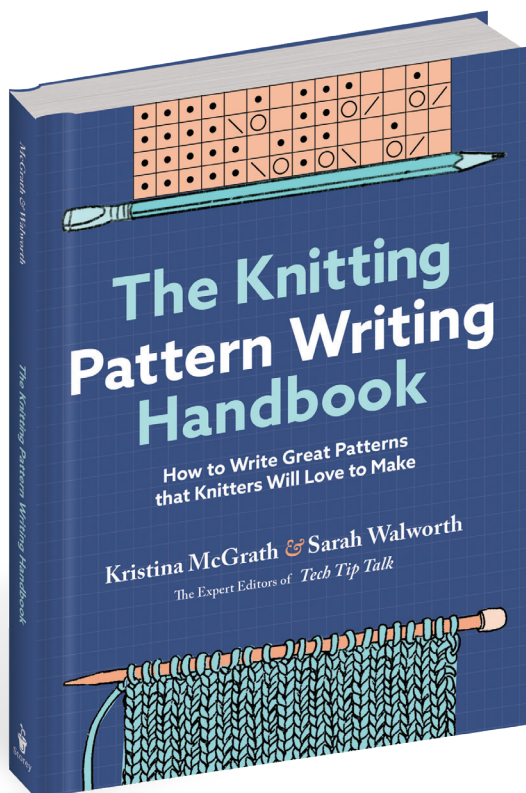
# ADULT TITLES

New Titles 20-27

Recent Releases 28-36

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NEW 20



## The Knitting Pattern Writing Handbook

KRISTINA MCGRATH AND SARAH WALWORTH

**The Knitting Pattern Writing Handbook** sets new standards for clear, accurate pattern writing, walking aspiring and experienced designers alike through each must-have component of a thorough, well-written pattern, including how to devise and present gauge, charts, and sizing information that is correct and easy-to-follow. With a focus on how to make patterns accessible to contemporary knitters—especially beginning knitters—this much-needed reference book is destined to become a classic in an industry that is beginning to professionalize after decades of informal and home-based instruction.

**SEPTEMBER 2023**

176 pages; 6 x 8; Illustrations throughout

Hardcover; \$20.00 US

ISBN 978-1-63586-624-7

# 21 NEW

## The Vegetable Garden Planner

LYNN BYCZYNSKI

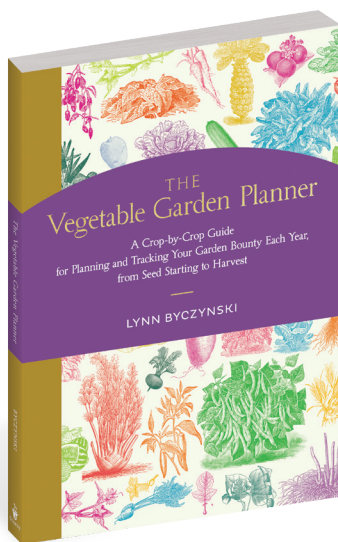
*The Vegetable Garden Planner* is a guide that offers gardeners an easy way to track the growth and harvest of their vegetables from year to year. The book is organized alphabetically by vegetable, with several pages of note space for each crop so that readers can easily compare one year's plant growth, variety performance and flavor, harvest amounts, weather trends, and pest pressure to those from previous years. With high-quality paper and lay-flat binding, this is the perfect gift for any vegetable gardener.

**OCTOBER 2023**

208 pages; 7 x 10; Full-color, Illustrations throughout

**Paper;** \$18.99 US

ISBN 978-1-63586-658-2



## How to Forage for Wild Foods without Dying

ELLEN ZACHOS

*How to Forage for Wild Foods without Dying* is a book for anyone who likes to go on nature walks and would like to learn about the edible plants they're most likely to come across. Author Ellen Zachos offers clear, concise descriptions of edible wild plants, in addition to any potential lookalikes, as well as information about proper harvesting, processing, and cooking. Zachos has curated the selection to include the 35 most common, most delicious edible plants, ranging from black walnuts to elderflowers, wild garlic, and many more.

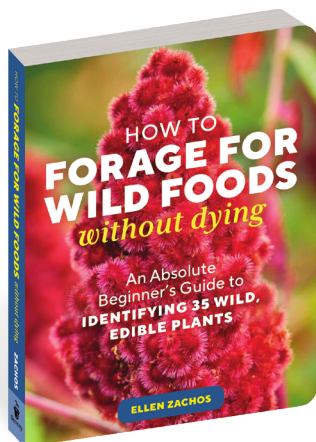
**OCTOBER 2023**

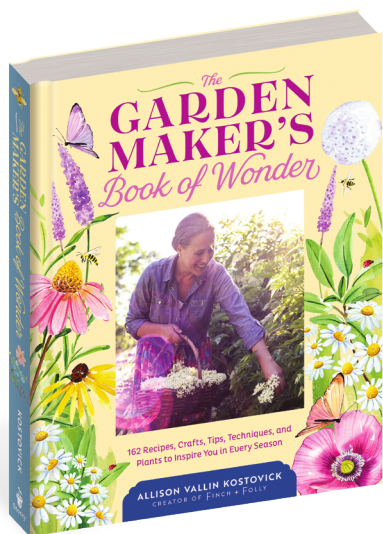
256 pages; 5 ½ x 7; Full-color,

Photographs & Illustrations throughout

**Paper;** \$16.99 US

ISBN 978-1-63586-613-1





## The Garden Maker's Book of Wonder

ALLISON VALLIN KOSTOVICK

In *The Garden Maker's Book of Wonder*, popular gardening lifestyle influencer Allison Vallin Kostovick (Finch + Folly) invites fans of cottagecore, gardening, and nature-based living to share her journey as she crafts, cooks, dreams, and creates. Drawing on decades of gardening experience, the book offers sage advice on growing bountiful harvests of favorite vegetables, herbs, and flowers. All levels of gardeners will delight in the creativity of Kostovick's projects, activities, and recipes for enjoying the magic and whimsy of the natural world.

**AUGUST 2023**

256 pages, 8 x 10; Photographs & Illustrations throughout

**Hardcover**; \$30.00 US

ISBN 978-1-63586-531-8

## The Milkweed Lands

ERIC LEE-MÄDER

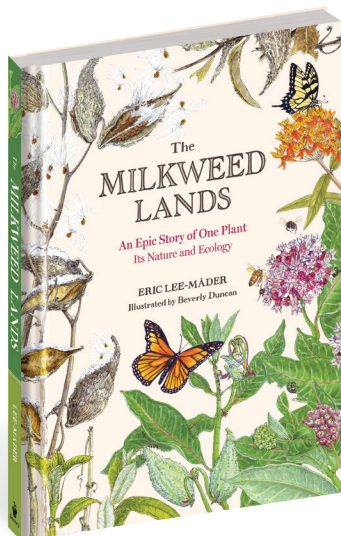
Ecologist Eric Lee-Mäder and noted botanical artist Beverly Duncan have teamed up to create this unique exploration of the complex ecosystem that is supported by the remarkable milkweed plant, often over-looked or dismissed as a roadside weed. With stunning, up-close illustrations and engaging text, they trace every stage of the plant's changes and evolutions throughout the seasons, including germination, growth, flowering, and seed development. Simultaneously, they chronicle the lives of the many creatures whose lives are intertwined with the milkweed.

**SEPTEMBER 2023**

120 pages; 7 x 10; Full-color, Illustrations throughout

**Hardcover**; \$20.00 US

ISBN 978-1-63586-436-6



# 23 NEW

## Edible Houseplants

LAURELYNN MARTIN

Houseplant enthusiasts will be delighted to discover the range of tropical plants that can be grown in containers indoors, in any location. The owners of Logee's Plants for Home & Garden are nationally renowned for their expertise in growing fruit-bearing and tropical plants indoors. Their colorful guide features photos and complete care guidelines for 46 food-bearing plants, includes lemons, limes, grapefruit, cherries, olives, passion fruit, papaya, and much more. Fresh, fragrant, and flavorful, **Edible Houseplants** expands the fun and pleasure of growing indoor plants.

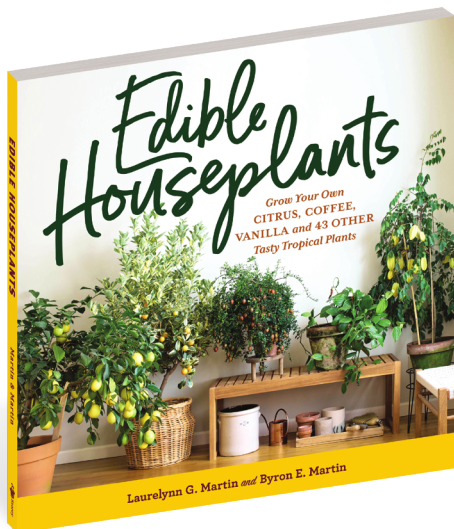
SEPTEMBER 2023

160 pages; 9½ x 9½; Full-color,

Photographs & illustrations throughout

Paper; \$19.99 US

ISBN 978-1-63586-678-0



## Micro Activism

OMKARI WILLIAMS

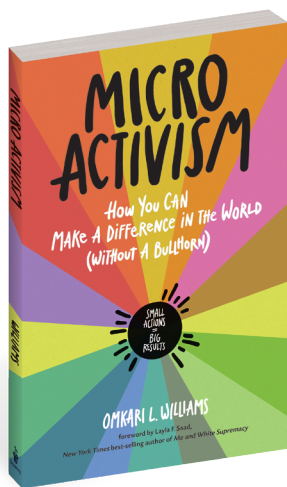
In **Micro Activism**, political consultant and life coach Omkari Williams shares her expertise in empowering people to find the activist roles that will be most satisfying. Using Williams's Activist Archetype tool, readers discover their unique strengths and develop a personal activism vision for making a difference. Williams encourages starting small, working collaboratively, and beginning locally. Advice on self-care practices, burn-out prevention, and profiles of activists provide readers with the practical know-how needed to engage in small, doable actions that will make a big impact in the long-term.

OCTOBER 2023

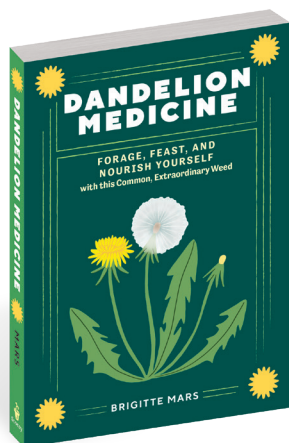
176 pages; 5½ x 8½; One-color

Paper; \$17.99 US

ISBN 978-1-63586-688-9







## Dandelion Medicine, 2nd Edition

BRIGITTE MARS

*Dandelion Medicine, 2nd Edition* is a colorful dive into the many creative uses of dandelions for food and medicine. From dandelion root “coffee” to dandelion flower cookies, there are dozens of delicious ways to use the plant in food, and all parts of the dandelion are medicinal in a variety of ways. Dandelion is a flower that almost everyone knows from a young age, so there’s little danger of harvesting the wrong plant—making it ideal for the novice forager.

**OCTOBER 2023**

160 pages; 5 x 7; Full-color,

Photographs & Illustrations throughout

**Paper**; \$16.99 US

ISBN 978-1-63586-763-3

## Wake Up Grateful

KRISTI NELSON

*Wake Up Grateful* is a practical and inspiring roadmap to making grateful living a daily practice, with guiding principles, reflective questions, affirmations, and exercises.

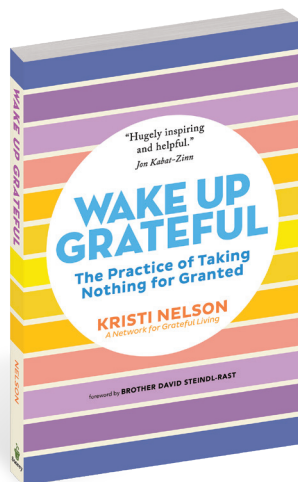
Drawing from her own cancer experience along with her life work with The Network for Grateful Living, Nelson explores how to develop gratefulness as a way of being. She examines ten core areas where many people need support and guides readers in finding presence and perspective in these aspects of life, opening to greater possibilities, and uncovering the abundance and love that’s possible in every moment.

**OCTOBER 2023**

240 pages; 5¼ x 8½; One-color

**Paper**; \$18.99 US

ISBN 978-1-63586-664-3



# 25 NEW

## Leaning toward Light

EDITED BY TESS TAYLOR

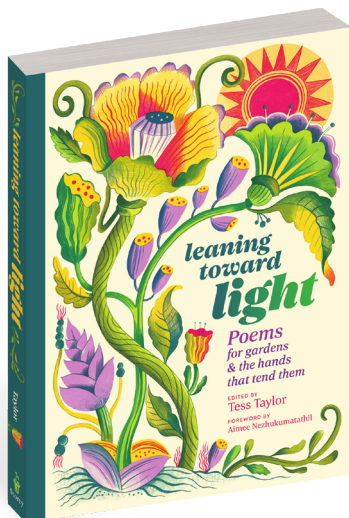
This beautifully packaged anthology of poetry and inspiration for gardeners and nature lovers, edited by acclaimed poet Tess Taylor, offers a warm, inviting selection of accessible poems from a wide range of voices that speak to the collective urge to grow, tend, and heal—an evocative celebration of our connection to the green world. A foreword by Aimee Nezhukumatathil along with illustrations by Melissa Castrillo, and a ribbon bookmark complete this stunning, hardcover gift.

**AUGUST 2023**

200 pages; 6 x 8; Full-color, illustrations throughout

**Paper;** \$22.00 US

ISBN 978-1-63586-580-6



## The Wonder of Small Things

EDITED BY JAMES CREWS

James Crews, editor of the best-selling poetry anthologies *How to Love the World* and *The Path to Kindness*, presents an all-new collection of highly accessible, uplifting poetry celebrating the small wonders and peaceful moments of everyday life. Featuring a foreword by Nikita Gill and a diverse range of contemporary poets, including Andrea Potos, Joseph Bruchac, Julia Alvarez, Ross Gay, Ada Limón, Natalie Goldberg, Rudy Francisco, Li-Young Lee, Kimberly Blaeser, Naomi Shihab Nye, Mark Nepo, and more.

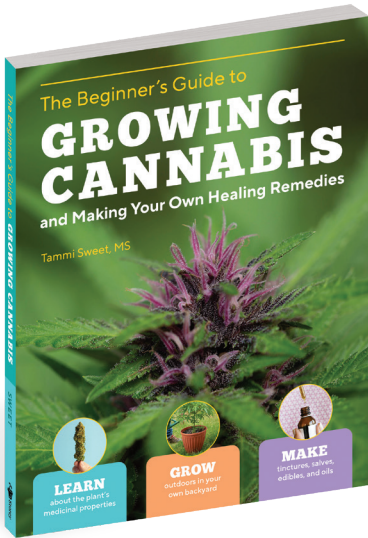
**SEPTEMBER 2023**

224 pages; 5 x 7; One-color

**Paper;** \$14.99 US

ISBN 978-1-63586-644-5





## The Beginner's Guide to Growing Cannabis and Making Your Own Healing Remedies

TAMMI SWEET, MS

This beginner-friendly guide, written by an herbalist who specializes in every aspect of making and using cannabis medicine, teaches readers how to grow healthy cannabis plants outdoors for personal use and make their own customized remedies. With step-by-step photography, author Tammi Sweet shows the growing phases of the plant and details techniques for planting, caring for, harvesting, drying, and curing the plant. A complete how-to guide to medicine-making shows the reader how easy it is to make whole-plant tinctures, salves, edibles, and oils.

168 pages; 7 x 9; Full-color,

Paper; \$19.99 US

ISBN 978-1-63586-558-5

## Holistic Cancer Care

CHANCHAL CABRERA

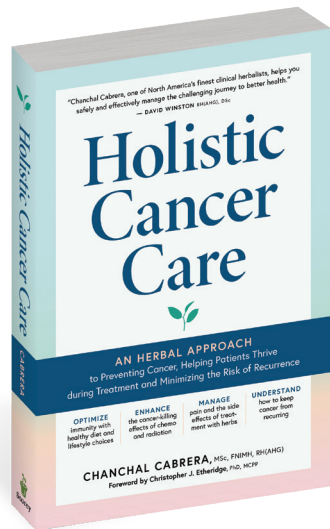
In *Holistic Cancer Care*, Chanchal Cabrera, a consulting medical herbalist with more than 20 years specializing in holistic oncology, provides in-depth guidance for using herbal therapies in conjunction with conventional cancer treatments.

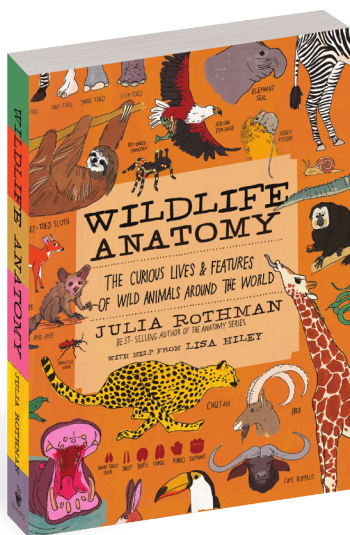
Putting the patient front and center, holistic therapies help boost the immune system, slow the spread of certain cancers, and can, in some cases, even enhance the cancer-killing effects of chemotherapy. Drawing from decades of clinical experience, Cabrera provides a wealth of well-researched information, including specific herbal formulas, detox protocols, recommendations for nutritional supplements, and patient case histories.

400 pages; 6 x 9; Full-color

Paper; \$29.99 US

ISBN 978-1-63586-373-4





## Wildlife Anatomy

JULIA ROTHMAN

In **Wildlife Anatomy**, Julia Rothman captures the exciting and distinctive attributes of wild animals around the world. The book is packed with hundreds of her charming, original illustrations, detailing the unique features of animals of the rainforest, desert, grasslands, oceans, and much more. From lions, bears, and zebras to monkeys, bats, elephants, and much more, Rothman's visual guide highlights intriguing facts and identifying details making this a wonderful addition to her popular Anatomy book series (549,000 copies in print).

208 pages; 6½ x 9; Full-color

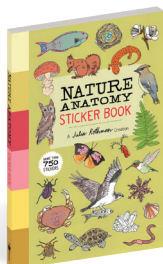
**Paper with flaps**; \$18.99 US

ISBN 978-1-63586-388-8

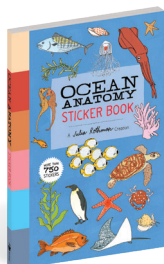
## Sticker Books: Nature Anatomy • Ocean Anatomy • Farm Anatomy

Fans of Julia Rothman's illustrations from her best-selling Anatomy book series will love these sticker collections of her delightful art. Each book features over 750 stickers presented in a beautifully designed gift package.

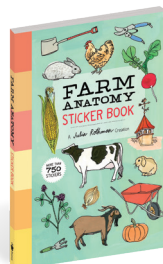
56 pages; 6 x 9; Full-color **Pad binding**; \$12.95 US



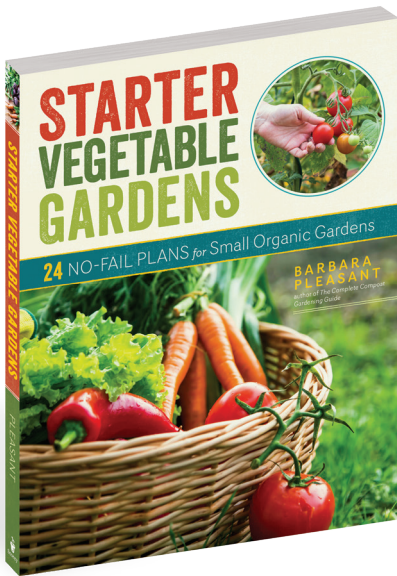
Nature Anatomy  
ISBN 978-163586-536-3



Ocean Anatomy  
ISBN 978-163586-537-0



Farm Anatomy  
ISBN 978-163586-538-7



## Starter Vegetable Gardens, 2nd Edition

BARBARA PLEASANT

Best-selling author Barbara Pleasant makes organic vegetable gardening easy, fun, and rewarding with detailed designs for 24 beginner-friendly gardens. From what to buy and where and when to plant, to how to care for each vegetable, Pleasant encourages readers to start small, grow the food they love, and expand their plant selection as their skills develop. Specially tailored plans focus on what gardeners most want to grow. There's a plan and plant selection to fit every gardener's passion.

232 pages; 8½ x 10½; Full-color

**Paper;** \$19.99 US

ISBN 978-1-63586-413-7

## The Creative Vegetable Gardener

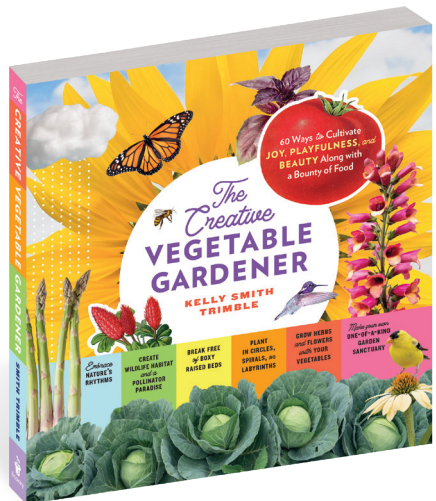
KELLY SMITH TRIMBLE

Lifestyle editor and Master Gardener Kelly Smith Trimble encourages readers to widen their focus, be playful, and imagine a vegetable garden that reflects their own unique aesthetic and offers a meditative sanctuary as well as a source of fresh, homegrown food. From seed selection to garden layout and regenerative gardening practices, Smith Trimble's liberating advice offers gardeners of all levels a pathway to making the garden a place of nourishment for the soul and creative spirit, while also feeding the body.

240 pages; 8 x 8; Full-color

**Paper;** \$19.99 US

ISBN 978-1-63586-503-5



# 29 RECENT RELEASES

## Home Detox

DANIELLA CHACE, MSc, CN

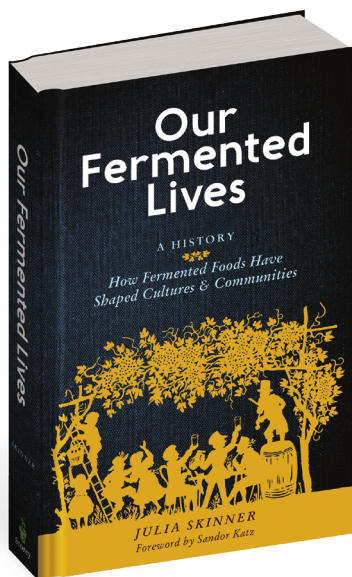
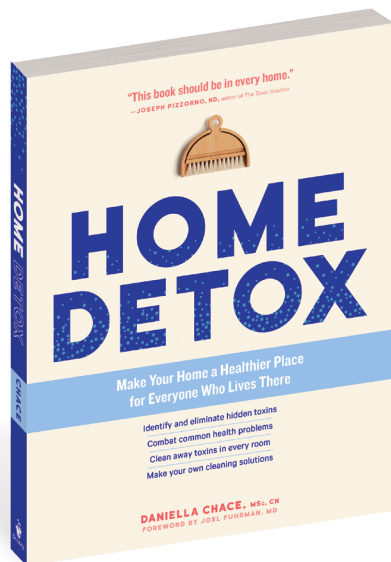
From bedroom mattresses to daily cleaning products, toxins are embedded in many products and items used regularly in the home. **Home Detox** is a practical, accessible guide to understanding the problem and how we can address it in our own homes in a manageable and affordable way.

Daniella Chace, a professional toxologist and health writer, teaches readers how to identify potential toxins with an easy-to-follow, room-by-room evaluation of the “Toxic Ten” in each space. She then offers strategies for eliminating toxins, along with easy recipes for effective homemade cleaning solutions.

208 pages; 7 x 9; Full-color

Paper with flaps; \$19.99 US

ISBN 978-1-63586-656-8



## Our Fermented Lives

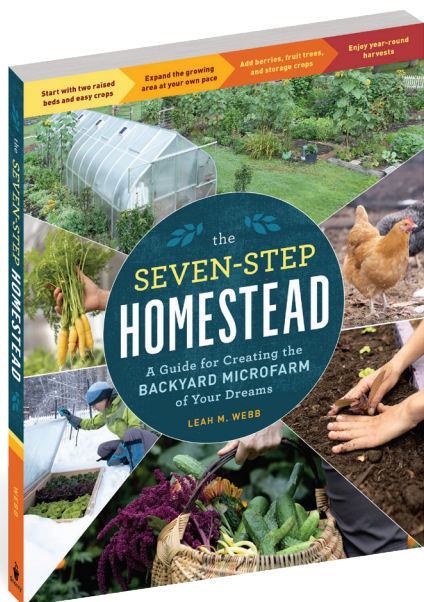
JULIA SKINNER

Fermented foods and probiotics are top food and health trends every year. In **Our Fermented Lives**, food historian and fermenting expert Julia Skinner explores the fascinating roots of a wide range of fermented foods, from the evolution of our microbiome to food preservation techniques, distinctive flavor profiles and preferences around the globe, and the building of community. Skinner’s engaging writing includes 42 recipes adapted from historic sources and is sure to appeal to foodies, fermentation fans, chefs, and cultural history buffs.

368 pages; 6 x 9; Illustrations throughout

Hardcover; \$30.00 US

ISBN 978-1-63586-383-3



## The Seven-Step Homestead

LEAH M. WEBB

*The Seven-Step Homestead* takes readers through a series of doable steps, beginning with establishing one or two raised beds of the easiest vegetables to grow, and gradually building up to the addition of fruit trees and berry bushes on hugelkultur mounds, a coop full of chickens, and a winter's worth of storage crops. Step-by-step photos from the author's own homestead, accompanied by her hard-earned advice and instruction, make this a one-of-a-kind guide for anyone who aspires to grow more of their own food.

240 pages; 8½ x 10½; Full-color

Paper; \$24.99 US

ISBN 978-1-63586-411-3

## An Absolute Beginner's Guide to Raising Backyard Ducks

GAIL DAMEROW

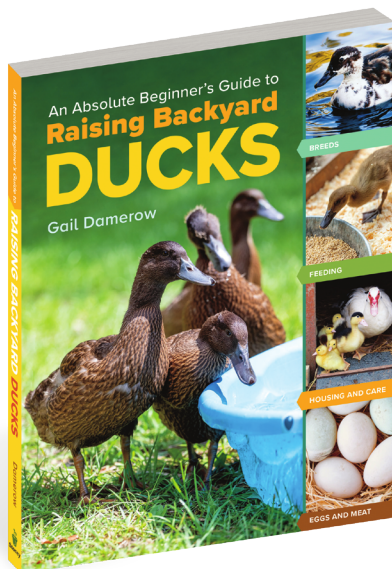
This is the perfect introductory guide from poultry raising expert and best-selling author Gail Damerow. Sections detail everything the beginner duck keeper needs to know, including breed selection, housing, feeding, health care, understanding behavior, breeding, and egg and meat production. Original photography throughout tracks the growth and care of a small backyard flock, from just-hatched ducklings to full-grown adults, showing what it takes to be successful at each step of the process.

160 pages; 7 x 9; Full-color,

Photographs and Illustrations throughout

Paper; \$16.99 US

ISBN 978-1-63586-529-5



# 31 RECENT RELEASES

## My Chicken Family

MELISSA CAUGHEY

Backyard chicken keepers have a deep affection for their animals and interact with them like any pet, as Melissa Caughey, best-selling author of *How to Speak Chicken*, knows well from her decades of chicken friendships. With **My Chicken Family**, Caughey has created a unique keepsake album that invites chicken owners to create a lasting record of their chicken adventures, with spots for adding photos and write-in prompts customized to every phase of the chicken-keeping experience. This irresistible hardcover features an egg-shaped die-cut cover that every owner can customize with a portrait of one of their own feathered friends.

80 pages; 9 x 9; Full-color

**Hardcover**; \$16.00 US

ISBN 978-163586-535-6



## Let's All Keep Chickens!

DALIA MONTERROSO

Dalia Monterroso, founder of the popular website Chickenlandia, brings a fresh, inclusive voice to the backyard chicken keeping community with this entry-level guide. Monterroso's enthusiasm is contagious as she conveys the basics of chicken keeping, with an emphasis on low-cost, natural practices. Readers will learn how to plan their flock, how to raise baby chicks, what to look for in a chicken coop, how to keep chickens healthy naturally, and more. Drawing from her own experience as the child of Guatemalan immigrants, Monterroso celebrates how chicken-keeping has been practiced around the world.

192 pages; 7 x 9; Full-color

**Paper**; \$16.99 US

ISBN 978-163586-477-9





# RECENT RELEASES 32

## 100 Plants to Feed the Birds

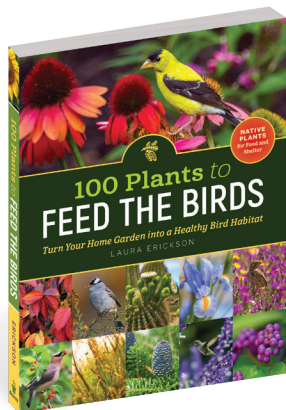
LAURA ERICKSON

Birding expert Laura Erickson details the 100 best native plants for providing food and habitat to backyard and migrating birds. In-depth profiles offer planting and care guidance for plant species that provide food and shelter for birds throughout the year, from winter all the way through breeding and migrating periods. Introductory text explains how to create a healthy year-round landscape for birds.

256 pages; 7 x 9; Full-color, Photographs throughout

**Paper;** \$16.99 US

ISBN 978-1-63586-438-0



## 100 Plants to Feed the Monarch

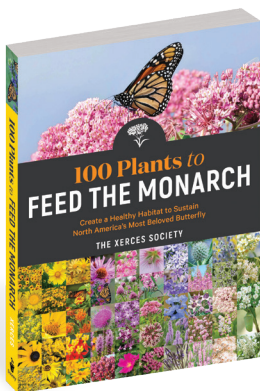
THE XERCES SOCIETY

This practical, inspiring guide shows how individuals can help support the endangered North American monarch butterfly, with information on creating monarch-friendly landscapes using plants that feed and sustain the butterfly through the different stages of its life. Gorgeous photographs of monarchs and plants, plus illustrations, maps, and garden plans, make this a visually engaging guide.

288 pages; 6 x 8; Full-color, Photographs throughout

**Paper;** \$16.95 US

ISBN 978-1-63586-273-7



## 100 Plants to Feed the Bees

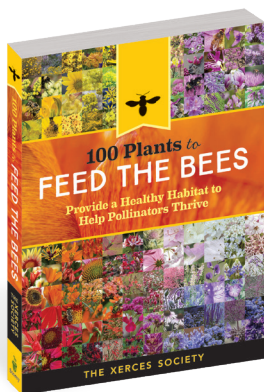
THE XERCES SOCIETY

The Xerces Society for Invertebrate Conservation offers browsable profiles of 100 common flowers, herbs, shrubs, and trees that support bees, butterflies, moths, and hummingbirds. The recommendations are simple: pick the right plants for pollinators, protect them from pesticides, and provide abundant blooms throughout the growing season by mixing perennials with herbs and annuals.

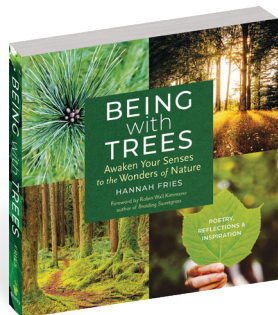
240 pages; 6 x 8; Full-color, Photographs and Illustrations throughout

**Paper;** \$16.95 US

ISBN 978-1-61212-701-9



# 33 RECENT RELEASES



## Being with Trees

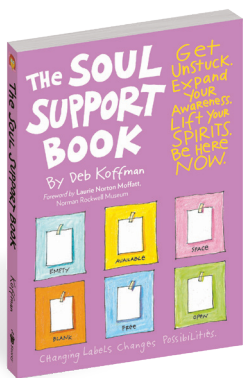
HANNAH FRIES

Poet and nature lover Hannah Fries combines her own reflections and guided mindfulness exercises with inspirational writing from poets, naturalists, and thinkers throughout the centuries and across cultures. With a foreword by Robin Wall Kimmerer, author of *Braiding Sweetgrass* and accompanied by beautiful forest photography, this distinctive gift invites frequent revisiting for inspiration.

192 pages; 6 x 6; Full-color

**Paper;** \$14.95 US

ISBN 978-163586-605-6



## The Soul Support Book

DEB KOFFMAN

*The Soul Support Book* offers wise and reassuring observations on getting unstuck, gaining new perspectives, and opening to joyfulness in everyday life. These colorful cartoons and mini-meditations have found a broad audience, with appeal to anyone seeking encouragement for approaching life's challenges with insight, open-heartedness, and a healthy dose of laughter.

112 pages; 5¼ x 7; Full-color

**Paper with Flaps;** \$12.99 US

ISBN 978-163586-601-8



## Garden Flowers, 100 postcards

## Garden Fresh, 100 Postcards

Each box features two sets of 50 breathtaking images taken by award-winning photographer Rob Cardillo.

**Garden Flowers** ISBN 978-1-63586-623-0

**100 postcards in a flip-top box;** \$19.99 US

**Garden Fresh** ISBN 978-1-63586-586-8

**100 postcards in a flip-top box;** \$19.95 US

# RECENT RELEASES 34

## The Dog Behavior Answer Book, 2nd Edition

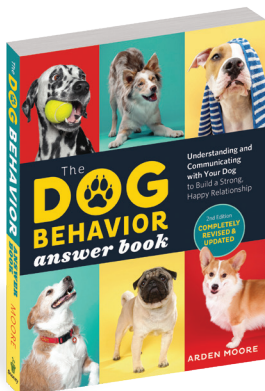
ARDEN MOORE

The updated 2nd edition of this popular reference book now features insights and training techniques for dog owners, presented in a Q&A format with color photos throughout. How can I learn to “speak dog” better? For everyone who aspires to a stronger, happier relationship with their dog, *The Dog Behavior Answer Book* offers friendly, easy-to-implement guidance.

272 pages; 6 x 8; Full-color

**Paper;** \$16.99 US

ISBN 978-1-63586-451-9



## The Cat Behavior Answer Book, 2nd Edition

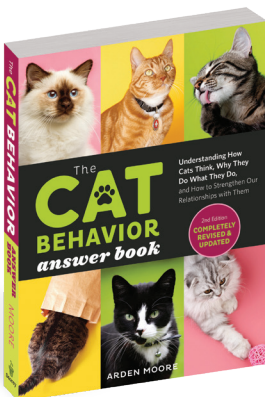
ARDEN MOORE

Readers will find seasoned advice for real-life questions, drawn from author Arden Moore’s 20 years of experience teaching pet owners, in this fully updated 2nd edition. Including the most up-to-date health and training advice, Moore answers hundreds of questions, such as how can I train my cats not to jump upon the kitchen counter? Or, what’s the purpose of a cat’s whiskers? Encourage healthy habits, strengthen the bond, and address challenging behaviors with this friendly guide to cats.

272 pages; 6 x 8; Full-color

**Paper;** \$16.99 US

ISBN 978-1-63586-449-6



## Collage Your Life

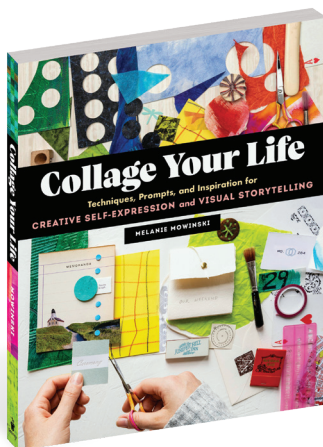
MELANIE MOWINSKI

*In Collage Your Life*, artist Melanie Mowinski combines in-depth technique instruction with more than 50 original prompts to jumpstart the crafting process, such as make a self-portrait; disrupt your routine instincts; assemble mementos from a trip; and process emotions. Step-by-step photos teaches lettering, stamping, stenciling, transfers, and a range of adhesive methods.

224 pages; 8½ x 10; Full-color

**Paper;** \$22.95 US

ISBN 978-1-63586-356-7



# 35 RECENT RELEASES

## Zucchini Love

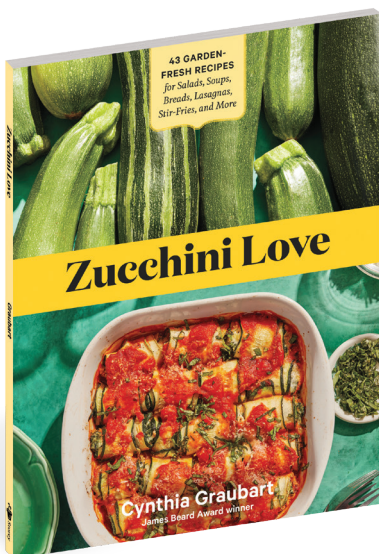
CYNTHIA GRAUBART

James Beard Award-winning cookbook author Cynthia Graubart brings her passion for producing veggie-forward family meals to over 40 recipes. Home cooks will find fresh takes on the classics like Lemon Glazed Zucchini Bread and Pesto Zoodle Bowls, plus creative ideas like Zucchini Breakfast Bars, Sausage Stuffed Zucchini Boats, and Zucchini Fudge Brownies. Mouthwatering photos and step-by-step instructions accompany each recipe—plus there are tips for picking, freezing, and preserving. Grate, slice, chop, spiralize, pickle, and transform zucchini into delicious dishes to share all season long.

96 pages; 7 x 9; Full-color

**Paper;** \$14.99 US

ISBN 978-1-63586-615-5



## Freeze Fresh

CRYSTAL SCHMIDT

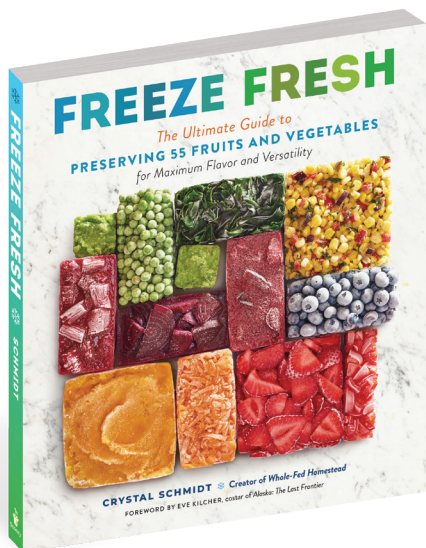
Capturing the peak flavor of freshly harvested produce and preserving it for year-round eating is easier than ever with **Freeze Fresh**, the ultimate guide to freezing and enjoying 55 popular fruits and vegetables.

Author Crystal Schmidt shares her time-tested preparation techniques that ensure color, texture, and flavor are retained in the freezer. From familiar favorites like apples, potatoes, and peas to surprises like lettuce, avocado, and citrus fruit, Schmidt details the best ways to prepare each food for the freezer, including pre-cooking, slicing, blanching, and more. She offers more than 100 recipes that freeze well, as well as delicious ways to cook the frozen food after thawing.

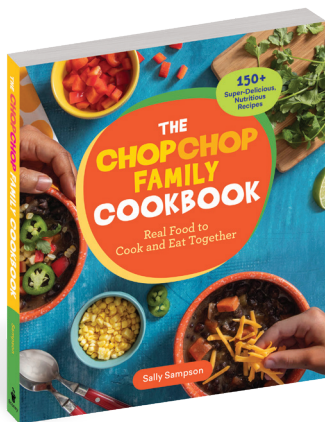
208 pages; 8 x 9; Full-color

**Paper;** \$19.99 US

ISBN 978-1-63586-447-2



# RECENT RELEASES 36



## The ChopChop Family Cookbook

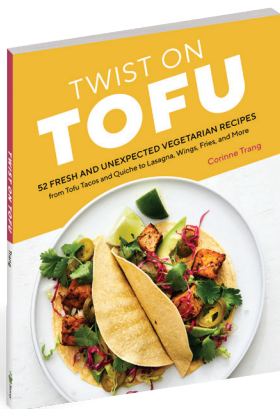
SALLY SAMPSON

This beginner cookbook from *ChopChop Family* magazine, a James Beard Award-winning publication with a mission to get families to cook real food together, features more than 150 recipes for breakfast, lunch, and dinner. Specially designed to appeal to both adults and kids in budget- and time-strapped families, the recipes include family favorites along with simple cooking and meal-prep instructions.

256 pages; 8 x 9; Full-color

**Paper;** \$19.99 US

ISBN 978-1-63586-525-7



## Twist on Tofu

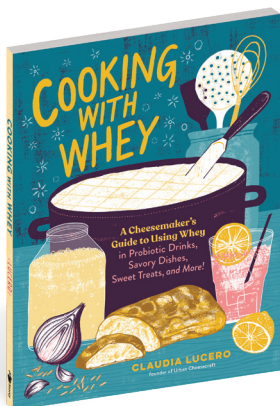
CORINNE TRANG

Award-winning food writer Corinne Trang shows how versatile and flavorful tofu can be, with 52 recipes for creative dinners, as well as starters, soups, salads, sandwiches, and even desserts. There are tofu twists on familiar favorites like French fries, satay, and empanadas. Recipes for lasagna, poke bowl, and bibimbap offer delicious options for tofu-rich dinners.

128 pages; 7 x 9; Full-color

**Paper;** \$16.99 US

ISBN 978-1-63586-481-6



## Cooking with Whey

CLAUDIA LUCERO

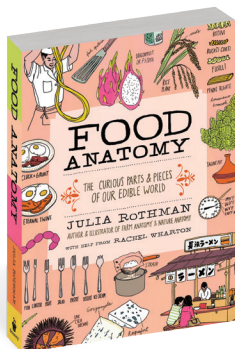
"Don't through away your whey!" says cheesemaker Claudia Lucero. She offers 60 inventive recipes that use whey, which is rich in protein, minerals, and vitamins. Sweet whey, a byproduct of cheesemaking, enhances baked goods while acid whey, produced in yogurt-and kefir-making, is ideal for brining meat, turning into tangy beverages, and adding zip to main dishes.

128 pages; 7 x 9; Two-color; illustrations throughout

**Paper;** \$16.99 US

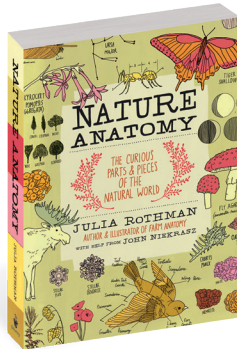
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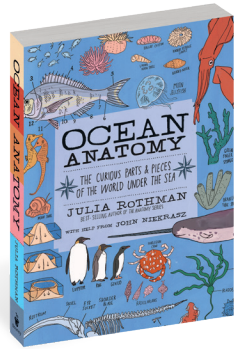
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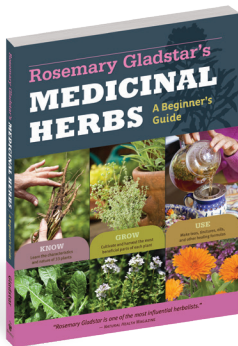
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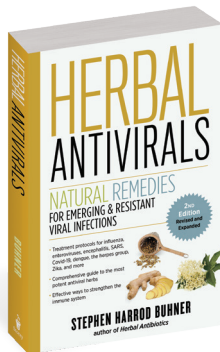
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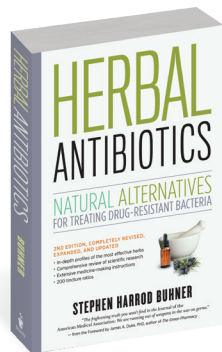
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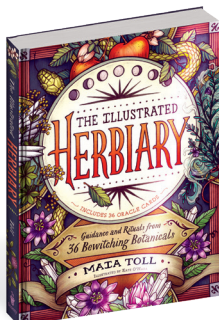
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**Paper:**

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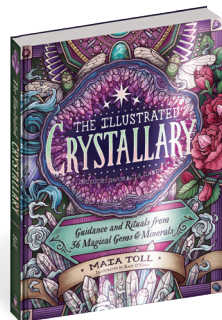
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**Hardcover:**

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**Hardcover:**

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