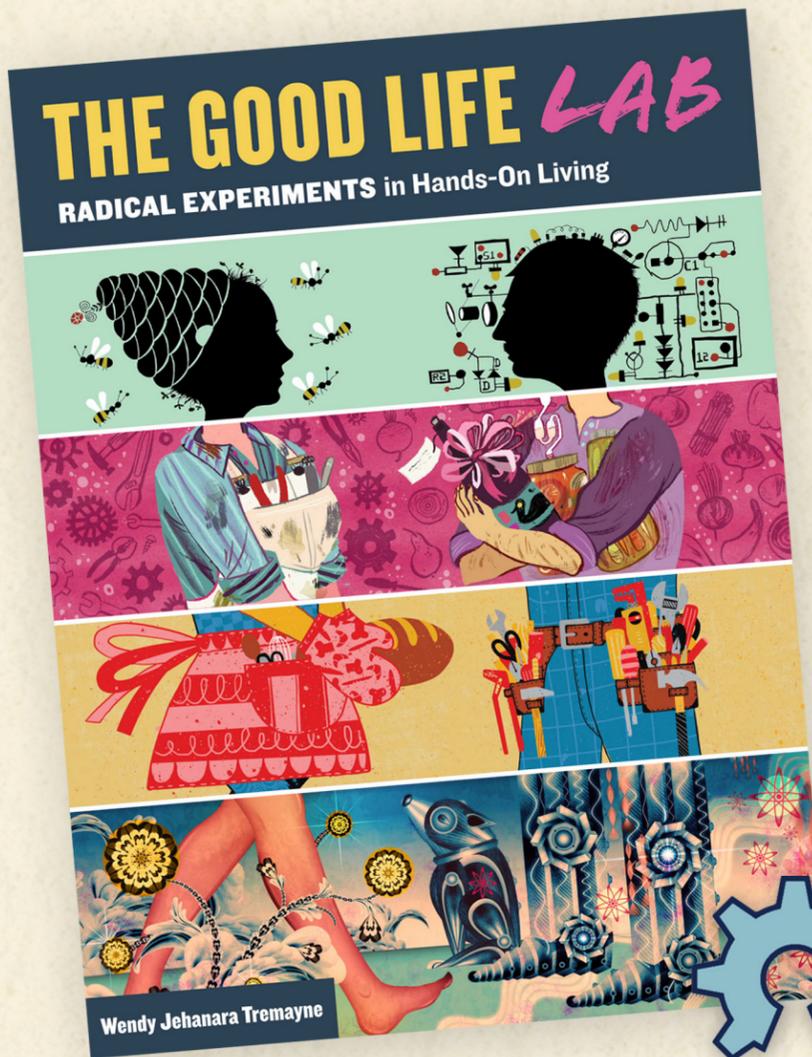


THE GOOD LIFE LAB

RADICAL EXPERIMENTS in Hands-On Living



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BOOK CLUB

We'll meet to discuss Wendy Jehanara Tremayne's inspiring story and what it means to live a decommodified life in today's society.

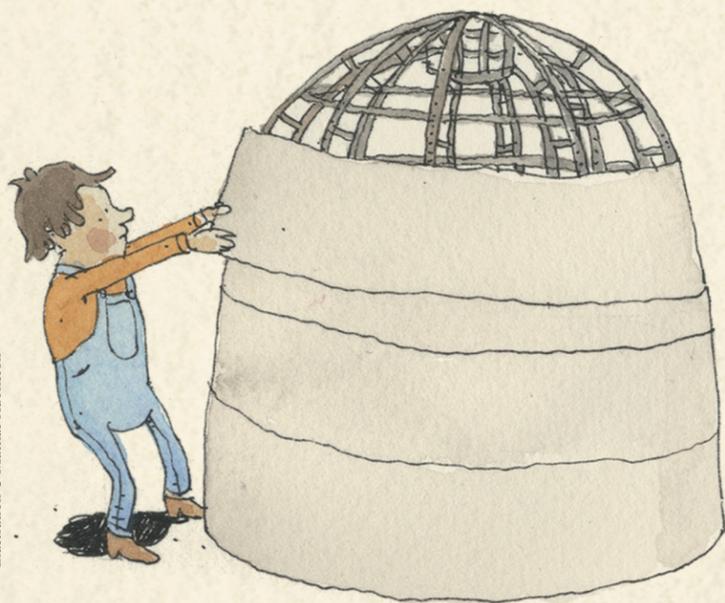
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The Good Life Lab is the story of how one couple ditched their careers and high-pressure life in New York City to move to rural New Mexico, where they made, built, invented, foraged, and grew all they needed to live self-sufficiently, discovering a new sense of abundance in the process.



“Actually doing stuff may seem scary to those of us more familiar with meaningless cubicle activity than real value generation. . . . As this book amply demonstrates, those skills are attainable, even innate.”

– Douglas Rushkoff, author of *Life, Inc.* and *Present Shock*