ASPARAGUS AND POTATO FRITTATA

PAGE 146 • BEST BY:

Directions Completely thaw in refrigerator. Preheat oven to 425°F/220°C. Pour frittata into a lightly greased 8-inch square baking dish. Bake for 30 minutes, or until egg is cooked through and top is golden brown.

Recipe from *Fix, Freeze, Feast,* 2nd Edition © 2018 Kati Neville and Lindsay Ahrens, Storey Publishing

ASPARAGUS AND POTATO FRITTATA

PAGE 146 • BEST BY:

Directions Completely thaw in refrigerator. Preheat oven to 425°F/220°C. Pour frittata into a lightly greased 8-inch square baking dish. Bake for 30 minutes, or until egg is cooked through and top is golden brown.

Recipe from *Fix, Freeze, Feast,* 2nd Edition © 2018 Kati Neville and Lindsay Ahrens, Storey Publishing

ASPARAGUS AND POTATO FRITTATA

PAGE 146 • BEST BY:

Directions Completely thaw in refrigerator. Preheat oven to 425°F/220°C. Pour frittata into a lightly greased 8-inch square baking dish. Bake for 30 minutes, or until egg is cooked through and top is golden brown.

Recipe from *Fix, Freeze, Feast,* 2nd Edition © 2018 Kati Neville and Lindsay Ahrens, Storey Publishing

ASPARAGUS AND POTATO FRITTATA

PAGE 146 • BEST BY:

Directions Completely thaw in refrigerator. Preheat oven to 425°F/220°C. Pour frittata into a lightly greased 8-inch square baking dish. Bake for 30 minutes, or until egg is cooked through and top is golden brown.

Recipe from *Fix, Freeze, Feast,* 2nd Edition © 2018 Kati Neville and Lindsay Ahrens, Storey Publishing

ASPARAGUS AND POTATO FRITTATA

PAGE 146 • BEST BY:

Directions Completely thaw in refrigerator. Preheat oven to 425°F/220°C. Pour frittata into a lightly greased 8-inch square baking dish. Bake for 30 minutes, or until egg is cooked through and top is golden brown.

Recipe from *Fix, Freeze, Feast,* 2nd Edition © 2018 Kati Neville and Lindsay Ahrens, Storey Publishing

ASPARAGUS AND POTATO FRITTATA

PAGE I46 • BEST BY:

Directions Completely thaw in refrigerator. Preheat oven to 425°F/220°C. Pour frittata into a lightly greased 8-inch square baking dish. Bake for 30 minutes, or until egg is cooked through and top is golden brown.

Recipe from *Fix, Freeze, Feast,* 2nd Edition © 2018 Kati Neville and Lindsay Ahrens, Storey Publishing

ASPARAGUS AND POTATO FRITTATA

PAGE I46 • BEST BY:

Directions Completely thaw in refrigerator. Preheat oven to 425°F/220°C. Pour frittata into a lightly greased 8-inch square baking dish. Bake for 30 minutes, or until egg is cooked through and top is golden brown.

Recipe from *Fix, Freeze, Feast,* 2nd Edition © 2018 Kati Neville and Lindsay Ahrens, Storey Publishing

ASPARAGUS AND Potato frittata

PAGE 146 • BEST BY:

Directions Completely thaw in refrigerator. Preheat oven to 425°F/220°C. Pour frittata into a lightly greased 8-inch square baking dish. Bake for 30 minutes, or until egg is cooked through and top is golden brown.

Recipe from *Fix, Freeze, Feast,* 2nd Edition © 2018 Kati Neville and Lindsay Ahrens, Storey Publishing

ASPARAGUS AND POTATO FRITTATA

PAGE 146 • BEST BY:

Directions Completely thaw in refrigerator. Preheat oven to 425°F/220°C. Pour frittata into a lightly greased 8-inch square baking dish. Bake for 30 minutes, or until egg is cooked through and top is golden brown.

Recipe from *Fix, Freeze, Feast,* 2nd Edition © 2018 Kati Neville and Lindsay Ahrens, Storey Publishing