

# DISOBEDIENT WOMEN

## RESOURCES FOR READERS

The themes in *Disobedient Women* are stark and may leave you seeking help for yourself, a loved one, or members of your community. The list below is in no way exhaustive, nor is it an authoritative document.

But if you need help, please seek it. Don't wait. And consider this a starting point.

### **To learn more about reporting child abuse in each state**

National Child Abuse Hotline: Call or Text: 1-800-422-4453; [childhelpline.org](http://childhelpline.org)

### **To report sexual assault**

National Sexual Assault Hotline: Call 1-800-656-HOPE (4673); Chat: [online.rainn.org](http://online.rainn.org)

### **If you are or believe you might be experiencing domestic violence**

National Domestic Violence Hotline: Call: 1-800-799-SAFE (7233); SMS: Text START to 88788; [thehotline.org](http://thehotline.org)

### **If you are seeking mental health resources or you are experiencing a mental health crisis**

Substance Abuse and Mental Health Services Administration: 24/7 hotline at 1-800-662-HELP (4357)

### **For homeschooling perspectives, data, and policy tracking, compiled by former homeschooled students**

Coalition for Responsible Home Education: [responsiblehomeschooling.org](http://responsiblehomeschooling.org)

### **If your church needs a real-time consultation to help avoid vulnerability for abuse; policy review for cultural change; or an independent investigation**

GRACE (Godly Response to Abuse in the Christian Environment): [netgrace.org](http://netgrace.org)

### **If you are looking to join online support groups for other survivors of sexual assault in institutional environments, including the church:**

SNAP (Survivors Network of those Abused by Priests): Listed by date: [snapnetwork.org/events](http://snapnetwork.org/events); Search by country, men's or women's groups, or religions or background: [snapnetwork.org/snap\\_locations](http://snapnetwork.org/snap_locations)

### **If you are experiencing thoughts of self-harm or suicide, the Suicide & Crisis Hotline is now available nationwide by simply calling or texting 988.**