

BLACK BEAN AND VEGETABLE CHILI

PAGE 172 • BEST BY:

Directions Completely thaw in refrigerator. In a medium saucepan, cook chili over medium-low heat until liquid cooks off and chili is thick, about 1 hour.

Recipe from *Fix, Freeze, Feast*, 2nd Edition © 2018 Kati Neville and Lindsay Ahrens, Storey Publishing

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