

BEEF FAJITAS

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Directions Needed on hand to complete this freezer meal: 2 teaspoons vegetable oil. Completely thaw in refrigerator. In a large skillet, heat oil over medium-high heat. Add onions and peppers, and stir-fry until soft, about 3 minutes. Remove vegetables from skillet and add beef. Stir-fry beef until well browned, about 10 minutes. Remove pan from heat and return vegetables, stirring to combine.

Recipe from *Fix, Freeze, Feast*, 2nd Edition © 2018
Kati Neville and Lindsay Ahrens, Storey Publishing

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