

workman



*Spring
2022*

Why We Travel
(See page 8.)

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*The Original Reverse
Coloring Book: Through
the Seasons* (See page 19.)



Do the Work!

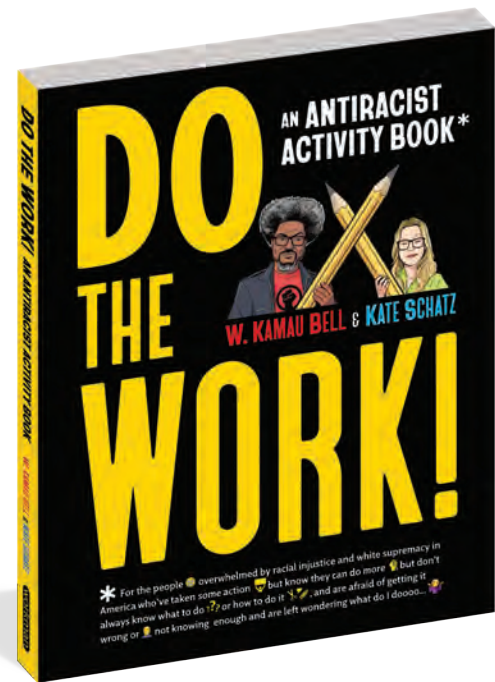
An Antiracist Activity Book

W. Kamau Bell and Kate Schatz

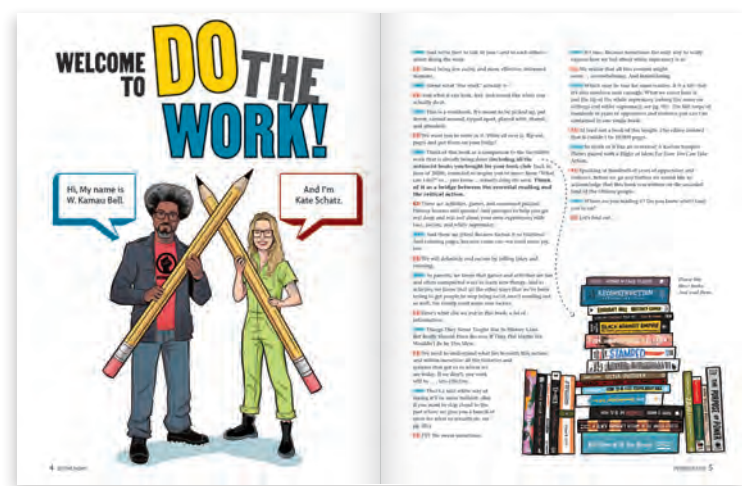
For all the people who find themselves overwhelmed by racial injustice, outraged by the news, shocked by the ugly parts of American history, and who keep asking “What can I DOOOO?” comes the answer: *Do the Work!*

Created by the sociopolitical comedian W. Kamau Bell and bestselling author Kate Schatz, *Do the Work!* is a revelatory, thought-provoking, highly illustrated interactive workbook designed to give readers a hands-on understanding of systemic racism, white privilege, and Black disenfranchisement. With bright and bold illustrations by BIPOC artists, readers will experience the effects of voter suppression through a Connect-the-Dots gerrymandering activity of Pennsylvania’s 7th district. Learn about redlining through a Color-by-Numbers map based on the infamous examples used by the Home Owners’ Loan Corporation in the late 1930s. Take a “Jim Crow or Jim Faux” quiz that tests knowledge of racist laws in the United States. And try their hands at questions from the state of Alabama’s 1965 Literacy Test (miss more than 7 of 68 questions and no voting for you!).

Through it all, Bell and Schatz not only allow us to understand all the ways in which racism shows up in our society, but also how to take action: There are protestor paper dolls paired with tips on staying safe at a demonstration. Tear-out pages to fill in the names of elected officials and their contact information. Even a scavenger hunt to help you diversify your feed and the words and ideas you consume. All in the name of doing the work, *Do the Work!* is an enormously clever and enlightening guide meant to be picked up, read, played with, shared, and absorbed.



Important advice, like how to talk to your kids about racism and how to prepare for a demonstration are delivered in surprising ways



The authors' lively conversation throughout the book enlightens and educates



The book is action-oriented, with hundreds of specific things you can do in your home, your community, and the world



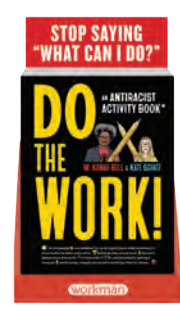
W. Kamau Bell is the host and executive producer of CNN’s five-time Emmy Award–winning docuseries *United Shades of America* with W. Kamau Bell and host of the critically acclaimed podcast *Politically Re-Active*. He is on the advisory board of *Hollaback!* and *Donors Choose*, and he is the *ACLU Celebrity Ambassador for Racial Justice*.

Kate Schatz is the *New York Times* bestselling author of the *Rad Women* book series, including *Rad American Women A–Z*, *Rad Women Worldwide*, and *Rad American History A–Z*. She is the cofounder of *Solidarity Sundays*, a nationwide network of feminist activist groups.

Do the Work!

Full-color illustrations and photos throughout; 160 pages, plus 2 gatefolds, lift-the-flap, paper dolls, stickers, a tear-out poster, and other special pullouts; 8" x 10 1/2"

Paper: \$24.95/\$33.95 Can.
ISBN: 978-1-5235-1428-1
No. 101428
Ships: June



6-copy counter display
\$149.70/\$203.70 Can.
ISBN: 978-1-5235-1553-0
No. 221553



- A unique, interactive, illustrated antiracist handbook packed with information and activities for people who want to do the work
- Play *White Supremacy Word Scramble*, *Connect-the-Dots Voter Suppression*, *Privilege Bingo*, the “*Nope or Nice*” *Offensive Words* game, and so much more
- By the Emmy Award–winning sociopolitical comedian W. Kamau Bell and *New York Times* bestselling author Kate Schatz

I Will Teach You to Be Rich: The Journal

Dream Your Rich Life, Then Make It Happen

Ramit Sethi

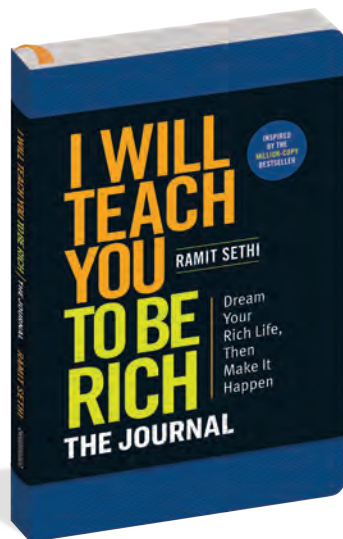
Ramit Sethi is the personal finance expert whose *New York Times* bestseller, *I Will Teach You to Be Rich*, has helped more than a million readers get on the path to financial independence through a highly practical six-week program. At the core of his message is the idea of the rich life—where it’s not just about the dollars but about the meaning, and where experiences are as much a priority as what’s in your wallet.

Now in this companion to the original book, Sethi guides readers through the process of clarifying exactly what a rich life means to them, and then shows them how to make it happen. Packed with provocative prompts, lists, and real-world examples, *I Will Teach You to Be Rich: The Journal* is an interactive, fill-in book whose every page is designed for introspection, dreaming, and creative brainstorming. Sethi shows you how to rewire your money beliefs by questioning the myths and clichés—for example, “Buy, don’t rent”—that might not make sense for you. Learn to design a rich life based on what he calls “money dials”—categories of spending, like Travel, Convenience, Status, or Self-Improvement—and how to plan accordingly. There are prompts that show you how to be more confident about money and individual challenges to make your goals a daily reality. Ultimately, you’ll visualize *your* rich life, one that’s tailored, customized, and unmistakably you. Let the journey begin.



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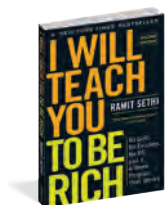
Ramit Sethi writes about money, business, and psychology for a million readers each month at iwillteachyoutoberich.com. He’s been featured in *Fortune*, the *New York Times*, the *Tim Ferris* podcast, and the *Wall Street Journal*. He studied technology and psychology at Stanford and lives in New York.



▪ A guided journal from the author of the *New York Times* bestseller *I Will Teach You to Be Rich*, with more than 1 million copies in print

▪ Tools and prompts to help readers redefine their relationship to money and create and pursue their “rich life” goals—ones that are tailored and customized to be precisely theirs

▪ From an author whose star just keeps rising, with a million readers visiting his website every month, a podcast launched in August 2021, and a forthcoming Netflix show



Also Available: See page 141. *I Will Teach You to Be Rich* ISBN: 978-1-5235-0574-6 No. 100574

I Will Teach You to Be Rich: The Journal

Two color with spot illustrations throughout; 192 pages; 6" x 9"
Flexibound paperback with belly band and ribbon marker: \$17.95/\$23.95 Can.
ISBN: 978-1-5235-1687-2
No. 101687
Ships: July



The Kids' Book of Chess and Starter Kit

Learn to Play and Become a Grandmaster!

Harvey Kidder • Illustrated by George Ermos

It’s the classic, revised and re-illustrated! With more than 1 million copies sold, *The Kids' Book of Chess* is the bestselling introduction for kids to the game that’s inspired passion and challenge for over 900 years—and, thanks to Netflix’s monster hit *The Queen’s Gambit*, is again surging in popularity.

The *New Yorker* said it best: “Harvey Kidder explains the game with a clarity that is almost absolute.” Kidder captures chess’s energy and excitement in the game’s origins—the medieval battlefield—while offering instruction that is direct and concrete. Pawns, modeled after common foot soldiers, advance step by step. The Knight’s leaping L-shaped move recalls the warrior on horseback. Illustrations bring all this pomp and pageantry to life while the text covers the beginning, middle, and end game, along with winning strategies for offense and defense.

With new art throughout, a full chess set of sturdy punch-out cardboard pieces, and a cardboard chessboard, *The Kids' Book of Chess and Starter Kit* has everything a child needs to step away from the screen and start playing the greatest analog game ever created.

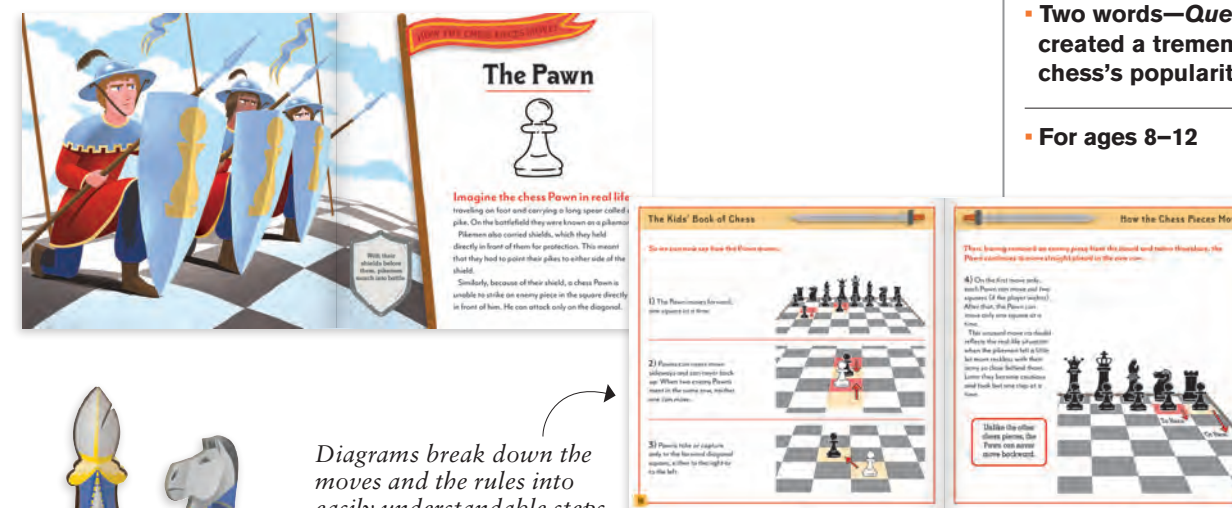


▪ A revised and re-illustrated edition of the classic with over 1 million copies sold

▪ Everything you need to learn and play the game, including a full-color instruction book, a full-size chessboard, a set of sturdy 3-D cardboard pieces to build, and a bag to store them in

▪ Two words—*Queen’s Gambit*—created a tremendous surge in chess’s popularity

▪ For ages 8–12



32 easy-to-assemble sturdy cardboard pieces included!

Diagrams break down the moves and the rules into easily understandable steps



Fully illustrated, full-size chessboard included!

Harvey Kidder wrote *The Kids' Book of Chess* for his six-year-old son, David, fifty years and a million copies ago.

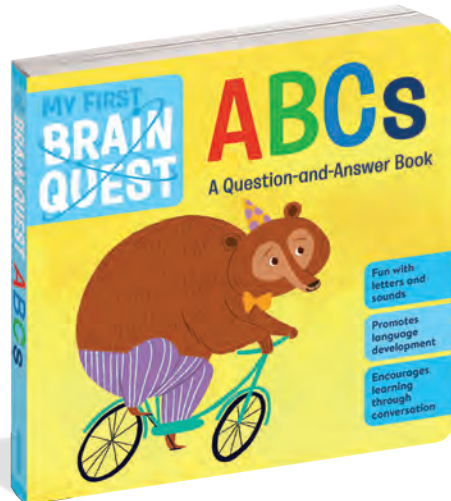
The Kids' Book of Chess and Starter Kit

Full-color illustrations throughout; 96 pages; book 7 1/8" x 8"; box 12" x 8" x 1"
Paperback book with 3 die-cut sheets of cardboard chess pieces and game board: \$24.95/\$33.95 Can.
ISBN: 978-1-5235-1603-2
No. 101603
Ships: June



My First Brain Quest

- My First Brain Quest ABCs
- My First Brain Quest Colors
- My First Brain Quest 123s
- My First Brain Quest Shapes



from ABCs



from 123s

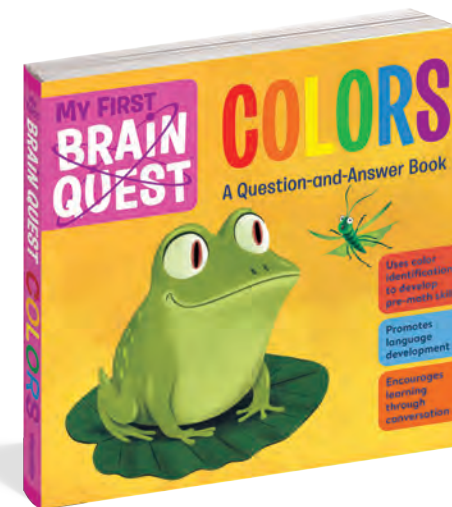
Now it's baby's turn! Announcing a brand-new *Brain Quest*® program for the very youngest learners.

Imbued with the "It's Fun to Be Smart!®" core value that's made *Brain Quest* America's beloved #1 educational brand with more than 57 million copies in print, *My First Brain Quest* board books introduce babies and toddlers to early learning concepts the *Brain Quest* way.

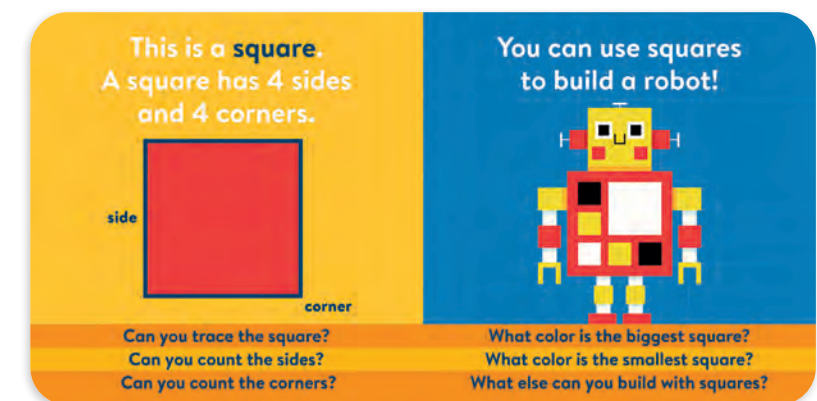
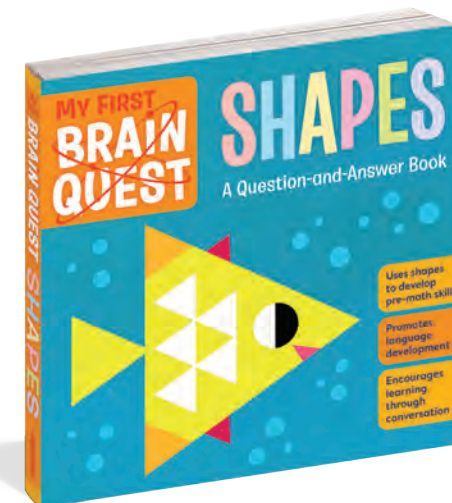
Launching the series are four titles, each designed to build early learning skills like pre-reading and pre-math. *ABCs* is a fun, engaging alphabet book that helps babies and toddlers learn the letters of the alphabet and expand their vocabulary and phonics skills. *123s* is a rhyming

counting book that presents numbers in a variety of ways, providing an understanding of number representation and quantity. *Colors* introduces ten basic colors through lively illustrations and a catchy, rhyming text. And *Shapes* helps lay the foundation for pre-math skills, as children learn to identify nine shapes and describe their attributes.

Smart, colorful, grounded in educational principles, and defined by the signature question-and-answer format, these books are *Brain Quest* at its best: not only making learning fun, but now encouraging the kind of give-and-take between adult and child that makes early learning meaningful.



from COLORS



from SHAPES

What Makes *My First Brain Quest* Special?

- **Questions on every page** encourage thinking, reasoning, and understanding.
- **Learning through conversation** increases children's language development and literacy skills.
- **Pre-reading and pre-math skills** are enforced as children describe attributes of shapes and colors, explore phonics sounds, and practice counting.
- **Books to grow on!** Bright art and interactive text engages babies through preschoolers.

My First Brain Quest Skills Books

Full-color illustrations throughout; 7" x 7"

Board book: \$8.95/\$11.95 Can. • Ships: June

ABCs
26 pages
ISBN: 978-1-5235-1412-0
No. 101412



9 781523 514120

123s
22 pages
ISBN: 978-1-5235-0381-0
No. 100381



9 781523 503810

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20 pages
ISBN: 978-1-5235-1596-7
No. 101596



9 781523 515967

Shapes
20 pages
ISBN: 978-1-5235-1597-4
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- Introducing *Brain Quest* for babies and toddlers!

- Build pre-reading and pre-math skills with fun, brightly illustrated, interactive board books

- *Brain Quest* is America's #1 educational brand with more than 57 million copies in print

- \$150,000 brand marketing campaign

- For ages 0-3



My First Brain Quest Skills Books
12-copy mixed counter display
(3 each of 4 titles)

\$107.40/\$143.40 Can.

ISBN: 978-1-5235-1699-5

No. 221699



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Why We Travel

100 Reasons to Get Up and Go

Patricia Schultz

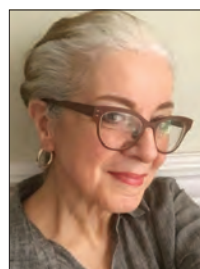
For years Patricia Schultz has been telling us where to go—her *1,000 Places to See Before You Die*® books and calendars have sold millions of copies to eager travelers looking to explore new destinations and round out bucket lists. Now, in a beautifully illustrated gift book that's filled with inspiration perfectly timed to meet the pent-up demand for travel, Patricia Schultz tells us *why* to go.

Personal stories and anecdotes, quotes about travel, affirmations, ideas, and travel hacks—and stunning photographs throughout—*Why We Travel* comes at its subject from many directions, but all of them point to the same goal: Travel is one of the most richly rewarding experiences we can have. It is, as Pico Iyer says, *the place where we stay up late, follow impulse and find ourselves as wide open as when we are in love*. It is something we must do ourselves, since *No one can explore the world for you*. It encourages us to go with the flow: *Expect nothing, embrace everything*. And it gives us so many stories. Patricia shares some of her most rewarding, like going on safari in Zambia and finding her most lasting memory in a classroom of five-year-olds.

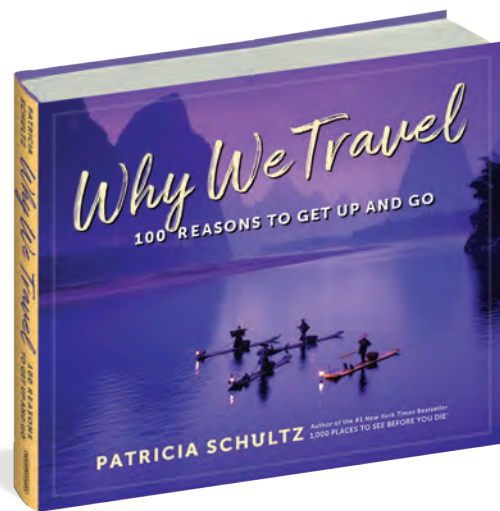
At every turn *Why We Travel* urges us to set out for adventure while at the same time satisfying our deepest travel itch, even from the comfort of an armchair.



For the complete list of titles by Patricia Schultz, see page 106.



Patricia Schultz is the author of the #1 New York Times bestsellers *1,000 Places to See Before You Die* and *1,000 Places to See in the United States and Canada Before You Die*. She is a veteran travel journalist with over thirty years of experience, writing for *Frommer's*, *Berlitz*, and *Access* travel guides, as well as the *Wall Street Journal*, *Condé Nast Traveler*, and other magazines and newspapers. Her home base is in New York City, but good luck finding her there!



- From the #1 bestselling author of *1,000 Places to See Before You Die* books, with over 4.7 million copies in print

- Not where to travel but *why*—with personal stories, anecdotes, quotes, lists, and aphorisms, all accompanied by extraordinary full-color photographs

- The travel industry predicts a boom in Spring 2022, with so much pent-up demand for adventure

Why We Travel

Full-color photos throughout; 208 pages; 8" x 7"

Jacketed hardcover:
\$24.95/\$32.95 Can.

ISBN: 978-1-5235-1097-9

No. 101097

Ships: April



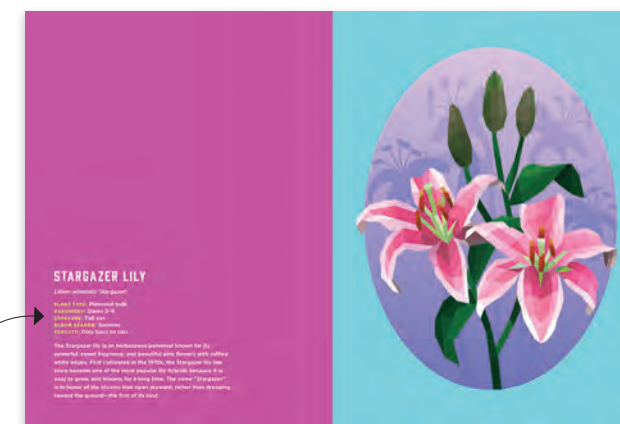
Paint by Sticker®: Plants and Flowers

Create 12 Stunning Images One Sticker at a Time!

The phenomenon that is *Paint by Sticker* just keeps growing. The kids' series is on fire, with 4.9 million copies in print, and last year the robust sales of the adult series made an extraordinary leap: We shipped 445,000 copies in 2020, double that of 2019. Now the success of *Paint by Sticker* runs headlong into another rising trend—the passion for flowers and plants.

So bright, so colorful, so interesting in their lines and shapes—flowers, succulents, houseplants, and decorative vines are the perfect subject for painting by sticker. In *Plants and Flowers*, readers can re-create the sculptural majesty of a saguaro cactus. There are roses, the queen of all flowers. A hanging basket of pansies with their irresistible upturned faces. A delicate orchid, a lush stargazer lily, and the iconic monstera with its signature leaves. And readers will find information about the plant on the back of each image—including growing zones, identifying features, and fascinating facts.

Created for crafters, artists, coloring book fans, doodlers, people who like puzzles, and anyone who just likes doing something with their hands, *Paint by Sticker* is the ingenious process where an image is rendered in geometric low-poly shapes and then converted to stickers, giving the image a curiously satisfying 3-D effect. But all the user needs to know is this: Find the sticker, peel the sticker, place the sticker—and watch your floral masterpiece come to life. The card-stock pages are perforated to allow the artwork to be easily removed for framing or display.



Flip the image over to find growing information and other fun facts for each plant!



rose blossoms and buds



a potted monstera



a flowering orchid



- The bestselling *Paint by Sticker* series celebrates the passion of garden and houseplant love!

- Paint by Sticker* books sell well in every market, including museum stores, art/craft supply stores, gift stores, mass market, and indie bookstores, and now the adult series has 2.15 million copies in print

- 32 pages on perforated card stock and 24 sticker sheets to create 12 works of art

For the complete listing of *Paint by Sticker* titles, see pages 79–80.

Paint by Sticker: Plants and Flowers

Four color; 32 pages plus 24 sticker sheets; 9 1/4" x 12 1/2"

Paper: \$14.95/\$19.95 Can.

ISBN: 978-1-5235-1590-5

No. 101590

Ships: May



6-copy counter display

\$89.70/\$119.70 Can.

ISBN: 978-1-5235-1700-8

No. 221700



The Ultimate Biography of Earth

From the Big Bang to Today!

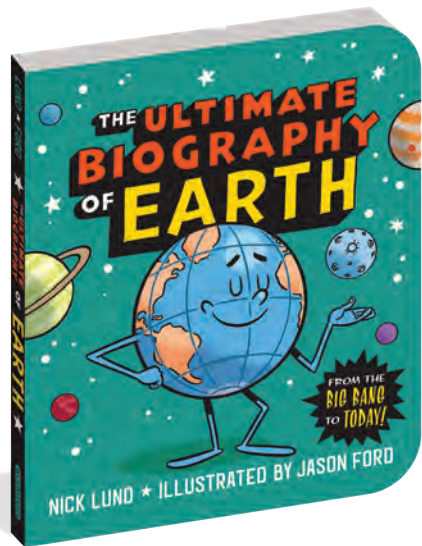
Nick Lund • Illustrated by Jason Ford

Here it is: the celebrity biography we didn't know we wanted, and now can't get enough of—the story of Earth, our fascinating little home in the solar system with all its diverse life forms and dramatic geological ages. Written for kids ages 10 and up who are history buffs, science buffs, or just plain curious to know more about the world around them, *The Ultimate Biography of Earth* is the riveting story of the planet we call home, told in biography form. The voice is friendly, irreverent, and funny, delivering impeccable science in the most fascinating way.

Readers will travel back 4.6 billion years, when Earth formed out of parts left from the huge explosion that created the Sun. Learn about the first life on Earth—tiny, single-celled organisms called prokaryotes. Meet bizarre creatures like the walking spiky worm, Hallucigenia, so named because the scientists who first discovered the fossils thought they were hallucinating (we're still not sure which end is which). And get an eyewitness's view of the asteroid that ended the Cretaceous Era and eliminated 75% of species on Earth, making way for the Cenozoic Era—the one we live in now. All of which reinforces how the planet has changed over time while driving home the importance of caring for Earth—now and into the future.



Nick Lund is a conservationist and nature writer. His writing has appeared in Audubon Magazine, National Parks Magazine, Slate.com, the Washington Post, the Maine Sportsman, and others. He is a graduate of the University of Maine School of Law and worked in federal energy policy in Washington, DC, before returning to Maine with his wife and son to work for Maine Audubon.



• A sweeping era-by-era natural history of Earth for kids who are science buffs, history buffs, nature lovers, or just plain curious

• From the Big Bang to the current age of humans, the story of our planet told in a lively and fun-to-read biography form with Earth as the main character

• Illustrated throughout and packed with facts

• For ages 10 and up

The Ultimate Biography of Earth

Full-color illustrations throughout; 192 pages; 7 1/2" x 9"

Paperback with rounded corners: \$15.95/\$21.95 Can.

ISBN: 978-1-5235-1359-8

No. 101359

Ships: March



Linked

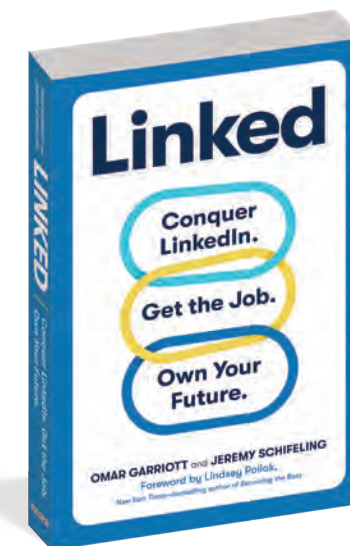
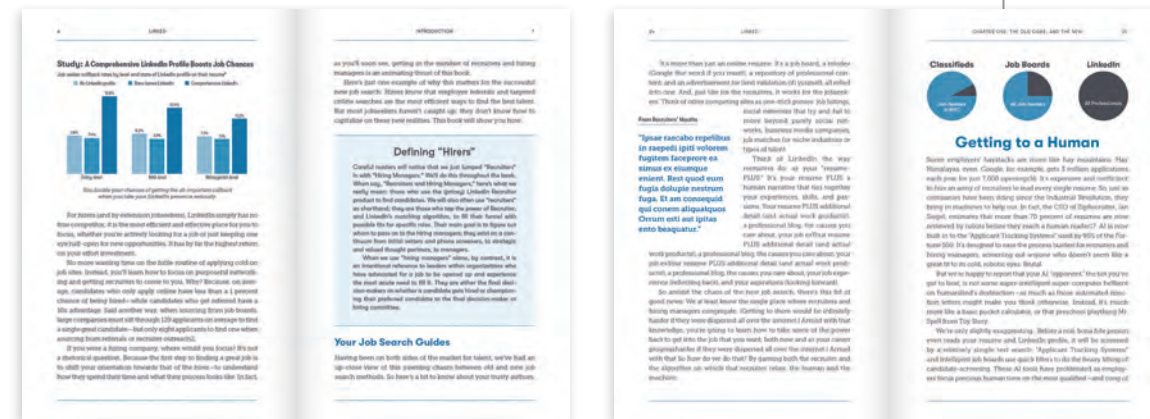
Conquer LinkedIn. Get the Job. Own Your Future.

Omar Garriott and Jeremy Schifeling

An estimated seven in ten American employees want a new job. Millions more are making their first career step after graduating. And most of them will use LinkedIn—or try. Because while LinkedIn is the dominant platform for hiring, networking, and recruiting, very few job seekers know how to maximize its incredible power. Here are two who do: Omar Garriott and Jeremy Schifeling, career coaches who ran LinkedIn's education team before forming the Job InSiders to advise all levels of job seekers. Now they're sharing all they know in *Linked*, the definitive guide to conquering LinkedIn, written for everyone from the newly minted college graduate to the midlife career-changer.

At the core of *Linked* is an indispensable five-step framework for the modern job search. It gives candidates the tools and techniques that matter most to cut through the clutter on LinkedIn's massive site while focusing on the new realities of the job market—including how employers *actually* zero in on new hires, and how you can ensure that you stand out. Clear, lively, accessible, and direct, *Linked* teaches how to burnish your increasingly important personal online brand. Work the powerful Network Effect, like turning a simple introduction into an invaluable referral. Learn how to think like recruiters and tailor your profile and job application to their needs. Master the three rules of the LinkedIn search algorithm, and game the Applicant Tracking Systems used by more and more recruiters. And employ advanced LinkedIn hacks, like playing "Who Viewed My Profile Roulette," and strategically post articles relevant to the industry you want to join.

The result: not just the job you want, but the future of your dreams.



• The definitive guide to conquering LinkedIn and finding success in a radically new hiring landscape

• Written by two LinkedIn insiders who understand all the ins and outs of how LinkedIn works and why it's become the dominant platform for job-seeking, recruiting, networking, and hiring

• A step-by-step program for the millions of people looking for a new job—including the seven in ten employees in the US who want a different job

Linked

Two color with illustrations throughout; 352 pages; 6" x 9"

Paper: \$19.95/\$26.95 Can.

ISBN: 978-1-5235-1416-8

No. 101416

Ships: March

Also available on Workman audio.



Overthinking About You

Navigating Romantic Relationships When You Have Anxiety, OCD, and/or Depression

Allison Raskin

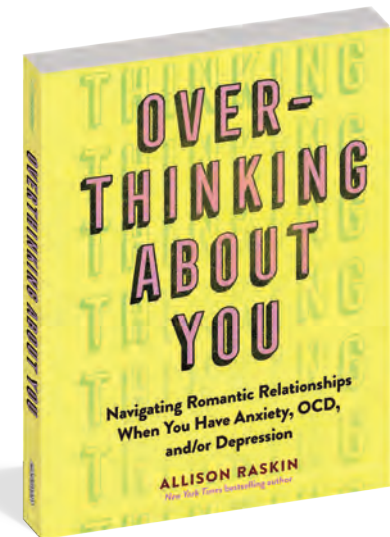
Relationships are hard enough. But for a person living with mental illness, even the thought of starting and maintaining a romantic relationship can be overwhelming. The writer Allison Raskin knows this firsthand, and in this brilliantly forthright and humorous book she provides clear-cut advice on how to form healthy dating and relationship habits when you have anxiety, OCD, and/or depression. And that is a lot of people. One in five Americans will experience a mental health challenge in any given year, and among younger people—Generation Z and Millennials—the numbers are significantly higher.

Part memoir, part self-help book, and filled with action steps, *Overthinking About You* is compellingly readable and relatable, packed with hard-won honest truths on the highs and lows of dating and deeply grounded in the latest thinking from clinical psychologists and dating experts. There's wisdom on every page: How and why to avoid mis-labeling thoughts as facts. The impact of SSRIs. Why the way you talk about something is just as important as what you are talking about. Even why dating multiple people at once is a good way to help alleviate anxiety and prevent you from putting too much pressure on one relationship. It's all here, from meeting online to how to handle a breakup, from recognizing and avoiding unhealthy relationships to the big one—sex.

The net result is hope. By the end of this book you'll know Allison Raskin as well as your best friend and will believe her own greatest truth: Don't give up on yourself, and don't give up on love.



Allison Raskin is a New York Times bestselling author. She is also the cohost of the popular podcast Just Between Us and cocreator of a YouTube channel by the same name. Allison has written and developed multiple TV shows and created the original scripted podcast Gossip. A vocal mental health advocate, Allison also runs the mental health-focused Instagram account @emotionalsupportlady.



- A much-needed self-help book for readers who live with mental health conditions, offering life-changing advice and insight on dating and relationships
- Compellingly readable and relatable, combining memoir, interviews with psychologists and relationship experts, true stories, and action steps
- Geared especially toward Gen Z and Millennial readers, but filled with hope, help, and humor for anyone experiencing mental health concerns

Overthinking About You

Two color; 208 pages; 6" x 8"

Paperback with flaps:
\$16.95/\$22.95 Can.

ISBN: 978-1-5235-1322-2

No. 101322

Ships: April

PAPERBACK



9 781523 513222

Mom Milestones

The First Seven Years

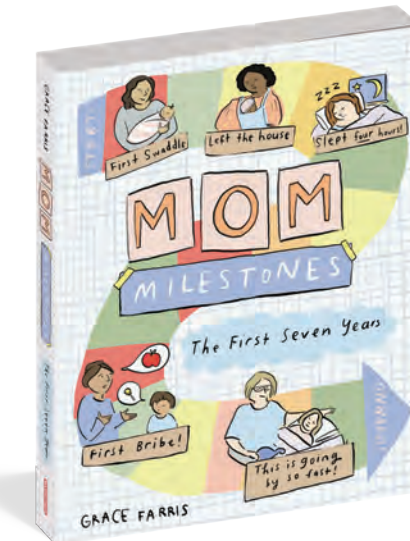
Grace Farris

Baby's first tooth, baby's first step, baby's first word—how lovingly parents mark the milestones of their children. But what about the person who's doing so much of the heavy lifting—wrangling a swaddle, packing the diaper bag, figuring out how to install and use a car seat? Finally, here's a book that tracks and commemorates *mom's* progress, from Grace Farris, a doctor, cartoonist, and mother of two sons.

Warmly humorous and told in a playful comic form, *Mom Milestones* celebrates the journey every mom can relate to, one that begins with one-day-old mom, who may feel like she is learning a new language, and continues through all the milestones of early motherhood, like seven-year-old mom preparing for elementary school. Here are mom's achievements, significant firsts, and skills learned (how to do a "playdate," coax a kid into taking medicine, amuse a group of kindergartners). Mom's likes (adapting pop songs to lullaby format) and dislikes (emptying the lunchbox and mystery smells). Crafts mom enjoys (no glitter or glue allowed). An ABCs of Motherhood (E is for ennui). And so it goes, until mom reaches the things-I've-already-forgotten age, when she no longer remembers the highs and lows of potty training or the day the baby outgrew newborn onesies.



Grace Farris is a doctor, cartoonist, and mother of two sons. Her comics have appeared in BuzzFeed, HuffPost, A Cup of Jo, and Medium, and she writes a monthly comics column called "Dr. Mom" for the Annals of Internal Medicine. She lives with her family in Austin, Texas, and on Instagram at @couplegracefarris.



- A warm and humorous gift for a baby shower or Mother's Day
- A clever celebration of all the milestones of a mom's early years, told in comic form and structured like a parody of a baby keepsake book
- Grace Farris is a rising star in the parenting space with tens of thousands of Instagram followers and frequent appearances on A Cup of Jo, BuzzFeed, HuffPost, and other online outlets

Mom Milestones

Full-color illustrations throughout; 224 pages; 6 1/2" x 8 1/2"

Paperback with flaps:
\$17.95/\$23.95 Can.

ISBN: 978-1-5235-1147-1

No. 101147

Ships: March

PAPERBACK



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6-copy counter display
\$107.70/\$143.70 Can.

ISBN: 978-1-5235-1709-1

No. 221709



9 781523 517091

Indestructibles® High Color High Contrast

- Taste the Fruit!
- Touch Your Nose!

Amy Pixton and Lizzy Doyle

Announcing the irresistible marriage of two powerful ideas in books for babies: the rip-proof, chew-proof, drool-proof *Indestructibles* format and the proven benefits of high-contrast images—with a colorful twist! Parents and teachers know to reach for high-contrast books because they nurture baby's developing eyesight. Building on that foundation, these books pose colorful images against classic black-and-white patterns to create high-contrast books that grow with baby.

Taste the Fruit! introduces babies to fruits and their many bright colors. Each page shows a vibrant fruit—like an orange mango or a purple plum—against a patterned black-and-white high-contrast background.

In *Touch Your Nose!*, two adorable babies move and identify different parts of their bodies:

Can you stretch your arms?

Lie on your tummy?

Crawl on your knees?

The *Indestructibles* success story is extraordinary—the series is now shipping more than a million copies a year. Add in the high-color, high-contrast concept and voilà: a series extension that packs a double punch!



from TASTE THE FRUIT!

from TOUCH YOUR NOSE!

Amy Pixton, a mother of triplets, created *Indestructibles* after bits of traditional board books found their way into her babies' mouths. She lives in Kansas City, Kansas, with her family.

Lizzy Doyle is a designer, illustrator, and author living in New Jersey. She graduated from the Fashion Institute of Technology with a degree in Graphic Design. Lizzy began her career in publishing, designing books, craft kits, and toys.



- The irresistible marriage of two powerful ideas: books that are rip-proof and books that use high-contrast art for babies' developing eyesight

- *Taste the Fruit!* introduces babies to fruits and colors; *Touch Your Nose!* helps babies discover the different parts of their bodies

- *Indestructibles* are now shipping more than a million copies a year and have 8.2 million copies in print

- For babies ages 0 and up

For the complete listing of *Indestructibles* titles and for display options, see pages 66–69.

Indestructibles High Color High Contrast

Full-color illustrations throughout; 12 pages; 7" x 7"

Paper: \$5.95/\$7.95 Can. each

Ships: March

Taste the Fruit!

ISBN: 978-1-5235-1592-9

No. 101592



9 781523 515929

Touch Your Nose!

ISBN: 978-1-5235-1591-2

No. 101591



9 781523 515912

A flow® BOOK

A Book That Loves You

An Adventure in Self-Compassion

Irene Smit and Astrid van der Hulst

Slow down, celebrate the flaws, own the good stuff, and focus on learning to love and appreciate yourself. These themes of self-compassion and self-care are hugely relevant, and *Flow*® has a unique and creative take on them. Now, following *A Book That Takes Its Time*, with 203,000 copies in print, *A Book That Loves You* offers a message that will resonate in its simplicity: Be sweet to yourself, no matter what kind of day you're having. (In fact, the challenging days may be the days you'll most want to pick up the book.)

Discover the comforting effects of a daily ritual, like drinking tea. Why it's okay—and even beautiful—to stumble now and again. Embrace the art of being alone. Release the reins on your schedule. And learn to love yourself with all your imperfections—including your busy, overproductive mind. The book combines *Flow*'s signature scrapbook-like look and feel, focus on mindfulness, and high production standards. Sprinkled throughout the essays, illustrations, and sayings are paper “goodies,” designed to help readers put what they read into action: A sticker puzzle to complete, a pullout “My Own User Manual” to personalize, a DIY flower to assemble and enjoy.

It's a delightful gift for yourself or someone you care about—a book to peruse and engage with, using creativity and intention.



Irene Smit and Astrid van der Hulst are the cofounders of *Flow* magazine, the international publication that, with its unique combination of paper goodies and beautiful illustrations, celebrates creativity, imperfection, and life's little pleasures.



- An inspiringly different kind of self-care book, with activities and paper crafts that encourage self-compassion

- A perfect companion to *Flow*'s other two “big books”—*A Book That Takes Its Time* and *The Big Book of Less*—which together have 245,000 copies in print

- Packed with interactive paper goodies—like a DIY paper flower, postcards, bookmarks, a sketchbook, a sticker puzzle, “My Own User Manual” portable poster, poems and recipes, and a foldout banner—that enhance the book's message of self-care

For more *Flow* books, see pages 94–95.

A Book That Loves You

Full-color illustrations and paper inserts throughout; 224 pages plus special pullouts; 7½" x 8¾"

Paper over board: \$30.00/
\$40.00 Can.

ISBN: 978-1-5235-1319-2

No. 101319

Ships: June



9 781523 513192

LEARNING
TO LOVE YOURSELF,
IMPERFECTIONS
AND ALL



5-copy counter display

\$150.00/\$200.00 Can.

ISBN: 978-1-5235-1706-0

No. 221706



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10th Anniversary Gift Edition Steal Like an Artist

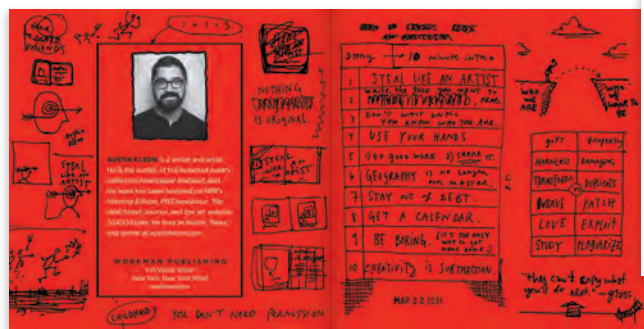
10 Things Nobody Told You About Being Creative

Austin Kleon

In the ten years since publishing the groundbreaking *New York Times* bestseller *Steal Like an Artist*, Austin Kleon has become one of the most important names in creativity. His books have more than a million copies in print and have been translated into dozens of languages; he's been featured on NPR's *Morning Edition* and the *PBS NewsHour* and in the *New York Times* and *Wall Street Journal*; and he's been praised as "brilliant" (*New York*) and "positively one of the most interesting people on the internet" (*The Atlantic*).

We're now thrilled to celebrate this milestone and its significance with a special 10th anniversary edition of *Steal Like an Artist*. This hardcover gift edition has a larger trim, revised cover, ribbon marker, endpapers from the author's sketchbook, and a new Afterword.

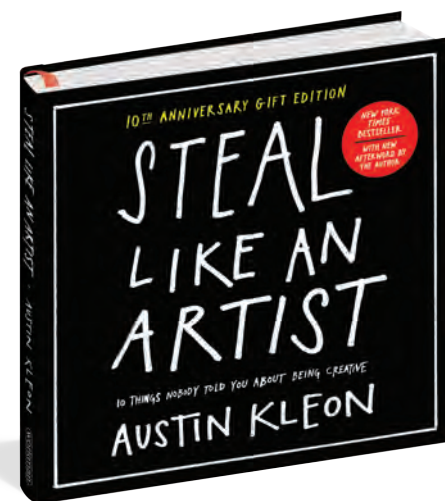
An inspiring guide to creativity in the digital age, *Steal Like an Artist* presents ten transformative principles to help readers discover their artistic side and build a more creative life. Its positive message, graphic look, and illustrations, exercises, and examples inspire readers to get started doing good work. Learn how to embrace influence and follow your interests wherever they take you. Forget old clichés like writing about what you know—instead, write the book that you want to read, make the movie you want to watch. And above all, learn how to find the space you need to be wild and daring in your imagination and your work. In his Afterword, Kleon discusses the book's influence and how "stealing" has been misunderstood—providing a unique, personal perspective on a book that's touched so many over the past decade.



Includes endpapers pulled from Austin Kleon's notebooks



With a new Afterword by the author



- Celebrate the 10th anniversary of *Steal Like an Artist*, the *New York Times* bestseller with more than 900,000 copies in print
- The *Steal Like an Artist* creativity trilogy—including *Show Your Work!* and *Keep Going*—has more than 1.47 million copies in print and has been translated into dozens of languages
- Oversized hardcover gift edition includes a new Afterword by the author discussing the influence and meaning of *Steal Like an Artist*



For the complete listing of Austin Kleon titles, see page 136.

Steal Like an Artist, 10th Anniversary Gift Edition

B/W illustrations throughout; 176 pages; 7" x 7"

Paper over board with ribbon marker: \$24.95/\$32.95 Can.

ISBN: 978-1-5235-1632-2

No. 101632

Ships: February

The *Steal Like an Artist* Trilogy is also available on Workman audio.



© Clayton Cahill

Austin Kleon is the *New York Times* bestselling author of a trilogy of illustrated books about creativity in the digital age: *Steal Like an Artist*, *Show Your Work!*, and *Keep Going*. He's also the author of *Newspaper Blackout*, a collection of poems made by redacting the newspaper with a permanent marker. His books have been translated into dozens of languages and have sold over a million copies worldwide. He lives in Austin, Texas, with his wife and sons. Visit him online at austinkleon.com.

There Are Moms Way Worse Than You

Irrefutable Proof That You Are Indeed a Fantastic Parent

Glenn Boozan • Illustrated by Priscilla Witte

Every mom has those moments—whether it's once in a blue moon or, well, once an hour—of feeling that they're falling short. But guess what: The world is filled with moms worse than you. *Way* worse. To take just one example, hamster moms sometimes eat their newborn pups. No one knows exactly why, but one thing we do know—you didn't eat your baby! Good job!

Glenn Boozan is an Emmy-nominated comedy writer who delivers a unique approach to celebrating moms everywhere—by giving a reality check on what really constitutes a "good mother" and letting readers revel in the amazing discoveries she's made. Hilariously reassuring, grounded in facts from the animal kingdom, written in lively rhyming verse, and delightfully illustrated, *There Are Moms Way Worse Than You* is like a really smart picture book for parents:

For dinnertime, koala moms will feed her kids her poop.

Remember that when you feel bad for giving yours fast food.

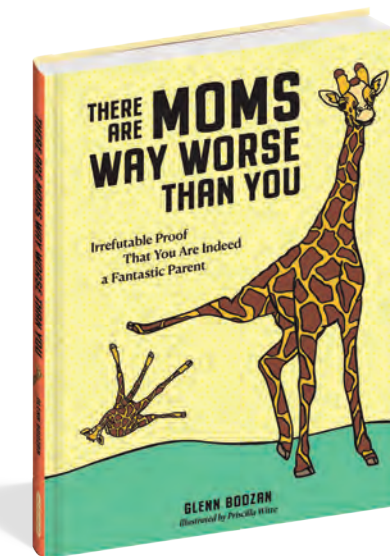
A mom giraffe is pretty nice until the fetus drops.

She'll birth a newborn baby calf, then kick him 'til he walks.

An appendix gives more context to the featured animals' behavior. For example, that giraffe mom is only trying to encourage her baby to start walking before predators approach. The koala mom? Protecting her joeys from toxins while feeding them important nutrients. And you've just got to read about the beetles. The takeaway, though? We're all doing the best we can.

Glenn Boozan is an Emmy Award–nominated comedy writer who wrote for *CONAN*, *Comedy Central's Lights Out* with David Spade, and *Sarah Silverman's* Hulu talk show, *I Love You, America*. She's also written for the *New Yorker*, the *Onion*, and MTV. Her website is glennboozan.com.

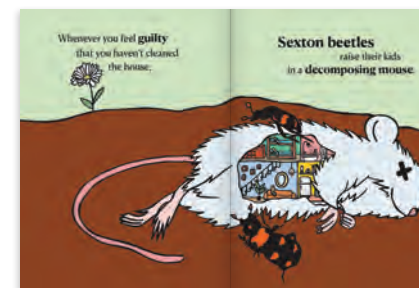
Priscilla Witte is a Los Angeles–based illustrator and muralist. Her work has taken her from the Black Sea of Russia to the beaches along the coast of Bali. Some of her clients include Warner Music, Barbie, and Google. Her most recent mural is painted in downtown Los Angeles between a Jeff Koons and a Takashi Murakami.



- A boldly funny and reassuring gift for any mom or mom-to-be who could use a boost of confidence and a good laugh

- Dracula ants suck their babies' blood, a quokka will drop its young as a diversion for predators, pandas will abandon one twin because raising two is just too much—see, you're a great mom!

- A picture book for parents, from an Emmy Award–nominated comedy writer



There Are Moms Way Worse Than You

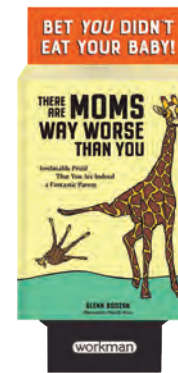
Full-color illustrations throughout; 64 pages; 6" x 8"

Paper over board: \$14.95/\$19.95 Can.

ISBN: 978-1-5235-1564-6

No. 101564

Ships: March



8-copy counter display

\$119.60/\$159.60 Can.

ISBN: 978-1-5235-1707-7

No. 221707



Go

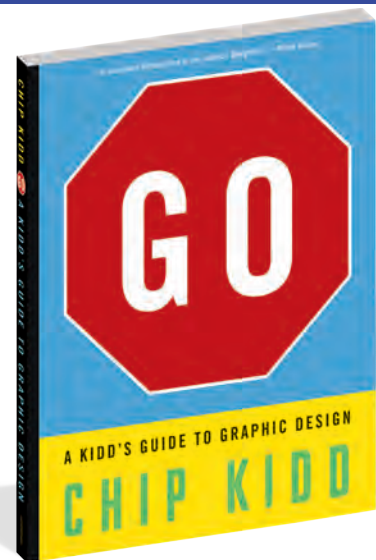
A Kidd's Guide to Graphic Design

Chip Kidd

Now in paperback, the one-of-a-kind book that *People* called “A thing of beauty,” that *HuffPost* declared “Awesome,” that Milton Glaser said was “An excellent introduction . . . delightful,” and of which the *Wimpy Kid* author Jeff Kinney said, “I wish I had this book when I was a kid.”

Written by Chip Kidd, *Go* is a stunning introduction into the ways in which designers communicate their ideas to the world. Written and designed for curious kids, *Go* explains both the elements of design, including form, line, color, scale, and typography, and, more important, how to use those elements in creative ways. Like putting the word “go” on a stop sign (check out that book cover!), *Go* is all about shaking things up—and kids will love its playful spirit and its premise: The world looks better when you look at it differently. Kidd writes about scale: When a picture looks good small, don't stop there—see how it looks when it's *really* small. He explains the effect of cropping a picture to make it beautiful—or cropping it even more to make it mysterious and compelling. How different colors signify different moods. The art of typography, including serif and sans serif, kerning and leading. The book ends with ten hands-on design projects for kids.

Now in paperback!



▪ **A bold and interactive introduction to graphic design for kids by the renowned designer Chip Kidd, “the closest thing to a rock star” in graphic design—USA Today**

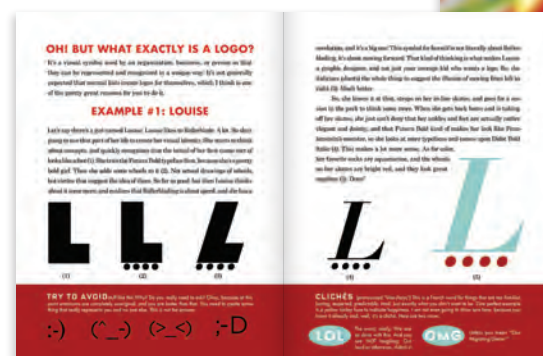
▪ **Now in paperback: “A thing of beauty” (*People*) and “Excellent . . . delightful” (*Milton Glaser*) that sold 60,000 copies in hardcover**

▪ **Includes an updated and expanded illustrated timeline of design, covering landmarks in the field up to 2021**

▪ **For ages 10 and up**



Kidd's examples of design are both focused and playful. Here he shows how two visually contrasting things can create a new idea when combined.



Readers are challenged to think beyond the book; after discussing how to consider one's visual identity, Kidd shows readers the development of a personal logo.



Chip Kidd, “the closest thing to a rock star” in the design world (*USA Today*), is an award-winning designer whose work for Knopf and other publishers helped create a revolution in book design. He is also the author of two novels, *The Cheese Monkeys* and *The Learners*, as well as the graphic novel *Batman: Death by Design*. Mr. Kidd divides his time among New York City; Stonington, Connecticut; and Palm Beach, Florida.

The Original Reverse Coloring Book™: Through the Seasons

Kendra Norton

So simple. So profoundly satisfying. Introduced in the fall of 2021, reverse coloring offers a whole new idea in coloring books and other meditative activities: The book has the colors, and you draw the lines. It's an idea that truly lets your imagination run free while inviting you to slow down, enter a moment of mindfulness, and let your pen find its way over the page.

Now comes the second book in the series, *The Original Reverse Coloring Book: Through the Seasons*, inspired by one of the most enduring motifs in art—the variety of seasonal colors and shapes and how they change. Created by Kendra Norton, *Through the Seasons* offers fifty beautiful and whimsical watercolors arranged in a way that flows through the year—spring with its bright florals, summer awash in heavenly greens and blues, the riotous colors of autumn, and the muted, soothing palette of a winter's day. Each image provides a gentle visual guide for daydreamy exploration. Trace the shapes, draw in figures, doodle, shade, cover an area with dots. Be realistic, with a plan, or simply let your imagination drift, as if looking at clouds in the sky. The creative possibilities are endless.

Images in the book are printed on sturdy paper that's single-sided and perforated. All you need is a pen.

before



after



winter

summer

spring



▪ **Introducing the second *Reverse Coloring Book*, the creative, meditative activity that turns the coloring book on its head—it supplies the colors, and you draw the lines!**

▪ **50 beautiful and whimsical watercolor paintings that celebrate the seasons**

▪ **The creative possibilities are endless: trace, sketch, doodle, shade, cover with dots, make an image, or simply let your imagination drift**

“Will satisfy all ur doodling needs. Add the lines to the color and tab dah! There it is! Free ur mind and the doodles will follow.”

—Rosie O'Donnell

The Original Reverse Coloring Book: Through the Seasons

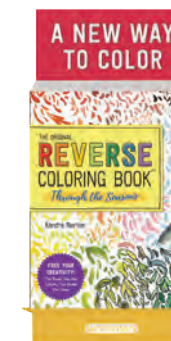
Full-color illustrations throughout; 104 perforated pages; 8½" x 11"

Paper: \$14.95/\$19.95 Can.

ISBN: 978-1-5235-1528-8

No. 101528

Ships: March



6-copy counter display

\$89.70/\$119.70 Can.

ISBN: 978-1-5235-1708-4

No. 221708



The Best of the Rejection Collection

Revised Second Edition

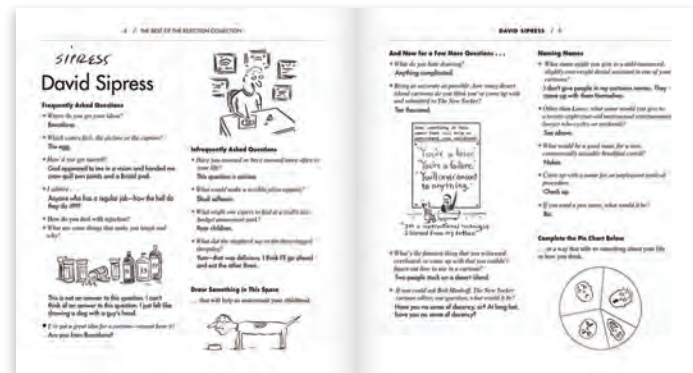
307 Cartoons That Were Too Dark, Too Weird, or Too Naughty for *The New Yorker*

Rescued by Matthew Diffie

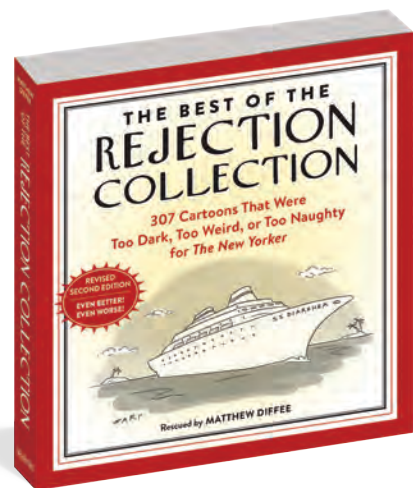
They're back: the funniest cartoons you'll never see in *The New Yorker*. Now in its second edition, *The Best of the Rejection Collection* has 20% new cartoons, new contributors (like Jeremy Nguyen, Emily Flake, and Maddie Dai), and a new introduction by the author—all now in a more compact trim size. But not everything's changed—the new edition keeps 100% of the genius-without-restraint quality that caused Eustace Tilley to hold his nose and turn away when these cartoons were originally submitted.

It doesn't matter if the artist is Roz Chast or Ellis Rosen or David Sipress—even Matthew Diffie, the curator of this very collection, isn't exempt. If the work in question is too weird, too dark, too naughty, too juvenile, or too outrageous, it will be rejected. Fortunately for us, Matthew Diffie rescued these cartoons from the circular file to share with the world, and what a treat it is. The setups are familiar—a couple in bed. A few people stranded on a desert island. Doctor and patient in the examining room. But the jokes are anything but, with a twist so unexpected—sometimes shocking—you can't help but laugh out loud.

Hundreds and hundreds of cartoons pour into *The New Yorker* cartoon office every week, and most are rejected. Only Matthew Diffie has had the unflinching heroism to sort through these hilarious rejects. Lucky us!



Matthew Diffie has been contributing cartoons to *The New Yorker* since 1999, and to date has had more than 300 cartoons published in the magazine (and thousands more rejected). He is the author of *The Rejection Collection*, *The Rejection Collection, Vol. 2*, and *Hand Drawn Jokes for Smart Attractive People* and lives in Los Angeles, California.



- **The Best of the Rejection Collection** returns with 20% new material, celebrating the funniest cartoons you never saw in *The New Yorker*
- It's the cream of the crap, from Roz Chast, Gahan Wilson, Sam Gross, Jack Zeigler, David Sipress, and more
- In its earlier editions, the Rejection Collection series has over 117,000 copies in print

The Best of the Rejection Collection, Revised Second Edition

B/W illustrations throughout; 384 pages; 6½" x 7"

Paperback: \$17.95/\$23.95 Can.

ISBN: 978-1-5235-1239-3

No. 101239

Ships: April



What a Blast!

Fart Games, Fart Puzzles, Fart Pranks, and More Farts!

Julie Winterbottom • Illustrated by Clau Souza

Kids love farts, and they're not embarrassed to admit it (or emit it). There's something intrinsically funny and fascinating about a fart, whether it's one's own or another's. So get ready to blast off!

What a Blast! written by Julie Winterbottom, author of *Pranklopedia* and *Frightlopedia* together with 186,000 copies in print, is a cheerfully over-the-top illustrated celebration of farts, packed with activities and delivering science and fun in a way that kids can't get enough of.

Take a trip through the body's digestive system to learn why and how we fart—which we do, on average, 10 to 20 times per day (luckily, 99% of farts are entirely odorless). Find out which is likely the fartiest food in the world: the Jerusalem artichoke, a root vegetable that is positively loaded with gas-producing inulin. Complete a fart-slang word search, and then come up with your own words for farts. And meet infamous farters from history, including Joseph Pujol, aka Le Pétomane, a "fartiste" who entertained 19th-century France by tooting songs, imitating animals, and blowing out candles with his farts. Plus the origins of the whoopee cushion, what to say if you fart in public—*yeah, you heard me*—and jokes. So. Many. Jokes: How do you make a regular bath into a bubble bath? Hint: Jerusalem artichoke . . .



- A book for kids who love farts—and what kid doesn't?
- Packed with fun and interactive flatulence-related activities, games, jokes, and pranks
- The Smelly Truth—history and science facts—rounds out every spread to teach kids the true story behind why, when, how farts happen
- For ages 7 and up

For other titles by Julie Winterbottom, see page 52.

What a Blast!

Full-color illustrations throughout; 112 pages; 8" x 10"

Paper: \$12.95/\$17.95 Can.

ISBN: 978-1-5235-1349-9

No. 101349

Ships: June



8-copy counter display

\$103.60/\$143.60 Can.

ISBN: 978-1-5235-1704-6

No. 221704



So. Many. Letter Stickers.

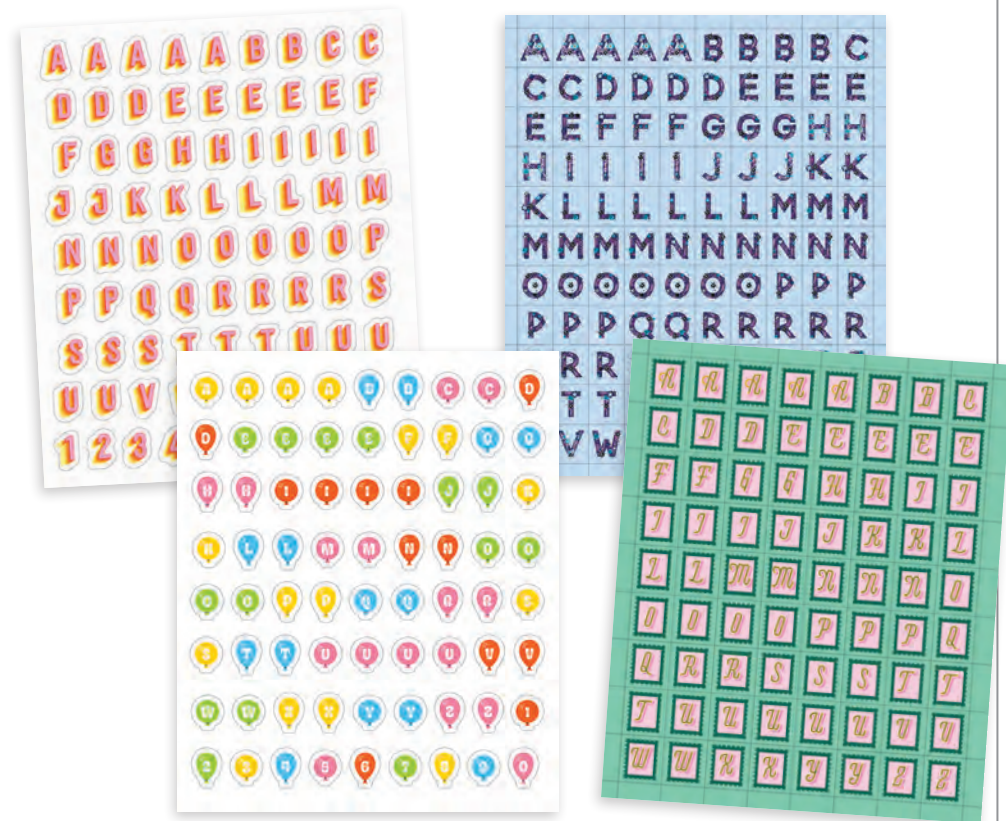
3,750 Alphabet Stickers for Word Nerds

Pipsticks®+Workman®

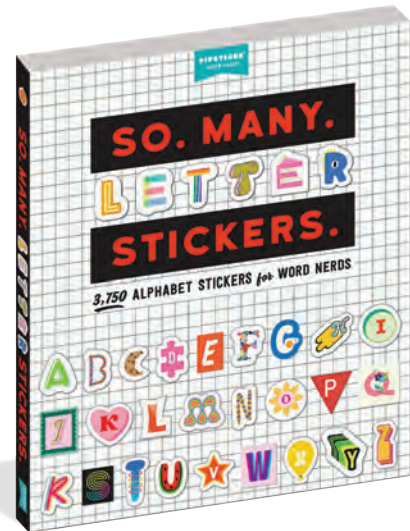
Say it, shout it—*letter it*—with stickers! Introducing *So. Many. Letter Stickers.*, a new addition to the lively and popular *So. Many. Stickers.* series with 233,000 copies in print. Because expressing yourself is fun, and expressing yourself with stickers is even more fun.

The first book devoted entirely to letter stickers, *So. Many. Letter Stickers.* features 50 pages of bold, bright, and gorgeously designed alphabets—from script to bubble to elegantly patterned—for a variety of moods and occasions. These stickers are perfect for adding personality and life to planners, scrapbooks, notes, invitations, photos, and any piece of paper in need of pizzazz.

And yes, in case you were wondering, each page includes multiple stickers for commonly used letters, so you don't have to worry about running out of Os or Ms before you finish crafting your message. It's an irresistible gift or self-purchase for crafters, for letter writers, for sticker collectors, for word lovers.



Pipsticks+Workman is the collaboration of Pipsticks, a subscription sticker club, and Workman Publishing. Made up of a bicoastal team of innovative creatives, the brand is dedicated to spreading the sticker love through books, stationery, and more!



- The **So. Many. Stickers.** series has a combined 233,000 copies in print

- The only alphabet-sticker book on the market, it features pages of beautifully designed sticker alphabets in both traditional type styles and creative variations

- For sticker fanatics, planner devotees, crafters, letter writers, or anyone who loves words

For more Pipsticks+Workman titles, see page 98.

So. Many. Letter Stickers.

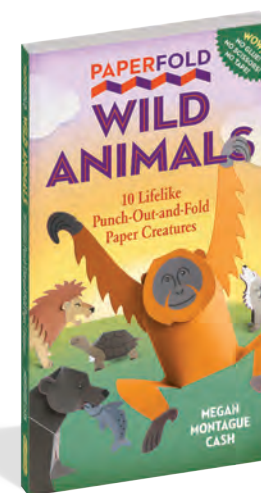
Full color throughout; 50 sticker sheets; 6" x 7 1/4"

Paper: \$12.95/\$17.95 Can.

ISBN: 978-1-5235-1526-4

No. 101526

Ships: July



Accordion format allows for easy separation of projects and features a collectible fact card for each animal



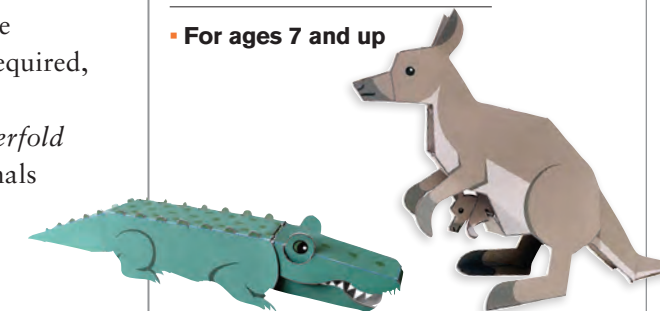
Paperfold Wild Animals

10 Lifelike Punch-Out-and-Fold Paper Creatures

Megan Montague Cash

You can almost hear the lion's roar: Announcing an ingeniously fun new idea in paper craft for kids. Think of it as the anti-origami—instead of complicated folds leading to an abstract result, *Paperfold Wild Animals* uses a punch-out design, two simple types of folds (the classics: “mountain” and “valley”), and beautiful full-color illustration to let kids ages seven and up construct creatures that are satisfying to make and a real spark to the imagination. And they're especially good for parents, with no scissors required, no glue or tape needed, and no mess to clean up afterward.

Conceived, designed, and illustrated by Megan Montague Cash, *Paperfold Wild Animals* gives kids everything they need to make ten favorite animals from around the world: lion, giraffe, elephant, tortoise, ibex, orangutan, wolf, kangaroo, crocodile, and bear. But not just a wolf—a howling wolf. Not just an ibex—an ibex with its head down and horns up, ready to charge. Not just a bear, but a bear about to enjoy a meal of the fresh salmon it just scooped out of the water. Lifelike in how they're shaped and posed, illustrated with realistic markings and graced with expressive features—even a strong sense of personality—they will inspire hours of imaginative play. And the book itself has a special design—it opens out like an accordion that includes punch-out pages, easy directions, and fact cards about every animal.



Paperfold Wild Animals

Full-color illustrations throughout; 46 pages; 6" x 10"

Paperback in accordion

format: \$9.95/\$12.95 Can.

ISBN: 978-1-5235-1276-8

No. 101276

Ships: June



8-copy counter display

\$79.60/\$103.60 Can.

ISBN: 978-1-5235-1701-5

No. 221701



Megan Montague Cash is a designer and illustrator who has created numerous books for children, including *Bow-Wow Bugs a Bug*, which won a Gold Medal in the Society of Illustrators Original Art Show, along with other honors, and the picture book *What Makes the Seasons?*, which is a staple of elementary school curriculums. A former contributing editor to *Nick Jr. Magazine*, she now teaches at Pratt Institute and lives in New York City.

The True Crime File

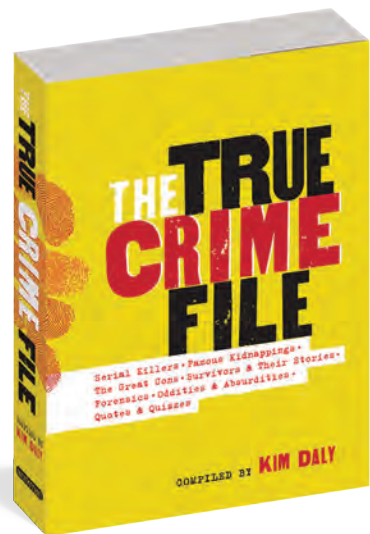
Serial Killers · Famous Kidnappings · The Great Cons · Survivors & Their Stories · Forensics · Oddities & Absurdities · Quotes & Quizzes

Compiled by Kim Daly

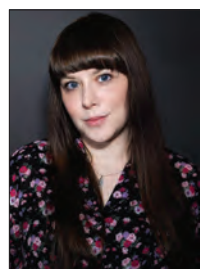
“True crime is having, as they say, a moment,” reports the *New York Times*. “There’s a boom in the genre across media, from books to television to podcasting.”

Perfect for newcomers and hardened crime junkies alike, *The True Crime File* is an impulse gift book designed to deliver the mixed pleasures of true crime across more than 200 stories of mayhem, madness, and survival. Adapted from the perennially popular *A Year of True Crime Page-A-Day® Calendar*, here is a full celebration of the genre, more than 400 pages packed with tales of slashers and serial killers, grifters and con men, dogged investigators and miraculous survivors, and of course the story behind the immortal *New York Post* headline “Headless Body in Topless Bar.”

And so very much more, including: Ted Bundy’s prison escape, mini-rampage, and eventual capture; the tragic litany of missed early chances to capture Jeffrey Dahmer; and the fascinating puzzle of the Zodiac Killer. Also: celebrity stories, like the murder of Tupac Shakur, and old-yet-still-chilling tales such as the Lindbergh kidnapping, the Black Dahlia murder, and the drowning at Chappaquiddick. Readers will learn about DNA profiling and tattoo analysis, get a smattering of cartel drug lingo, and take quizzes like “Where Did They Hide?” Compulsively readable, illustrated throughout with photos, and animated with the frisson that comes with discovering there are real monsters under the bed, *The True Crime File* is a little book that delivers big to true crime fans of all stripes.



- An impulse gift book for the true crime reader and the millions of fans who tune into true crime TV programming, movies, documentaries, and podcasts
- From Ted Bundy to the Zodiac Killer to the “Headless Body in Topless Bar,” dozens and dozens of stories of killers, grifters, con men, and psychopaths, plus quizzes and trivia, too
- Adapted from Workman’s popular *A Year of True Crime Page-A-Day Calendar*, which sells out year after year



Kim Daly writes about pop culture, true crime, and mystery when not working as copy chief at Workman Publishing. She holds a master’s degree in trauma studies and previously worked as a rape crisis counselor. She lives across from Green-Wood Cemetery in Brooklyn, New York.

The True Crime File

Two color with photos throughout; 400 pages; 5" x 7"

Paper: \$15.95/\$19.95 Can.

ISBN: 978-1-5235-1411-3

No. 101411

Ships: April

Also available on Workman audio.



Love Notes to My Self

Meditations and Inspirations for Self-Compassion and Self-Care

Tanya Carroll Richardson

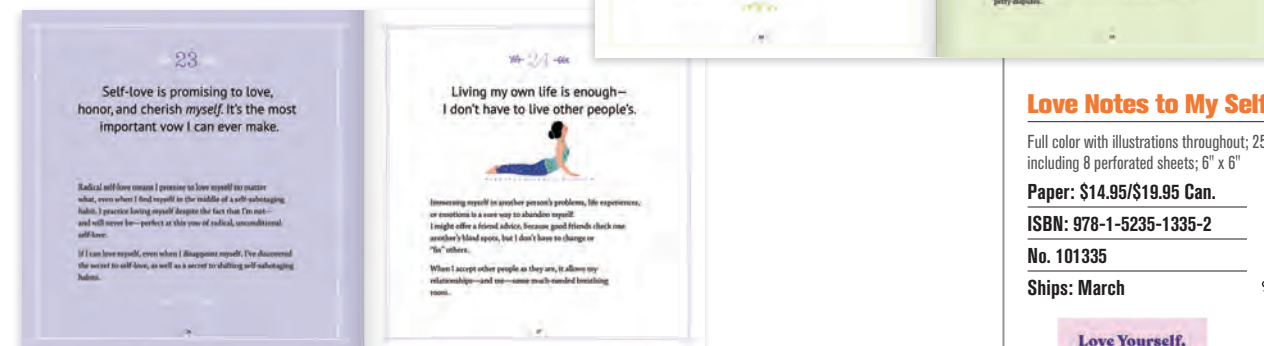
There are days when we all need it—a reminder to care for ourselves, empower ourselves, motivate ourselves, and love ourselves, fiercely and unconditionally. And this is the book to help us do it.

Created by the beloved self-help author Tanya Carroll Richardson, whose Page-A-Day® calendar *A Year of Self-Love* has brought the concept of daily self-care to many, *Love Notes to My Self* is an illustrated collection of more than 200 gently encouraging messages, uplifting affirmations, and mantras.

I can say no, with love, when yes is not an authentic answer. When I say no to some things so I can say yes to others, I'm not only authentic, I become my own savior and superhero . . .

Let me remember the superpower of no, and that sometimes the biggest obstacle to my happiness is what I say yes to.

Whether read slowly cover to cover, opened up to a random page each day, or picked up just when you need a lift or a boost of motivation, *Love Notes to My Self* gives page after page of messages to be meditated upon and absorbed into the mind and spirit—and which, over time, effect meaningful positive change. The meditations are indexed at the back of the book, so readers searching for guidance on a particular topic can easily find what they’re looking for. With 8 perforated sheets to write your own notes for your self, this keepsake book will be one to savor.



Love Notes to My Self

Full color with illustrations throughout; 256 pages, including 8 perforated sheets; 6" x 6"

Paper: \$14.95/\$19.95 Can.

ISBN: 978-1-5235-1335-2

No. 101335

Ships: March



6-copy counter display

\$89.70/\$119.70 Can.

ISBN: 978-1-5235-1705-3

No. 221705



- Hundreds of loving and affirming meditations, accompanied by concrete action items
- From Tanya Carroll Richardson, popular self-help and spiritual author and creator of our Page-A-Day calendar *A Year of Self-Love*
- Includes 8 perforated sheets to write your own notes for your self

The Atlas Obscura® Explorer's Guide for the World's Most Adventurous Kid

Now in paperback!

Dylan Thuras and Rosemary Mosco • Illustrated by Joy Ang

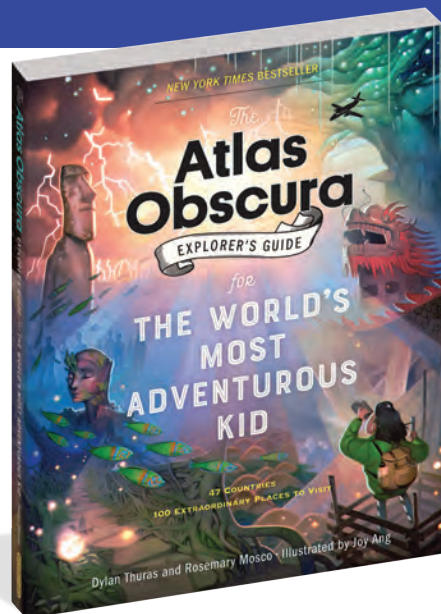
Now in paperback, the *New York Times* bestselling *Atlas Obscura Explorer's Guide for the World's Most Adventurous Kid*, the book praised by the *New York Times Book Review*: "A thrillingly imaginative expedition." The *Washington Post*: "Hey kids: Geography can be fun! At least when it involves an illustrated guide to 100 magical destinations. . . . Just don't blame us if next year the little ones ask for a round-trip ticket to Ethiopia's Lava Lakes." And *Kirkus Reviews*: "One delectable sampler of wonders, there for the asking."

For all curious kids, here is an invitation to embark on the adventure of a lifetime—a thrilling expedition to 100 of the most surprising, mysterious, and weird-but-true places on earth. Hopscotch from country to country in a chain of connecting attractions. Explore Mexico's glittering cave of crystals, then visit the world's largest cave in Vietnam. Or peer over a 355-foot waterfall in Zambia, then learn how Antarctica's Blood Falls got their mysterious color. Or see mysterious mummies in Japan and France, then bioluminescent bugs in New Zealand and Tennessee.

As you climb mountains, zip-line over forests, and dive into oceans, this book is your passport to a world of hidden wonders, made real with gorgeous art.



Dylan Thuras is the cofounder and creative director of *Atlas Obscura* and coauthor of *Atlas Obscura* and *Gastro Obscura*. He lives in Rosendale, New York. **Rosemary Mosco** is a science communicator and bestselling cartoonist. She is most recently the author of *A Pocket Guide to Pigeon Watching*. She lives in Massachusetts. **Joy Ang** is a freelance artist, children's book illustrator, and character designer for video games and the television series *Adventure Time*.



- Now in paperback, the *New York Times* bestselling kids' book from *Atlas Obscura* with more than 200,000 copies in print
- Hopscotch from country to country to explore 100 of the world's most mesmerizing and mysterious natural wonders
- Stunning full-color illustrations on every page
- For ages 9 and up

The Atlas Obscura Explorer's Guide for the World's Most Adventurous Kid

Full-color illustrations throughout; 112 pages; 8 1/2" x 10 1/8"
 Paper: \$14.95/\$19.95 Can. ISBN: 978-1-5235-1614-8
 No. 101614 Ships: May



5-copy counter display
 \$74.75/\$99.75 Can.
 ISBN: 978-1-5235-1703-9
 No. 221703

Spencer on the Farm Spencer Goes to School

Michelle Romo

Spencer the cat is back in two more board books shaped just like him! Join Spencer and his family on their new adventures in *Spencer on the Farm* and *Spencer Goes to School*. Each of these die-cut books boasts bright, bold illustrations, simple text, and vocabulary words labeled on each page to help toddlers with language acquisition and reinforcement.

In *Spencer on the Farm*, follow Spencer as he meets Farmer Maddie, learns about the animals she tends, and helps pick fruits and vegetables:

*Farmer Maddie waves to Spencer from the tractor.
 The tractor is red. It has big wheels. Vroom!*

Spencer Goes to School is perfect for kids entering preschool or kindergarten. They can follow along with Spencer on his first day and learn what to expect, including riding the school bus, singing the ABCs, making new friends, and more:

*It's time to learn!
 Spencer sings his ABCs and counts to 10.*

Spencer is such a good friend to have.



- The second set of die-cut board books featuring an adorable kitten named Spencer and his family
- Bright, appealing illustrations by Michelle Romo and simple text to reinforce learning new vocabulary
- Spencer on the Farm* introduces the timeless subject of animals and farm life, and *Spencer Goes to School* is perfect for kids entering preschool or kindergarten
- For ages 0–4

Spencer Board Books

Full-color illustrations throughout; 16 pages; 5" x 7 1/2"
 Die-cut board books: \$6.95/\$9.95 Can. each
 Ships: June

Spencer on the Farm
 ISBN: 978-1-5235-1492-2
 No. 101492



Spencer Goes to School
 ISBN: 978-1-5235-1489-2
 No. 101489



For more Spencer books, see page 70.



8-copy mixed counter display
 \$55.60/\$79.60 Can.
 ISBN: 978-1-5235-1710-7
 No. 221710



Michelle Romo is an illustrator and product designer who has designed under the name *Crowded Teeth* for the past fifteen years. *Crowded Teeth* has had ongoing success in children's products with *Crate & Kids*, *Petit Monkey*, and *FAO Schwarz*. Inspired by the need to make somebody's favorite something, Michelle is on an endless pursuit of drawing blobs with faces, cats in sweaters, and monsters who would really like to hug you. Michelle is based in Chicago, Illinois.

Fandex Kids

Facts That Fit in Your Hands

- **DINOSAURS**
48 Amazing Dinosaurs Inside!
- **OCEAN**
49 Sea Creatures Inside!
- **BUGS**
49 Incredible Insects, Spiders & More!

It's *Fandex*® reinvented, in a fresh, new format designed for curious kids!

The bestselling *Fandex* decks have been given a complete overhaul to make them just right for children ages 8 and up—the illustrations are brighter and bolder, the die-cuts are simplified to make the cards easier to leaf through, and the text is livelier and age-appropriate. But the unique promise of *Fandex* is right here—a “facts that fit in your hand” die-cut-card-deck format packed with fascinating images and information about topics kids love.

Like dinosaurs, of course. Inspired by perennial love for the subject and the success of the original *Fandex: Dinosaurs*, with more than 200,000 in print, *Fandex Kids: Dinosaurs* features 48 of those amazing creatures. Meet the pigeon-sized Archaeopteryx, which may have been a step in the evolution from dinosaur to bird, and the enormous Brachiosaurus, which could live for 100 years! The deck includes a timeline of the Mesozoic Era, a glossary, and more.

In *Fandex Kids: Ocean*, kids will discover the oceans' biological wonders that we're only now starting to understand. Here's one: Giant kelp, found in nutrient-rich cool coastal waters, can grow up to two feet every day—that's right, *two feet!* There is also information about ocean depth zones and ecosystems, a glossary, and more.

And, of course, bugs. Kids love bugs, and *Fandex* puts them right in your hands—like the bombardier beetle, which can spray its enemies with a boiling hot fluid, or the tiny, pesky flea with its ability to jump 100 times its size—the equivalent of a human leaping to the top of a 45-story building. And this deck has a special bonus: In “Learning from Nature” sidebars, kids learn how bugs inspire inventions in the fields of medicine, engineering, and even programming.



53 die-cut cards in a hinged deck



from BUGS



front

back



- Introducing *Fandex Kids*, a kid-friendly *Fandex* format adapted from the series with more than 5.7 million copies in print
- Featuring bright, bold illustrations, age-appropriate text, and simple die-cuts—making them perfect gifts for curious kids
- Plastic-free packaging!
- For ages 8 and up

Fandex Kids

Full-color illustrations throughout; 53 die-cut cards hinged together; 3" x 9"

Hinged deck inside die-cut cardboard box: \$12.95/\$16.95 Can. each

Ships: April

Dinosaurs

ISBN: 978-1-5235-1207-2
No. 101207



Ocean

ISBN: 978-1-5235-1208-9
No. 101208



Bugs

ISBN: 978-1-5235-1388-8
No. 101388



8-copy counter display
\$103.60/\$135.60 Can.
ISBN: 978-1-5235-1501-1
No. 221501



8-copy counter display
\$103.60/\$135.60 Can.
ISBN: 978-1-5235-1502-8
No. 221502



8-copy counter display
\$103.60/\$135.60 Can.
ISBN: 978-1-5235-1702-2
No. 22170



Fandex Kids 8-copy counter display: create your own assortment (ships empty)

ISBN: 978-1-5235-1610-0
No. 221610



That Noodle Life

Soulful, Savory, Spicy, Slurpy

Mike Le and Stephanie Le

Oh, noodles! You're so much fun. You're so beloved! All your magical shapes, flavors, and textures. But no one obsesses over you quite like Mike Le and Stephanie Le, the husband-and-wife team who are superstars in the food blog world. Their humbly named *i am a food blog* boasts 235,000 followers on Instagram and receives 2 million page views each month—and in it, they profess their undying love for all things pasta in the most delicious, clever, and visually striking ways.

That Noodle Life is their 75-recipe celebration of the myriad pleasures of noodles. And let's just say it goes way beyond spaghetti and ramen. Inspired by the noodle-crazed cuisines of Asia, Italy, and the American melting pot, they dish up high-impact, soulful, slurpable flavor with minimal fuss. Gorgeous full-color photographs of every dish enhance the lively and sophisticated spreads. Dig into comfort noodles: Slow-Braised Sugo with Tagliatelle and French Onion Mac and Cheese. Quick weeknight noodles: Rib Eye with Crispy Chow Mein and Spicy Sesame Chili Oil Noodles—faster than takeout and far better. Sexy Date Night Noodles: Cacio e Pepe Lobster Chitarra, Miso Clam Linguine, Chinese Bolognese Pappardelle. And how to upgrade instant noodles to make them shine, recipes for making noodles from scratch, and noodle etiquette, including how to use a ramen vending machine in Japan. Plus, who wouldn't want to participate in a lasagna bracket competition?



Mike Le and Stephanie Le are the creators of the two-time Saveur award-winning *i am a food blog*, which currently boasts 2 million page views each month. The writer-photographer team have 2 million monthly viewers on Pinterest and 235,000 Instagram followers, and they contribute regularly to publications

including Condé Nast Traveler, Refinery29, Food52, and Shape. They have been covered by PBS, HuffPost, Serious Eats, The Kitchen, Brit + CO, Eater, BuzzFeed, and others. They live in Vancouver, British Columbia.



- 75 savory, soulful, slurpy, sometimes spicy, and always easy-to-make recipes inspired by the noodle- and pasta-loving cuisines of Asia, Italy, the United States, and more. Mac 'n' Kimcheese, anyone?

- From two-time *Saveur* Blog Award winners Mike Le and Stephanie Le, the team behind *i am a food blog*

- Full-color photographs of every dish

That Noodle Life

Full-color photos throughout; 272 pages; 7½" x 10"

Paper over board: \$30.00/\$37.50 Can.

ISBN: 978-1-5235-0532-6

No. 100532

Ships: March



9 781523 505326

A Modern Parents' Guide to Nursery Rhymes

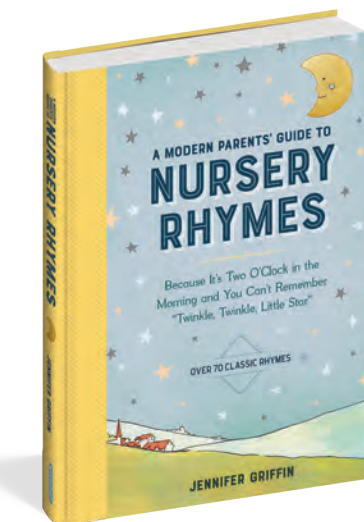
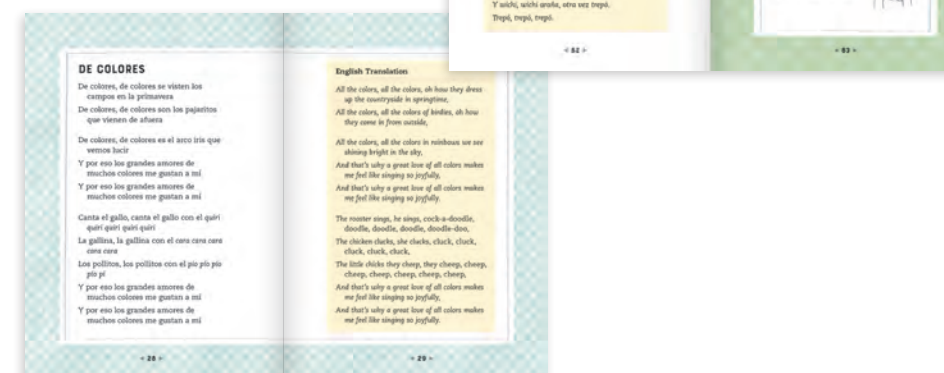
Because It's Two O'Clock in the Morning and You Can't Remember "Twinkle, Twinkle, Little Star"

Jennifer Griffin

It's two o'clock in the morning and you're going to hum your baby back to sleep with . . . *The Simpsons* theme song? Help is here: *A Modern Parents' Guide to Nursery Rhymes* is the crash course for every new mom or dad.

With its hip approach, witty and thoughtful headnotes, smart packaging, and link to an album of downloadable music, *A Modern Parents' Guide to Nursery Rhymes* (previously published as *Humpty Who?*) is the ultimate curated collection of more than 70 classic poems, songs, lullabies, rounds, and riddles. Once upon a time, every parent knew all about "Little Jack Horner" and "Oh Mr. Sun," "Little Miss Muffet" and the "Three Blind Mice," "Mary Had a Little Lamb" and "Shoo Fly." And now you will, too. Plus, readers will learn the intricate finger ballet called "Itsy Bitsy Spider" in English and Spanish and the classic Spanish-language folk song "De Colores." In addition, there are explanations for curious children (and grown-ups)—for example, what exactly a "tuffet" is, what goes into a good "pease porridge," and what else on the bus goes around in addition to the wheels. Suggestions for reciting poetry from the greats—Shakespeare, William Blake, Emily Dickinson; tips on how to improvise; and the secret to an "Om" that just might abate the next munchkin meltdown.

The downloadable album is both great to play for baby and a fun way for parents to learn the music that goes along with many of the rhymes.



- The perfect shower gift

- More than 70 classic rhymes, lullabies, fingerplays, and more, plus a bonus downloadable album of accompanying music

- Revised and updated to include Spanish-language songs and translations

A Modern Parents' Guide to Nursery Rhymes

Four color with illustrations throughout; 192 pages; 5" x 7"

Paper over board: \$14.95/\$19.95 Can.

ISBN: 978-1-5235-1235-5

No. 101235

Ships: March



9 781523 512355



6-copy counter display

\$89.70/\$119.70 Can.

ISBN: 978-1-5235-1374-1

No. 221374



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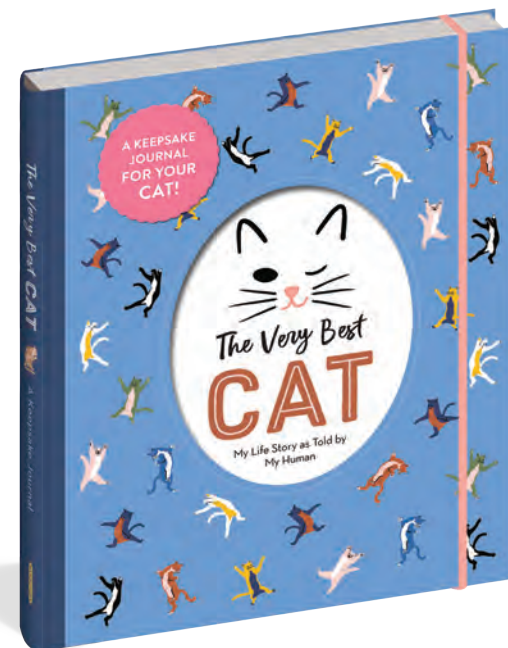
Jennifer Griffin is a literary agent and mother of two who lives with her family in New York City.

The Very Best Dog

My Life Story as Told by My Human

The Very Best Cat

My Life Story as Told by My Human



As any pet parent knows, life with a new dog or cat is a time of excitement, discovery, and lots of firsts, making a new kitty or puppy deserving of a “baby book” to celebrate and chronicle their milestones.

Introducing *The Very Best Dog* and *The Very Best Cat*, two adorable keepsake books to document the day you first welcome a (furry) family member into your home through your third year of adventures and cuddles. Filled with delightful four-color illustrations and plenty of prompts, plus ample space for paw prints and photos—lots of photos—these books are a fun way for both adults and kids to honor their pet and celebrate the bonds they share. There’s room for writing about the important moments—from adoption stories to anniversaries, vacations to adorable mischief-making. Plus *You meow to tell me _____* (*The Very Best Cat*) and *The first trick you learned was _____* and *Your thoughts on ear rubs are: _____* (*The Very Best Dog*).

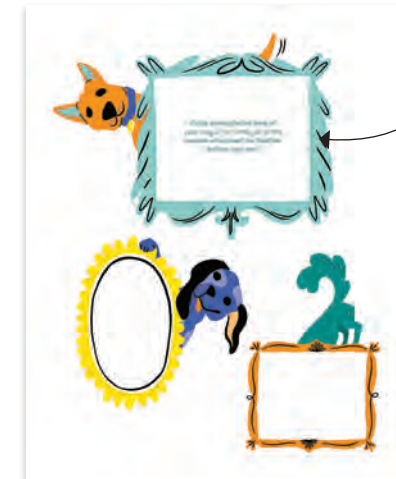
Perfect for your own pet, or—in this cute package that includes a storage pocket and secure elastic closure—as a gift for any new pet parent.



from THE VERY BEST CAT



Space to paste in your favorite photos of your adorable fur-baby

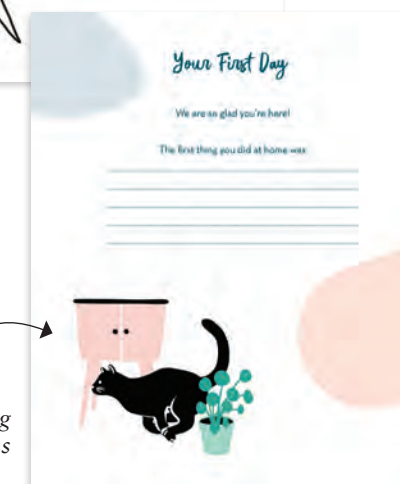


from THE VERY BEST DOG

Plenty of fill-in prompts to document all of the most important moments with your pet



from THE VERY BEST CAT



Filled with charming and colorful illustrations

- It's about time! Two charming keepsake “baby books”—the perfect gift for new dog and cat parents
- Jam-packed with prompts and fill-ins, plus delightful illustrations and lots of room for purr-fect photos and paw prints
- Includes a pocket for mementos and a secure elastic band closure

The Very Best Dog and The Very Best Cat

Full-color illustrations throughout; 84 pages; 7½" x 9"

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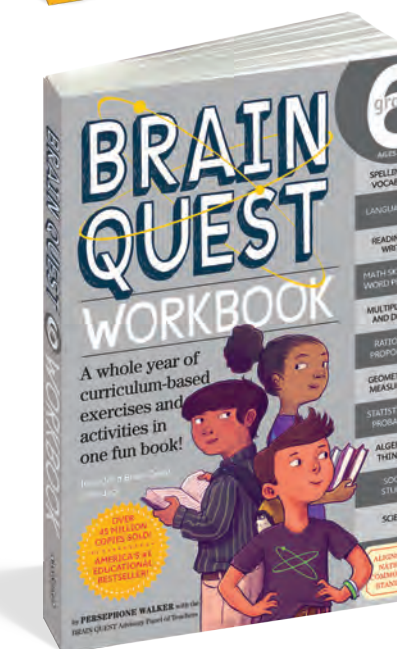
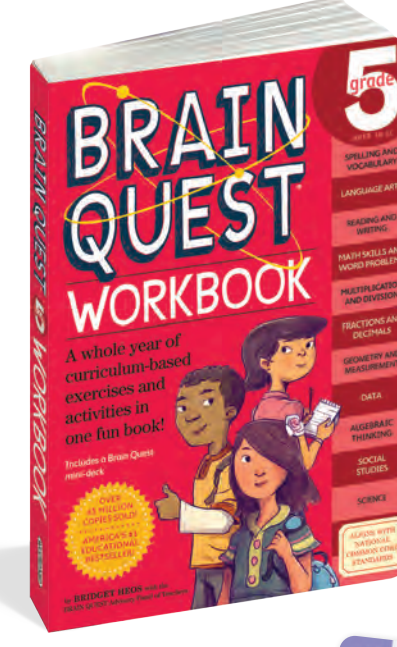
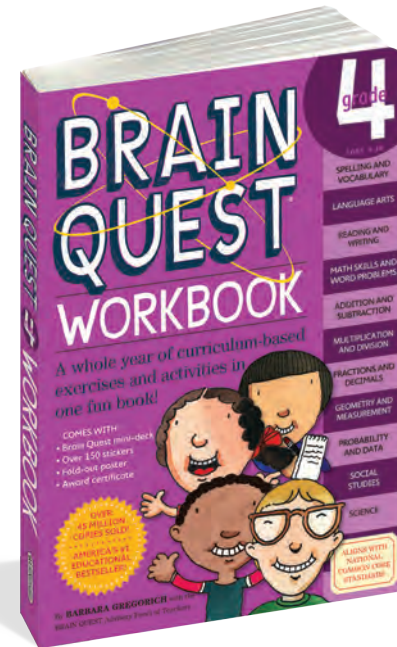
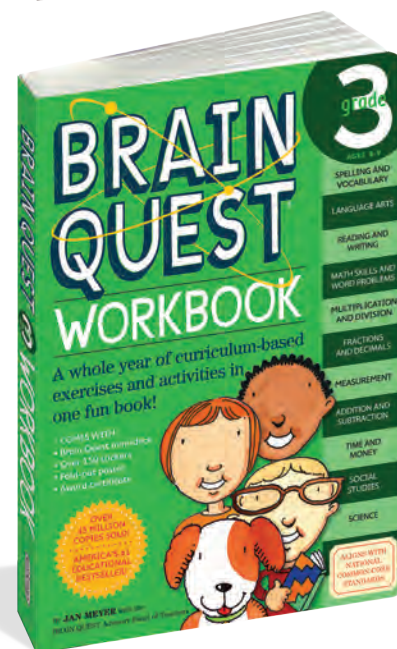
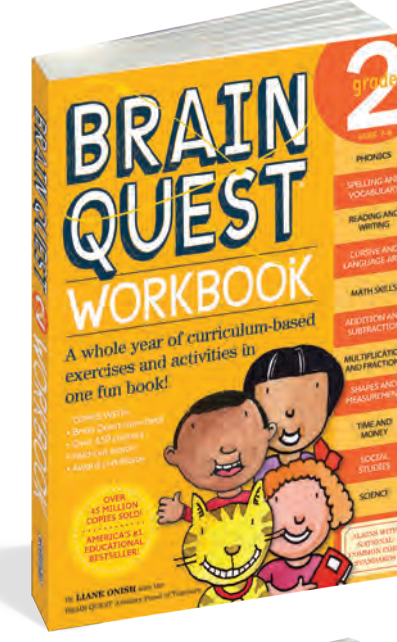
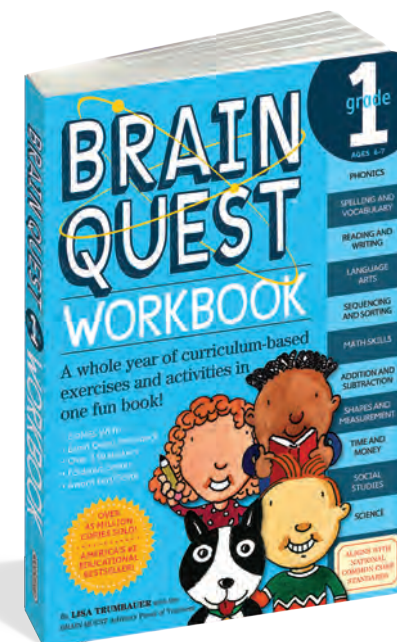
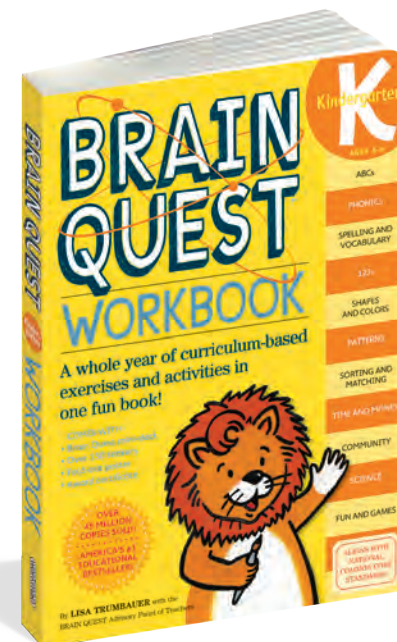
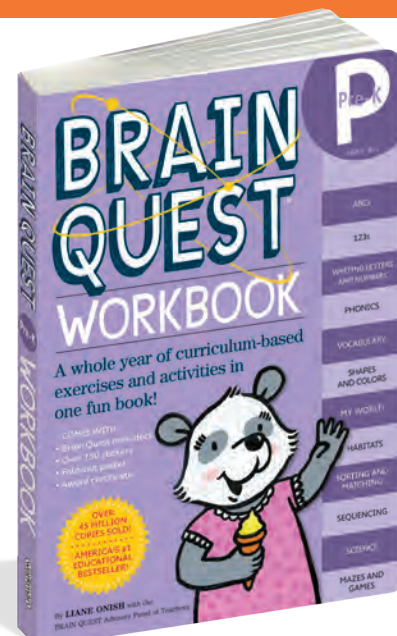


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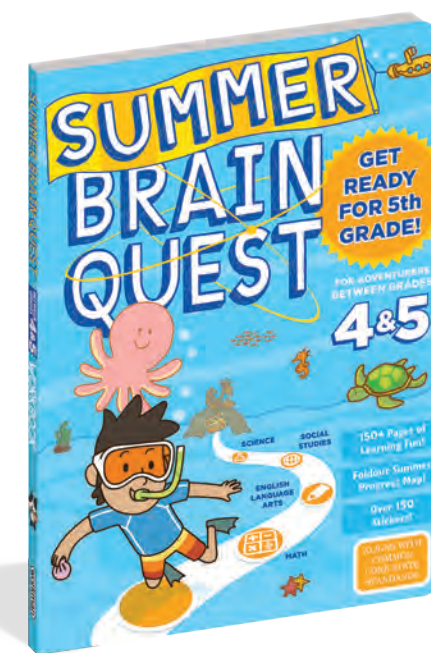
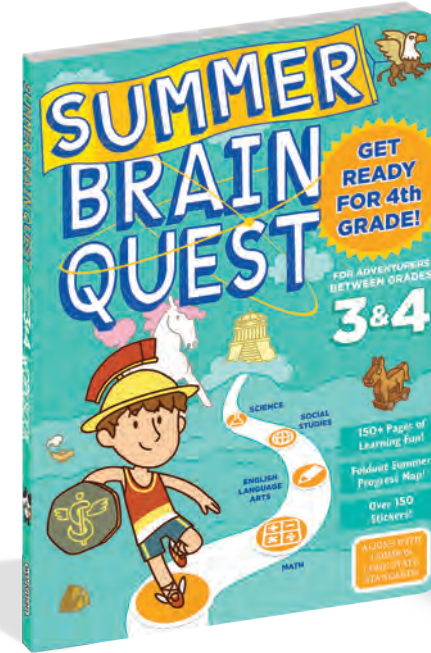
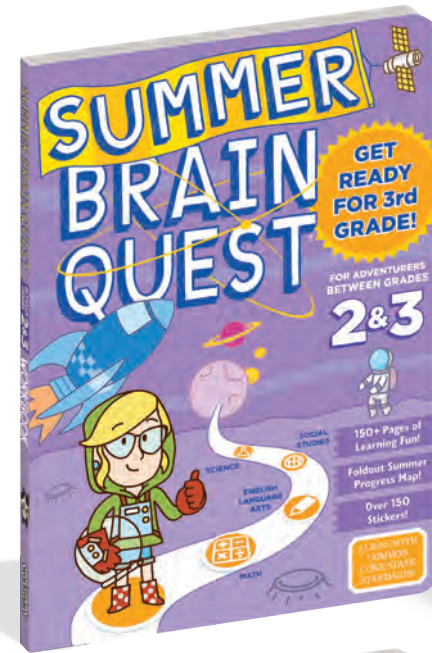
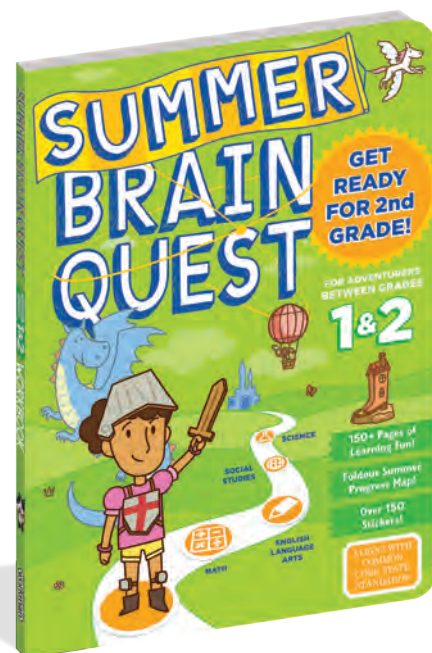
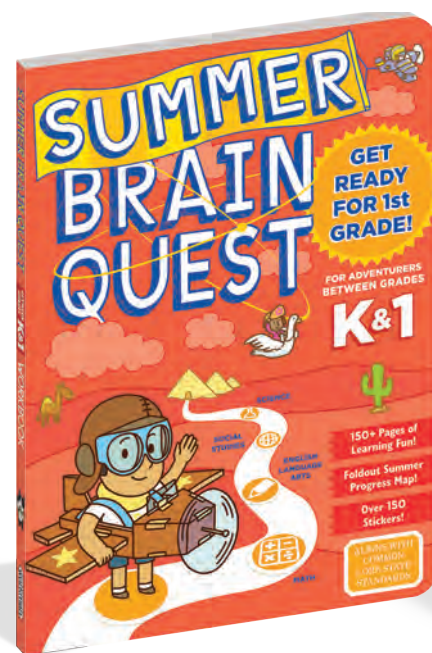
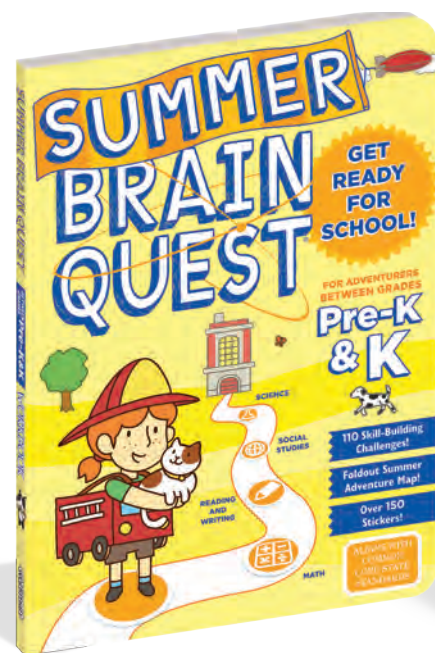


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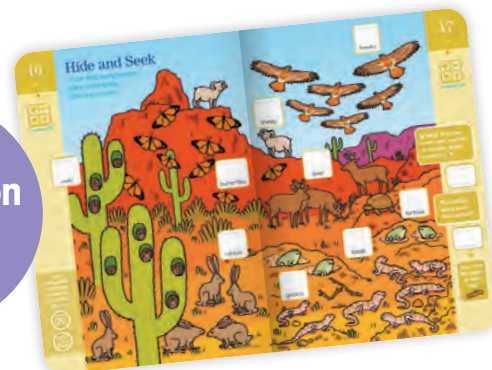
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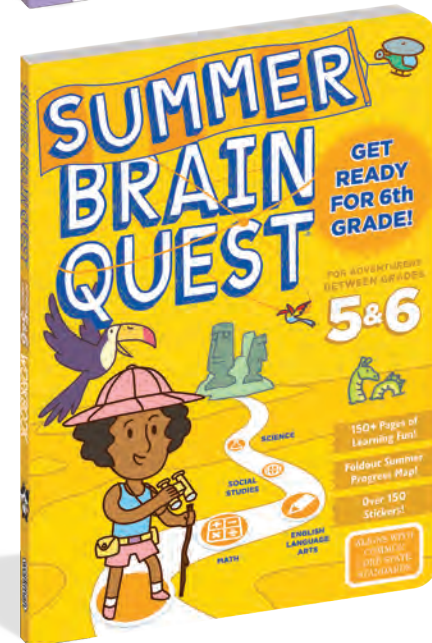
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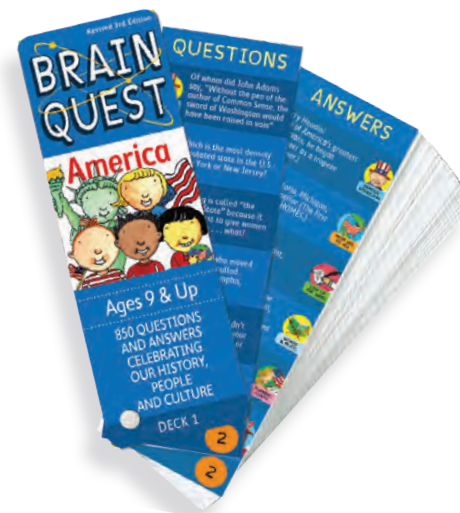
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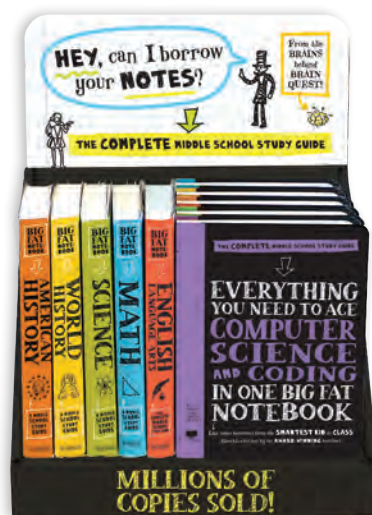
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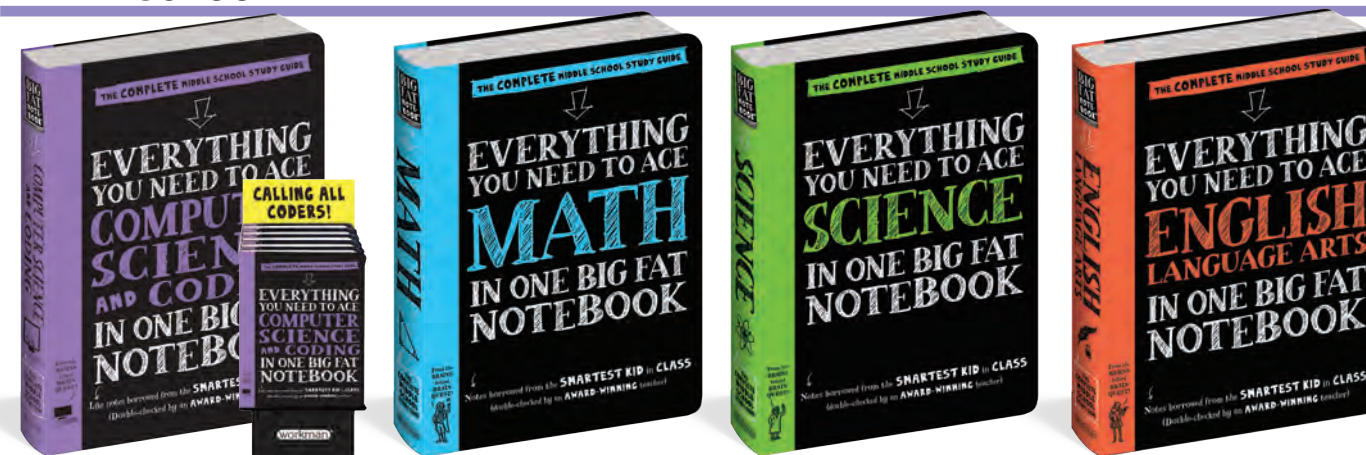
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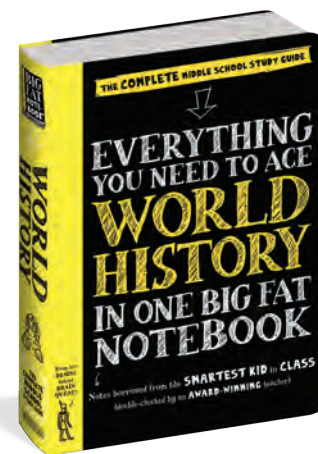
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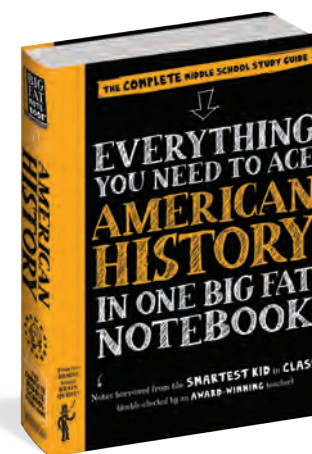
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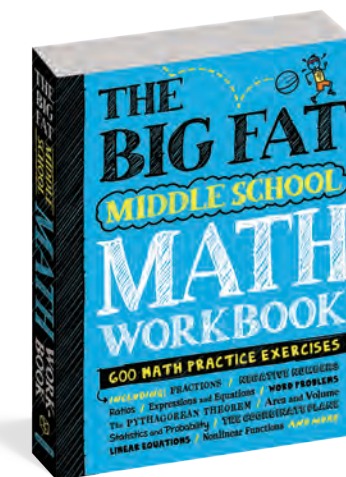


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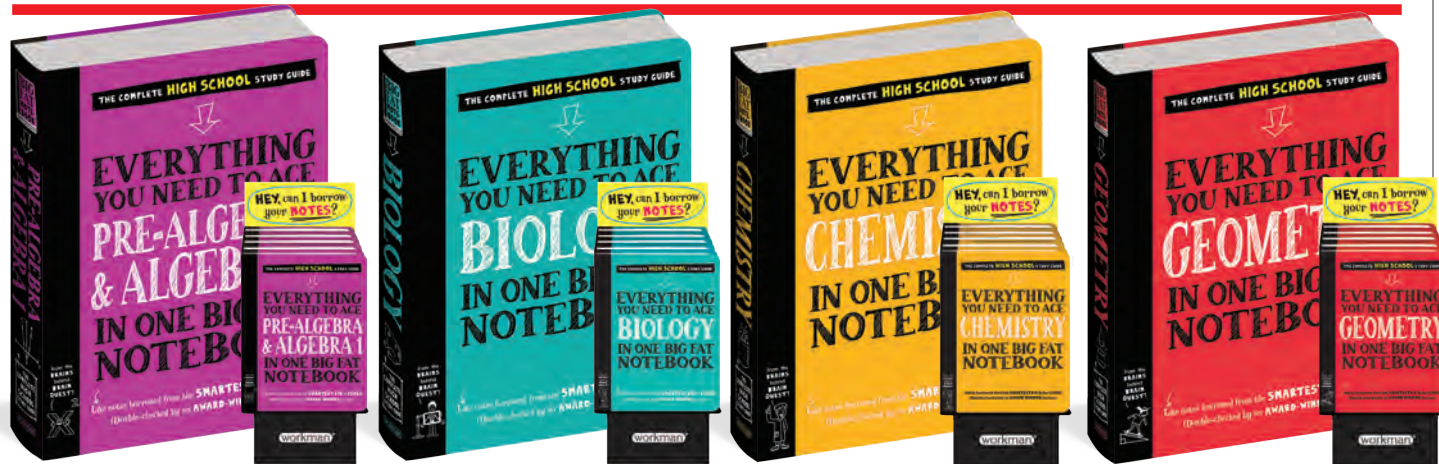
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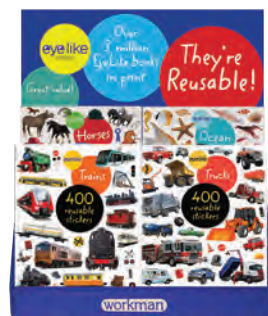
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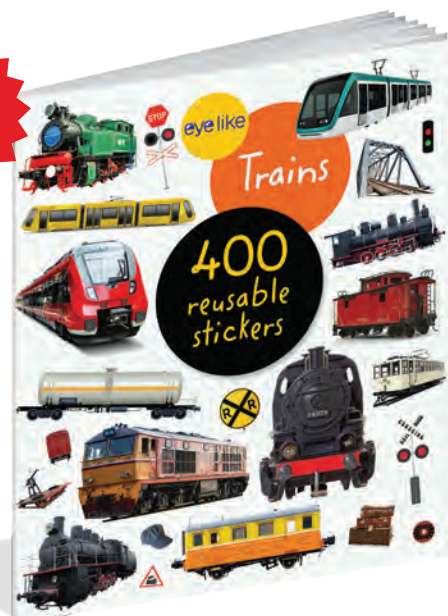
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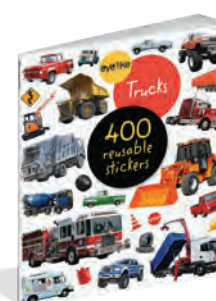
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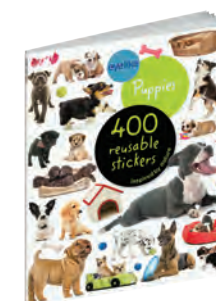
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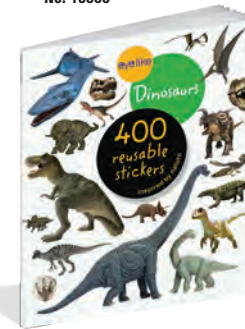
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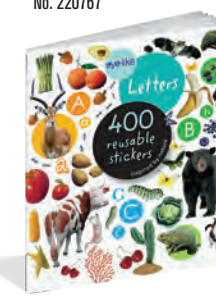
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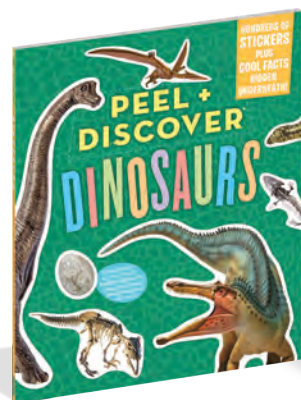
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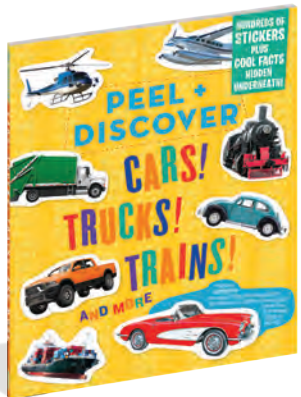
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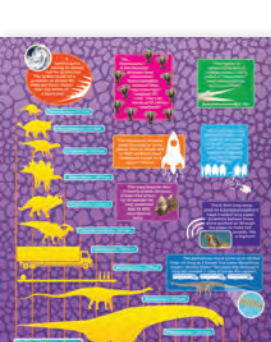
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1. Stickers and questions on the left; activities are on the right. Peel the sticker to reveal the answer.



2. Partially completed activity page and sticker sheet, showing answers to the questions where stickers were.



3. Completed activity page and sticker sheet with overlay removed to read and re-read.

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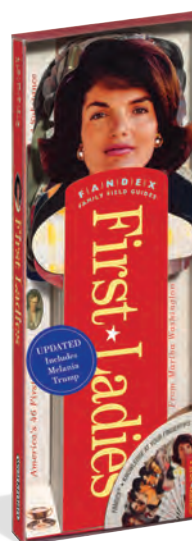
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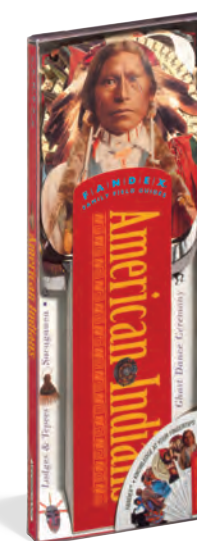
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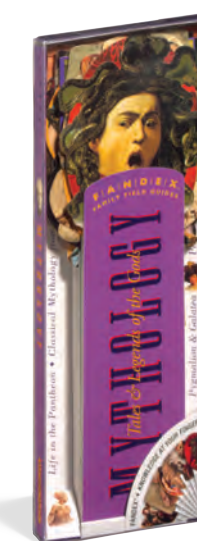
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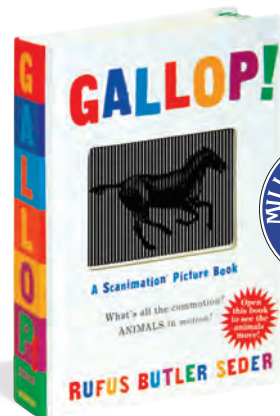


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SCANIMATION®


GALLOP! A Scanimation® Picture Book
 Rufus Butler Seder

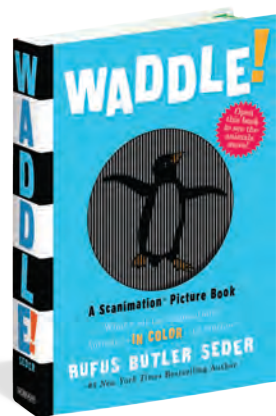
There's never before been a book like *Gallop!* Employing Scanimation, each page brings animals to life with art that literally moves. A first book of motion for kids, it shows a horse in full gallop and a turtle swimming up the page. A dog runs, an eagle soars, and a butterfly flutters. Created by Rufus Butler Seder, an inventor,

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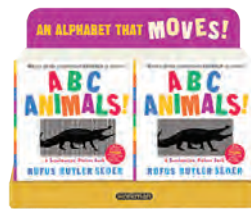
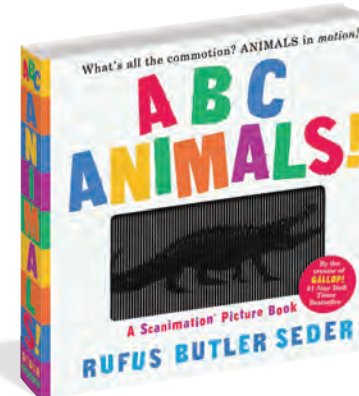

WADDLE! A Scanimation® Picture Book
 Rufus Butler Seder

In the same way that kids can't read *Gallop!* without wanting to gallop around the room, *Waddle!* inspires prancing, hopping, stomping, and scampering. And did we mention color? The prancing pig is pink, the leaping dolphin is blue, the slithering snake yellow. The Scanimation

itself is also more lifelike, as the author continues to refine his patented Scanimation process, resulting in a more fluid, realistic motion. Nothing else compares.

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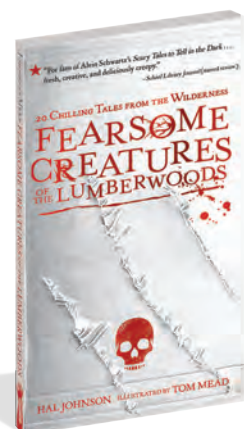

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In this romping, stomping journey from A to Z, all the animals come alive—as many as four to a page—for a total of 26 Scanimations. It's the alphabet as it's never been seen before: A is for the snapping Alligator. B for the swooping Bats.

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Meet the snlogoster, who feeds on the shadows of its victims. The whirling whimpus, who once laid low an entire Boy Scout troop. And the hoop snake, who can chase prey at speeds of up to 60 miles per hour and then, with one sting of its venomous tail, cause it to turn purple, swell up, and—alas—die.

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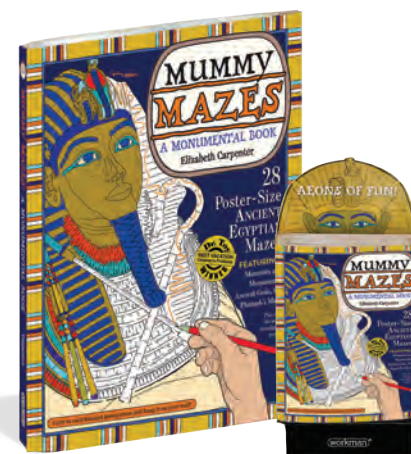
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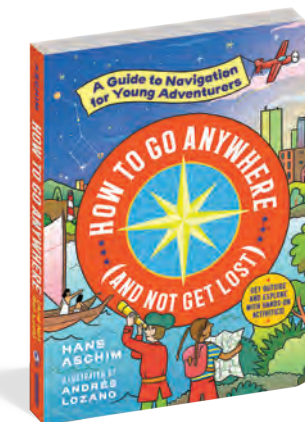
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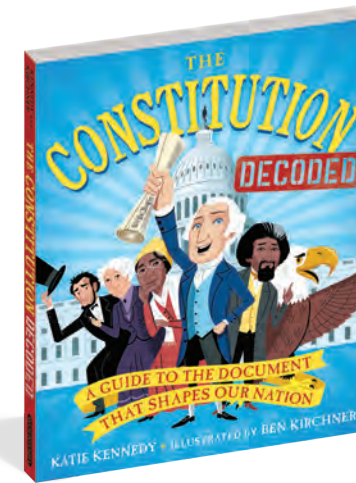
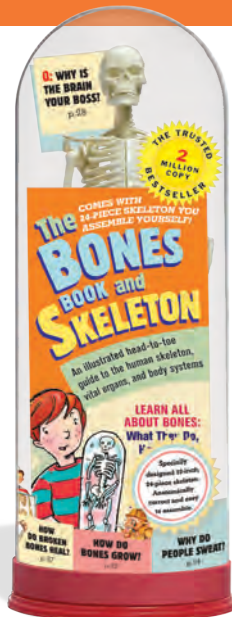

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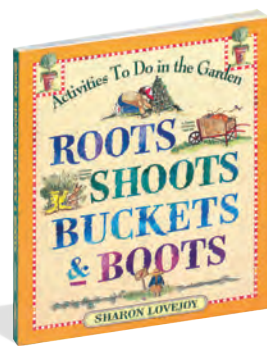
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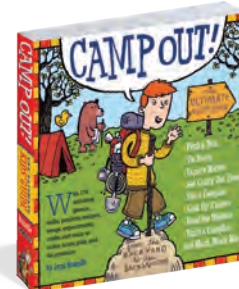
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WORLD WITHOUT FISH Mark Kurlansky; Illustrated by Frank Stockton

The illustrated narrative nonfiction account of what is happening to the world's oceans and what kids can do about it. *World Without Fish* has been praised as "A wonderfully fast-paced and engaging primer on the key questions surrounding fish and the

sea"—Paul Greenberg, author of *Four Fish*.
For ages 9 and up.
232,000 copies in print.
Paper: \$14.95/\$19.95 Can. ISBN: 978-0-7611-8500-0 No. 18500
Full-color illustrations throughout, including a 12-page graphic novel; 208 pages; 7" x 9 1/4"

THE ATLAS OBSCURA® EXPLORER'S GUIDE FOR THE WORLD'S MOST ADVENTUROUS KID Dylan Thurax and Rosemary Mosco; Illustrated by Joy Ang

Calling all curious kids! Created by the same team behind *Atlas Obscura*, the #1 *New York Times* bestseller, here is a thrillingly imaginative and beautifully illustrated expedition to 100 weird-but-true places on Earth. And just as compelling is the way the book is structured—hopscoching from country to country in a chain of connecting attractions. For example, visit the site of a mysterious meteor crash in Siberia, then turn the page and learn about one in the Yucatán. While in Mexico, visit the fantastical crystal caves,

and then turn the page to find yourself in another massive cave, this time in Vietnam. Illustrated in gorgeous and evocative watercolors, this book is a passport to a world of hidden possibilities.
For ages 9 and up.
231,000 copies in print.

Paper over board: \$19.95/\$26.95 Can. ISBN: 978-1-5235-0354-4 No. 100354
Full-color illustrations throughout; 112 pages; 9" x 11 1/8"
5-copy counter display: \$99.75/\$134.75 Can. ISBN: 978-1-5235-0581-4 No. 220581

THE CONSTITUTION DECODED A Guide to the Document That Shapes Our Nation Katie Kennedy; Illustrated by Ben Kirchner

Be an active citizen—know your Constitution! Written with impeccable clarity and illustrated in a style that brings America's early days to life, this fascinating guide explains the Constitution literally word by word, sentence by sentence, idea by idea, giving readers a true understanding of not only how the Framers envisioned the United States, but also why they made the

choices they did. Packed with historical context and figures, vocabulary, anecdotes, and trivia, this book is an accessible yet richly layered work that belongs in every family library.
For ages 10 and up.

Paper: \$16.95/\$22.95 Can. ISBN: 978-1-5235-1044-3 No. 101044
Full-color illustrations throughout; 208 pages; 8" x 10"

HEAR MY VOICE/ESCUCHA MI VOZ The Testimonies of Children Detained at the Southern Border of the United States/Los testimonios de los jóvenes detenidos en la frontera sureña de los Estados Unidos Compiled by Warren Binford for Project Amplify; Foreword by Michael Garcia Bochenek of Human Rights Watch

Written in English and Spanish, *Hear My Voice/Escucha mi voz* uses the picture book format to tell a story about children that demands to be heard. It is a book that is meant to upset you, to make you mad, to make you want to do something. In it, we hear the voices of dozens of children, ages 5 to 17, who were detained at the border between Mexico and the United States. Taken from actual testimony, their words tell a story of gross mistreatment at

the hands of the United States Government. It is also a work of protest art: Seventeen Latinx artists amplify the children's voices by illustrating their words. All royalties from the sale of *Hear My Voice/Escucha mi voz* go to Project Amplify.
For ages 8 and up.

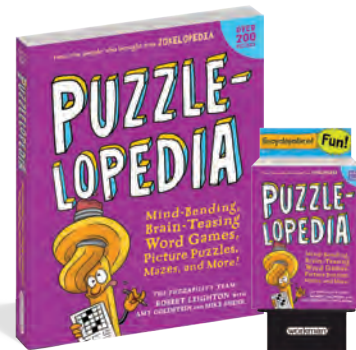
Jacketed hardcover: \$19.95/\$26.95 Can. ISBN: 978-1-5235-1348-2 No. 101348
Full-color illustrations throughout; 96 pages; 11" x 8 1/2"



Yuyi Morales



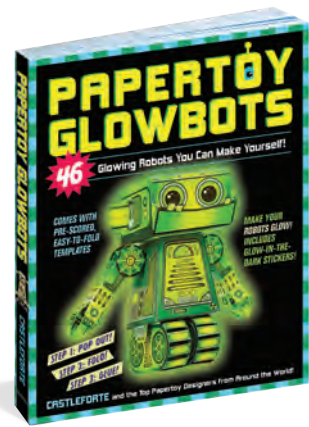
Juan Palomino



PUZZLELOPEDIA Mind-Bending, Brain-Teasing Word Games, Picture Puzzles, Mazes, and More! Robert Leighton, Amy Goldstein, Mike Shenk; Illustrated by Mike Wright

An encyclopedia of 200 smart, quirky, energetic puzzles—arranged in 26 A-to-Z chapters—that require nothing more than a sharp pencil and sharper wits. *Puzzlelopedia* includes riddles, mazes, crosswords, search and finds, hidden pictures, and puzzle types you've never seen before, like a dot-to-dot that, when solved, becomes a maze!

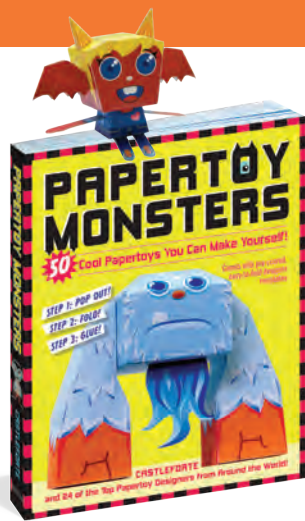
For ages 8-12.
Paper: \$9.95/\$14.95 Can. ISBN: 978-0-7611-7220-8 No. 17220
 Two color with illustrations throughout; 288 pages; 6½" x 8½"
8-copy counter display: \$79.60/\$119.60 Can. ISBN: 978-1-5235-0765-8 No. 220765



PAPER TOY GLOWBOTS 46 Glowing Robots You Can Make Yourself! Brian Castleforte

Expanding the magical paper craft universe of *Papertoy Monsters*, *Glowbots* introduces 46 all-new creatures—that have the added cool factor of lighting up, whether using glow-in-the-dark stickers that come with the book, or common light sources found around the house like battery-operated tea lights, flashlights, even Christmas tree lights. Templates are die-cut and

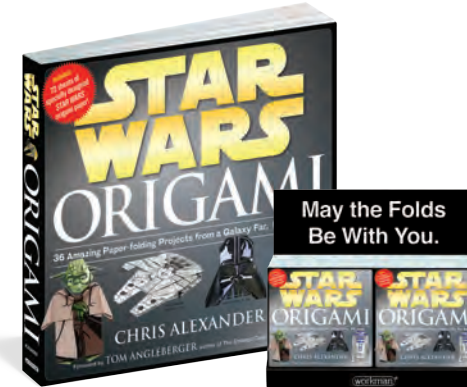
ready to pop out, fold, and glue.
For ages 10 and up.
Paper: \$22.95/\$29.95 Can. ISBN: 978-0-7611-7762-3 No. 17762
 Full-color illustrations; 104 pages plus 92 pages on card stock; 2 glow-in-the-dark sticker sheets; 8½" x 11"
6-copy counter display: \$137.70/\$179.70 Can. ISBN: 978-0-7611-9040-8 No. 29040



PAPER TOY MONSTERS 50 Cool Papertoys You Can Make Yourself! Brian Castleforte and 24 of the World's Top Papertoy Designers

A breakthrough paper-folding book for kids—paper airplanes meet origami meets Pokémon. *Papertoy Monsters* offers 50 fiendishly original die-cut designs that are ready to pop out, fold, and glue. The book interleaves card stock with paper stock for a unique craft package; the graphics are colorful and hip, combining the edginess

of anime with the goofy fun of Uglydolls.
For ages 9 and up.
 177,000 copies in print.
Paper: \$22.95/\$29.95 Can. ISBN: 978-0-7611-5882-0 No. 15882
 Full-color illustrations throughout; 124 pages plus 120 pages on card stock; 8½" x 11"
6-copy counter display: \$137.70/\$179.70 Can. ISBN: 978-0-7611-5938-4 No. 25938



STAR WARS™ ORIGAMI 36 Amazing Paper-folding Projects from a Galaxy Far, Far Away... Chris Alexander; Foreword by Tom Angleberger

The power of the Force meets the joy of origami. Here is everything you need to create a galaxy of *Star Wars* characters, spacecraft, droids, and weapons. The models come with step-by-step directions as well as an introduction to origami definitions, symbols, and basic folds. Bound in the back is the book's unique folding paper.

For ages 9 and up.
 805,000 copies in print.
Paper: \$19.95/\$26.95 Can. ISBN: 978-0-7611-6943-7 No. 16943
 Full color throughout; 272 pages plus 72 sheets of origami paper; 8½" x 8"
8-copy counter display: \$159.60/\$215.60 Can. ISBN: 978-0-7611-7291-8 No. 27291



STAR WARS™ ORIGAMI 2 Chris Alexander

The folds are strong with this one! Created by the original origami master, Chris Alexander, here are 34 all-new projects from a galaxy far, far away, featuring everything from Kylo Ren to a Jedi starfighter. All projects include fully illustrated step-by-step directions, and 72 custom decorated folding sheets are bound in the back.

For ages 10 and up.
 71,000 copies in print.
Paper: \$19.95/\$26.95 Can. ISBN: 978-1-5235-0873-0 No. 100873
 Full-color photos and illustrations throughout; 240 pages plus 72 sheets of origami paper; 8½" x 8"
8-copy counter display: \$159.60/\$215.60 Can. ISBN: 978-1-5235-1164-8 No. 221164



BE THE DRAGON 9 Keys to Unlocking Your Inner Magic Catherine J. Manning; Illustrated by Melanie Demmer

Dragons are the heroes children need. They have fire in their bellies, wisdom in their eyes, and hearts big enough to welcome one and all. In this ingenious book filled with hands-on activities, quests and quizzes, exciting stories and charming illustrations, every young reader will discover firsthand how to slay their fears and find their power. How, in other words, to *Be the Dragon*, filled with courage, kindness, insight, ingenuity, compassion, positivity, and so much more.

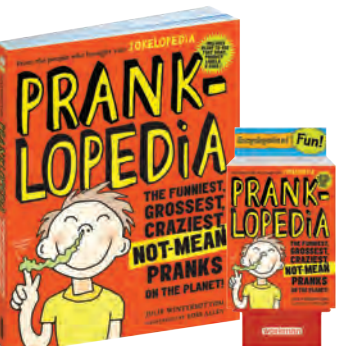
For ages 8 and up.
Paper: \$14.95/\$19.95 Can. ISBN: 978-1-5235-1141-9 No. 101141
 Full-color illustrations throughout; 160 pages; 8" x 10"
6-copy counter display: \$89.70/\$119.70 Can. ISBN: 978-1-5235-1500-4 No. 221500



JOKELOPEDIA The Biggest, Best, Silliest, Dumbest Joke Book Ever! Eva Blank, Alison Benjamin, Rosanne Green, Lisa Sparks, Ilana Weitzman; Illustrated by Mike Wright

The bestselling joke book for kids. Packed with all of the laughs, this compact format comes with a lower price (yay!) and makes the book more appealing for impulse purchase and travel. Includes 1,700 jokes, tongue twisters, riddles, and puns. Plus joke-telling tips, funny facts, and spotlights on comic TV shows, books, and actors.

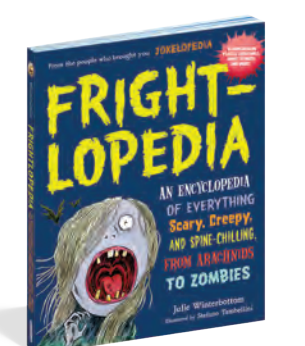
For ages 7-12.
 1,003,000 copies in print.
Paper: \$9.95/\$12.95 Can. ISBN: 978-0-7611-8997-8 No. 18997
 Two color with illustrations throughout; 288 pages; 6½" x 8½"
8-copy counter display: \$79.60/\$103.60 Can. ISBN: 978-1-5235-0106-9 No. 220106



PRANKLOPEDIA The Funniest, Grossest, Craziest, Not-Mean Pranks on the Planet! Julie Winterbottom; Illustrated by Robb Allen

The perfect resource for April Fools' Day—and the perfect gift for kids who think every day is April Fools' Day—in a compact, impulse-friendly format. More than 70 pranks are here, each clearly explained in step-by-step instructions. Classics like short-sheeting the bed. Awesome food pranks. Plus pranks to scare younger siblings and drive parents crazy.

For ages 8-12.
 197,000 copies in print.
Paper: \$9.95/\$12.95 Can. ISBN: 978-0-7611-8996-1 No. 18996
 Two color with illustrations throughout; 224 pages with 16-page 4-color insert; 6½" x 8½"
8-copy counter display: \$79.60/\$103.60 Can. ISBN: 978-1-5235-0107-6 No. 220107



FRIGHTLOPEDIA An Encyclopedia of Everything Scary, Creepy, and Spine-Chilling, from Arachnids to Zombies Julie Winterbottom; Illustrated by Stefano Tambellini

An A-to-Z compendium of thrills and chills. Understand your monsters, both legendary and all too real, like killer bees. With its lively mix of fiction, lore, history, and science—including hands-on projects—it's the best of the world's most frightening places, scariest stories, and most gruesome creatures, both real and imagined.

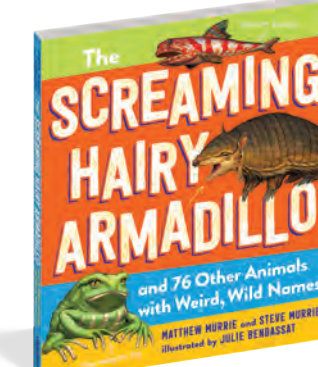
For ages 8-12.
 140,000 copies in print.
Paper: \$9.95/\$12.95 Can. ISBN: 978-0-7611-8379-2 No. 18379
 Two color with photos and illustrations throughout; 224 pages; 6½" x 8½"
8-copy counter display: \$79.60/\$103.60 Can. ISBN: 978-0-7611-9201-5 No. 29201



ORIGAMI CITY A Fold-by-Number Book: Includes 75 Models and a Foldout Paper Mat Taro Yaguchi

Created by the founder of Taro's Origami Studio, *Origami City* marries the joy of paper folding with the foolproof appeal of paint by number and the imaginative play of LEGO or Playmobil. An ingenious all-in-one kit, it includes 75 realistic pieces to fold with step-by-step instructions; an illustrated paper play mat; and 104 sheets of

preprinted origami paper with numbers and lines for folding.
For ages 7 and up.
Paper: \$24.95/\$33.95 Can. ISBN: 978-0-7611-8927-5 No. 18927
 Full-color illustrations throughout; paperback case holds 160-page book plus envelope with 104 sheets of origami paper and 40" x 28" foldout play mat; 8½" x 8½"



THE SCREAMING HAIRY ARMADILLO AND 76 OTHER ANIMALS WITH WEIRD, WILD NAMES Matthew Murrie and Steve Murrie; Illustrated by Julie Benbassat

A book of pure fun for kids—where science, animals, and wackiness converge—this fascinating compendium features over 70 curious animal species notable for their bizarre, baffling, and just-plain-funny names. Meet the Waxy Monkey Tree Frog, the Fried Egg Jellyfish, the Sparklemuffin Peacock Spider, the Bone-Eating Snot Flower Worm, and many more. While the

names of these creatures are undeniably curious, the heart of the book is their just-as-curious habits, appearance, abilities—and the stories of how they acquired their unusual monikers.
For ages 7-10.
Paper: \$14.95/\$19.95 Can. ISBN: 978-1-5235-0811-2 No. 100811
 Full-color photos and illustrations throughout; 176 pages; 8" x 9½"



Comolly series has over 1.2 million copies in print!

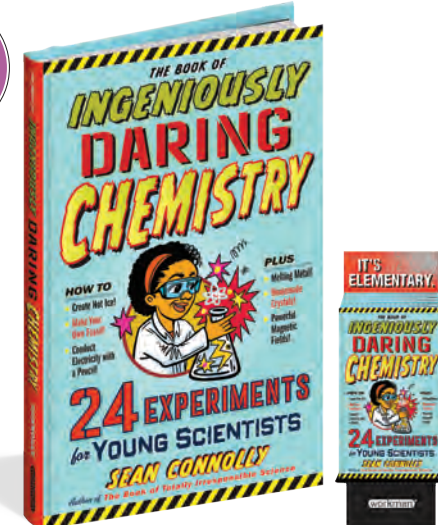
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Sean Connolly

Sixty-four amazing science experiments: Giant air cannons. Matchbox microphones. None require special training, and all use stuff found in the home. The balloon rocket whizzing through the garden? It demonstrates Newton's Third Law of Motion.
For ages 9 and up.

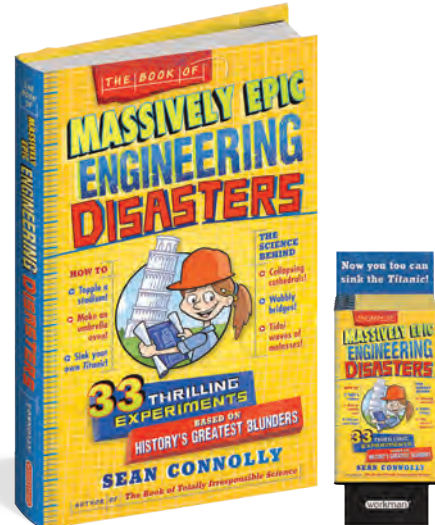
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THE BOOK OF INGENIOUSLY DARING CHEMISTRY
24 Experiments for Young Scientists
Sean Connolly

Here are 24 interactive experiments that take readers on a journey through the periodic table of elements. Discover oxygen and oxygenation by slicing an apple and seeing what happens an hour later. Harness the power of zinc with a potato clock.
For ages 9 and up.

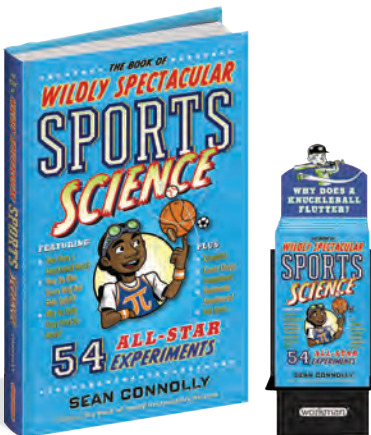
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ISBN: 978-1-5235-0563-0
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THE BOOK OF MASSIVELY EPIC ENGINEERING DISASTERS
33 Thrilling Experiments Based on History's Greatest Blunders
Sean Connolly

A survey of the greatest engineering disasters in history, with experiments, like understanding how the *Titanic* sank—using an ice cube tray!
For ages 9 and up.

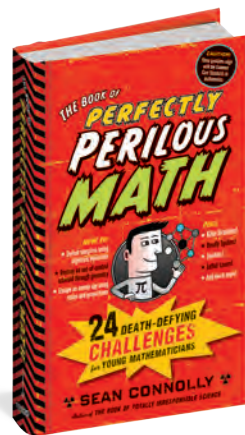
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ISBN: 978-0-7611-8394-5
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Two color with photos and illustrations throughout; 256 pages; 5½" x 9½"
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THE BOOK OF WILDLY SPECTACULAR SPORTS SCIENCE
54 All-Star Experiments
Sean Connolly

Ever wonder how Michael Jordan seemed to float through the air on a dunk? This fantastic activity book offers 54 hands-on experiments that demonstrate the scientific principles powering a wide variety of sports and activities.
For ages 9 and up.

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THE BOOK OF PERFECTLY PERILOUS MATH
24 Death-Defying Challenges for Young Mathematicians
Sean Connolly

Math rocks! At least it does in the gifted hands of Sean Connolly, who blends middle school math with fantasy to create exciting adventures in problem-solving, like *How many months would it take a single vampire to completely take over a town of 500,000 people?*

For ages 9 and up.
172,000 copies in print.
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ISBN: 978-0-7611-6374-9
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Two-color illustrations; 256 pages; 5½" x 9½"



THE BOOK OF TERRIFYINGLY AWESOME TECHNOLOGY
27 Experiments for Young Scientists
Sean Connolly

In 27 terrific experiments using basic stuff from around the house, here's how to delve into and understand the fascinating and potentially scary world of driverless cars, artificial intelligence, the "internet of things," 3-D printing, test-tube meat, smart clothing, and more.
For ages 9 and up.

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Two color with photos and illustrations throughout; 240 pages; 5½" x 9½"
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Oh... series has 1,165,000 copies in print!



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Joy Masoff

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ISBN: 978-0-7611-2529-7
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OH, YIKES! History's Grossest, Wackiest Moments
Joy Masoff

Here is an illustrated encyclopedia of history's messiest, dumbest, grossest, and weirdest moments. If kids think pus and gas are fun, wait until they hear the lowdown on the real Dracula, guillotines, pirates, and witch trials. Impeccably researched, deliciously wry, and subversively educational.
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Photographs and illustrations throughout; two color; 320 pages; 8½" x 10½"
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No. 24259



OH, ICK! 114 Science Experiments Guaranteed to Gross You Out!
Joy Masoff; with Jessica Garrett and Ben Ligon

Kids love to be grossed out. And now the doyenne of disgusting, Joy Masoff, lets kids get their hands dirty—really dirty—with 114 interactive ick-speriments and ick-tivities that delve into the science behind everything disgusting, from staging an Ooze Olympics to demonstrate viscosity to observing how fungi grow by making a Mold Zoo.

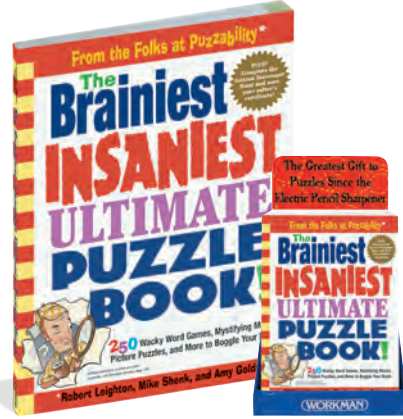
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THE BOOK OF POTENTIALLY CATASTROPHIC SCIENCE
50 Experiments for Daring Young Scientists
Sean Connolly

Fifty experiments that demonstrate the principles behind history's greatest scientific breakthroughs.
For ages 9 and up.

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THE BRAINIEST INSANIEST ULTIMATE PUZZLE BOOK!
Robert Leighton, Mike Shenk, and Amy Goldstein—the Folks at Puzzability

From Puzzability—whose mind-benders appear regularly in the *New York Times*, *Disney Adventures*, and the *New Yorker*—comes a rich, original book with over 250 puzzles for kids. It's got mazes, word games, and more.
For ages 8-12.

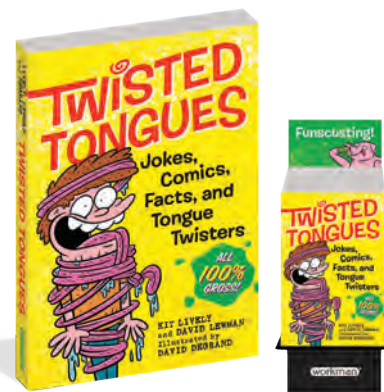
187,000 copies in print.
Paper: \$14.95/\$19.95 Can.
ISBN: 978-0-7611-4386-4
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Full-color illustrations throughout; 192 pages; 8½" x 10½"
8-copy counter display:
\$119.60/\$159.60 Can.
ISBN: 978-0-7611-4425-0
No. 24425



HOW COME? Every Kid's Science Questions Explained
Kathy Wollard; Illustrated by Debra Solomon

As interesting to grown-ups as it is for kids, the *How Come?* series, with 845,000 copies in print, is the trusted source for lively, clear answers to kids' science queries. It's the go-to source that explains everything from *How can a stone skip across a pond—and not sink?* to *Why is the sky blue?*

For ages 8-12.
60,000 copies in print.
Paper: \$16.95/\$22.95 Can.
ISBN: 978-0-7611-7978-8
No. 17978
Full-color illustrations throughout; 416 pages; 8" x 8"



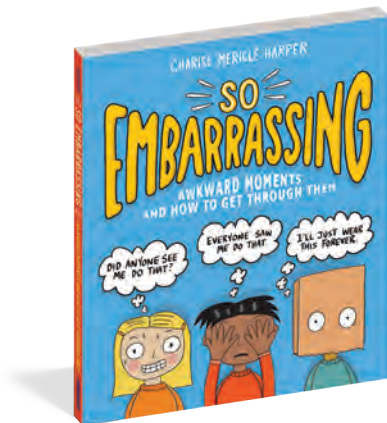
TWISTED TONGUES Jokes, Comics, Facts, and Tongue Twisters—All 100% Gross! Kit Lively and David Lewman; Illustrated by David DeGrand

Move over, boring old woodchucks, and hello, *Grandma Gladys grips her glass of greasy gristle!* Featuring all the truly funny things in life, like barf, drool, mucus, pus, gas, poop—plus running commentary from two crusty characters, Big Booger and Baby Booger—*Twisted Tongues* is an excellent collection of 160 tongue twisters, any of which will completely gross out

your mom. But it's not all fun and games, because there are lots of gross facts to learn, too.

For ages 7 and up.

Paper: \$8.95/\$11.95 Can.
ISBN: 978-1-5235-1016-0
No. 101016
Full-color illustrations throughout; 208 pages; 4½" x 6½"
8-copy counter display: \$71.60/\$95.60 Can.
ISBN: 978-1-5235-1168-6
No. 221168



SO EMBARRASSING Awkward Moments and How to Get Through Them Charise Mericle Harper

You're not alone! You're not the first kid who ever tripped and fell in public. Or spilled water on your pants so it looked like . . . you know! Laugh-out-loud funny yet enormously compassionate, *So Embarrassing* is a comics-style narrative with vignettes and stories about all the things that make kids feel awkward and embarrassed. It's funny, it's sympathetic,

and it's also filled with jokes, science facts (what happens when we blush, for example), tips for recovering quickly, and practical advice, like what to say to comfort a totally embarrassed friend.

For ages 8–12.

Paper: \$12.95/\$17.95 Can.
ISBN: 978-1-5235-1017-7
No. 101017
Full-color illustrations throughout; 128 pages; 7½" x 9"



YOU GOTTA BE KIDDING! The Crazy Book of "Would You Rather . . ." Questions

Here's the book of outrageous choices for kids. *You Gotta Be Kidding!* serves up hundreds of bizarre, sometimes ethical, and sometimes stomach-churning dilemmas that kids will love to pose to their friends.

For ages 9 and up.

464,000 copies in print.

Paper: \$8.95/\$11.95 Can.
ISBN: 978-0-7611-4365-9
No. 14365
Two color; 408 pages; 4" x 6"
8-copy counter display: \$71.60/\$95.60 Can.
ISBN: 978-0-7611-4422-9
No. 24422

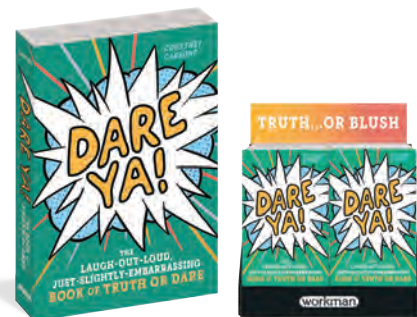


HOW TO TELL A STORY Daniel Nayeri; Illustrated by Brian Won

Discover an incredible storytelling package—a book filled with ideas about how stories work, as well as writing prompts and games to play, paired with 20 six-sided, color-coded, illustrated cubes.

For ages 9 and up.

Paper: \$19.95/\$26.95 Can.
ISBN: 978-0-7611-8457-7
No. 18457
Full-color illustrations throughout; 144 pages; 5¼" x 5¼" book; shrink-wrapped in 8" x 8" cardboard box with lid and 20 blocks
6-copy counter display: \$119.70/\$161.70 Can.
ISBN: 978-0-7611-8697-7
No. 28697



DARE YA! The Laugh-Out-Loud, Just-Slightly-Embarrassing Book of Truth or Dare Courtney Carbone

"Truth—or dare?" Those three little words have inspired raucous giggling in generations of kids. Capturing all the ridiculous, interactive fun of the classic sleeper game, *Dare Ya!* challenges readers with 200 truths and 200 dares. There are zany dares: *Do a funky dance for 30 seconds!* Truth questions that are bound to prompt a funny story: *Have you ever eaten so*

much candy that you got a stomachache? Each challenge also features related jokes and offbeat trivia.

For ages 8–12.

Paper: \$8.95/\$11.95 Can.
ISBN: 978-1-5235-0476-3
No. 100476
Two color; 408 pages; 4" x 6"
8-copy counter display: \$71.60/\$95.60 Can.
ISBN: 978-1-5235-0924-9
No. 220924

BIG MAGIC FOR LITTLE HANDS 25 Astounding Illusions for Young Magicians Joshua Jay

Levitane a sibling, Escape Houdini-like from tightly bound ropes. From the award-winning magician and author of *Joshua Jay's Amazing Book of Cards and Magic: The Complete Course*, with 212,000 copies in print, it's a collection of 25 astonishing illusions for kids ages 7 and up. These are effects that require little prep time and dexterity yet are

guaranteed to deliver a big payoff. And the large format makes it particularly kid-friendly.

For ages 7–11.

57,000 copies in print.

Paper over board: \$21.95/\$29.95 Can.
ISBN: 978-0-7611-8009-8
No. 18009
Two color; B/W illustrations throughout; 112 pages; 10½" x 13½"



THE STORY OF CHRISTMAS Story Book Set & Advent Calendar Illustrated by Carolyn Croll; Story retold by Mary Packard

The Story of Christmas features 24 jewel-like miniature board books nestled in a three-paneled, stand-alone backer. The books are meant to be opened one per day from December 1 through Christmas Eve. Each book, with its gold thread, doubles as a Christmas tree ornament.

247,000 copies in print.

Calendar terms apply—see your rep for details.

Paper over board: \$17.99/\$24.99 Can.
ISBN: 978-0-7611-5250-7
No. 15250
Full-color illustrations throughout; 24 miniature storybooks, 4 pages each; set in a board tray; 14" x 12"
6-copy counter display: \$107.94/\$149.94 Can.
ISBN: 978-0-7611-7065-5
No. 27065



GAMES MAGAZINE JUNIOR KIDS' BIG BOOK OF GAMES Edited by Karen C. Anderson

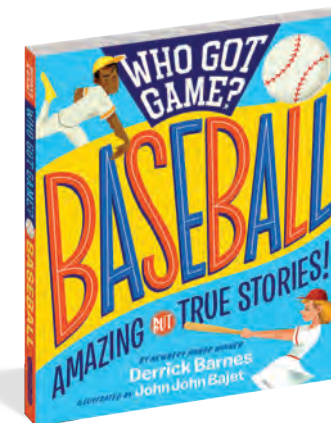
Better for kids than television, these games stretch the memory, improve language skills, exercise logic, and sharpen visual acumen—without being homework!

For ages 6–12.

964,000 copies in print.

• Selection of the Children's Book of the Month Club, Trumpet Book Club, and Scholastic Book Clubs.

Paper: \$9.95/\$12.95 Can.
ISBN: 978-0-89480-657-5
No. 1657
Photographs and illustrations throughout; 176 pages; 8" x 10¾"



WHO GOT GAME?: BASEBALL Amazing but True Stories! Derrick Barnes; Illustrated by John John Bajet

Engagingly written and packed with humor, *Who Got Game?: Baseball* celebrates the unheralded, unrecognized, and forgotten—but no less remarkable—people and stories that are integral to the history of the game. Written by Derrick Barnes, winner of the 2018 Ezra Jack Keats Book Award for outstanding new writer, and filled with lively

illustrations, it spotlights 45 fascinating baseball records, personalities, and anecdotes rarely mentioned in popular baseball lore, and will transform any reader into a superfan.

For ages 8–12.

Paper: \$12.95/\$17.95 Can.
ISBN: 978-1-5235-0553-1
No. 100553
Full-color illustrations throughout; 176 pages; 7½" x 9"

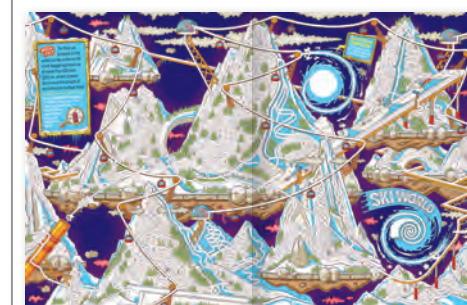


MEGA-MAZE ADVENTURE! A Journey Through the World's Longest Maze in a Book Scott Bedford

It is a-MAZE-ing! Here is not just a book of mazes, but the book itself is a maze! A portal opens on the front cover, and the maze continues through every page, making this the world's longest maze in a book! Just as amazing, every spread is its own special world. There's Robot World and Butterfly World, Snow World and Underwater World, Dragon World, and Skyscraper World. Filled with hypnotic detail, hidden surprises, fun facts, and bright, swirling richly colored details, every page is a compelling adventure.

For ages 8 and up.

Paper over board: \$14.95/\$19.95 Can.
ISBN: 978-1-5235-0744-3
No. 100744
Full-color illustrations throughout; 28 die-cut pages; 8¾" x 11"
6-copy counter display: \$89.70/\$119.70 Can.
ISBN: 978-1-5235-1081-8
No. 221081



THE KIDS' BOOK OF QUESTIONS Gregory Stock, PhD

Kids love to be asked questions almost as much as they love to ask them. And asking is important—parents know the value of having meaningful conversations with their kids. Now the book that solves those needs is back—announcing a fresh new edition of *The Kids' Book of Questions*, a longtime bestseller.

For ages 9 and up.
750,000 copies in print.

Paper: \$9.95/\$12.95 Can.
ISBN: 978-0-7611-8464-5
No. 18464
Two color; 216 pages; 4" x 6"
8-copy counter display: ISBN 978-0-7611-8472-0
No. 28472
\$79.60/\$103.60 Can.



SANDRA BOYNTON

Sandra Boynton is one of America's best-loved artists. With "Hippo Birdie Two Ewes" leading the way, her greeting cards for Recycled Paper Products have sold in the hundreds of millions. Her *Boynton on Board* and other books for children have tens of millions of copies in print. Ms. Boynton lives with her family in rural Connecticut, working out of a converted barn that has the only hippopotamus weather vane in the state.

Over 27.5 million copies in print combined!

Boynton on Board Books

Full-color drawings throughout; die-cut cover; 24 pages; 5¹/₁₆" x 6¹/₄". For ages 0-4.



BIG BOX OF BOYNTON SET 1!
Barnyard Dance!
• Oh My Oh My Oh Dinosaurs!
• Pajama Time!

175,000 copies in print.

Board book: \$21.00/
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ISBN: 978-0-7611-3989-8
No. 13989

Three board books in a slipcase; each book has full-color illustrations throughout; 24 pages; 5¹/₁₆" x 6¹/₄"; box 5³/₄" x 6¹/₄" x 2"; shrink-wrapped



BIG BOX OF BOYNTON SET 2!
Snuggle Puppy!
• Belly Button Book!
• Tickle Time!

Board book: \$21.00/
\$29.95 Can.
ISBN: 978-0-7611-8095-1
No. 18095

Three board books in a slipcase; each book has full-color illustrations throughout; 24 pages; 5¹/₁₆" x 6¹/₄"; box 5³/₄" x 6¹/₄" x 2"; shrink-wrapped



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TICKLE TIME!

Sometimes kids just need a good tickle. Well, here's the cure, based on the wildly popular song from Boynton's *Rhinoceros Tap CD*, *Tickle Time!* is lively in tempo, nimble in rhyme, and filled with irresistible fuzzy cats. It's guaranteed to elicit giggles.

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No. 26956

PERFECT PIGGIES!

Piggies rock! So does Boynton. Through her words and art, we can appreciate round noses and curly tails, floppy ears and pleasing plumpness. *Perfect Piggies!* also comes with a song available free via a download from the Workman website.

384,000 copies in print.

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ISBN: 978-0-7611-5993-3
No. 15993
12-copy counter display:
\$95.40/\$131.40 Can.
ISBN: 978-0-7611-5994-0
No. 25994

SNUGGLE PUPPY!

A great big hug in book form, *Snuggle Puppy!* is a year-round valentine from parent to child, featuring a sweet and cuddly doggie cast and rhyming verse.

3,355,000 copies in print.

• Main selection of the Children's Book-of-the-Month Club.
Board book: \$7.95/\$10.95 Can.
ISBN: 978-0-7611-3067-3
No. 13067
12-copy counter display:
\$95.40/\$131.40 Can.
ISBN: 978-0-7611-3118-2
No. 23118

PAJAMA TIME!

A jump-roping chicken and a pig on a swing. A Scottie in plaid pajamas and an elephant in a fuzzy one-piece with feet. And in sing-along nuttiness, it's time to head to bed.

3,016,000 copies in print.

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Board book: \$7.95/\$10.95 Can.
ISBN: 978-0-7611-1975-3
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ISBN: 978-0-7611-6206-3
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You hear your door come crashing down—those birthday monsters are in town! What fun!

1,102,000 copies in print.

• Main selection of the Children's Book-of-the-Month Club.

Board book: \$7.95/\$10.95 Can.
ISBN: 978-1-56305-443-3
No. 3443
12-copy counter display:
\$95.40/\$131.40 Can.
ISBN: 978-0-7611-6207-0
No. 26208

OH MY OH MY OH DINOSAURS!

Happy and sad. Good and bad. Opposites take on a new meaning when illustrated by a gang of personable dinosaurs.

2,072,000 copies in print.

• Main selection of the Children's Book-of-the-Month Club.

Board book: \$7.95/\$10.95 Can.
ISBN: 978-1-56305-441-9
No. 3441
12-copy counter display:
\$95.40/\$131.40 Can.
ISBN: 978-0-7611-6207-0
No. 26207

FIFTEEN ANIMALS!

Who else but Sandra Boynton could imagine 15 Bobs in one book? Actually, that's 14 Bobs, and one Simon James Alexander Ragsdale the Third (a turtle). Count the Bobs, count the pets, count the bunnies. Includes a free song available via download.

544,000 copies in print.

Board book: \$7.95/\$10.95 Can.
ISBN: 978-0-7611-3066-6
No. 13066
12-copy counter display:
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ISBN: 978-0-7611-5205-7
No. 25205

YOUR PERSONAL PENGUIN

The irresistible story of a slightly bewildered hippo and the loyal penguin who wants nothing more than to be his pal.

492,000 copies in print.

• Main selection of the Children's Book-of-the-Month Club.

Board book: \$7.95/\$10.95 Can.
ISBN: 978-0-7611-4372-7
No. 14372



WOODLAND DANCE!

A nighttime counterpart to the upbeat, broad-daylight *Barnyard Dance!*, *Woodland Dance!* unfolds in a mesmerizing rhythm and rich forest colors, and by the time dawn breaks, all the singing and dancing and music-playing animals wander off to bed.

125,000 copies in print.

Board book: \$7.95/\$10.95 Can.
ISBN: 978-1-5235-1468-7
No. 101468
12-copy counter display:
\$95.40/\$131.40 Can.
ISBN: 978-1-5235-1523-3
No. 221523

EEEK! HALLOWEEN!

Uh-oh—the chickens are nervous! Wait—don't they know it's Halloween? What could be more fun, for a holiday utterly beloved by children, than to join Boynton and her classic nutty characters on a journey through the traditions of Halloween? It's all treat, and no tricks.

533,000 copies in print.

Board book: \$7.95/\$10.95 Can.
ISBN: 978-0-7611-9300-5
No. 19300
12-copy counter display:
\$95.40/\$131.40 Can.
ISBN: 978-0-7611-9200-8
No. 29200

JUNGLE NIGHT

A jungly bedtime board book in a new size. PLUS two free downloads: a mesmerizing 4-minute nighttime soundtrack featuring Yo-Yo Ma on cello, Ron Block on guitar, and Keith Boynton narrating.

159,000 copies in print.

Board book: \$7.95/\$10.95 Can.
ISBN: 978-1-5235-1360-4
No. 101360
Full-color illustrations throughout; 18 pages; 7¹/₂" x 6¹/₄"
8-copy counter display:
\$63.60/\$87.60 Can.
ISBN: 978-1-5235-1363-5
No. 221363

HEY! WAKE UP!

Rise and shine to a Boynton rhyme. A natural companion to *Pajama Time!*, *Hey! Wake Up!* greets the brand-new day with all of Boynton's inimitable animals.

993,000 copies in print.

• Main selection of the Children's Book-of-the-Month Club.

Board book: \$7.95/\$10.95 Can.
ISBN: 978-0-7611-1976-0
No. 11976
12-copy counter display:
\$95.40/\$131.40 Can.
ISBN: 978-0-7611-6205-6
No. 26205

YOUR NOSE!

A sweet and tender Valentine from parent to child, this wild little love song celebrates the cutest, most adorably boopable noses. And it comes with a free download of Neil Sedaka singing "Your Nose!"

193,000 copies in print.

Board book: \$7.95/\$10.95 Can.
ISBN: 978-1-5235-1021-4
No. 101021
12-copy counter display:
\$95.40/\$131.40 Can.
ISBN: 978-1-5235-1083-2
No. 221083

BARNYARD DANCE!

Everybody sing along—it's time to do-si-do with a high-spirited crew of favorite farm animals.

5,304,000 copies in print.

• Main selection of the Children's Book-of-the-Month Club. Winner of the 1994 Gold Medal, National Parenting Publications Award.

Board book: \$7.95/\$10.95 Can.
ISBN: 978-1-56305-442-6
No. 3442
12-copy counter display:
\$95.40/\$131.40 Can.
ISBN: 978-0-7611-6210-0
No. 26210

DINOSNORES

Ah, all those dinosaurs look so cute in their pajamas. See them yawn and stretch and brush their teeth. Soon they'll be sound asleep, and . . . OH NO! SNORING!!! ("Honk-SHOOOOOO! Honk-SHOOOOOO! . . .")

320,000 copies in print.

Board book: \$7.95/\$10.95 Can.
ISBN: 978-1-5235-0813-6
No. 100813
12-copy counter display:
\$95.40/\$131.40 Can.
ISBN: 978-1-5235-0920-1
No. 220920

ONE, TWO, THREE!

The hippos, the cats, the pigs, and the cows all join in to take kids from a quiet One to a "LOUD LOUD LOUD" Ten—and back to quiet One again.

1,552,000 copies in print.

• Main selection of the Children's Book-of-the-Month Club.

Board book: \$7.95/\$10.95 Can.
ISBN: 978-1-56305-444-0
No. 3444
12-copy counter display:
\$95.40/\$131.40 Can.
ISBN: 978-0-7611-6209-4
No. 26209



BELLY BUTTON BOOK!

Featuring a beachful of bare-bellied hippos, every page captivates with Boynton's inimitable illustrations and joyful rhyming text.

2,034,000 copies in print.

• Alternate selection of Children's Book-of-the-Month Club and Scholastic Book Clubs.

Board book: \$7.95/\$10.95 Can.
ISBN: 978-0-7611-3799-3
No. 13799
12-copy counter display:
\$95.40/\$131.40 Can.
ISBN: 978-0-7611-3887-7
No. 23887

THE BUNNY RABBIT SHOW!

The cutest revue in town, featuring a cast of high-kicking bunnies performing to a lively song!

233,000 copies in print.

Board book: \$6.95/\$10.95 Can.
ISBN: 978-0-7611-8060-9
No. 18060
12-copy counter display:
\$83.40/\$131.40 Can.
ISBN: 978-0-7611-8264-1
No. 28264

BOYNTON continued



SANDRA BOYNTON

LAP-SIZE EDITIONS

Five beloved, bestselling Boynton titles—available as lap-size board books. With their sturdy board construction, they're perfect for little fingers to grasp, and for big people to read aloud.

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Full-color illustrations throughout;
24 pages; 8½" x 9¼"

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BARNYARD DANCE!
ISBN: 978-0-7611-6616-0
No. 16616

BELLY BUTTON BOOK!
ISBN: 978-0-7611-6618-4
No. 16618

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ISBN: 978-1-5235-0401-5
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ISBN: 978-1-5235-0475-6
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ISBN: 978-1-5235-0400-8
No. 100400
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Introducing three classic Boynton board books in Spanish-language editions. Capturing the same infectious bounce and rhythm of the original English versions, each is a delight for Spanish-speaking and bilingual families and classrooms, and also makes a great way to expose little ones to a new language. (*¡Qué alegría!*)

Board books: \$7.95/\$10.95 Can.
Full-color illustrations throughout;
24 pages; 5½" x 6¼"

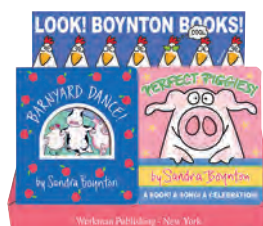
CACHORRO CARINOSO
ISBN: 978-1-5235-0776-4
No. 100776

IDANZA DEL CORRAL!
ISBN: 978-1-5235-0777-1
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ISBN: 978-1-5235-0800-6
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Sandra Boynton Displays



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DOG TRAIN and 16 Other Improbable Songs Songs and Illustrations by Sandra Boynton; A Boynton and Ford Production

It's the CD-only *Dog Train*—the funky, fabulous collection of all-outr rock music by the team that created the #1 *New York Times* bestselling *Philadelphia Chickens*.

For ages 1 and up.

CD: \$11.95/\$17.95 Can.
ISBN: 978-0-7611-4447-2
No. 14447
Dog Train CD with 16-page, full-color lyrics insert

ONE SHOE BLUES Sandra Boynton

A captivating story and a dazzling music video from an unexpected yet oddly perfect team: Sandra Boynton and B.B. King! Boynton writes, designs, and directs and B.B. stars with exuberant Boynton sock puppets chiming in.

For ages 1 and up.

52,000 copies in print.

Paper over board:
\$10.95/\$14.95 Can.
ISBN: 978-0-7611-5138-8
No. 15138
Four-color photographs; includes 12-minute DVD; 64 pages; 7½" x 7½"



RIAA Gold Album

DOG TRAIN A Wild Ride on the Rock-and-Roll Side Songs and Illustrations by Sandra Boynton; A Boynton and Ford Production

Dog Train features all original songs recorded by a mix of big-name acts and great voices: Blues Traveler, Alison Krauss, Hootie and the Blowfish, Kate Winslet & "Weird Al" Yankovic, the Spin Doctors, and more. Each song tells a little story, accompanied by Boynton's irresistible hippos, cows, and dogs. Full lyrics appear in the back.

For ages 1 and up.

603,000 copies in print.
• Alternate selection of Children's Book-of-the-Month Club and Scholastic Book Clubs.

Paper over board:
\$17.95/\$24.95 Can.
ISBN: 978-0-7611-3966-9
No. 13966
Full-color illustrations throughout; 72 pages; comes with music CD in sleeve; 10" x 8" oblong



BLUE MOO 17 Jukebox Hits from Way Back Never Songs and Illustrations by Sandra Boynton; A Boynton and Ford Production

Beach Boy Brian Wilson singing lead and 10-part harmony on "Speed Turtle." Neil Sedaka crooning "Your Nose." And Patti LaPone of *Evita* fame sings—what else?—the "Rabbit Tango." Boynton and Ford once again bring great words, music, and performers to children and vintage children alike.

For ages 1 and up.

123,000 copies in print.
• Alternate main selection of the Children's Book-of-the-Month Club.

Paper over board:
\$17.95/\$23.95 Can.
ISBN: 978-0-7611-4775-6
No. 14775
Full-color illustrations throughout; 72 pages; comes with 50-minute music CD in sleeve; 10" x 8"



HOG WILD! A Frenzy of Dance Music Songs and Illustrations by Sandra Boynton; A Boynton and Ford Production

Move your feet! Rock to the beat! It's time to fire up the dance floor and go *Hog Wild!*, the sixth zippy Boynton and Ford book-and-CD production. And this time, the CD theme is all new dance music—as in: Samuel L. Jackson performing "Tyrannosaurus Funk." Kristen Bell solving it all with "Dance It Out." And lots more!

For ages 1 and up.

41,000 copies in print.

Paper over board:
\$17.95/\$23.95 Can.
ISBN: 978-0-7611-8992-3
No. 18992
Full-color illustrations throughout; 72 pages; comes with music CD in sleeve; 10" x 8"
8-copy counter display:
\$143.60/\$191.60 Can.
ISBN: 978-1-5235-0244-8
No. 220244

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8" plush:
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ISBN: 978-0-7611-8266-5
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George

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8" plush:
\$12.95/\$17.95 Can.
ISBN: 978-0-7611-7820-0
No. 17820



Zeke

Tippy

TIPPY THE PIG

8" plush:
\$12.95/\$17.95 Can.
ISBN: 978-0-7611-6621-4
No. 16621



FROG TROUBLE . . . and Eleven Other Pretty Serious Songs Songs and Illustrations by Sandra Boynton; A Boynton and Ford Production

Yeeeee-hah! Boynton goes Country, in a terrific CD and illustrated songbook of her wildly original songs, sung by an amazing roster including Brad Paisley with "Copycat," Dwight Yoakam singing "I've Got a Dog," and Alison Krauss on "End of a Summer Storm," and more.

For ages 1 and up.

140,000 copies in print.

Paper over board:
\$16.95/\$22.95 Can.
ISBN: 978-0-7611-7176-8
No. 17176
Full-color illustrations throughout; 72 pages; comes with music CD in sleeve; 10" x 8"
8-copy counter display:
\$135.60/\$183.60 Can.
ISBN: 978-0-7611-7763-0
No. 27763



RIAA Gold Album

RHINCEROS TAP 15 Seriously Silly Songs Songs and Illustrations by Sandra Boynton; A Boynton and Ford Production; Performed by Adam Bryant

It's sing-along, dance-along collection of truly delightful children's music, including the hit "Barnyard Dance."

For ages 1 and up.

653,000 copies in print.
• Alternate selection of Children's Book-of-the-Month Club and Scholastic Book Clubs.

Paper over board:
\$17.95/\$23.95 Can.
ISBN: 978-0-7611-3323-0
No. 13323
Full-color illustrations throughout; 72 pages; comes with 41-minute music CD in sleeve; 10" x 8" oblong

SANDRA BOYNTON

**BATH TIME!** Sandra Boynton

An irresistible storybook for bath time, *Bath Time!* is waterproof, nontoxic, completely baby-safe.

It's a classic tale of pig meets paint. Spattered with colors from a long day at the easel, the pig takes to the tub. On the last page, the snout has a bound-in squeaker. Get it? Squeaky clean!

For ages 0-4.

459,000 copies in print.

Soft cover: \$9.95/
\$13.95 Can.

Full-color illustrations throughout;
10 pages; 7" x 7"; nontoxic soft
plastic pages with squeaker;
packaged in plastic pouch with
full-color hang tag

ISBN: 978-0-7611-4708-4
No. 14708

12-copy counter display:
\$119.40/\$167.40 Can.
ISBN: 978-0-7611-4722-0
No. 24722

BARNYARD BATH!
Sandra Boynton

The waterproof cousin of *Barnyard Dance!*—because what could make tub time more fun than a book . . . that floats.

For ages 0-4.

373,000 copies in print.

Soft cover: \$9.95/
\$13.95 Can.

Full-color illustrations throughout;
10 pages; 7" x 7"; nontoxic soft
plastic pages; packaged in a plas-
tic pouch with full-color hang tag

ISBN: 978-0-7611-4718-3
No. 14718

12-copy mixed display:
(6 each of *BATH TIME!* and
BARNYARD BATH!):
\$119.40/\$167.40 Can.

ISBN: 978-0-7611-5028-2
No. 25028

6-copy mixed clip strip
display:
(3 each of *BATH TIME!* and
BARNYARD BATH!)

\$59.70/\$83.70 Can.
ISBN: 978-0-7611-6693-1
No. 26693

MY MOMMY'S TOTE P. H. Hanson

It's hours of interactive fun—at home and on the go. Compact, portable, and sporting fabric handles just like the real thing, *My Mommy's Tote* features an ingenious format with eight individual die-cut leaves for kids to open, lift up, slide, and unfold. They will be entertained and engaged as they learn the alphabet and how to count from 1 to 12. They can remove Mommy's laptop and look through

her wallet. And take a break for a healthy "snack."

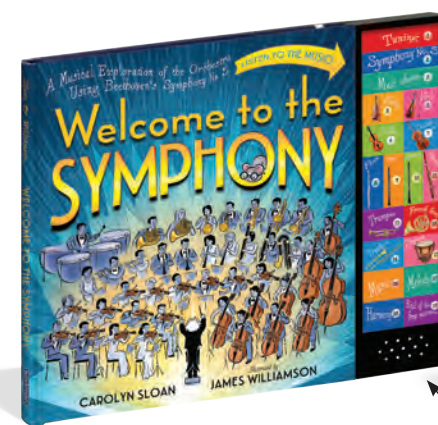
For ages 3-6.

321,000 copies in print.

Board book:

\$16.95/\$22.95 Can.
ISBN: 978-0-7611-7740-1
No. 17740

Full-color illustrations throughout;
16 pages individually die-cut;
shrink-wrapped in corrugated
box; 7½" x 7½" x 3"



With 19 sound buttons!

WELCOME TO THE SYMPHONY A Musical Exploration of the Orchestra Using Beethoven's Symphony No. 5
Carolyn Sloan; Illustrated by James Williamson

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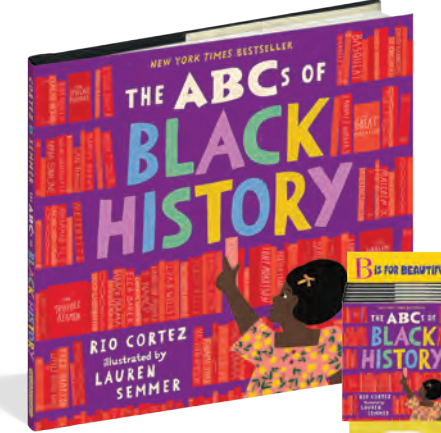
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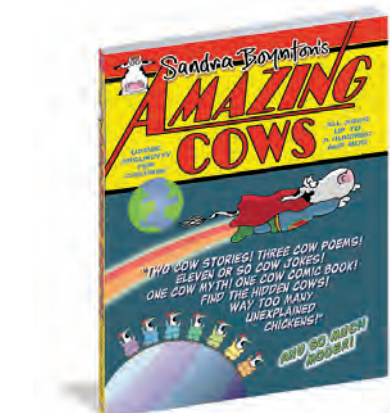
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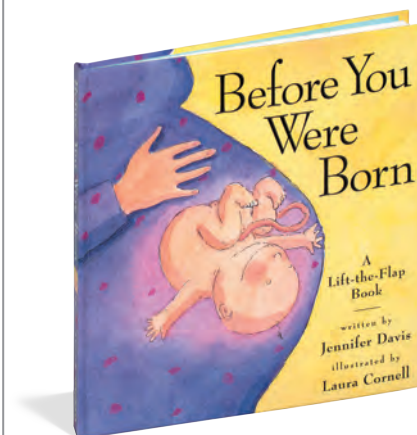
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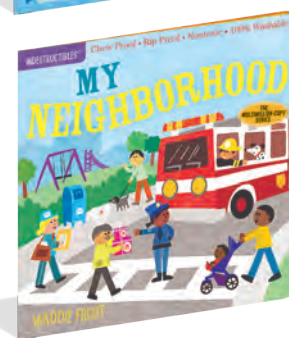


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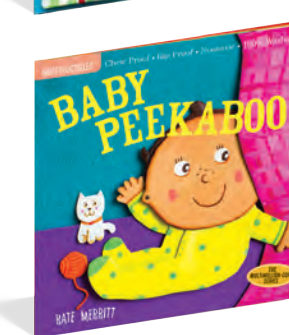
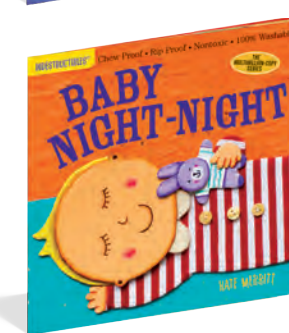
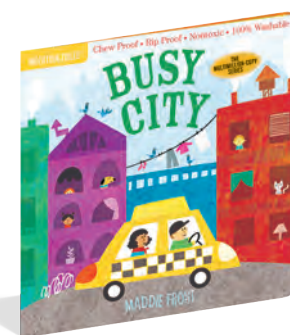
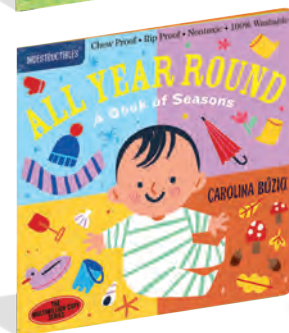
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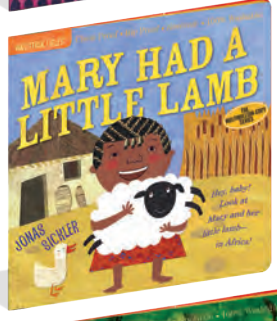
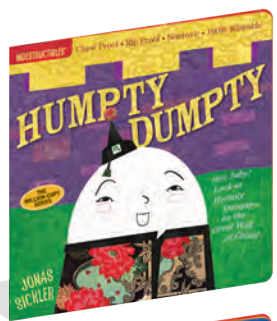
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ISBN: 978-0-7611-8719-6
No. 18719
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ISBN: 978-0-7611-9032-5
No. 29032



GOOD NIGHT, SPENCER A Spencer Bedtime Book Michelle Romo

Celebrate baby's nightly bedtime routine with Spencer, who knows the importance of winding down after an activity-packed day. We follow along as Spencer picks out his pajamas, splashes around in the bathtub

until he's squeaky clean, and chooses a bedtime story, and then comes the best moment: *After story time Mommy and Daddy tuck in Spencer and give him a kiss goodnight. Goodnight, Spencer!*
For ages 0-4.

Die-cut board book:
\$6.95/\$9.95 Can.
ISBN: 978-1-5235-1006-1
No. 101006
Full-color illustrations throughout;
16 pages; 5" x 7½"



SPENCER LOVES YOU A Spencer Love Book Michelle Romo

Spencer loves spending time with his family, and kids will love reading along as Spencer reads with mommy, bakes with his sister, plays with his brother, spends time outdoors with his grandparents, and watches his beloved goldfish Bloop-Bloop swim. With Spencer,

young children will feel like they have a new friend.
For ages 0-4.

Die-cut board book:
\$6.95/\$9.95 Can.
ISBN: 978-1-5235-1007-8
No. 101007
Full-color illustrations throughout;
16 pages; 5" x 7½"

8-copy mixed counter display:
\$55.60/\$79.60 Can.
ISBN: 978-1-5235-1375-8
No. 221375



MY BOOK OF BEAUTIFUL OOPS! A Scribble It, Smear It, Fold It, Tear It Journal for Young Artists Barney Saltzberg

A hands-on journal that's meant to be personalized—drawn in, painted on, torn up, smudged, or otherwise artistically wrecked—*My Book of Beautiful Oops!* is filled with folded, crumpled, die-cut, and lift-the-flap pages that will challenge the reader's sense of play. A celebration of imagination, play, and the courage to express oneself.

For ages 3 and up.

Paper over board:
\$15.95/\$21.95 Can.
ISBN: 978-0-7611-8950-3
No. 18950
Full-color illustrations throughout with interactive features;
52 pages; 6¾" x 6¾"
8-copy counter display:
\$127.60/\$175.60 Can.
ISBN: 978-1-5235-0101-4
No. 220101



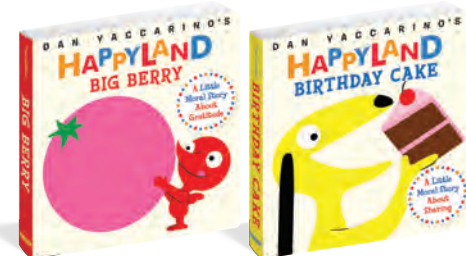
BEAUTIFUL OOPS! Barney Saltzberg

"*Beautiful Oops!* is funny and fun and is the best gift to give anyone, any age, anywhere, anytime."—*Jamie Lee Curtis*

A life lesson that all parents want their children to learn: It's OK to make a mistake. In fact, hooray for mistakes! A mistake is an adventure in creativity, a portal to discovery. A singular work of creativity, and paper engineering, *Beautiful Oops!* is filled with pop-ups, lift-the-flaps,

tears, holes, even an accordion "telescope"—each demonstrating the magical transformation from blunder to wonder.
For ages 3 and up.
640,000 copies in print.

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\$16.95/\$22.95 Can.
ISBN: 978-0-7611-5728-1
No. 15728
Full color with interactive pop-ups; 28 pages; 7" x 7"
8-copy counter display:
\$135.60/\$183.60 Can.
ISBN: 978-0-7611-6179-0
No. 26179



DAN YACCARINO'S HAPPYLAND Big Berry: A Little Moral Story About Gratitude • Birthday Cake: A Little Moral Story About Sharing

There's nothing more important for kids entering preschool than to be emotionally ready—ready to separate from their parents, to mix and play with new children, to broaden their sense of the world. *Happyland*, a board book series from award-winning children's author Dan Yaccarino, introduces three friends in a series of delightful adventures that each teach a lesson in emotional intelligence: In *Big Berry*, Bink's desire for the biggest berry grows ever stronger—until she grabs the very largest, which is so big it rolls away

and disappears. If only she'd been happy with the normal-sized berry. *Birthday Cake* tackles the ever-important issue of sharing, as Clyde learns it's as much fun to give as it is to receive.
For ages 0-4.

Board book: \$5.95/\$8.95 Can. each
Full-color illustrations throughout; 5¼" x 5¼"

BIG BERRY
ISBN: 978-0-7611-8736-3
No. 18736
24 pages

BIRTHDAY CAKE
ISBN: 978-0-7611-8734-9
No. 18734
22 pages



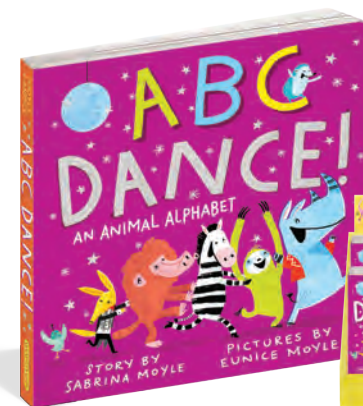
MOVE! Lolly Hopwood and YoYo Kusters; Illustrated by Luke Flowers

Move! is unique—a board book that combines imaginative play with movement. Hold it up to your face like a big pair of jaws and ROAR like a dinosaur. Hold on tight and SPIN like a flying saucer. *Move!* will excite the imaginations and inspire the movements of kids and parents alike. Lively rhyming text and colorful illustrations

prompt young readers to perform physical activities utilizing the book's die-cut holes and handles.
For ages 3-6.
152,000 copies in print.

Board book with die-cut holes and handles:
\$12.95/\$17.95 Can.
ISBN: 978-0-7611-8733-2
No. 18733
Full-color illustrations throughout;
32 pages; 7" x 7"

HELLO!LUCKY



ABC DANCE! An Animal Alphabet Sabrina Moyle and Eunice Moyle

Shake your boots with newts, rock out with rhinos, slide with sloths! Eunice Moyle and Sabrina Moyle, the sister team behind the award-winning design studio Hello!Lucky, take little readers on the most raucously fun dance through the alphabet, teaching them their ABCs while encouraging a lively romp through a

world of bright colors, zippy language, and the most appealing animals.
For ages 0-4.
56,000 copies in print.

Board book with foil on cover:
\$7.95/\$10.95 Can.
ISBN: 978-1-5235-0746-7
No. 100746
Four-color illustrations throughout; 26 pages; 7" x 7"



CRINKLE, CRINKLE, LITTLE STAR Justin Krasner; Illustrated by Emma Yarlett

Take an interactive journey through the night sky in this innovative, tactile board book. With its full-spread illustrations of constellations and a beloved bedtime lullaby reimagined, *Crinkle, Crinkle, Little Star* is the perfect book to rock babies to sleep. In a special treat, create a crinkling sound by tracing the channel of shimmering material underneath the last illustration in the book. That same compelling crinkling

sound persists when baby and parents rub the crinkly material on the back cover.
For ages 0 and up.
54,000 copies in print.

Board book:
\$12.95/\$15.95 Can.
ISBN: 978-1-5235-0120-5
No. 100120
Full-color illustrations throughout;
16 pages; 7" x 7"
6-copy counter display:
\$77.70/\$95.70 Can.
ISBN: 978-1-5235-0256-1
No. 220256



OAKLEY THE SQUIRREL: THE SEARCH FOR Z A Nutty Alphabet Book Nancy Rose

A nutty conceit, a retro aesthetic, a delicious sense of language: meet Little Oakley as he embarks on a quest to find the letter Z. He searches through an alphabet of human objects—looks beneath the bed, claws through the closet, digs through drawers, and so on. The images are quirky, crafty, and irresistible. Nancy Rose, the photographer and author, handmakes the squirrel-scale sets and props and lures

wild squirrels into them using strategically placed peanuts. As the squirrels search for the nuts, Nancy snaps the perfect shot.
For ages 0 and up.

Board book: \$7.95/\$10.95 Can.
ISBN: 978-1-5235-1041-2
No. 101041
Full-color photos throughout;
30 pages; 7" x 7"
6-copy counter display:
\$47.70/\$65.70 Can.
ISBN: 978-1-5235-1376-5
No. 221376

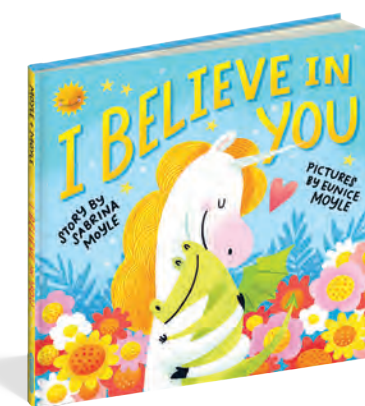


GOOD NIGHT, BABOON! A Bedtime Counting Book Sabrina Moyle and Eunice Moyle

This exuberant board book from the sister team of Hello!Lucky is a bright and lively twist on a numbers book that counts down from pure chaos—10 big baboons get ready for bed! 1 baby baboon stays up instead!—to the moment everyone is waiting for: 2 lazy llamas all tucked in snug. Now, look who's ready for 1 big hug!

For ages 0-4.

Board book:
\$7.95/\$10.95 Can.
ISBN: 978-1-5235-0747-4
No. 100747
Five-color illustrations throughout;
22 pages; 7" x 7"
8-copy mixed counter display:
(4 each of ABC Dance and Good Night, Baboon)
\$63.60/\$87.60
ISBN: 978-1-5235-1135-8
No. 221135



I BELIEVE IN YOU Sabrina Moyle and Eunice Moyle

Maybe it's the first day of school. A music recital. Trying out for a team. *I Believe in You* is the book for just that moment when a child needs a little extra encouragement. Created by Sabrina Moyle and Eunice Moyle, the dynamic sister team behind the award-winning design studio Hello! Lucky, it is the irresistibly sweet story of a little dragon and a unicorn who offers the

dragon unconditional support and motivation as he learns to spread his wings and fly.
For ages 3-8.

Paper over board:
\$12.95/\$17.95 Can.
ISBN: 978-1-5235-0748-1
No. 100748
Full-color illustrations throughout;
32 pages; 8" x 8"
6-copy counter display:
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ISBN: 978-1-5235-1172-3
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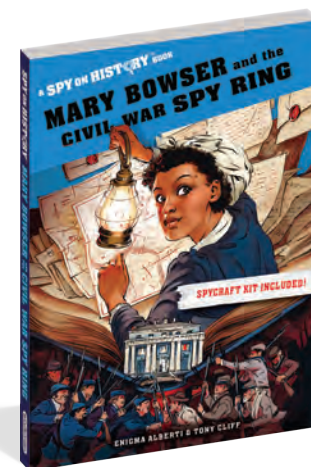
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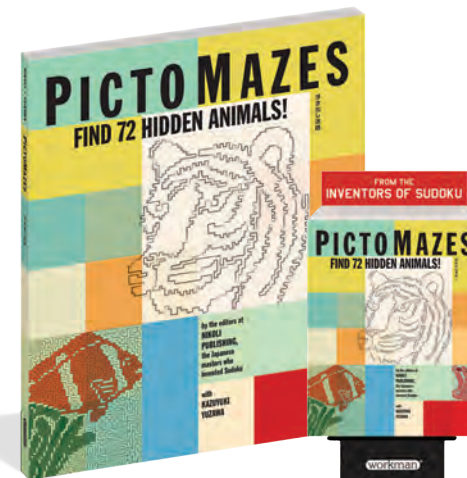
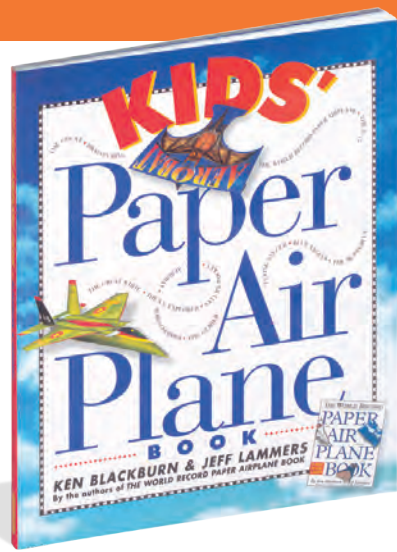
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Created with Puzzability, the puzzle-writing company who wrote *The Brainiest Insanest Ultimate Puzzle Book!*, here are 150 puzzles just for kids—in 17 cool and clever puzzle types, including Bunched Up (a mini-crossword), Monkey in the Middle (building a larger word out of two smaller words, with clues), Banana Pancakes (a stack of anagrams using letters in common),

and more. Rated one to four bananas in difficulty; answers included.
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Simple planes with bright, bold graphics; games and activities; and everything kids need to fold and fly.

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8-copy counter display: \$135.60/\$183.60 Can.
ISBN: 978-0-7611-4426-7
No. 24426

PICTOMAZES Find 72 Hidden Animals! Nikoli Publishing and Kazuyuki Yuzawa

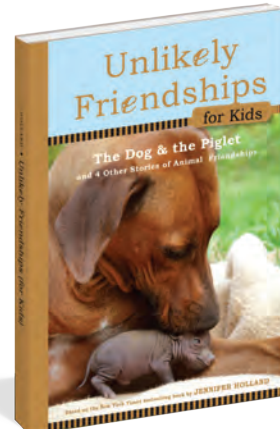
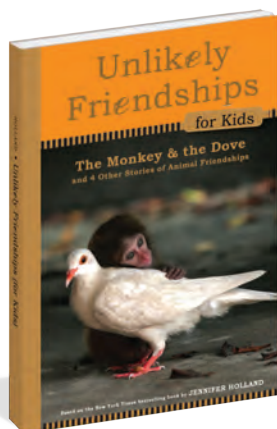
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WHO WINS? 100 Historical Figures Go Head-to-Head and You Decide the Winner! Clay Swartz; Illustrated by Tom Booth

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THE DOG & THE PIGLET
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No. 17012
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UNLIKELY FRIENDSHIPS See page 84.

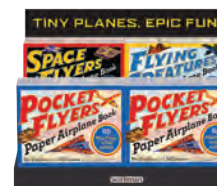


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Welcome to the world of miniature aviation—for the office, backyard, or classroom (don't get caught!). Each title features 12 Lilliputian models to create 63-69 planes altogether, and includes step-by-step folding instructions plus tips on how to send them soaring at their full aerodynamic potential.

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No. 100204
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FLYING CREATURES PAPER AIRPLANE BOOK
ISBN: 978-0-7611-9380-7
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SPACE FLYERS PAPER AIRPLANE BOOK
ISBN: 978-0-7611-9379-1
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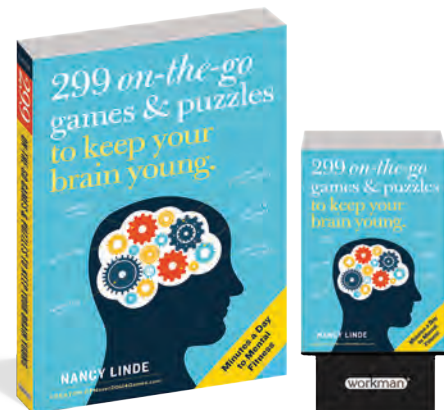
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10-copy counter display: \$89.50/\$119.50 Can.
ISBN: 978-0-7611-5936-0
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For information about purchasing the Bananagrams! game, visit bananagrams.com.



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Two color with illustrations and photos throughout; 368 pages; 5" x 7"

5-copy counter display: \$74.75/\$99.75 Can.
ISBN: 978-1-5235-0930-0
No. 220930

399 GAMES, PUZZLES & TRIVIA CHALLENGES SPECIALLY DESIGNED TO KEEP YOUR BRAIN YOUNG

Nancy Linde; Foreword by Daniel G. Amen, MD

Cross-train the brain with games that stimulate the formation of neurons—literally, regrow the brain. This lively mix of challenges, riddles, and brainteasers is designed to work the six key areas of cognitive function that are vulnerable in normal aging: long-term memory, working memory, executive functioning, attention

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No. 16825

Two color; illustrations throughout; 424 pages; 7 1/4" x 9 1/4"

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Nancy Linde; Introduction by Philip D. Harvey, PhD

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Best of all they're fun—this is the kind of exercise that you'll want to do—and all it takes is 10 to 15 minutes a day for a full workout.
100,000 copies in print.

Paper: \$16.95/\$22.95 Can.
ISBN: 978-0-7611-8740-0
No. 18740

Two color with illustrations and photos throughout; 424 pages; 7 1/4" x 9 1/4"



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Ivan Moscovich

Now in a portable 4" x 6" format, here are more than 500 full-color puzzles from the original *Big Book of Brain Games*. These are mental games, visual challenges, logic posers, riddles, and illusions, each designed to stretch neurons and give the brain a workout.

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THE LITTLE BOOK OF BIG WORD PUZZLES

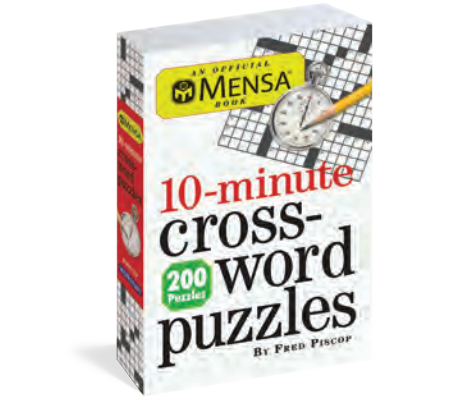
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Published in visually striking full color, here are over 400 inventive and truly challenging word games and puzzles designed to stretch the mind and even increase vocabulary. The book

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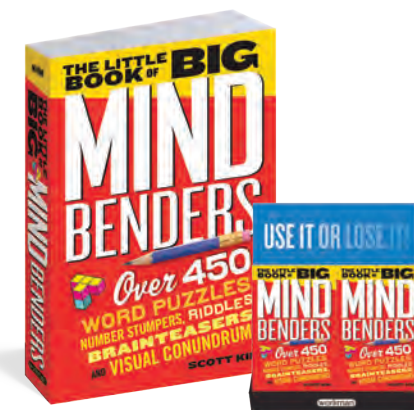
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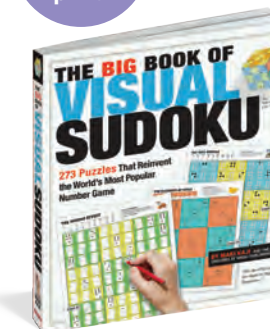
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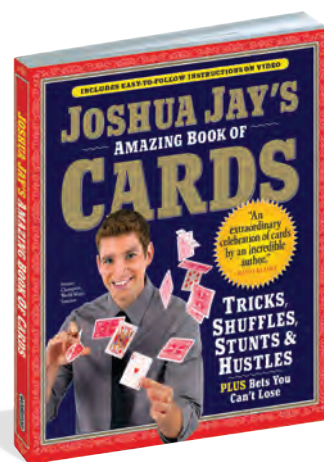
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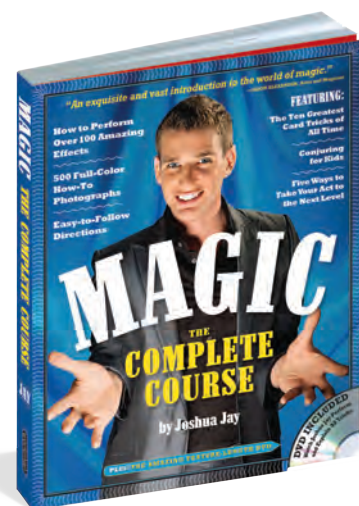
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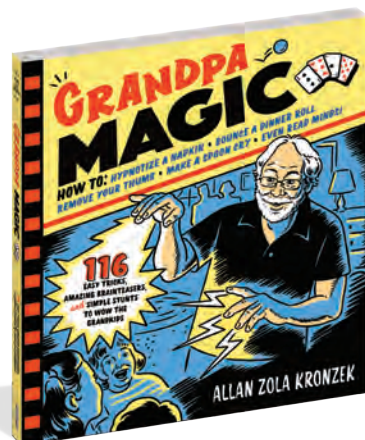
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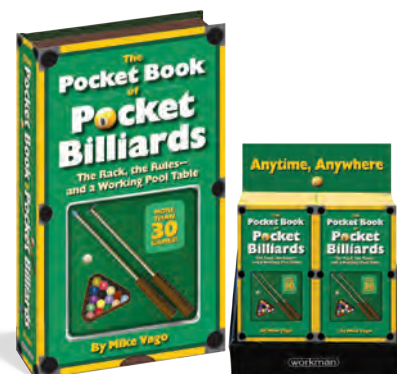
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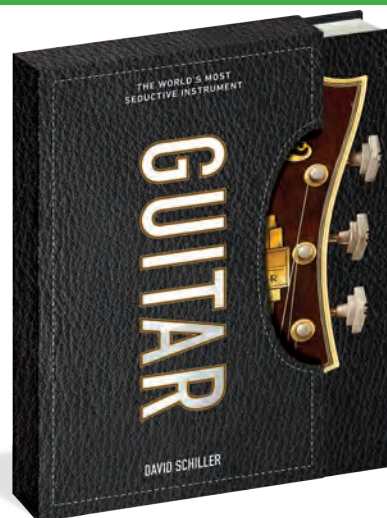
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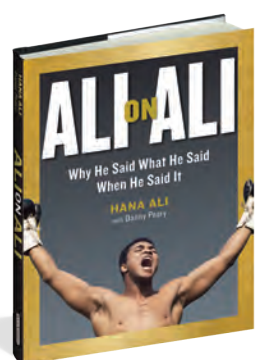


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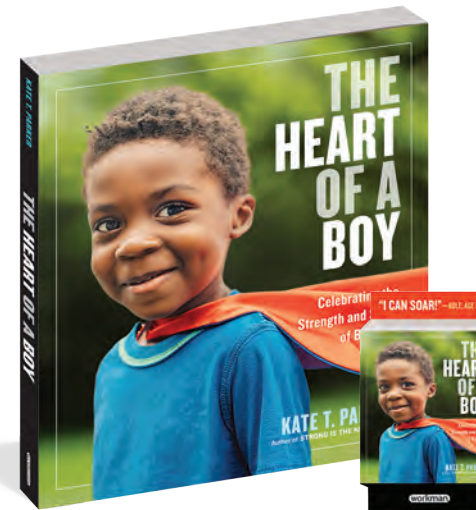
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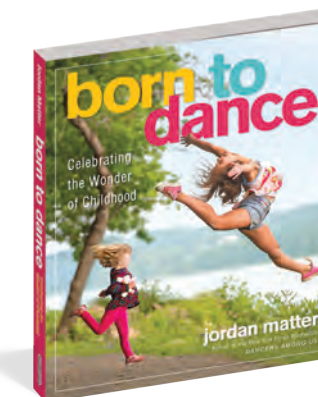


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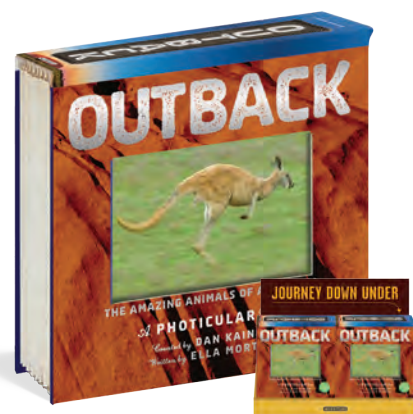


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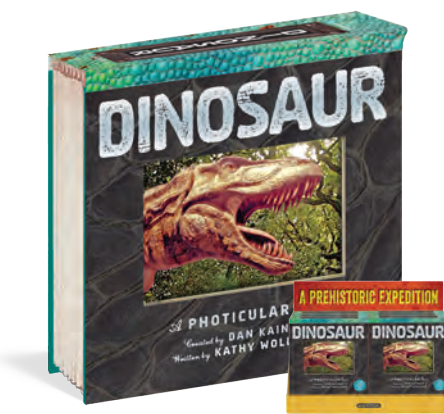
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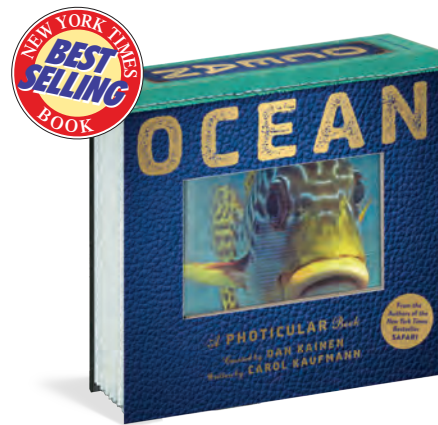
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▲ 16-copy Ocean floor display: \$431.20/\$575.20 Can. ISBN: 978-0-7611-8246-7 No. 28246



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▲ 6-copy Jungle counter display: \$161.70/\$197.70 Can. ISBN: 978-0-7611-9204-6 No. 29204



▲ 6-copy Wild counter display: \$161.70/\$209.70 Can. ISBN: 978-1-5235-0217-2 No. 220217

Also Available

16-copy mixed floor display: (3 each of SAFARI, DINOSAUR; 2 each of JUNGLE, WILD, OUTBACK, POLAR, OCEAN) \$431.20/\$575.20 Can. ISBN: 978-1-5235-0431-2 No. 220431

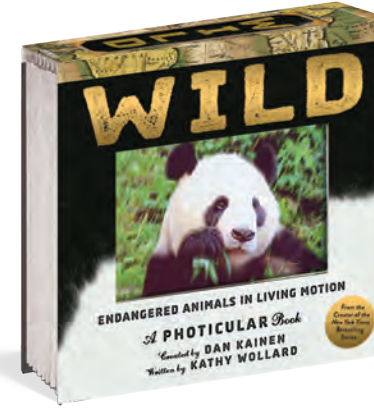


JUNGLE A Photicular Book Created by Dan Kainen; Written by Kathy Wollard

Trek into the wild heart of the rain forest and discover a world teeming with life. Jungles are home to more than half the world's plants and animals. Watch a tarantula scuttle across the forest floor. A dancing whipsnake flicks its tongue. A Bengal tiger on the prowl, and a macaw soar above the canopy.

The opening essay celebrates the jungle's riches and vulnerabilities, and a profile accompanies each animal featured. *319,000 copies in print.*

Paper over board: \$26.95/\$32.95 Can.
ISBN: 978-0-7611-8953-4
No. 18953
 Full color; 8 Photicular images; 24 pages; 8" x 8"



WILD Endangered Animals in Living Motion: A Photicular Book Created by Dan Kainen; Written by Kathy Wollard

Come face to face with our vanishing wildlife. Gorillas at play. An albatross swooping its magnificent wings. A hovering bumblebee, among the most critical of threatened animals. *Wild* turns abstract numbers and names into touching and unforgettable images. An opening essay explores the environmental and

economic threats to animal populations and how conservationists are working to slow—and reverse—the damage. Profiles of each animal accompany the images. *251,000 copies in print.*

Paper over board: \$26.95/\$34.95 Can.
ISBN: 978-1-5235-0147-2
No. 100147
 Full color; 8 Photicular images; 24 pages; 8" x 8"

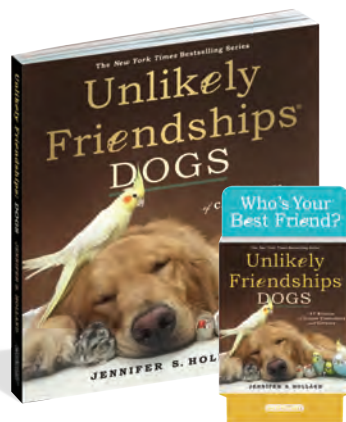
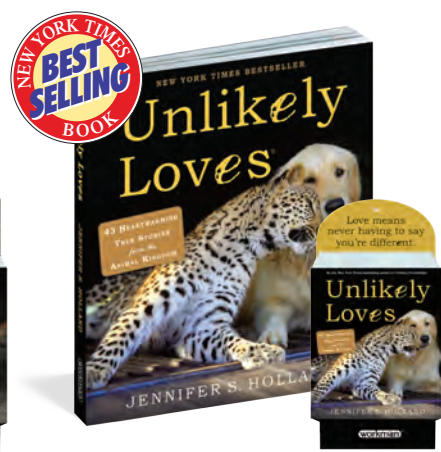
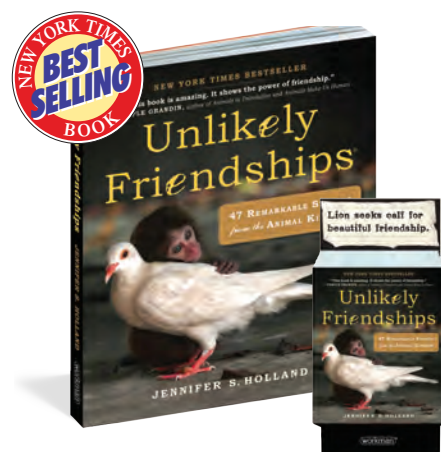


LIFE IN THE SLOTH LANE Slow Down and Smell the Hibiscus Lucy Cooke

Is there a reason sloths are always smiling? Perhaps it's because they've mastered the art of taking it slow in a world whose frenzied pace is driving the rest of us crazy. Here, heart-tuggingly cute photographs of these always-chill creatures are paired with words of wisdom, all to inspire us to slow down, stop to smell our own version of hibiscus, and come up

relaxed, centered, and smiling, too. *174,000 copies in print.*

Paper over board: \$12.95/\$17.95 Can.
ISBN: 978-0-7611-9322-7
No. 19322
 Full-color photos throughout; 144 pages; 6" x 6"
6-copy counter display: \$77.70/\$107.70 Can.
ISBN: 978-1-5235-0408-4
No. 220408



UNLIKELY FRIENDSHIPS® 47 Remarkable Stories from the Animal Kingdom Jennifer S. Holland

Here are animals who bond in the most unexpected ways: a cat and a bird. An elephant and a sheep. Koko the gorilla and All Ball the kitten, and the hippo Owen and the tortoise Mzee.

956,000 copies in print.

Paper with flaps: \$13.95/\$18.95 Can. ISBN: 978-0-7611-5913-1 No. 15913
Four-color photos throughout; 224 pages; 7" x 8"
6-copy counter display: \$83.70/\$113.70 Can. ISBN: 978-0-7611-6508-8 No. 26508

UNLIKELY LOVES® 43 Heartwarming True Stories from the Animal Kingdom Jennifer S. Holland

Love means never having to say you're different. Here are stories of parental love between species, like the dalmatian who mothers a newborn lamb.

321,000 copies in print.

Paper with flaps: \$13.95/\$18.95 Can. ISBN: 978-0-7611-7442-4 No. 17442
Four-color photos throughout; 240 pages; 7" x 8"
6-copy counter display: \$83.70/\$113.70 Can. ISBN: 978-0-7611-7793-7 No. 27793

Also available:

- **UNLIKELY FRIENDSHIPS® CALENDAR** See Workman Calendar Catalog.
- **UNLIKELY FRIENDSHIPS® FOR KIDS** See page 74.

UNLIKELY FRIENDSHIPS®: DOGS 37 Stories of Canine Compassion and Courage Jennifer S. Holland

A heartwarming book that brings together dozens of new stories of canine kindness and courage. Meet Rex, a Belgian Malinois who learned to love and trust again through the improbable friendship of a goose. Popeye the Mastiff, who saved 17 terrified horses by nibbling at their hooves. These true stories of camaraderie, affection,

and remarkable bravery prove that dogs are every creature's best friend.
 182,000 copies in print.

Paper with flaps: \$13.95/\$18.95 Can. ISBN: 978-0-7611-8728-8 No. 18728
Full-color photos throughout; 248 pages; 7" x 8"
6-copy counter display: \$83.70/\$113.70 Can. ISBN: 978-0-7611-9022-6 No. 29022

CRAZY PLANT LADY Isabel Serna

You know you're a crazy plant lady when: Watering is a hobby. You can't resist a cute pot. Just looking at your plants brings happiness. An illustrated celebration of the plant lady lifestyle, this charming little book proves that plant love is the joy that keeps growing. Includes a sheet of stickers.

Paper over board: \$12.95/\$17.95 Can. ISBN: 978-1-5235-0537-1 No. 100537
Full-color illustrations throughout; 112 pages and 1 sticker sheet; 5 1/4" x 6"
8-copy counter display: \$103.60/\$143.60 Can. ISBN: 978-1-5235-0759-7 No. 220759

CRAZY CAT LADY Agnes Loonstra & Ester Scholten

CRAZY CAT LADY (noun): A badge of honor for people who know that cats are awesome.

Do you often wake up covered in cat hair? Do you keep accumulating more and more cats—then staying home Friday nights to cuddle with them? Proclaim your feline obsession proudly! Illustrated with cheeky mottoes, flowcharts, and fun facts throughout, this little book is an

affectionate tribute to cats and the cool ladies who love them. Includes a sheet of stickers.

Paper over board: \$12.95/\$17.95 Can. ISBN: 978-1-5235-0557-9 No. 100557
Full-color illustrations throughout; 112 pages and 1 sticker sheet; 5 1/4" x 6"
8-copy counter display: \$103.60/\$143.60 Can. ISBN: 978-1-5235-0758-0 No. 220758

MERMAID LIFE The Joy of Making Waves Christine De Carvalho

Ah, salty breezes, beach hair, the feeling of bare feet in warm sand. And that mer-mazing world under ocean waves. This endearing and beautiful guide, filled with quotes, mantras, and folklore, with mermaids of all shapes and sizes, with mermen and purrmaids and other underwater creatures, celebrates the joys of living your best mermaid life. Let currents guide your soul. Never allow anyone to burst your bubble. Remember that beauty is only scale deep. And always, seas the day.

Paper over board: \$12.95/\$17.95 Can. ISBN: 978-1-5235-1073-3 No. 101073
Full-color illustrations throughout; 112 pages and 1 sticker sheet; 5 1/4" x 6"
8-copy counter display: \$103.60/\$143.60 Can. ISBN: 978-1-5235-1158-7 No. 221158



Plush Pairs



The Cockatoo and the Cat

The Orangutan and the Kitten

The Sled Dog and the Polar Bear

UNLIKELY HEROES 37 Inspiring Stories of Courage and Heart from the Animal Kingdom Jennifer S. Holland

These 37 stories of true grit show animals who go above and beyond. Animals whose quick acts have saved lives, like the pod of dolphins that shielded a group of swimmers from a great white shark. And animals who unselfishly give, like the shar-pei mix who acted as surrogate mom to hundreds of cats and kittens.

186,000 copies in print.
Paper with flaps: \$13.95/\$18.95 Can. ISBN: 978-0-7611-7441-7 No. 17441
Full-color photos throughout; 256 pages; 7" x 8"
6-copy counter display: \$83.70/\$113.70 Can. ISBN: 978-0-7611-8259-7 No. 28259



The Leopard and the Cow



The Lion, the Tiger, and the Bear

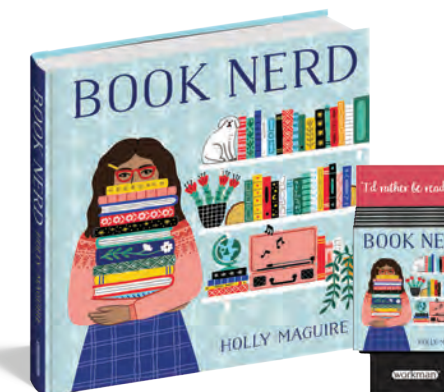
Unlikely Friendships plush pairs are available from Wild Republic. To place an order, contact customerservice@wildrepublic.com or call 800-800-9678.



DOG MOM A Love Story Isabel Serna

A perfect gift for the millions of proud, loving, totally obsessed women in the world who share the love with the hashtag #dogmom, here is the little book that gets it. That celebrates the special way a dog mom is careful to spell out "W-A-L-K" so as not to overexcite your pet; who accepts that an ice cream cone is never just for one; and who masters all the different petting techniques. Beautifully illustrated in a bright,

vibrant, and emotionally rich way by Isabel Serna, it's the beautiful work of one who clearly knows the unique bond between woman and dog.
Paper over board: \$12.95/\$17.95 Can. ISBN: 978-1-5235-0810-5 No. 100810
Full-color illustrations throughout; 112 pages and 1 sticker sheet with foil accents; 5 1/4" x 6"
8-copy counter display: \$103.60/\$143.60 Can. ISBN: 978-1-5235-1085-6 No. 221085



BOOK NERD Holly Maguire

Book nerds rule! And what better gift than this celebration of the passion that separates a book nerd from the average person who likes to read. Sweet, affectionate, understanding, and clever, *Book Nerd* is filled with bright, playful, intricately detailed illustrations and wonderful mottoes, definitions, relatable moments, and more. A book nerd belongs to more than one library. Never once thought the

movie was better. And wears a T-shirt that says—what else?—"Too many books, too little time."
Paper over board: \$12.95/\$17.95 Can. ISBN: 978-1-5235-1026-9 No. 101026
Full-color illustrations throughout; 112 pages and 1 sticker sheet with foil accents; 5 1/4" x 6"
6-copy counter display: \$77.70/\$107.70 Can. ISBN: 978-1-5235-1165-5 No. 221165





A BOOK ABOUT MOM WITH WORDS AND PICTURES BY ME
A Fill-in Book with Stickers! Illustrated by Irena Freitas

Sweet, lively, and engaging, this unique fill-in book invites kids to be author and illustrator and create a one-of-a-kind gift for Mom. Every page has a heartwarming, imaginative (and sometimes cheeky!) prompt—a sentence to finish or an illustration to complete—to help kids capture everything they know and love about their parent, from

their favorite things to do together to what kind of pizza topping they would be. A sheet of illustrated stickers gives kids even more ways to customize their book! The end result? A treasured keepsake of a gift, perfect for Mother's Day, Christmas, a birthday, or any special occasion.
For ages 5 and up.

Paper over board with die-cut cover: \$9.95/\$12.95 Can.
ISBN: 978-1-5235-1210-2
No. 101210
Full-color illustrations throughout; 56 pages; 7" x 9"
6-copy counter display: \$59.70/\$77.70 Can.
ISBN: 978-1-5235-1408-3
No. 221408

A BOOK ABOUT DAD WITH WORDS AND PICTURES BY ME
A Fill-in Book with Stickers! Illustrated by Irena Freitas

Sweet, lively, and engaging, this unique fill-in book invites kids to be author and illustrator and create a one-of-a-kind gift for Dad. Every page has a heartwarming, imaginative (and sometimes cheeky!) prompt—a sentence to finish or an illustration to complete—to help kids capture everything they know and love about their parent, from

their favorite things to do together to what kind of pizza topping they would be. A sheet of illustrated stickers gives kids even more ways to customize their book! The end result? A treasured keepsake of a gift, perfect for Father's Day, Christmas, a birthday, or any special occasion.
For ages 5 and up.

Paper over board with die-cut cover: \$9.95/\$12.95 Can.
ISBN: 978-1-5235-1211-9
No. 101211
Full-color illustrations throughout; 56 pages; 7" x 9"
6-copy counter display: \$59.70/\$77.70 Can.
ISBN: 978-1-5235-1409-0
No. 221409



EVERY DAY IS EPIC Mary Kate McDevitt

Spark inspiration and self-discovery with a guided journal that makes each day feel epic. Featuring motivational illustrations and hand-lettering, here is an undated full year of drawings, prompts, and mood-boosting affirmations, all for a stylish new twist on the classic diary.
52,000 copies in print.

Paperback with lay-flat binding: \$16.95/\$22.95 Can.
ISBN: 978-0-7611-8940-4
No. 18940
Full-color illustrations throughout; 320 pages; 6 7/8" x 8 1/4"
6-copy counter display: \$101.70/\$137.70 Can.
ISBN: 978-1-5235-0246-2
No. 220246



THE BEST DAMN ANSWERS TO LIFE'S HARDEST QUESTIONS Tess Koman; Illustrated by Katie Vernon

Life is full of perplexing questions and complicated situations. These 54 fully illustrated flowcharts, lists, and rants will make anyone feel better.

Paper over board: \$12.95/\$18.95 Can.
ISBN: 978-1-5235-0145-8
No. 100145

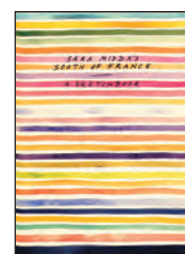
Full-color illustrations throughout; 112 pages; 7 1/4" x 6 3/4"
6-copy counter display: \$77.70/\$113.70 Can.
ISBN: 978-1-5235-0561-6
No. 220561



A BOWL OF OLIVES Sara Midda

Salad from the garden. A picnic on the beach. The perfect mug. This work of watercolors celebrates all things food and cooking. It is a book layered with memories, impressions, and recipes.

Jacketed hardcover with a cloth case and ribbon marker: \$18.95/\$25.95 Can.
ISBN: 978-0-7611-4526-4
No. 14526
Full-color illustrations throughout; 128 pages; 5" x 7"



SARA MIDDA'S SOUTH OF FRANCE A Sketchbook Sara Midda

A wondrous sketchbook from a year spent in the South of France—an artist's personal journal with drawings and thoughts captures the whole feeling of Provence and the Côte d'Azur.
130,000 copies in print.

Hardcover: \$22.95/\$29.95 Can.
ISBN: 978-0-89480-763-3
No. 1763
Full-color paintings throughout; 144 pages; 5" x 7"



AN INVITATION TO DREAM
A Bedtime Companion to Fill Your Sleep with Wonder

Enter a portal to an enchanting world. Pairing words from poets and writers with lush, romantic images—of dusky forests and secret paths—each page of this soothing bedside companion is created to inspire deep, nourishing sleep, putting mind and body at ease while inspiring your

imagination to reflect, to wander, to dream.

Paper over board: \$12.95/\$17.95 Can.
ISBN: 978-1-5235-0473-2
No. 100473
Full-color photos throughout; 160 pages; 6" x 7"
6-copy counter display: \$77.70/\$107.70 Can.
ISBN: 978-1-5235-0560-9
No. 220560



YOU ARE DOING A FREAKING GREAT JOB.
And Other Reminders of Your Awesomeness

The perfect gift—because we all know someone who deserves a special *thank-you!* A companion to *Think Happy, Be Happy*, here's a vibrant, colorful, pocket-size book of encouragement. Created by more than 20 artists and designers, this powerful little book is filled with nearly 200 uplifting and inspiring quotes, lyrics, and words of advice rendered in

original hand-lettered art.
324,000 copies in print.

Paper: \$9.95/\$12.95 Can.
ISBN: 978-0-7611-8447-8
No. 18447
Full-color illustrations throughout; 400 pages; 4 1/4" x 4 1/4"
6-copy counter display: \$59.70/\$77.70 Can.
ISBN: 978-0-7611-8473-7
No. 28473



SISTERS Better Together Alice and Doris Lieu

No one greeting card can do justice to the fierce, authentic, and—no matter what—complex bond that forms between sisters. Enter *Sisters*, the perfect tribute one sister can give another to say how much she appreciates her. Filled with bright, bold artwork, funny, engaging text, and lots of attitude, it includes words to live by: *A sister is . . . someone who helps you put sunblock in the*

hard-to-reach spots and tells you when you've got white streaks all over your face. Plus fill-in prompts, Things Only a Sister Knows, and more.

Paper over board: \$12.95/\$17.95 Can.
ISBN: 978-1-5235-1123-5
No. 101123
Full-color illustrations throughout; 112 pages; 5 1/2" x 7 1/2"
8-copy counter display: \$103.60/\$143.60 Can.
ISBN: 978-1-5235-1377-2
No. 221377



THINK HAPPY, BE HAPPY
Art, Inspiration, Joy

The gift of art, the gift of inspiration, the gift of joy. This dynamic illustrated book is a perfect upbeat gift, brimming over with encouragement and wisdom and delivered with a fresh, modern twist. Here are dozens of spirited quotes brought to life with vibrant original graphics and lettering by more than 30 contributing artists, plus happiness-inducing

playlists, top-ten lists, crafts, and simple recipes. (Watermelon Mint Ice Pop, anyone?)
289,000 copies in print.

Paper: \$9.95/\$12.95 Can.
ISBN: 978-0-7611-7757-9
No. 17757
Full-color illustrations throughout; 400 pages; 4 1/4" x 4 1/4"
8-copy counter display: \$79.60/\$103.60 Can.
ISBN: 978-0-7611-7790-6
No. 27790

YOU DON'T HAVE TO BE EVERYTHING Poems for Girls Becoming Themselves Edited by Diana Whitney

Created and compiled for young women, *You Don't Have to Be Everything* is filled with work by a wide range of celebrated female poets who are honest, unafraid, and so wonderfully skillful at addressing the complex feelings of coming-of-age—loneliness, longing, doubt, fear, sadness, anger, a need for approval, and an attitude that pretends none of it matters. But also joy, hope, celebration, solace, and all the good things poetry brings, including humor.

For ages 12 and up.

Paperback with flaps: \$14.95/\$19.95 Can.
ISBN: 978-1-5235-1099-3
No. 101099
Full-color illustrations throughout; 176 pages; 5 1/2" x 8 1/4"
5-copy counter display: \$74.75/\$99.75 Can.
ISBN: 978-1-5235-1366-6
No. 221366





DIRECTIONS Really Good Advice for Getting from Here to There Hallie Bateman

Sometimes we all need a little direction in life, whether it's to see a problem from a new perspective, confirm a gut feeling, or just remember that, yes, we're all in this together. Hand-lettered by the author on scraps of colorful paper and with the author's humorous illustrations throughout, *Directions* is a book of inspiration and clarity and a perfect antidote to our often confusing and challenging

times. On each page is an observation, an aha moment, or a well-worded reminder—advice that can get you through a lot.

Paper over board: \$12.95/\$17.95 Can. ISBN: 978-1-5235-1005-4 No. 101005
Full-color illustrations throughout; 128 pages; 5" x 7"
6-copy counter display: \$77.70/\$107.70 Can. ISBN: 978-1-5235-1365-9 No. 221365



REALLY IMPORTANT STUFF MY DOG HAS TAUGHT ME Cynthia L. Copeland

Dogs teach us to greet every morning with enthusiasm and optimism, to love completely and forgive easily, to know when to run and when to rest. They show us that every day is a gift, and every meal the best meal ever. Every page of this tender, inspiring book delivers a life lesson that appeals as much to our hearts as our minds.

163,000 copies in print.

Paper with flaps: \$12.95/\$17.95 Can. ISBN: 978-0-7611-8179-8 No. 18179
Full-color photos throughout; 176 pages; 7" x 6 1/4"
8-copy counter display: \$103.60/\$143.60 Can. ISBN: 978-0-7611-8249-8 No. 28249



REALLY IMPORTANT STUFF MY CAT HAS TAUGHT ME Cynthia L. Copeland

Like fluffy philosophers, cats inspire us to leap fearlessly forward as if we too had nine lives. In this book of pure wisdom and delight, filled with unforgettable life lessons, words and pictures are paired to remind us of what's important in life: curiosity, confidence, independence, a sense of adventure, and fearlessness.

163,000 copies in print.

Paper with flaps: \$12.95/\$17.95 Can. ISBN: 978-1-5235-0148-9 No. 100148
Full-color photos throughout; 176 pages; 7" x 6 1/4"
8-copy counter display: \$103.60/\$143.60 Can. ISBN: 978-1-5235-0245-5 No. 220245



100 ILLUSTRATED BIBLE VERSES Inspiring Words. Beautiful Art.

Bible verses, a timeless source of guidance, peace, and rejuvenation, are here given a very special treatment: illustrated in colorful letterpress styles that bring each word to life in a fresh and meaningful way. The verses are drawn from seven translations and arranged in order. Beginning with Genesis 1:1, these are 100 of the most distinctly and discretely meaningful passages of the Old and New Testaments, made even more powerful

through the transformative lens of art. It's a book of comfort. A book of wisdom. A book to give to loved ones for any occasion.

123,000 copies in print.

Paper with flaps and ribbon marker: \$12.95/\$17.95 Can. ISBN: 978-0-7611-8566-6 No. 18566
Full-color illustrations throughout; 208 pages; 6" x 6"
8-copy counter display: \$103.60/\$143.60 Can. ISBN: 978-0-7611-8695-3 No. 28695



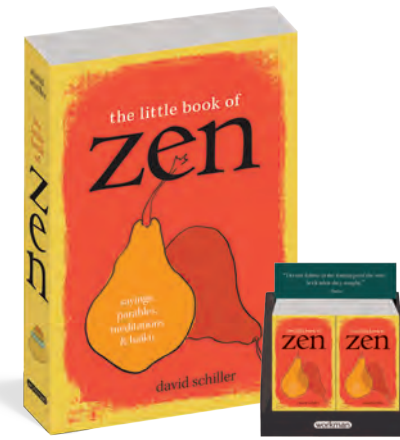
WE ARE SO BLESSED Illustrated Reminders of God's Grace

The wisdom of the Christian faith gets a reverent and radiant new treatment in *We Are So Blessed*, which pairs inspiring words with contemporary, vibrant graphics and gorgeous hand-lettering by 25 artists. A gift for prayer, worship, meditation, and everyday devotion, here are 100 beautiful expressions that celebrate the grace of God, including affirmations to soothe the soul, biblical verses from Old and New Testaments,

and beloved psalms, prayers, and hymns, quotations, and more, all made more powerful through the transformative lens of art.

51,000 copies in print.

Paper with flaps and ribbon marker: \$12.95/\$17.95 Can. ISBN: 978-1-5235-0117-5 No. 100117
Full-color illustrations throughout; 208 pages; 6" x 6"
8-copy counter display: \$103.60/\$143.60 Can. ISBN: 978-1-5235-0241-7 No. 220241



THE LITTLE BOOK OF ZEN Sayings, Parables, Meditations & Haiku David Schiller

Revised and updated with a new cover and trim size, the national bestseller *The Little Zen Companion*, with 516,000 copies in print, is reimagined for a new generation of seekers. A perfect gift of discovery, it celebrates ideas drawn from Zen Buddhism that have tremendous currency today: mindfulness, meditation, compassion, and finding a deeper meaning in life—while quoting

everyone from Pema Chödrön to Leonard Cohen. And now with pen-and-ink illustrations for an additional layer of feeling and beauty.

Paper: \$10.95/\$14.95 Can. ISBN: 978-1-5235-1245-4 No. 101245
Two color with illustrations throughout; 372 pages; 4" x 6"
8-copy counter display: \$87.60/\$119.60 Can. ISBN: 978-1-5235-1367-3 No. 221367



LET'S BE WEIRD TOGETHER A Book About Love Brooke Barker and Boaz Frankel

Conversations made up entirely of inside jokes. Netflix passwords, bizarre dreams, even French fries—all shared without a second thought. From married weirdos Brooke Barker and Boaz Frankel, here's a relationship book that captures the rituals and mini universe (Population: 2) that every couple creates together, in a sweet, small package

with relatable humor, charming illustrations, and endearing quirkiness.

Paper over board: \$12.95/\$17.95 Can. ISBN: 978-1-5235-0773-3 No. 100773
Full-color illustrations throughout; 112 pages plus 1 sheet of temporary tattoos; 6" x 7"
6-copy counter display: \$77.70/\$107.70 Can. ISBN: 978-1-5235-0929-4 No. 220929



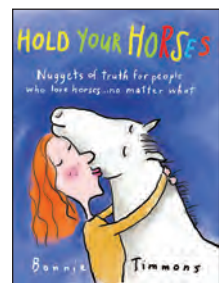
REALLY IMPORTANT STUFF MY KIDS HAVE TAUGHT ME Cynthia L. Copeland

This little book with a big heart combines life lessons from the mouths of children with joyful pictures.

To be fearless: *Jump right in or you may change your mind about swimming.* Embrace adversity: *The harder the wind blows, the higher your kite will fly.*

454,000 copies in print.

Paper with flaps: \$12.95/\$17.95 Can. ISBN: 978-0-7611-8551-2 No. 18551
Full-color photos throughout; 176 pages; 7" x 6 1/4"
8-copy counter display: \$103.60/\$143.60 Can. ISBN: 978-0-7611-8688-5 No. 28688

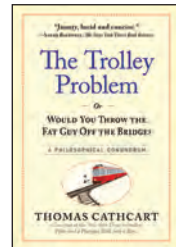


HOLD YOUR HORSES Bonnie Timmons

For girls who are mad about horses, here is a charming, wise, obsessive celebration of the bond between woman and horse.

140,000 copies in print.

Paper with flaps: \$12.95/\$17.95 Can. ISBN: 978-0-7611-1536-6 No. 11536
Four-color illustrations throughout; 144 pages; 6" x 8"



THE TROLLEY PROBLEM Thomas Cathcart

Comprised of a runaway trolley, a crew of five in its path, a lone worker on a spur track, and the power to change fate, the Trolley Problem has inspired decades of lively argument. Thomas Cathcart explores right and wrong, philosophy and ethics, intuition and logic, and more.

Paper over board: \$15.95/\$21.95 Can. ISBN: 978-0-7611-7513-1 No. 17513
144 pages; 5" x 7"



CHANGE HAPPENS A Compendium of Wisdom Kathryn & Ross Petras

Change happens, and when it does, this little book offers true support. So laugh at it, with George Carlin. Celebrate it, like Patti Smith and David Bowie. Grow with it, like Maya Angelou, Stephen Hawking, and many others.

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Barbara Ann Kipfer

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meaningful, and more fulfilling things instead.

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ISBN: 978-1-5235-0985-0
No. 100985
B/W illustrations throughout; 396 pages; 4" x 6"
8-copy counter display:
\$79.60/\$103.60 Can.
ISBN: 978-1-5235-1163-1
No. 221163



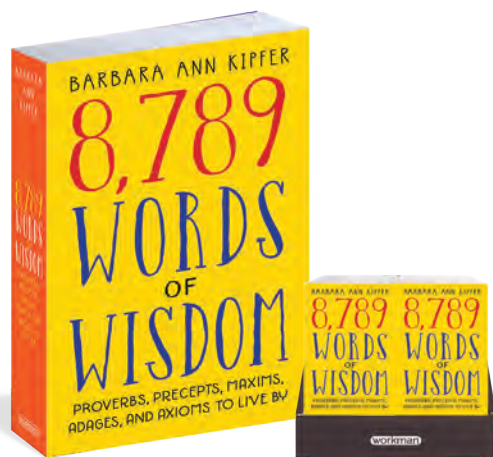
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ISBN: 978-0-7611-8180-4
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Illustrated; 624 pages; 4" x 6"
8-copy counter display:
\$79.60/\$103.60 Can.
ISBN: 978-0-7611-8263-4
No. 28263



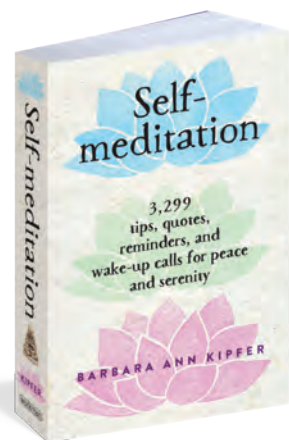
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No. 11730
Illustrations throughout; 624 pages; 4" x 6"
12-copy counter display:
\$119.40/\$155.40 Can.
ISBN: 978-0-7611-2409-2
No. 22409



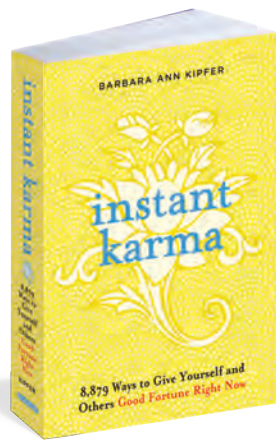
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Don't self-medicate—self-meditate. In the winningly positive way that's helped her books sell over 1.5 million copies, Barbara Ann Kipfer shows just how we can—and should—meditate anytime, anywhere. Drawn from spiritual practices as varied as

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ISBN: 978-0-7611-3928-7
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Two color; 432 pages; 4" x 6"



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Help others. Help yourself. Be a better person, and make the world a better place. Using the wisdom of the East to instruct and inspire, *Instant Karma* is a chunky little book of thousands of suggestions, wishes, thoughts, and the occasional heartening quotation. Filled with inspiration, it is the best

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ISBN: 978-0-7611-2804-5
No. 12804
Two color; 432 pages; 4" x 6"
8-copy counter display:
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ISBN: 978-0-7611-3031-4
No. 23031



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An inspirational to-do list, *The Wish List* sounds an irresistible call to get out there and start living. There are athletic wishes—learn to box—and epic wishes—retrace Odysseus' route around the Mediterranean. *The Wish List* is meant to plant seeds, jog us out of complacency, and articulate unspoken desires. *137,000 copies in print.*

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ISBN: 978-0-7611-0756-9
No. 10756
Illustrations throughout; 432 pages; 4" x 6"
8-copy counter display:
\$79.60/\$103.60 Can.
ISBN: 978-0-7611-1038-5
No. 21038

KATHRYN & ROSS PETRAS



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Inspiration for Living Your Truest Self Kathryn & Ross Petras

Do you ever feel a little different, a little quirky? From the connoisseurs of quotes, this inspiring collection of sayings celebrates the virtues of difference and embracing yourself as you are. With words from singers, poets, actors, activists, philosophers and more, it's a joyful reminder that the only approval you need is yours and yours alone.

Paper: \$10.95/\$14.95 Can.
ISBN: 978-1-5235-1212-6
No. 101212
Two color; 348 pages; 4" x 6"
8-copy counter display:
\$87.60/\$119.60 Can.
ISBN: 978-1-5235-1460-1
No. 221460

"AGE DOESN'T MATTER UNLESS YOU'RE A CHEESE."

Wisdom from Our Elders Kathryn & Ross Petras

Full of surprise and insight, "Age Doesn't Matter Unless You're a Cheese"—title courtesy of Billie Burke—shares the best things men and women over 60 have said about how to love, work, laugh, and live. Collected by Kathryn and Ross Petras, whose combined titles have over 5.6 million copies in print. *343,000 copies in print.*

Paper: \$9.95/\$12.95 Can.
ISBN: 978-0-7611-2518-1
No. 12518
Two color; 416 pages; 4" x 6"
8-copy counter display:
\$79.60/\$103.60 Can.
ISBN: 978-0-7611-2772-7;
No. 22772

"DANCE FIRST. THINK LATER."

618 Rules to Live By Kathryn & Ross Petras

"Dance First. Think Later." is a collection of the greatest life wisdom from an unexpected group of speakers, doers, and thinkers. There are 618 of the pithiest, wisest guidelines to this puzzling business of living, from poker pros and poets, boxers and moguls, philosophers, comedians, scientists, and writers. Honest, simple, and street-smart, these are deep and inspiring rules to live by. *217,000 copies in print.*

Paper: \$9.95/\$12.95 Can.
ISBN: 978-0-7611-6170-7
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Two color; 432 pages; 4" x 6"
10-copy counter display:
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ISBN: 978-0-7611-6387-9;
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"DON'T FORGET TO SING IN THE LIFEBOATS."

Uncommon Words for Dreamers & Doers Kathryn & Ross Petras

Uncommon times call for uncommon wisdom. It's inspiring to hear from people who've graduated from the school of hard knocks, yet kept a sense of humor. People like Mark Twain, Voltaire, Oscar Wilde. People who've been there, done that, and refuse to sugarcoat what they've learned. *143,000 copies in print.*

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Two color; 396 pages; 4" x 6"
8-copy counter display:
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ISBN: 978-0-7611-5536-2;
No. 25536

"IT ALWAYS SEEMS IMPOSSIBLE UNTIL IT'S DONE."

Motivation for Dreamers & Doers Kathryn & Ross Petras

Pursuing a dream is hard work. But the right words delivered at the right time, by people who've walked the walk, can give just the motivation we need. Here, from philosophers, jazz musicians, poets, scientists, athletes, and comedians, are hundreds of pithy words, thoughts, and ideas that, taken together, are like a rousing, inspiring locker-room speech. *167,000 copies in print.*

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ISBN: 978-0-7611-7988-7
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Two color; 396 pages; 4" x 6"
6-copy counter display:
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ISBN: 978-0-7611-8073-9;
No. 28073

"NOTHING IS WORTH MORE THAN THIS DAY."

Finding Joy in Every Moment Kathryn & Ross Petras

There is always something to celebrate. Lose sight of this fact, and life can seem a little dreary; be reminded of it, and suddenly joy returns. "Nothing Is Worth More Than This Day." presents hundreds of reminders from some of the smartest people who ever lived—writers, scientists, religious figures, actresses, artists, athletes, and more—that happiness is everywhere. *95,000 copies in print.*

Paper: \$9.95/\$12.95 Can.
ISBN: 978-0-7611-8608-3
No. 18608
Two color; 396 pages; 4" x 6"
8-copy counter display:
\$79.60/\$103.60 Can.
ISBN: 978-0-7611-9027-1;
No. 29027



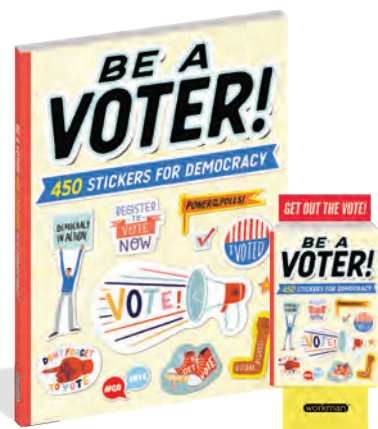
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BE A VOTER! 450 Stickers for Democracy Illustrations by Laci Jordan, Anne Passchier, Salini Perera, Justin Shiels, and Carolyn Suzuki

It's a sticker book with a mission: Get out the vote! Inspired by the stickers that polling places around the world give to voters once they cast a ballot, *Be a Voter!* offers 450 stickers that celebrate democracy, equality, and the precious right to vote. Use them to proclaim your own pride in the act of voting and to help spread the word to friends and family—even strangers you might

meet in a get-out-the-vote campaign—and encourage them to cast their ballots and have their voices heard.

Paper: \$9.95/\$12.95 Can.
ISBN: 978-1-5235-1284-3
No. 101284
Full-color sticker book; 25 sheets, 450 stickers; 5" x 7"
8-copy counter display: \$79.60/\$103.60 Can.
ISBN: 978-1-5235-1314-7
No. 221314

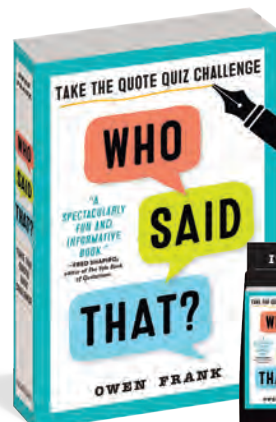


DON'T YOU JUST HATE THAT? Second Edition 947 of Life's Little Annoyances Scott Cohen

In 2004, Scott Cohen wrote *Don't You Just Hate That?*, a backlash gem. But while the rest of us moved on, occasionally muttering under our breath at all the things that aggravated us, Scott never stopped adding to his finely honed list, and voilà—an update with hundreds more of life's little annoyances, irritations, gripes, grievances, and petty pretensions. Like,

watching a movie with your parents that shows full-frontal nudity. People who view karaoke as their chance to shine. Pop-up ads that offer the removal of pop-up ads.

Paper: \$9.95/\$12.95 Can.
ISBN: 978-1-5235-0966-9
No. 100966
Two color; 372 pages; 4" x 6"
8-copy counter display: \$79.60/\$103.60 Can.
ISBN: 978-1-5235-1162-4
No. 221162

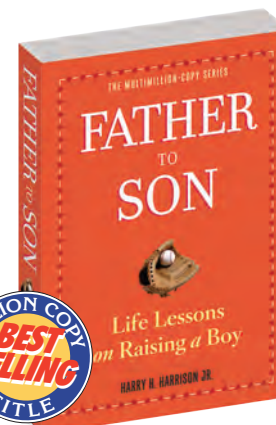


WHO SAID THAT? Take the Quote Quiz Challenge Owen Frank

Move over *Bartlett's!* With its hundreds of witticisms, musings, disses, words of inspiration, and canny observations, and wrapped up in the form of an addictive game with different ways to play, *Who Said That?* is the most fun you can have while actually getting smarter. Or to put it another way, where else would you find Einstein, Mother Teresa, Jay-Z, Bill Clinton, Patti Smith, Charlie Brown, Muhammad Ali, Lena

Dunham, Joan Didion, Oprah, and Henry David Thoreau all hanging out together? Each quiz's answer also includes information about the quote's speaker or its context.

Paper: \$9.95/\$12.95 Can.
ISBN: 978-1-5235-0678-1
No. 100678
Two color with illustrations throughout; 352 pages; 4" x 6"
8-copy counter display: \$79.60/\$103.60 Can.
ISBN: 978-1-5235-0925-6
No. 220925

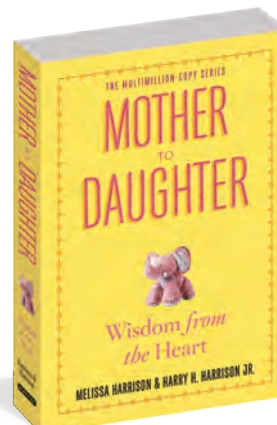


FATHER TO SON Life Lessons on Raising a Boy Harry H. Harrison Jr.

A little book of wisdom for fathers on raising boys, *Father to Son* is a guide to the joys and responsibilities of fatherhood. Divided into sections covering the different stages of a boy's life, the book features

one succinct lesson per page to guide, to remind, to teach, to inspire.
1,694,000 copies in print.

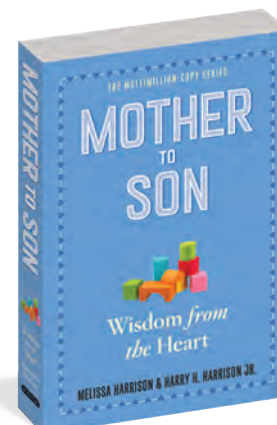
Paper: \$9.95/\$12.95 Can.
ISBN: 978-0-7611-7488-2
No. 17488
Two color; 324 pages; 4" x 6"



MOTHER TO DAUGHTER Wisdom from the Heart Melissa Harrison & Harry H. Harrison Jr.

She has an independent spirit to nurture, values to shape. And her mother is her guide. This pithy book of wisdom has sections on The Bonding Years, The Awkward Years, Girls and Success, and Girls and Boys.
412,000 copies in print.

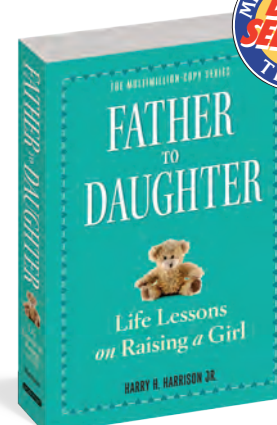
Paper: \$9.95/\$12.95 Can.
ISBN: 978-0-7611-7487-5
No. 17487
Two color; 384 pages; 4" x 6"



MOTHER TO SON Wisdom from the Heart Melissa Harrison & Harry H. Harrison Jr.

A sweet, inspirational guide full of wisdom, humor, love, and charm. Beginning with the Beginning and covering toddlerhood, the school years, sports, spirituality and, of course, girls.
228,000 copies in print.

Paper: \$9.95/\$12.95 Can.
ISBN: 978-0-7611-7486-8
No. 17486
Two color; 372 pages; 4" x 6"



FATHER TO DAUGHTER Life Lessons on Raising a Girl Harry H. Harrison Jr.

Father to Daughter is a book of guidance for dads on loving, shaping—and learning to comprehend—their little girls. Divided into stages from infancy on up, it offers a pithy lesson on every page. "Show her how to climb a tree. Also, how to climb down." And: "Prepare for the day when you're not the most important man in her life."
1,505,000 copies in print.

Paper: \$9.95/\$12.95 Can.
ISBN: 978-0-7611-7489-9
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Two color; 384 pages; 4" x 6"
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12-copy mixed counter display: (3 each of all 4 titles) \$119.40/\$155.40 Can.
ISBN: 978-0-7611-7617-6
No. 27617



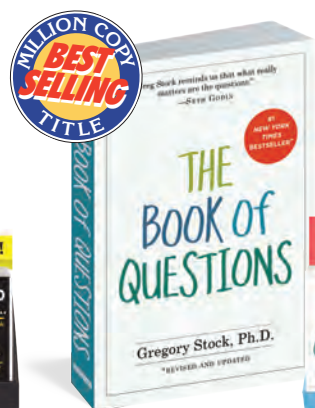
DAMNED IF YOU DO . . . The Outrageous Book of Bizarre Choices

Previously published as *Would You Rather . . .?*, *Damned If You Do . . .* is an addictive game in a book that challenges readers to answer more than 400 questions that range from the nauseating to the downright disturbing. Each is a field-tested conversation starter guaranteed to provoke

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ISBN: 978-1-5235-0708-5
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Two color; 408 pages; 4" x 6"
8-copy counter display: \$79.60/\$103.60 Can.
ISBN: 978-1-5235-0761-0
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• **YOU GOTTA BE KIDDING!** See page 56.



THE BOOK OF QUESTIONS REVISED AND UPDATED Gregory Stock, PhD

This is a book for personal growth, a tool for deepening relationships, a lively conversation starter, a fun way to pass the time in the car. It poses over 300 questions that invite people to explore the most fascinating of subjects: themselves and how they really feel about the world.

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ISBN: 978-0-7611-7766-1
No. 22766



RANDOM ILLUSTRATED FACTS A Collection of Curious, Weird, and Totally Not Boring Things to Know Mike Lowery

Did you know that Napoleon was once attacked by rabbits? Or that the Mars Rover sang itself "Happy Birthday"? From Jupiter's diamond showers to why pirates wear eye patches, the artist Mike Lowery curates and illustrates a collection of obscure and fascinating facts. For the curious, it's a little book that delivers endless delight.

63,000 copies in print.
Paper including 4 gatefolds: \$14.95/
\$19.95 Can.
ISBN: 978-0-7611-8995-4
No. 18995
Full-color illustrations throughout; 208 pages; 7" x 7"
8-copy counter display: \$119.60/\$159.60 Can.
ISBN: 978-1-5235-0247-9
No. 220247



SH*T HAPPENS: The Book Debbie Lazarus

Exploding artichokes. Kamikaze crows. Man-eating sleeper sofas. . . You can't make this stuff up.

Catastrophes, morbid mishaps, and the realization that sometimes things just go spectacularly wrong—like with the doofus who kissed his pet rattlesnake. *Sh*t Happens*—does it ever!—and as grim as it gets, it's also addictively entertaining.
91,000 copies in print.

Paper: \$9.95/\$12.95 Can.
ISBN: 978-0-7611-4436-6
No. 14436
Two color; 336 pages; 4" x 6"



THE BOOK OF NICE A Nice Book About Nice Things for Nice People Josh Chetwynd

This quirky compendium tells the fascinating history behind niceness, and it will make you want to put just a little more "nice" in your day.

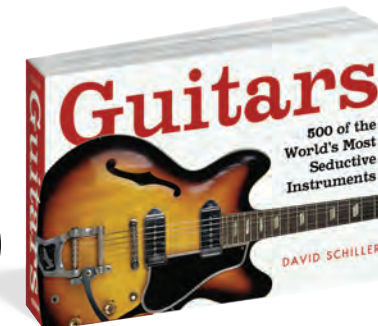
Paper: \$8.95/\$11.95 Can.
ISBN: 978-0-7611-7294-9
No. 17294
Two color; illustrations throughout; 444 pages; 4" x 6"



SHOES A Celebration of Pumps, Platforms, Sandals and Slippers, Boots, Mules, Sneakers & More Linda O'Keeffe

It's an obsessive extravaganza—a chunky, irresistible full-color book with page after page of seductive photographs and information about women's shoes.
578,000 copies in print.

Paper: \$13.95/\$18.95 Can.
ISBN: 978-0-7611-0114-7
No. 10114
Full-color photographs throughout; 512 pages; 6" x 4"
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ISBN: 978-0-7611-0619-7
No. 20619



GUITARS 500 of the World's Most Seductive Instruments David Schiller

Here are guitars that made history and inspired new generations of players and listeners. Here are milestones in the guitar's search for its true self—Torres's classical, the amazing Gibson L-5—and experiments that ushered in a new world of sound—Rickenbacker's "Frying Pan" and Les Paul's "Log." It's an obsession of

500 guitars in full color, plus builders, players, myths, and legends.
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ISBN: 978-0-7611-3800-6
No. 13800
Full-color photos throughout; 528 pages; 6" x 4"
8-copy counter display: \$111.60/\$151.60 Can.
ISBN: 978-0-7611-5027-5
No. 25027

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See page 69 for Flow books for kids



KEEP WHAT YOU LOVE A Visual Decluttering Guide Irene Smit and Astrid van der Hulst; Illustrated by Lotte Dirks

A whimsical yet practical visual guide to sorting through the too-much-stuff of modern life. Here are page after page of items that fill our lives—novelty ice cube trays, a manual typewriter, that souvenir snow globe. And beneath each drawing, two little checkboxes: Yes and No. Look at the object. Note your response. Act accordingly! Plus

wonderful tips for how to organize, and clever ideas for what to do with things we simply can't part with, like children's artwork.

Paper: \$9.95/\$12.95 Can. ISBN: 978-1-5235-0943-0 No. 100943
Full-color illustrations throughout; 240 pages; 4" x 6"
8-copy counter display: \$79.60/\$103.60 Can. ISBN: 978-1-5235-1082-5 No. 221082



MY PERFECTLY IMPERFECT LIFE 127 Exercises for Self-Acceptance Irene Smit & Astrid van der Hulst; Illustrated by Karen Weening

From the bestselling editors at *Flow* magazine comes a guided journal with a welcoming, come-as-you-are message: Embrace the things that make you *you*, flaws and all. Charmingly illustrated and filled with prompts. *My Perfectly Imperfect Life* inspires readers to let go of the pressure to be perfect and to celebrate quirks, slipups, and

imperfections rather than judge them.

Paperback with lay-flat binding and rounded corners: \$15.95/\$23.95 Can. ISBN: 978-1-5235-0636-1 No. 100636
Full-color illustrations throughout; 176 pages and 1 sticker sheet; 6 1/2" x 8 1/2"
6-copy counter display: \$95.70/\$143.70 Can. ISBN: 978-1-5235-0755-9 No. 220755



KNOW YOURSELF A Book of Questions Irene Smit, Astrid van der Hulst, and the Editors of *Flow* Magazine

Questions to inspire you to reflect, to reveal memories and ideas, to help you stay present. And shared with friends and loved ones, a wonderful way to get to know each other on a whole new level.

Paper over board: \$10.95/\$14.95 Can. ISBN: 978-1-5235-0635-4 No. 100635
Four color throughout; 208 pages; 4" x 6"
8-copy counter display: \$87.60/\$119.60 Can. ISBN: 978-1-5235-0754-2 No. 220754



A BOOK THAT TAKES ITS TIME An Unhurried Adventure in Creative Mindfulness Irene Smit, Astrid van der Hulst, and the Editors of *Flow* Magazine

From *Flow*, a celebration of mindfulness, creativity, and life's little pleasures. Read about the benefits of journaling—then turn to "The Joy of One Thing at a Time Notebook." A short piece on the power of being grateful is followed by pages of illustrated "Beautiful Moments" cards to fill in, punch out, save, and revisit.

Paper over board, perforated posters, notecards, stickers, specialty papers, and more: \$27.50/\$37.50 Can. ISBN: 978-0-7611-9377-7 No. 19377
Full-color photos and illustrations throughout; 224 pages and 116 pages of special papers and pullouts; 7 1/2" x 8 3/4"
5-copy counter display: \$137.50/\$187.50 Can. ISBN: 978-1-5235-0099-4 No. 220099



50 WAYS TO DRAW YOUR BEAUTIFUL ORDINARY LIFE Practical Lessons in Pencil and Paper Irene Smit, Astrid van der Hulst, and the Editors of *Flow* Magazine

In this innovative approach to art instruction, the artists of *Flow* share secrets and techniques for rendering the kinds of things we see and interact with every day. Along the way we learn about color, perspective, and the power of tracing. Includes bound-in goodies, from postcards to colored paper, and an inspirational poster on the underside of the jacket.

Jacketed paperback with pullout booklets, postcards, special papers, and more: \$24.95/\$33.95 Can. ISBN: 978-1-5235-0115-1 No. 100115
Full-color illustrations throughout; 256 pages plus special pullouts; 8" x 10"
6-copy counter display: \$149.70/\$203.70 Can. ISBN: 978-1-5235-0410-7 No. 220410



THE BIG BOOK OF LESS Finding Joy in Living Lighter Irene Smit, Astrid van der Hulst, and the Editors of *Flow* Magazine

Taking a holistic approach to the idea that we'd do well to throw out life's unnecessary ballast, here's how to pare down not just the jumble of things around us, but the clutter in our heads, too. And in the process, make room for more—more listening, more focus, more wisdom, more time. More life. More you. With plenty of paper goodies, in the signature *Flow* way, *The Big Book of Less* includes a one-thought-a-day diary,

a pocket-size sketchbook, and a tiny fold-up house, where your imagination can play with the thought of living in 300 square feet.

Paper over board: \$27.50/\$37.50 Can. ISBN: 978-1-5235-0628-6 No. 100628
Full-color illustrations throughout; 224 pages plus special pullouts; 7 1/2" x 8 3/4"
5-copy counter display: \$137.50/\$187.50 Can. ISBN: 978-1-5235-0753-5 No. 220753



THE TINY BOOK OF TINY PLEASURES Irene Smit, Astrid van der Hulst, and the Editors of *Flow* Magazine

The sweetest reminder imaginable that it's the little things in life that make us happy. Little things like sharing tea with a friend. An ice cream cone with sprinkles. The smell in the air right after a summer rain. A tiny, perfect impulse book filled with whimsical, colorful illustrations, plus cheerful random prompts, thoughts, and facts, *The Tiny Book*

of *Tiny Pleasures* is a pocket-size gift of joy. Created by the editors of *Flow* magazine, every page is an inspiration.

Paper: \$9.95/\$12.95 Can. ISBN: 978-0-7611-9376-0 No. 19376
Full-color illustrations throughout; 400 pages; 4 1/4" x 4 1/4"
8-copy counter display: \$79.60/\$103.60 Can. ISBN: 978-1-5235-0086-4 No. 220086



EVERYTHING GROWS WITH LOVE Beautiful Words, Inspiring Thoughts Irene Smit, Astrid van der Hulst, and the Editors of *Flow* Magazine

Relish life, love, and friendship—and share with everyone you love. Created by the editors of *Flow* magazine, *Everything Grows with Love* features dozens of uplifting quotes and sayings in original graphics and hand lettering by more than 40 contributing artists and crafters.

birthdays, or simply as a pick-me-up for a friend or relative, it's an ode to creativity, inspiration, and, above all else, love.

Paper: \$9.95/\$12.95 Can. ISBN: 978-1-5235-0114-4 No. 100114
Full-color illustrations throughout; 400 pages; 4 1/4" x 4 1/4"
8-copy counter display: \$79.60/\$103.60 Can. ISBN: 978-1-5235-0254-7 No. 220254



CREATIVITY TAKES COURAGE Dare to Think Differently Irene Smit, Astrid van der Hulst, and the Editors of *Flow* Magazine

Organized around a series of 13 "dares," this beautiful little book guides readers through a program to unleash their inner artists.

Full-color illustrations throughout; 208 pages plus special pullouts; 7" x 7"
6-copy counter display: \$131.70/\$179.70 Can. ISBN: 978-1-5235-0415-2 No. 220415

Paper over board with tear-out posters, notebooks, and postcards: \$21.95/\$29.95 Can. ISBN: 978-1-5235-0355-1 No. 100355

flow® STATIONERY

Paper love is synonymous with *Flow*, and what better way to celebrate this passion for paper—and the creative self-expression paper enables—than with an innovative line of mindfulness-inspiring stationery?



24-copy mixed counter display: (6 each of BREATHE, CREATE, CELEBRATE NOTEBOOK SET; LIST MORE NOTEPAD; TINY PLEASURES STICKY NOTES; and ONE DAY AT A TIME DAILY LIST PAD) \$334.80/\$454.80 Can.; ISBN: 978-1-5235-0774-0; No. 220774



BREATHE, CREATE, CELEBRATE NOTEBOOK SET

Singer-sewn binding on each notebook and covers with foil embellishments; packaged together with belly band and shrink-wrap: \$14.95/\$19.95 Can. ISBN: 978-1-5235-0727-6 No. 100727
Set of 3 notebooks, each with repeating 1-color interiors; 64 pages; 5 1/2" x 8"



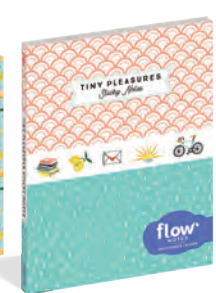
LIST MORE, FORGET LESS NOTEPAD

Magnetic notepad packaged with sticker and shrink-wrap: \$12.95/\$17.95 Can. ISBN: 978-1-5235-0728-3 No. 100728
Four different colors repeat throughout; 80 tear-off sheets; 4 1/4" x 8 1/4"



ONE DAY AT A TIME DAILY LIST PAD

List pad packaged with sticker and shrink-wrap: \$12.95/\$17.95 Can. ISBN: 978-1-5235-0729-0 No. 100729
Four different colors repeat throughout; 80 tear-off sheets; 8 1/2" x 7"



TINY PLEASURES STICKY NOTES

Paperback case with polybag over the pads in the open position so interior is visible: \$14.95/\$19.95 Can. ISBN: 978-1-5235-0730-6 No. 100730
Set of 9 full-color adhesive notepads; 60 sheets each; pad sizes vary; all packaged in a 6" x 8" paperback case

Stationery Terms Apply

STATIONERY

flow® STATIONERY

ALL GOOD THINGS ARE WILD & FREE COLLECTION

A stunning line of stationery and gift products from the creative leaders of *Flow*®, inspired by the quotation from Henry David Thoreau “All good things are wild and free.” A celebration of beauty, mindfulness, and the pure pleasures of paper, each of the items in this new collection features the artwork of Valesca van Waveren, with its soft, rich palette and lovely details drawn from the natural world.

See page 100 for matching puzzle and pages 34–35 for new *Flow* stationery

Stationery Terms Apply



STATIONERY

Slow down, compose your thoughts, and savor the experience of writing real letters using this beautiful stationery set with lined paper in whole and half sizes, and envelopes to cut and fold. Snail mail is alive and well!

- 46 sheets of lined notepaper printed with different full-color patterns on the reverse
- 32 full-color envelopes in two sizes to fold
- 53 full-color illustrated labels and seals

Pad bound with cover and backer: \$16.95/\$22.95 Can.
ISBN: 978-1-5235-0940-9
No. 100940

Full-color illustrations throughout; 2 sheets of adhesive labels and seals; 8½" x 11"

WRAPPING PAPER & GIFT TAGS

Amplify the giftiness of the gift inside with *Flow*'s beautiful wrapping paper and complementary gift tags. The paper has patterns on both sides featuring themes from the entire *All Good Things Are Wild & Free* suite.

- Foil-embellished cover
- Twelve 19" x 26" sheets of wrapping paper printed with different illustrations on two sides
- 12 punch-out full-color gift tags

Paper with foil embellishments on cover: \$19.95/\$26.95 Can.
ISBN: 978-1-5235-0939-3
No. 100939

12 folded sheets of full-color illustrated wrapping paper with 1 sheet of 12 punch-out gift tags.
 Package size: 9¼" x 13"; unfolded paper size: 19" x 26"



STICKER BOOK

The *Sticker Book* includes 28 full-color adhesive sheets filled with hundreds of images to decorate a journal, notebook, laptop, or phone.

- Over 800 gorgeous, high-quality stickers—mushrooms, butterflies, bugs, plants, and more
- A perfect add-on to the *Sketchbook* and *Stationery*

Paperback case around pad binding with foil embellishments on cover: \$12.95/\$17.95 Can.
ISBN: 978-1-5235-0938-6
No. 100938
 Full-color illustrated stickers; 28 sticker sheets; 6" x 8"



STICKY NOTES

Stay organized, jot down a note, or mark your place with illustrated *Sticky Notes*, all in various sizes.

- 9 illustrated sticky note pads and tabs of assorted sizes

Paperback polybagged in the open position so interior is visible: \$14.95/\$19.95 Can.
ISBN: 978-1-5235-0941-6
No. 100941
 Set of 9 full-color adhesive notepads; 60 sheets each; pad sizes vary, all packaged in a 6" x 8" paperback case



SKETCHBOOK

A mindfulness-inspiring sketchbook designed with simple practicality and a large 8½" x 11" trim size. With blank paper and graph paper, it is an invitation to draw, mark down observations, and journal.

- A gift of pure pleasure for artists and journalers
- Includes blank and graph paper

Paper: \$9.95/\$12.95 Can.
ISBN: 978-1-5235-0944-7
No. 100944
 80 pages with blank and graph paper; 8½" x 11"

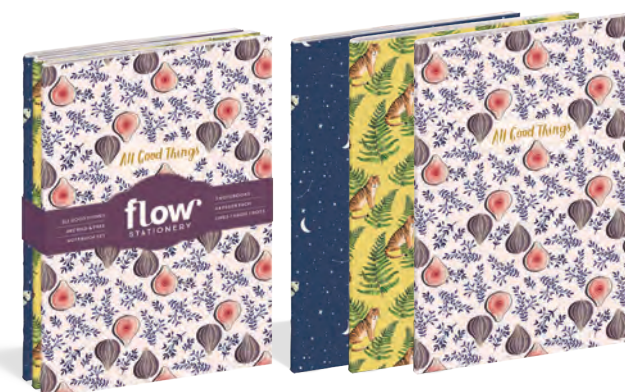


DAILY TRACKER

The *Daily Tracker* is a scheduling and list pad that keeps you focused and organized. With just one sheet per day, you can manage your tasks and keep up with your hour-by-hour agenda.

- 80 tear-off pages
- 4 different colors repeat throughout

Full-color pad, shrink-wrapped: \$12.95/\$17.95 Can.
ISBN: 978-1-5235-1046-7
No. 101046
 Four different colors repeat throughout; 80 tear-off pages; 8½" x 7"



NOTEBOOK SET

A set of three stylish notebooks play on the theme: One is *All Good Things*, the second is *Wild*, and the third is *Free*. Each has a different cover illustration and different paper pattern inside. Printed on FSC-certified paper.

- Foil-stamped titles stamped on textured covers
- 64 pages each

Singer-sewn binding on each notebook and covers with foil embellishments; belly banded and polybagged: \$14.95/\$19.95 Can.
ISBN: 978-1-5235-0942-3
No. 100942
 Set of 3 notebooks, each with repeating 1-color interiors; 64 pages; 5½" x 8"

PIPSTICKS®+ WORKMAN®

Pipsticks is a subscription sticker club founded on the idea that little things can make a big difference. Matched with Workman's unprecedented success in the calendar and gift business and its power to build brands, the result is a new product line built on creativity, innovation, fresh design, and unbeatable quality and value.



22-copy mixed counter display:
(6 each of Big Love Stickers and Big Word Stickers; 4 each of So. Many. Feelings Stickers; and 3 each of So. Many. Planner Stickers, and So. Many. Stickers.)
\$236.90 US/\$352.80 Can.
ISBN: 978-1-5235-0775-7
No. 220775



A LITTLE BOOK OF BIG STICKERS Love Stickers • Word Stickers

Personalize a planner (or phone case or laptop) with the *Little Book of Big Stickers* series: three small books featuring 20 HUGE, eye-catching vinyl stickers, each with a different theme. Bonus: Each book features 150+ mini stickers, too! Spread the sticker love!

Paper: \$9.95/\$12.95 Can. each
Full color throughout; 20 sticker sheets (19 glossy and 1 puffy); 5" x 7"

LOVE STICKERS

ISBN: 978-1-5235-0712-2
No. 100712

WORD STICKERS

ISBN: 978-1-5235-0714-6
No. 100714

HANDS OFF MY STICKERS! A Sticker Collection Book

Collect and store your favorite stickers! This grown-up sticker book has five glossy gatefold pages, five holographic storage pouches, and three gorgeous sheets of stickers.

Hardcover with foil embellishments; concealed Wire-O binding: \$18.95/\$25.95 Can.
ISBN: 978-1-5235-0480-0
No. 100480

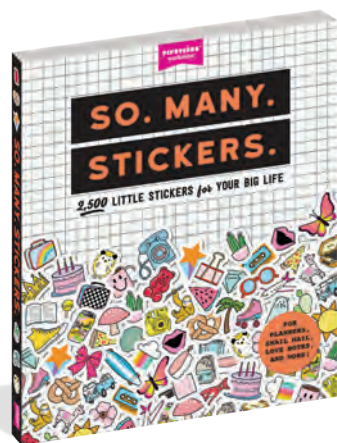
5 full-color gatefold pages; includes 1 sheet each of puffy, glitter, and matte stickers; 5 holographic storage pouches; 8" x 10"
3-copy counter display: \$56.85/\$77.85 Can.
ISBN: 978-1-5235-0535-7
No. 220535

SO. MANY. STICKERS. 2,500 Little Stickers for Your Big Life

A must-have for any sticker fanatic, *So. Many. Stickers.* features 2,500 little stickers for any occasion. Whether you're collecting them, decorating with them, or trading with your besties, the range is pure fun: old-school cameras, vibrantly colored flowers, stylish high-top sneakers. It's the perfect add-on to

a Pipsticks + Workman planner. So go ahead: Spread the sticker love!
77,000 copies in print.

Paper: \$12.95/\$16.95 Can.
ISBN: 978-1-5235-0715-3
No. 100715
Full color throughout; 50 sticker sheets; 6" x 7¼"



SO. MANY. FEELINGS STICKERS. 2,700 Stickers for Every Mood

Created especially for sticker lovers as well as for anyone who's practicing self-care or in therapy, here are 2,700 colorful stickers to mark every feeling and mood. In the same way that we use an emoji to punctuate our digital communication, these stickers will help users express how they're feeling at a particular moment in time—happy,

sad, anxious, loving, angry, worried, and more—in a fun, creative, indirect, yet instantly knowable way.

Paper: \$12.95/\$17.95 Can.
ISBN: 978-1-5235-1269-0
No. 101269

Full color throughout; 50 sticker sheets; 6" x 7¼"
8-copy counter display: \$103.60/\$143.60 Can.
ISBN: 978-1-5235-1371-0
No. 221371

SO. MANY. PLANNER STICKERS. 2,600 Stickers to Decorate, Organize, and Brighten Your Planner

Perfect for planner fanatics and stationery fans, here is a collection of 2,600 stickers bursting with energy and color that are specially designed for planners (and sized perfectly for Pipsticks + Workman ones). Flag appointments and notes, track goals, mark special occasions, or simply spruce up any spread in your planner. A delightful

combination of indulgence and value, it includes 50 sheets with 52 stickers on each—the most stickers in one sticker book ever, so you're set for the whole year!

106,000 copies in print.

Paper: \$12.95/\$17.95 Can.
ISBN: 978-1-5235-0815-0
No. 100815
Full color throughout; 50 sticker sheets; 6" x 7¼"



WORKMAN PUZZLES

Life is better with puzzles! What could be more welcome than slowing down, getting lost in a beautiful image, and then, piece by piece, putting it together? Enjoy these puzzles as a mindfulness break, a mental workout, or just an old-fashioned activity for the whole family. Perfect gifts—for every taste and skill level.

SO. MANY. STICKERS.

Spread the sticker love! A puzzle with a real twist, *So. Many. Stickers.* features a stunning kaleidoscope-like image, so fresh and colorful to do, created out of favorite stickers. And the puzzle comes with a sheet of those very same stickers—100 in total!—featured in the design. Also on the back of the art print you'll find directions for how to make your very own sticker art.

Boxed puzzle with poster: \$19.95/\$24.95 Can.
Includes a sticker sheet with 100 stickers
ISBN: 978-1-5235-1522-6
No. 101522

1,000 four-color interlocking puzzle pieces bagged inside two-piece box; 9¾" x 6¾" poster. Puzzle size 26¾" x 18¾"; box size 10¾" x 7¾" x 2½"



CRAZY PLANT LADY

You know you're a crazy plant lady when watering is a hobby, you've been heard to say "I don't need therapy, I talk to my monstera," and your fondest dream is to live completely surrounded by plants in all shapes and sizes. A dream that you can easily imagine as, piece by piece (most of them green, your favorite color), you slowly make it bloom.

Boxed puzzle with poster: \$19.95/\$24.95 Can.
ISBN: 978-1-5235-1508-0
No. 101508

Book ISBN: 978-1-5235-0537-1
1,000 four-color interlocking puzzle pieces bagged inside two-piece box; 9¾" x 6¾" poster. Puzzle size 26¾" x 18¾"; box size 10¾" x 7¾" x 2½"



1,000 PLACES TO SEE BEFORE YOU DIE®

Take a journey, piece by piece and image by image, to the amazing places that the world has to offer. Curated by Patricia Schultz, who rewrote the book on travel with her *1,000 Places to See Before You Die* and other titles, these bright and colorful glimpses from across the planet are like a collage of postcards from a life-changing trip.

Boxed puzzle with poster: \$19.95/\$24.95 Can.
ISBN: 978-1-5235-1514-1
No. 101514

Book ISBN: 978-0-7611-5686-4
1,000 four-color interlocking puzzle pieces bagged inside two-piece box; 9¾" x 6¾" poster. Puzzle size 26¾" x 18¾"; box size 10¾" x 7¾" x 2½"



BOOK NERD

Nope, you never once thought the movie was better. And your favorite mug? It says "I'd rather be reading," of course. And even though you have a minimum of five books on your night table, nothing makes you happier than browsing the shelves of your favorite bookstore. A joy to relish piece by piece, this is a love letter to the joy of books.

Boxed puzzle with poster: \$19.95/\$24.95 Can.
ISBN: 978-1-5235-1512-7
No. 101512

Book ISBN: 978-1-5235-1026-9
1,000 four-color interlocking puzzle pieces bagged inside two-piece box; 9¾" x 6¾" poster. Puzzle size 26¾" x 18¾"; box size 10¾" x 7¾" x 2½"



WHERE THE CRAWDADS SING

You loved the novel. Now immerse yourself even further in its breathtakingly beautiful world. The waterways, the wetlands, the birds and animals, and the light, that amazing light—piece by piece and image by image, recreate this magical corner of North Carolina's coast that the Marsh Girl calls home.

Boxed puzzle with poster: \$19.95/\$24.95 Can.
ISBN: 978-1-5235-1515-8
No. 101515

1,000 four-color interlocking puzzle pieces bagged inside two-piece box; 9¾" x 6¾" poster. Puzzle size 26¾" x 18¾"; box size 10¾" x 7¾" x 2½"



EVERYTHING IS MADE OUT OF MAGIC

Like an enchanted woods at night—or even a dream, with magic hidden in every corner—this puzzle invites us into a mesmerizing world of wisteria and fireflies, foxes and a peacock, a glittering silvery stream, and a mysterious key. Van Waveren's rich scene balances the mystical hues of a starry canopy with bright florals, inviting puzzlers to unlock its secrets with each interlocking piece.

Boxed puzzle with poster: \$19.95/\$24.95 Can.
ISBN: 978-1-5235-1433-5
No. 101433

1,000 four-color interlocking puzzle pieces bagged inside two-piece box; 6¼" x 9½" poster. Puzzle size 18½" x 26½"; box size 7½" x 10¼" x 2½"



ALL GOOD THINGS ARE WILD & FREE

What could be a more mindful activity than slowing down and engaging in reassembling an intimate landscape populated by birds and butterflies, wild hills and stars in the sky? Or to put it another way—jigsaw puzzling is the new coloring.

Boxed puzzle with poster: \$19.95/\$24.95 Can.
ISBN: 978-1-5235-0937-9
No. 100937

1,000 four-color interlocking puzzle pieces bagged inside two-piece box; 9½" x 6¼" poster. Puzzle size: 26½" x 18½"; box size: 10¾" x 7¼" x 1½"



DARE TO DREAM

Illustrated by Sarah Walsh

From American artist Sarah Walsh comes this whimsical tribute to the power of the imagination and its ability to take us anywhere and everywhere. What is real, beyond the woman and the book? Vibrant, lush, oasis-like, and yet startling—a blue and white zebra, a sky that goes on forever—it invites us into a place that we shape in our minds. That place we discover when we dare to dream.

Boxed puzzle with poster: \$19.95/\$24.95 Can.
ISBN: 978-1-5235-1381-9
No. 101381

1,000 four-color interlocking puzzle pieces bagged inside two-piece box; 9½" x 6¼" poster. Puzzle size 26½" x 18½"; box size 10¾" x 7¼" x 2½"



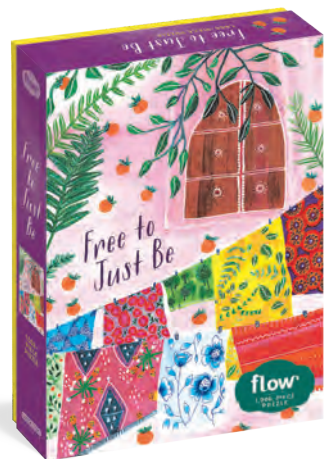
BORIS VALLEJO: FEARLESS RIDER

Illustrated by Boris Vallejo

Boris Vallejo, America's premier fantasy artist, begins with an old master's gift of understanding every bone, muscle, tendon, and sinew in the human body, and ends somewhere beyond the reaches of time and space. The vision is pure audacity: a warrior, astride her three-headed dragon, curved blade at the ready, in a swirl of fire and ice. Follow her, piece by piece, and imagine yourself in a world transformed.

Boxed puzzle with poster: \$19.95/\$24.95 Can.
ISBN: 978-1-5235-1321-5
No. 101321

1,000 four-color interlocking puzzle pieces bagged inside two-piece box; 9½" x 6¼" poster. Puzzle size 26½" x 18½"; box size 10¾" x 7¼" x 2½"



FREE TO JUST BE

Illustrated by Roeqiya Fris

In her free and vibrant painting, the Dutch-Egyptian artist Roeqiya Fris evokes the Cairo streets of her childhood. A work that verges on the abstract, with its patterned fabrics and pink-washed stucco walls, the puzzle invites us piece by piece to feel the breeze and sun of those mornings, to delight in the vivid splashes of color, and to sense a city teeming with life and mystery.

Boxed puzzle with poster: \$19.95/\$24.95 Can.
ISBN: 978-1-5235-1383-3
No. 101383

1,000 four-color interlocking puzzle pieces bagged inside two-piece box; 6¼" x 9½" poster. Puzzle size 18½" x 26½"; box size 7½" x 10¼" x 2½"



HOME SWEET HOME

Illustrated by Lotte Dirks

Home is where the heart is in this puzzle from the Dutch artist Lotte Dirks, who revels in her love for everything that grows and flourishes. As you piece it together, you may find your imagination drifting down a winding country lane, to a white picket fence with an open gate, to a yard where the flowers bloom and chickens range freely, to a special place where you are always welcome . . .

Boxed puzzle with poster: \$19.95/\$24.95 Can.
ISBN: 978-1-5235-1316-1
No. 101316

1,000 four-color interlocking puzzle pieces bagged inside two-piece box; 9½" x 6¼" poster. Puzzle size 26½" x 18½"; box size 10¾" x 7¼" x 2½"



LET THE SUN SHINE IN

Illustrated by Anisa Makhoul

Here comes the sun! Featuring an exclusive gouache illustration from the American artist Anisa Makhoul, this puzzle celebrates the simple uplifting art of the everyday: an empty Mediterranean olive oil tin filled with a handful of bright flowers in bloom. But with its visual challenges, like the blue patterned tabletop, it will draw you, piece by piece, ever deeper into a mindful journey of finding beauty.

Boxed puzzle with poster: \$19.95/\$24.95 Can.
ISBN: 978-1-5235-1317-8
No. 101317

1,000 four-color interlocking puzzle pieces bagged inside two-piece box; 6¼" x 9½" poster. Puzzle size 18½" x 26½"; box size 7½" x 10¼" x 2½"



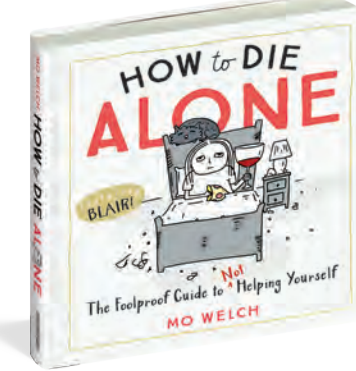
HIGH ART: A BUDTENDER IN HIS SHOP

Inspired by Petrus Christus

Celebrate a priceless masterpiece reimagined as if the artists and their subjects loved their weed—like this parody that recasts "The Goldsmith in His Shop" as a dispensary, while staying faithful to the luminous attention to detail typical of Northern Renaissance painting. Dive right in, and enjoy the attention-absorbing and time-forgetting pleasures that a jigsaw puzzle offers, no matter what your state of mind . . .

Boxed puzzle with poster: \$19.95/\$24.95 Can.
ISBN: 978-1-5235-1318-5
No. 101318

1,000 four-color interlocking puzzle pieces bagged inside two-piece box; 6¼" x 9½" poster. Puzzle size 18½" x 26½"; box size 7½" x 10¼" x 2½"



HOW TO DIE ALONE

The Foolproof Guide to Not Helping Yourself

Mo Welch

For every brave soul who wishes she could just say no—meeting the gang for drinks, dating of any kind, wishing a coworker happy birthday (unless there's cake involved)—here comes Blair with honest advice on how to live your life at home, in sweat pants. The creation of cartoonist and stand-up comic Mo Welch, Blair

is the awkward, self-deprecating, totally relatable anti-heroine who always—always—gives you permission to choose the couch over the gym. Cat not included.

Paper over board:
\$12.95/\$17.95 Can.
ISBN: 978-1-5235-0426-8
No. 100426

Full-color illustrations throughout; 144 pages; 6" x 6"



DIRTY PRODUCE

MariNaomi

Don't squeeze the fruit—they prefer to do it themselves! In the cheekiest of books, the artist and illustrator MariNaomi dares to ask the question: What's really going down in the produce aisle after dark? Avocados getting frisky. A threesome of peas in a pod. Not a bunch of grapes, but an orgy. The genius in these full-color illustrations is in the recognizably human

expressions revealed. That look on the "face" of an orange getting juiced? Pure ecstasy.

Paper over board:
\$10.95/\$13.95 Can.
ISBN: 978-1-5235-1331-4
No. 101331
Full-color illustrations throughout; 96 pages; 6" x 6"
8-copy counter display:
\$87.60/\$111.60 Can.
ISBN: 978-1-5235-1497-7
No. 221497



LOVE UNCENSORED

How many ways can you say "I love you"? Or, at least, "I want you"? Get creative—and maybe a little naughty—with *Love Uncensored*, a collection of 50 full-color, tear-out postcards. Each card is an inspired marriage of retro art and contemporary sass, pairing nostalgic pop art images with thoroughly modern sentiments about love and romance.

Paperback with postcards:
\$12.95/\$17.95 Can.
ISBN: 978-1-5235-0154-0
No. 100154
Full-color illustrations throughout; 50 pullout cards; 6" x 4¼"
8-copy counter display:
\$103.60/\$143.60 Can.
ISBN: 978-1-5235-0255-4
No. 220255

Illustrations © CSA Images



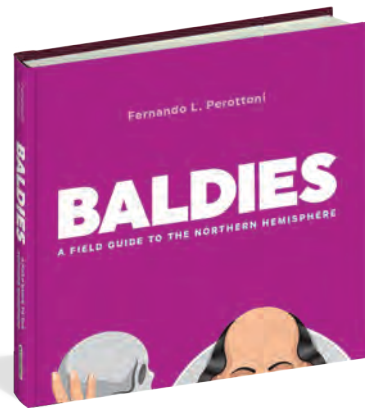
EVERYTHING IS THE WORST

A Book for People Who Just Can't

Enough with the happiness books. Seriously, *can you not though?* Sometimes you just don't want to hear one more person tell you to Have a great day! Because you *pretty much hate everyone*, and *everything sucks*. So, a tongue-in-cheek gift of anti-inspiration filled with gorgeously hand-lettered expressions revealing what most of us

really know, deep in our hearts, to be true: *We're so freaking over it.*

Paper over board:
\$12.95/\$18.95 Can.
ISBN: 978-1-5235-0353-7
No. 100353
Full-color illustrations throughout; 96 pages plus 3 punch-out card-stock pages; 6" x 6"
8-copy counter display:
\$103.60/\$151.60 Can.
ISBN: 978-1-5235-0416-9
No. 220416

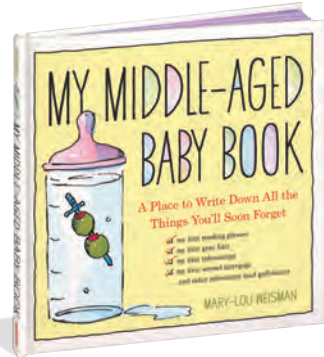


BALDIES A Field Guide to the Northern Hemisphere
Fernando L. Perottoni

Some of the best people, in fact and fiction, are bald. But can you recognize them from the eyebrows up? This who's who of the follicly challenged celebrates the bold-sexy-powerful-cool world of bald men—and makes it a game, too. On each page is a full-color illustration of a bald head—top only!—and the reader has to guess its

owner. Is that Gandhi or Larry David? Voldemort or Patrick Stewart? Here are 70 distinctive chrome domes. How many can you identify?

Paper over board:
\$9.95/\$12.95 Can.
ISBN: 978-0-7611-8915-2
No. 18915
Full-color illustrations throughout;
144 pages; 6" x 6"

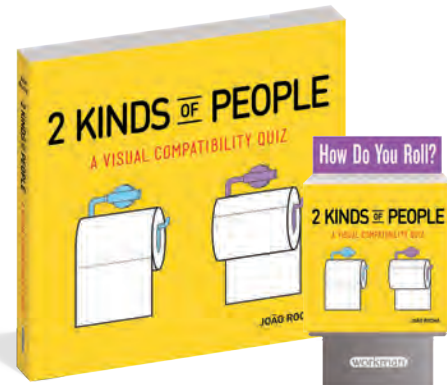


MY MIDDLE-AGED BABY BOOK A Place to Write Down All the Things You'll Soon Forget REVISED, NIPPED, AND TUCKED THIRD EDITION
Mary-Lou Weisman

An irrepressibly cheeky celebration of middle age in the form of a fill-in baby book. It's a place to record firsts: my first colonoscopy, my first reading glasses. Vital statistics: married name(s), circumference of abdomen, cholesterol count. It explains the Seven Stages of Hair Loss, answers the questions Am I Smiling... or Is It Gas?, and what

happens When I Grow Up—go ahead, be a burden to your children!
292,000 copies in print.

Padded paper over board:
\$12.95/\$17.95 Can.
ISBN: 978-0-7611-7747-0
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ISBN: 978-0-7611-7831-6
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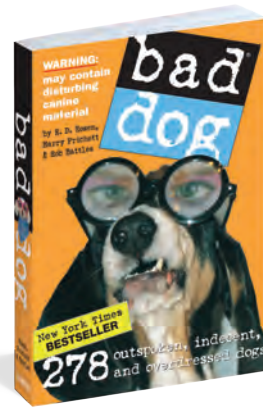


2 KINDS OF PEOPLE A Visual Compatibility Quiz
João Rocha

It takes all kinds of people to make a world. But maybe it really takes only two kinds. Like people who put ketchup on their fries, and people who put the ketchup on the side. An interactive visual personality quiz that's as much fun as a game, *2 Kinds of People* pairs 85 choices having to do with food, home, technology, travel, and more. It's the perfect icebreaker, a clever way

to find out if you and your best friend, date, coworker, and/or person you just met in a bar are compatible.
56,000 copies in print.

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ISBN: 978-0-7611-8949-7
No. 18949
Full-color illustrations throughout;
176 pages; 6" x 6"
6-copy counter display:
\$77.70/\$101.70 Can.
ISBN: 978-1-5235-0102-1
No. 220102

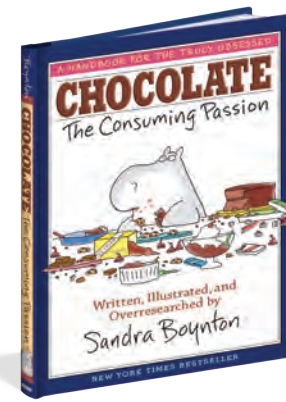


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Bad habits, bad attitudes, bad breath. And bad enough to be a *New York Times* bestseller. There's the old leech Samson, half mastiff and half slobber. Barley of the Order of the Vested Shih Zus. Devil-worshipping Penny. With 278 truly funny photographs (including a number of group

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ISBN: 978-0-7611-3983-6
No. 13983
Full-color photographs throughout;
256 pages; 4" x 6"

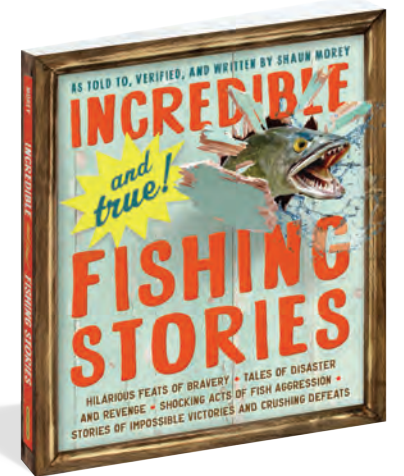


CHOCOLATE The Consuming Passion
Written, Illustrated, and Overresearched by Sandra Boynton

Here is the absolute ideal gift for every true chocolate obsessive, and it's even better than actual chocolate, since this book will last SO much longer. And, unlike chocolate, the book is also great for sharing. A *New York Times* bestseller in its original edition, *Chocolate* is a timeless illustrated classic. And it has now been thoroughly updated,

rewritten, and redrawn by Sandra Boynton.
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ISBN: 978-0-7611-8563-5
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Full-color illustrations throughout;
112 pages; 6 1/2" x 8"
8-copy counter display:
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ISBN: 978-0-7611-8699-1
No. 28699

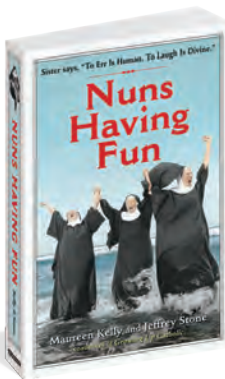


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As Told to, Verified, and Written by Shaun Morey

From the connoisseur of fish stories comes a new collection of over 100 jaw-dropping tales. Remarkable Catches—like the time Billy Sandifer caught a 1,000-pound tiger shark in the surf. Hilarious Feats of Bravery, like the exploits of Matt Watson, who

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Paper: \$12.95/\$17.95 Can.
ISBN: 978-0-7611-8017-3
No. 18017
Two color; photos and illustrations throughout; 224 pages; 6" x 7"

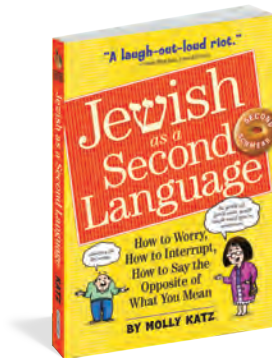


NUNS HAVING FUN
Maureen Kelly and Jeffrey Stone

Inspired by the *Nuns Having Fun* calendar ("the funniest calendar of the year," according to Gene Shalit), welcome to the lighter side of convent life. To days of ice-cream cones, kung fu, snowball fights, fishing off the dock, or frolicking in the surf. Culled from the black-and-white photos of the 1950s and '60s, here are hundreds of nuns caught in the act of letting their wimples down, revealing

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92,000 copies in print.

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ISBN: 978-0-7611-5041-1
No. 15041
Photos throughout;
256 pages; 4" x 6"
10-copy counter display:
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ISBN: 978-0-7611-5054-1
No. 25054



JEWISH AS A SECOND LANGUAGE How to Worry, How to Interrupt, How to Say the Opposite of What You Mean
Molly Katz

Completely revised and updated. It's everything from mastering the OAQ (Obsessive Anal Question)—*They'll de-ice the wings before takeoff, right?*—to never, ever believing your mother-in-law when she says, *Don't bother driving me, I'll take a cab*, to The Art of Two-Person Worrying (Jewish Ping-Pong).

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ISBN: 978-0-7611-5840-0
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Black-and-white illustrations throughout; 192 pages;
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DEAR COUNTY AGENT GUY Jerry Nelson

Jerry Nelson is a humorist whose beat is the American heartland. A fourth-generation dairy farmer, Jerry writes about courtship (Jerry refers to himself as a Norwegian bachelor farmer); the duties of a husband (exactly why is it that a man who spends his days in cow manure can't change a baby's diaper?); family, neighbors, and more.

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ISBN: 978-0-7611-8727-1
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A whimsical parody, this book and CD combine Sandra Boynton's inimitable way with farm animals and satire.
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Full-color illustrations throughout;
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Doogie Horner

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raucously, very funny."—*Village Voice*
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• Selection of the Book-of-the-Month Club.

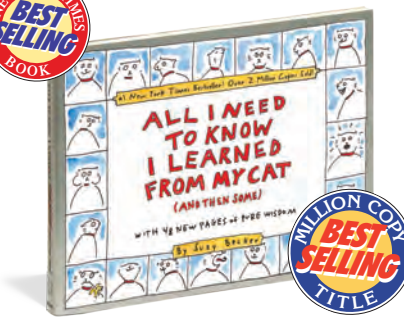
Paper: \$8.95/\$11.95 Can.
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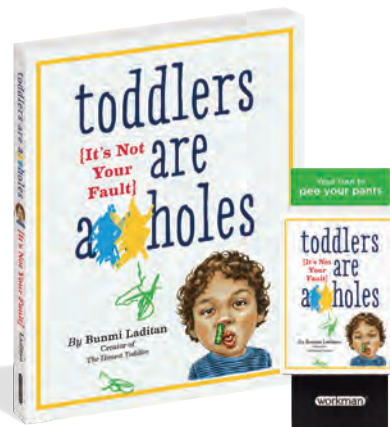
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No. 18565
Full-color photos throughout;
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I LOVE YOU WITH ALL MY BUTT!
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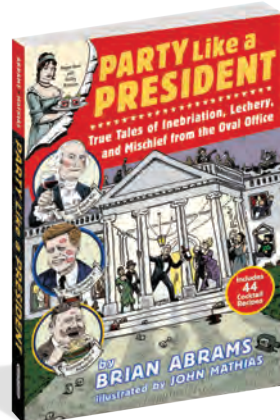
Bruckner's illustrations capture the hilarious things kids say in this sweetest of gift books for families and teachers.
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TODDLERS ARE AHOLES**
(It's Not Your Fault) Bunmi Laditan

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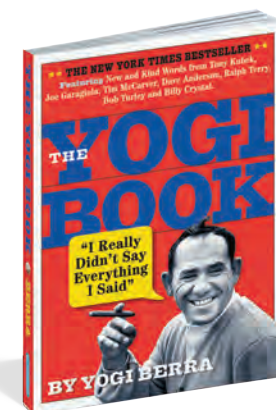
with a little psychopath, aka a two-year-old, it is the panacea of pure humor.
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PARTY LIKE A PRESIDENT True Tales of Inebriation, Lechery, and Mischief from the Oval Office Brian Abrams; Illustrated by John Mathias

The Washington-to-Obama, vice-by-vice chronicle of how the presidents like to party. Illustrated throughout with infographics (James Garfield's attempts at circumnavigating the temperance movement), comic strips (George Bush Sr.'s infamous televised vomiting incident), the book has the smart, funny feel of *Mad* magazine meets *The*

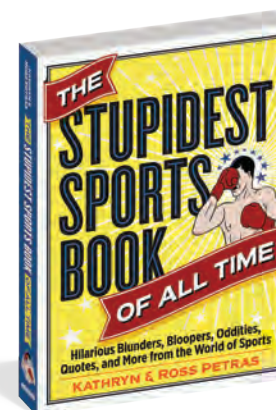
Colbert Report. Plus, it includes recipes for 44 cocktails inspired by each chapter's partier-in-chief.
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Two color; illustrations throughout;
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THE YOGI BOOK Yogi Berra

Yogi Berra's off-the-cuff wisdom is the stuff of legend: Why never to give up: *It ain't over till it's over*. Advice on finding your way: *When you come to a fork in the road, take it*. The mind-body problem: *You can't think and hit at the same time*. All the famous quotes are here, hand-picked by the author himself.

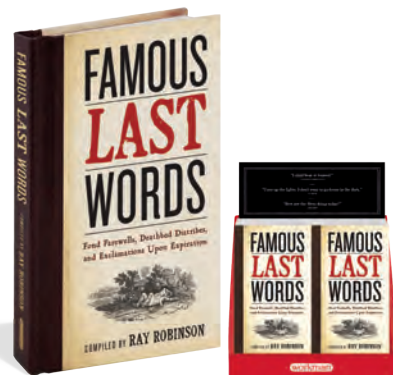
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ISBN: 978-1-5235-0251-6
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A collection of the notable last recorded words of the dying, *Famous Last Words* is, unexpectedly, bursting with life; hope: *I shall hear in heaven!* (Beethoven); wisdom; and often laughter: *I am in a duel to death with this wallpaper. One of us has to go.* (Oscar Wilde).

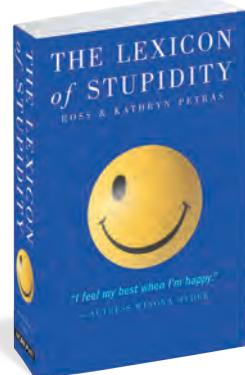
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ISBN: 978-0-7611-2609-6
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Two color; 192 pages; 3½" x 6"
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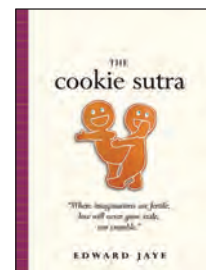
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An overstuffed dictionary of quotes, banalities, actual book titles, menu items, TV listings, and more, each meeting one exacting criterion: They're so jaw-droppingly dumb you can't help but laugh. The comedy of the clueless. The giggly fun of celebrities, athletes,

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ISBN: 978-0-7611-6629-0
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PATRICIA SCHULTZ

Patricia Schultz curates the world. A veteran travel journalist, she's written for Frommer's, Berlitz, and Access Travel Guides, as well as the *Wall Street Journal*, *Condé Nast Traveler*, and *Travel Weekly*, where she is a contributing editor. Ms. Schultz spent eight years



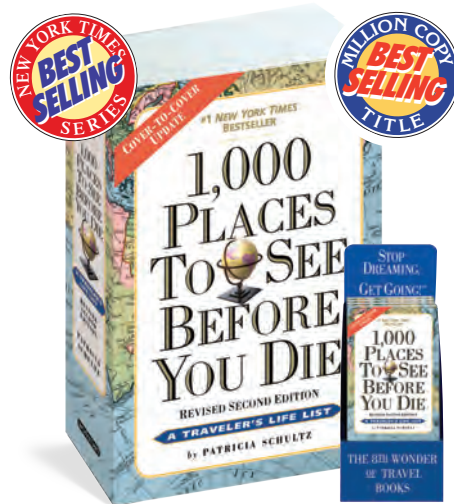
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ever, but a new way of thinking about our experiences and interests. Her home base is New York City, but it's rare to find her there.

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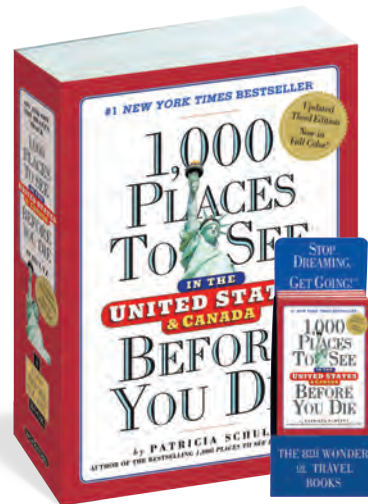


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The world's bestselling travel book, in its most informative, experiential full-color edition to date. There are 600 full-color photographs. One thousand entries, including visits to 28 countries like Lebanon, Croatia, Estonia, and Nicaragua, that were not in the original edition. Includes the nuts and bolts: Web addresses, phone numbers, costs,

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Color photographs throughout; 1,216 pages; 5 1/4" x 7 1/2"
5-copy counter display: \$124.75/\$174.75 Can. ISBN: 978-0-7611-6626-9 No. 26626

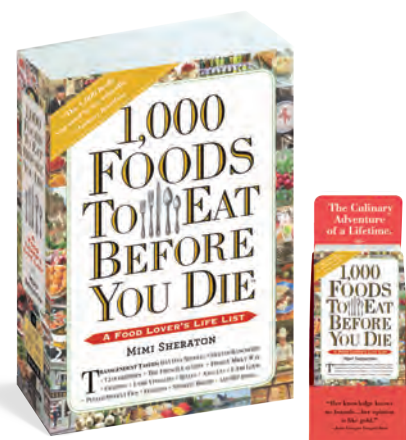


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Full-color photos throughout; 1,200 pages; 5 1/4" x 7 1/2"
5-copy counter display: \$139.75/\$194.75 Can. ISBN: 978-0-7611-9223-7 No. 29223

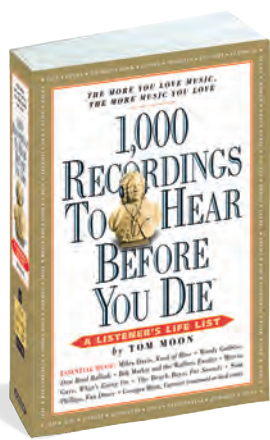


1,000 FOODS TO EAT BEFORE YOU DIE™ A Food Lover's Life List Mimi Sheraton

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1,000 RECORDINGS TO HEAR BEFORE YOU DIE™ Tom Moon

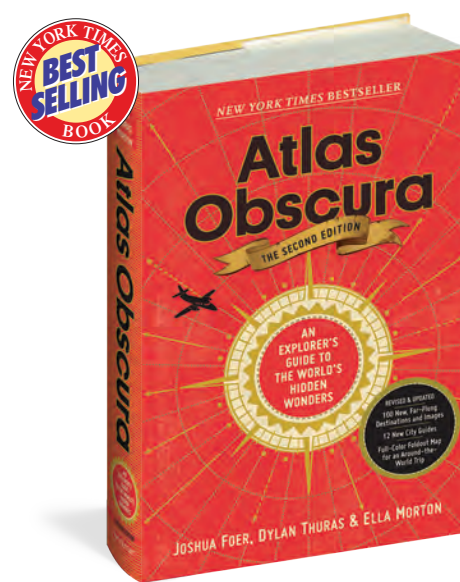
The musical adventure of a lifetime, with 1,000 recommendations guaranteed to give listeners the sheer fun of great music. Drawing from classical, jazz, rock, pop, blues, country, folk, opera, and more. And in the back, dozens of

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See page 119.



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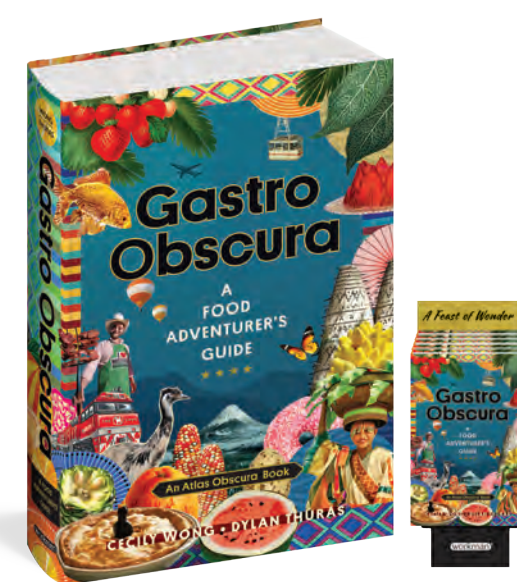
851,000 copies in print.

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Full-color photos, maps, and illustrations throughout, including a foldout map; 480 pages; 7" x 10 1/2"



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• **THE ATLAS OBSCURA® EXPLORER'S GUIDE FOR THE WORLD'S MOST ADVENTUROUS KID** See page 51.



GASTRO OBSCURA A Food Adventurer's Guide Cecily Wong, Dylan Thuras

Feed your sense of wonder! Created by the ever-curious minds behind *Atlas Obscura*, *Gastro Obscura* serves up a feast of incredible ingredients, food adventures, and edible wonders. Ready for Sardinia's "Threads of God" pasta? Egypt's 2,000-year-old egg ovens? But far more than a menu of curious delicacies, *Gastro Obscura* reveals food's central place

in our lives, touching on History—trace the network of ancient Roman fish sauce factories. Culture—picture four million women gathering to make rice pudding. Travel—scale China's sacred Mount Hua to reach a tea house. And hidden gems that might be right around the corner, like the vending machine in Texas dispensing full-size pecan pies.

250,000 copies in print.

Paper over board: \$42.50/\$55.00 Can. ISBN: 978-1-5235-0219-6 No. 100219
Full-color photos, maps, and illustrations throughout; 448 pages; 7" x 10 1/2"
5-copy counter display: \$212.50/\$275.00 Can. ISBN: 978-1-5235-1161-7 No. 221161



STEVEN RAICHLIN

Steven Raichlen is the author of the *New York Times* bestselling Barbecue! Bible cookbook series. Winners of 5 James Beard Awards and 3 IACP awards, Raichlen's books have sold more than 5 million copies. His TV shows include Steven Raichlen's *Project Fire*, *Project Smoke*, and *Primal Grill*, the

French language *Le Maître du Grill*, and the Italian *Steven Raichlen Grills Italy*. The founder of Barbecue University, he was inducted

into the Barbecue Hall of Fame in 2015. Steven and his wife, Barbara, live and grill in Miami, Florida, and Martha's Vineyard, Massachusetts. Find him online at BarbecueBible.com.



Over 5.6 million copies in print combined!



HOW TO GRILL VEGETABLES The New Bible for Barbecuing Vegetables over Live Fire Steven Raichlen

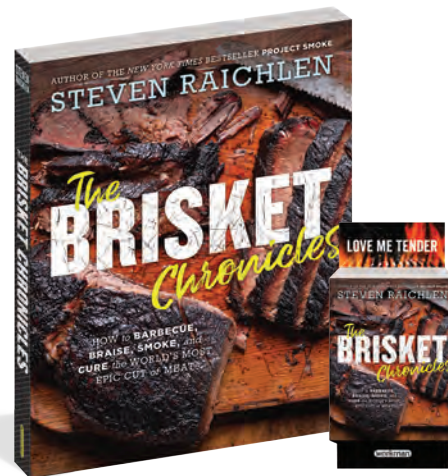
The genius of Raichlen meets the magic of vegetables. Celebrating all the ways to grill green, this eye-opening, mouth-watering, ground-breaking cookbook shows how to bring live fire or smoke to every kind of vegetable. How to fire-blister tomatoes,

cedar-plank eggplant, hay-smoke lettuce, rotisserie brussels sprouts on the stalk, grill corn five ways—even do whole onions caveman style. And how to put it all together through 115 inspired recipes. P.S.: While vegetables shine in every dish, this is not a

vegetarian cookbook—when necessary, there will be bacon.
60,000 copies in print.

Paper: \$24.95/\$33.95 Can. ISBN: 978-1-5235-0984-3 No. 100984 Full-color photos throughout; 336 pages; 8" x 9 1/4"

Hardcover: \$37.50/\$51.50 Can. ISBN: 978-1-5235-1362-8 No. 101362
6-copy counter display: \$149.70/\$203.70 Can. ISBN: 978-1-5235-1369-7 No. 221369



THE BRISKET CHRONICLES Steven Raichlen

Take your love of brisket to the next level with this righteous collection of more than 60 recipes—along with step-by-foolproof-step directions for how to `cuc it, grill it, smoke it, braise it, cure it, boil it. Even bake it into chocolate chip cookies. It all starts with the big kahuna, a whole Texas barbecued brisket. But there's Jamaican Jerk Brisket, Korean Grilled Brisket, Old School Pastrami, a

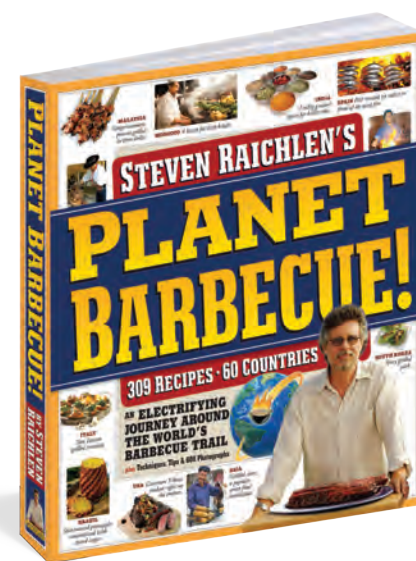
perfect Passover Brisket with Dried Fruits and Sweet Wine, even Brisket Burgers. And for real mind-blowing pleasure, Kettle Corn with Burnt Ends. You heard right.
Paper: \$19.95/\$26.95 Can. ISBN: 978-1-5235-0548-7 No. 100548 Full-color photos throughout; 288 pages; 7" x 9" **6-copy counter display:** \$119.70/\$161.70 Can. ISBN: 978-1-5235-0756-6 No. 220756



PROJECT FIRE Steven Raichlen

Master the best of classic and contemporary grilling, including how to cook an iconic steak—a T-bone, beautifully tattooed with grill marks. How to roast whole cauliflower on a rotisserie. Plus cook mussels over hay, chicken breasts under a salt brick, salmon steaks on a shovel. From breakfast to dessert—*Project Fire* is a stunning collection of 100 recipes and

techniques for how we want to cook today.
95,000 copies in print.
Paper: \$24.95/\$29.95 Can. ISBN: 978-1-5235-0276-9 No. 100276 Full-color photos throughout; 336 pages; 8" x 9 1/4" **Hardcover:** \$37.50/\$51.50 Can. ISBN: 978-1-5235-0348-3 No. 100348 **6-copy counter display:** \$149.70/\$179.70 Can. ISBN: 978-1-5235-0420-6 No. 220420



PLANET BARBECUE! Steven Raichlen

A live-fire tour of 6 continents, 60 countries, and 309 of the world's most authentic, explosively flavorful recipes ever, *Planet Barbecue!* covers it all: blazing grills, exotic seasonings, expert grill masters, renowned restaurants, cool fuels, tools, and techniques

from around the world. Everything—beef, chicken, fish, even dessert—tastes better hot off the grill.
206,000 copies in print.

Paper: \$22.95/\$29.95 Can. ISBN: 978-0-7611-4801-2 No. 14801 Full-color photographs throughout; 656 pages; 8" x 9 1/4"



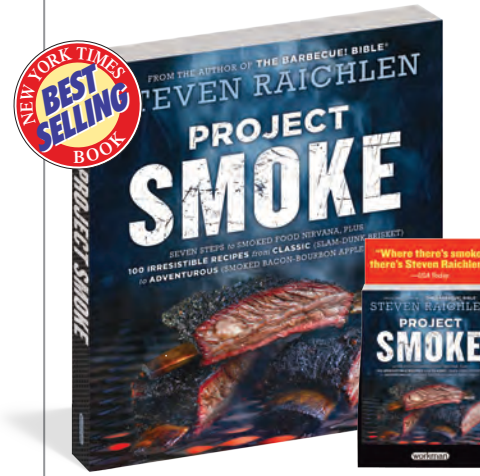
THE BARBECUE! BIBLE® STEVEN RAICHLIN

This full-color celebration of live-fire cooking includes photographs illustrating food preparation, grilling techniques, ingredients, and irresistible finished dishes. Plus more than 500 barbecue recipes, guaranteed to capture great grill flavors from around the world.

1,283,000 copies in print.

• Featured alternate selection of *The Good Cook.*

Paper: \$24.95/\$33.95 Can. ISBN: 978-0-7611-4943-9 No. 14943 Full-color photographs throughout; 576 pages; 8" x 9 1/4"



PROJECT SMOKE Steven Raichlen

Project Smoke is the *How to Grill* of smoking. A complete step-by-step guide to smoked food nirvana. Master smoke gear and techniques, understand how different woods impact flavor. And savor a collection of 100 flavorful recipes like Porkstrami, Cherry Glazed Baby Back Ribs, and Jamaican Jerk Chicken. With gorgeous full-color photographs, it's a book that inspires hunger at every glance.

473,000 copies in print.
Paper: \$24.95/\$29.95 Can. ISBN: 978-0-7611-8186-6 No. 18186 Full-color photos throughout; 304 pages; 8" x 9 1/4" **Hardcover:** \$37.50/\$53.95 Can. ISBN: 978-0-7611-8923-7 No. 18923 **6-copy counter display:** \$149.70/\$179.70 Can. ISBN: 978-0-7611-9029-5 No. 29029

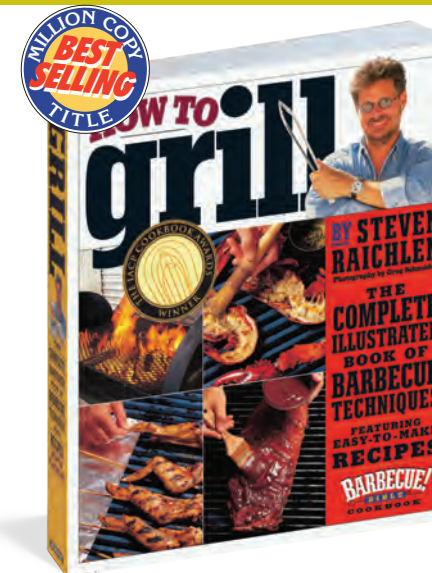


BARBECUE SAUCES, RUBS, AND MARINADES—BASTES, BUTTERS, AND GLAZES, TOO Steven Raichlen

It's every griller's secret weapon, straight from the "master" (*Esquire*). A bestselling seminar on the flavor boosters that give grilled food depth and soul—now revised! Here are 200 recipes for chile-fired rubs, lemony marinades, buttery bastes, plus slathers, and chutneys—a cornucopia of global flavors including Thai, Cajun, Jamaican, and

French cuisines and, of course, those building blocks from America's own barbecue belt.
802,000 copies in print.

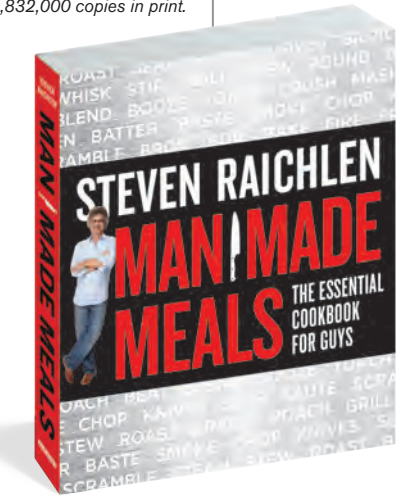
Paper: \$19.95/\$26.95 Can. ISBN: 978-1-5235-0081-9 No. 100081 Full-color photos throughout; 352 pages; 7" x 9" **6-copy counter display:** \$119.70/\$161.70 Can. ISBN: 978-1-5235-0104-5 No. 220104



HOW TO GRILL The Complete Illustrated Book of Barbecue Techniques Steven Raichlen

Steven Raichlen presents a full-color, step-by-step technique book that gets to the core of the grilling experience by showing and telling exactly how it's done. With more than 1,000 photographs, it features over 100 techniques and recipes.
1,832,000 copies in print.

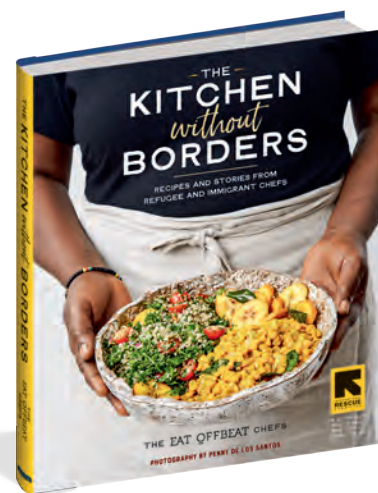
Paper: \$24.95/\$33.95 Can. ISBN: 978-0-7611-2014-8 No. 12014 Full-color photographs throughout; 512 pages; 8" x 9 1/4" **6-copy counter display:** \$149.70/\$197.70 Can. ISBN: 978-0-7611-1785-8 No. 21785



MAN MADE MEALS The Essential Cookbook for Guys Steven Raichlen

Steven Raichlen knows the pleasure men get from cooking—the joy of honing skills, the need to show off a little, the desire for excellence—and here he teaches everything a guy needs to achieve confidence in the kitchen. Learn the tools and techniques (it's fun—it's knives and fire and even a blowtorch) and essentials: how to shuck an oyster, truss a chicken,

cook a steak to desired doneness.
72,000 copies in print.
Paper: \$24.95/\$33.95 Can. ISBN: 978-0-7611-6644-3 No. 16644 Full-color photographs throughout; 640 pages; 8" x 9 1/4" **6-copy counter display:** \$149.70/\$203.70 Can. ISBN: 978-0-7611-8067-8 No. 28067



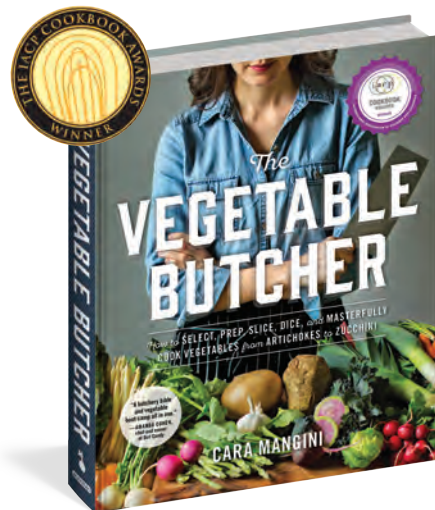
KITCHEN WITHOUT BORDERS

Recipes and Stories from Refugee and Immigrant Chefs
The Eat Offbeat Chefs

Bringing together chefs from around the world—all part of Eat Offbeat, a catering company staffed by immigrants and refugees who have found a new home in the United States—*The Kitchen without Borders* offers 70 authentic, surprising, and nourishing recipes, along with the moving stories of people who cook them. From Iraqi Biryani, a rice dish combining vegetables

and plump dried fruits with warming spices to Carne Mechada, the Venezuelan treatment of everyone's favorite skirt steak, this is food with cultural roots that run as deep as its flavors.

Paper over board:
\$24.95/\$33.95 Can.
ISBN: 978-1-5235-0404-6
No. 100404
Full-color photos throughout;
232 pages; 7½" x 9"



THE VEGETABLE BUTCHER

How to Select, Prep, Slice, Dice, and Masterfully Cook Vegetables from Artichokes to Zucchini
Cara Mangini

Applying the skills of butchery to the unique anatomy of vegetables—leafy, lumpy, stalky, gnarly, thick-skinned, or softly yielding—Cara Mangini shows cut-by-cut how to break down dozens of vegetables for their very best use in the kitchen. And then offers over 100 recipes that will change forever the dutiful notion of “eat your veggies,” from Orange-Shallot Fiddlehead Ferns

and Ricotta Crostini in the spring to a summery Zucchini, Sweet Corn, and Basil Penne, to a Parsnip-Ginger Layer Cake to sweeten a winter meal.
68,000 copies in print.

Paper over board:
\$35.00/\$48.00 Can.
ISBN: 978-0-7611-8052-4
No. 18052
Full-color photos throughout;
352 pages; 8" x 10"



FRENCH CLASSICS MADE EASY

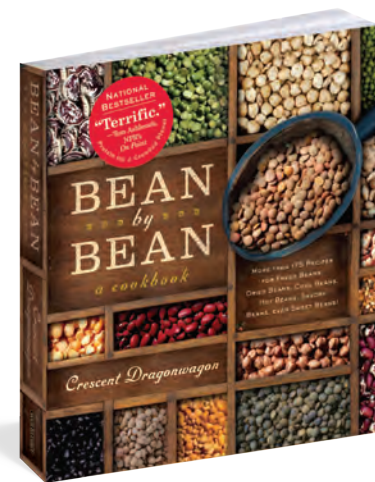
Richard Grausman

A Cordon Bleu-trained cooking teacher who's spent decades making French food accessible to Americans, Richard Grausman reinvents the classics to fit our contemporary diet and schedule. When a shortcut works, he uses it. When something can be done in advance, he does it. Plus he's cut the amount of butter, cream,

egg yolks, salt, and sugar without compromising flavor. It's an amazing transformation: 250 splendid recipes with an unmistakable French flair.

121,715 copies in print.

Paper: \$18.95/\$25.95 Can.
ISBN: 978-0-7611-5854-7
No. 15854
Two color; illustrations throughout;
400 pages; 7¾" x 9¼"



BEAN BY BEAN: A COOKBOOK

More Than 175 Recipes for Fresh Beans, Dried Beans, Cool Beans, Hot Beans, Savory Beans, Even Sweet Beans!
Crescent Dragonwagon

Soul-satisfyingly hearty, healthful, and inexpensive to boot, there's nothing a bean can't do—and nothing that Crescent Dragonwagon can't do with beans. From old friends like chickpeas and pintos to rediscovered heirloom beans like rattlesnake beans and teparies, from green beans and fresh shell beans to peanuts,

lentils, and peas, *Bean by Bean* is the definitive cookbook on beans, a 200-plus recipe cornucopia overflowing with information, kitchen wisdom, lore, and anecdotes.
80,000 copies in print.

Paper: \$19.95/\$26.95 Can.
ISBN: 978-0-7611-3241-7
No. 13241
Two color; 384 pages; 8" x 9"



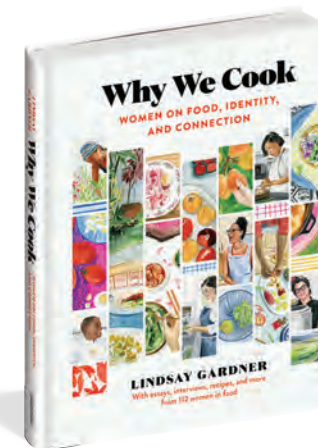
HALF THE SUGAR, ALL THE LOVE

100 Easy, Low-Sugar Recipes for Every Meal of the Day
Jennifer Tyler Lee and Anisha I. Patel, MD, MSPH

Today our children routinely consume three times the recommended daily allowance of added sugar—a problem that can cause obesity, type 2 diabetes, high blood pressure, and fatty liver disease. Here to help concerned parents is a family cookbook that shows us how to shop smartly to avoid hidden sugars; busts the most

common myths about sugar; gives seven easy tips for globally reducing sugar at home; and offers 100 family-friendly recipes that minimize added sugar while maximizing flavor.

Paper: \$22.95/29.95 Can.
ISBN: 978-1-5235-0423-7
No. 100423
Full-color photos throughout;
224 pages; 8" x 10"



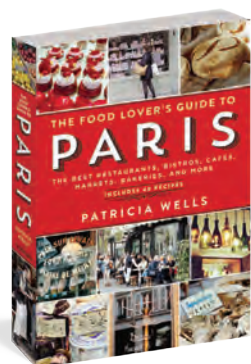
WHY WE COOK

Women on Food, Identity, and Connection
Lindsay Gardner

A celebration of the intersection of food and feminism, this inspiring, empowering, beautiful, and moving book features more than one hundred women—restaurateurs, activists, producers, writers, professional chefs, home cooks—who are changing the world of food. There are profiles of trailblazers, evocative reflections, plus interviews, Q&As, essays, and recipes, always

entwined with a story. Every entry is gorgeously illustrated by the author and watercolorist Lindsay Gardner, whose visual storytelling gifts capture a sense of what is unique about each of the women.

Paper over board:
\$24.95/\$33.95 Can.
ISBN: 978-1-5235-0974-4
No. 100974
Full-color illustrations throughout;
240 pages; 7" x 9"



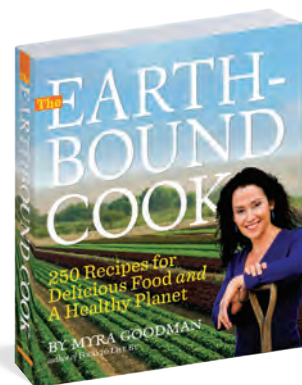
THE FOOD LOVER'S GUIDE TO PARIS

The Best Restaurants, Bistros, Cafés, Markets, Bakeries, and More
Patricia Wells

The book that cracks the code, from the incomparable authority on French cuisine. Discover 457 of the very best restaurants, cafés, wine bars, and bistros in Paris, as well as where to find the flakiest croissants, sublime cheese, and impeccable outdoor markets. Included are 40 recipes from favorite

chefs and all the practical information: street and email addresses, websites, hours, closest métro stops, specialties, and more.
51,000 copies in print.

Paper: \$17.95/\$23.95 Can.
ISBN: 978-0-7611-7338-0
No. 17338
B/W photographs throughout;
448 pages; 6" x 9"



THE EARTHBOUND COOK

250 Recipes for Delicious Food and a Healthy Planet
Myra Goodman

From Myra Goodman—co-owner of Earthbound Farm, the country's largest producer of organic produce and author of *Food to Live By*, here are 250 recipes including Pork Chile Verde, Chicken Puttanesca—plus how to make the most eco-friendly meat choices. Vegetarian entrees such as Rigatoni with

Eggplant for that one day a week we should abstain from meat. Salads and sides and all the facts about the benefits of eating organically.
207,000 copies in print.

Paper: \$22.95/\$29.95 Can.
ISBN: 978-0-7611-5634-5
No. 15634
Four-color photographs throughout;
480 pages; 8" x 9½"



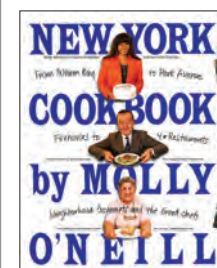
PRISON RAMEN

Clifton Collins Jr. and Gustavo "Goose" Alvarez
Foreword by Samuel L. Jackson

This cookbook takes readers behind bars with 65 ingenious recipes, plus stories of prison life from the inmates who devised them.
62,000 copies in print.

Paper: \$13.95/\$18.95 Can.
ISBN: 978-0-7611-8552-9
No. 18552
Two color; 176 pages; 6" x 7"

6-copy counter display:
\$83.70/\$113.70 Can.
ISBN: 978-0-7611-8761-5
No. 28761



NEW YORK COOKBOOK

Molly O'Neill

Here are over 400 recipes—and over 500 photographs—that celebrate a passion for food and eating. Includes shopping guides, cooking tips, and walking tours.
245,000 copies in print.

Paper: \$18.95/\$25.95 Can.
ISBN: 978-0-89480-698-8
No. 1698
Photographs throughout; two color; 512 pages; 7¾" x 9¼"

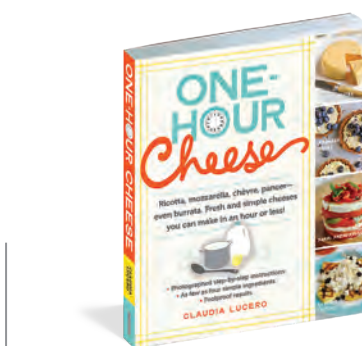


CHEESE PRIMER

Steven Jenkins

Our foremost cheese authority tells you everything you need to know about the hundreds of cheeses that are available in this country.
209,000 copies in print.

Paper: \$18.95/\$23.95 Can.
ISBN: 978-0-89480-762-6
No. 1762
Photographs throughout;
576 pages; 6" x 9"



ONE-HOUR CHEESE

Ricotta, Mozzarella, Chèvre, Paneer—Even Burrata. Fresh and Simple Cheeses You Can Make in an Hour or Less!
Claudia Lucero

Make fresh, delicious mozzarella, ricotta, haloumi, and chèvre at home, in 1 hour. Claudia Lucero shows how to make 16 different types of cheese using commonly available tools and ingredients. Includes recipes for butter, plus a

complete cheese-making primer covering types of milk, rennet, flavorings, storage, and more.

Paper: \$16.95/\$23.95 Can.
ISBN: 978-0-7611-7748-7
No. 17748
Full-color photographs throughout;
272 pages; 7¼" x 8¼"



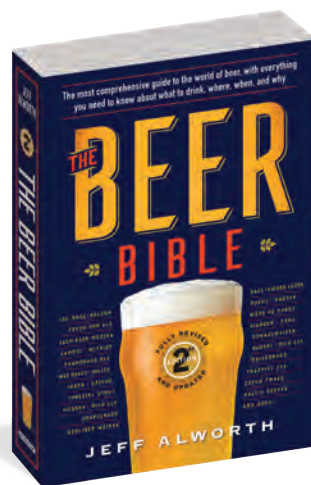
ONE-HOUR DAIRY-FREE CHEESE

Make Mozzarella, Cheddar, Feta, and Brie-Style Cheeses—Using Nuts, Seeds, and Vegetables
Claudia Lucero

Now vegans, paleo dieters, the lactose-intolerant, and anyone else who loves cheese but not dairy can get in on the fun of making Claudia Lucero's delicious and speedy homemade cheeses. Here's how to make gooey fresh mozzarella out of macadamia nuts. An earthy crowd-pleasing Brie using cashew nuts.

With step-by-step photos, clear explanations of the ingredients, and tips, techniques (how to achieve a “rind”), cheese plate ideas, and recipes on how to use each of the cheeses made.

Paper: \$18.95/\$25.95 Can.
ISBN: 978-1-5235-0211-0
No. 100211
Full-color photos throughout;
272 pages; 7¼" x 8¼"



THE BEER BIBLE Second Edition Jeff Alworth

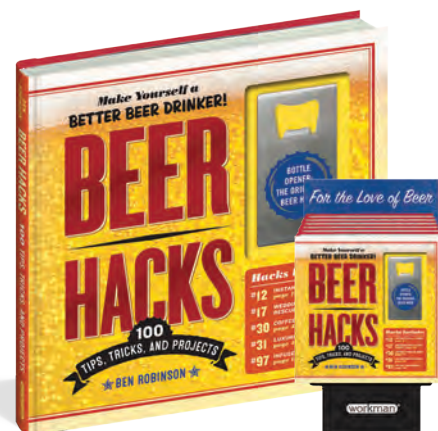
Bottoms up, beer lovers! Announcing a second edition of the IACP Award-winning guide to the world's ales and beers. Now with 25 percent all-new material, *The Beer Bible: Second Edition* approaches its subject the same way beer lovers do—by style—with more than 100 covered, from pilsners, porters, and stouts to Japanese sakes and European farmhouse

ales. It's like sitting in your favorite pub with a friend who happens to be a world-class expert on beer.

Paper: \$24.95/\$32.95 Can.
ISBN: 978-1-5235-1045-0
No. 101045

Two color with photos and illustrations throughout; 656 pages; 6" x 9"

Hardcover: \$37.50/
\$49.95 Can.
ISBN: 978-1-5235-1431-1
No. 101431



BEER HACKS 100 Tips, Tricks, and Projects Ben Robinson

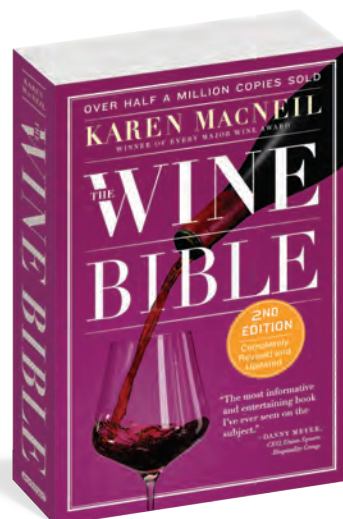
A tour de force of 100 tips and tricks for the best and most creative ways to serve, share, store, and savor your favorite brews. **Party tricks:** The one foolproof technique for shotgunning a beer. **Flavor bombs:** A French press is all you need to infuse an ale with fresh berries. Whether you're hosting a tasting or relishing the singular tranquility of a shower beer, this book is your guide to making

beer drinking better, more delicious, and—especially—fun. Includes a bottle opener on the front cover!

Paper over board with bottle opener: \$16.95/\$22.95 Can.
ISBN: 978-1-5235-0110-6
No. 100110

Two-color illustrations throughout; 160 pages; 7" x 7"

6-copy counter display: \$101.70/\$137.70 Can.
ISBN: 978-1-5235-0566-1
No. 220566



THE WINE BIBLE Second Edition Karen MacNeil

From the only American writer to win every major English-language wine award, *The Wine Bible* grounds the reader deeply in the fundamentals—vineyards and varietals, climate and terroir, the nine attributes of a wine's greatness—while layering on informative tips, anecdotes, and

definitions. Karen MacNeil's information comes directly through primary research; for this edition she tasted more than 10,000 wines.

742,000 copies in print.

Paper: \$24.95/\$29.95 Can.
ISBN: 978-0-7611-8083-8
No. 18083

Two color; photographs throughout; 1,008 pages; 6" x 9"



TOTS! 50 Tot-ally Awesome Recipes from Totchos to Sweet Po-tot-o Pie Dan Whalen

An ingenious cookbook of delicious recipes for tot-centric cooking. Beginning with Totchos—the paradigm-shifting move of creating nachos on a bed of tots instead of chips—here comes Tot Poutine, Cheeseburger Tot Sliders, and Tots Moules. Even dessert: Tot Churros, and Tot-al Eclair's of the

Heart. Every recipe uses frozen commercial tots.

Die-cut paperback: \$12.95/\$17.95 Can.
ISBN: 978-0-7611-8994-7
No. 18994

Full-color photos throughout; 160 pages; 6" x 8"

6-copy counter display: \$77.70/\$107.70 Can.
ISBN: 978-1-5235-0411-4
No. 220411



S'MORES! Goey, Melty, Crunchy Riffs on the Campfire Classic Dan Whalen

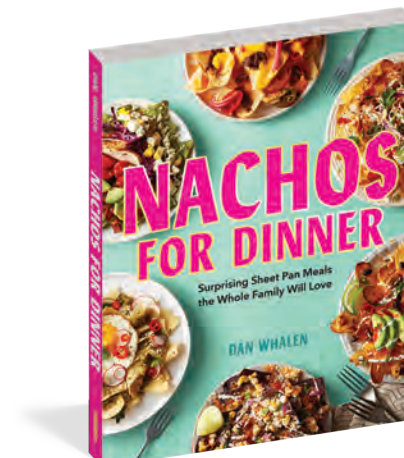
What would happen if you kept the essential s'mores architecture—three layers of goey, melty, and crunchy—but changed it up? Dan Whalen shows you in more than 50 playful recipes that challenge the definition of a s'more. Riffs range from classic—Salted Caramel S'mores and Lemon Meringue S'mores—to crazy. Think Avocado S'mores and

S'moresburgers. Plus, they're all designed to be made in your kitchen.

Paper over board with embossed puff cover: \$14.95/\$19.95 Can.
ISBN: 978-1-5235-0433-6
No. 100433

Full-color photos throughout; 144 pages; 6¼" x 6¼"

6-copy counter display: \$89.70/\$119.70 Can.
ISBN: 978-1-5235-0757-3
No. 220757



NACHOS FOR DINNER Surprising Sheet Pan Meals the Whole Family Will Love Dan Whalen

It's like a dream come true! Written by the irrepressible Dan Whalen, *Nachos for Dinner* offers dozens and dozens of recipes and ideas that turn the beloved nacho into a legitimate sheet-pan dinner. He begins by breaking down the nacho's intrinsic appeal to its three essential components—crispy base, melty sauce,

flavorful topper—and three flavor profiles—umami, a little heat, and something sour or pickled. And voilà, everything from Fish Taco Nachos to Churrachos for dessert.

Paper over board: \$22.95/\$29.95 Can.
ISBN: 978-1-5235-1048-1
No. 101048

Full-color photos throughout; 160 pages; 7" x 9"



SLOSHIES 102 Boozy Cocktails Straight from the Freezer Jerry Nevins

It's not your mother's Piña Colada! Sophisticated, flavorful, with fresh ingredients and the perfect hit of booze, a slushie is a high-octane slushie—the ideal summer drink. Guaranteed to jazz up (and cool down) backyard parties, barbecues, or any gathering, here are more than 100 innovative, easy-to-make refreshers. Using a simple technique,

slushies require little to no special equipment. Mix the ingredients, stick them in the freezer, and wait until they're slushy.

Paper over board: \$14.95/\$19.95 Can.
ISBN: 978-0-7611-8946-6
No. 18946

Full-color photos and illustrations throughout; 160 pages; 6" x 6"
5-copy counter display: \$74.75/\$99.75 Can.
ISBN: 978-1-5235-0098-7
No. 220098



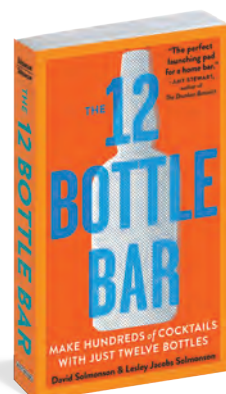
DAY DRINKING 50 Cocktails for a Mellow Buzz Kat Odell

When the occasion calls for a drink, but not to get drunk, mix up a batch of "day drinks"—creative low-alcohol cocktails that are festive, mouth-wateringly delicious, and easy on the booze. Using beer, wine, sake, and sherry, along with flavorful liqueurs and aperitifs, here are 50 light drinks for hot days, warm drinks for cool

days, and a treasure trove of spritzers, sangrias, micheladas, and more—including the perfect Champagne Cocktail—that will turn any gathering into something special.

Paper: \$15.95/\$22.95 Can.
ISBN: 978-0-7611-9320-3
No. 19320

Full-color photos throughout; 240 pages; 5¾" x 8"



THE 12 BOTTLE BAR Make Hundreds of Cocktails with Just Twelve Bottles David Solmonson & Lesley Jacobs Solmonson

You need only 12 bottles to make over 200 delicious, budget-friendly mixed drinks. Developed by two passionate cocktail lovers, this book is a tool kit, a recipe guide, a secret arsenal—with recommendations for budget, midrange, and premium bottles, plus contributions from

celebrity bartenders and cocktail lovers.
63,000 copies in print.

Paper: \$15.95/\$21.95 Can.
ISBN: 978-0-7611-7494-3
No. 17494

Two color; 416 pages; 5" x 8½"
6-copy counter display: \$95.70/\$131.70 Can.
ISBN: 978-0-7611-8069-2
No. 28069



THIS CALLS FOR A DRINK! Diane McMartin

Any decent wine book will tell you what goes with a rib eye. But what pairs best with a blind date? Matching beers and wines to moments instead of meals, this inspired guide has a drink for every situation, milestone, or mood. It's how to drink like an adult, even if you don't always behave like one.

Paper over board: \$14.95/\$22.95 Can.
ISBN: 978-0-7611-8484-3
No. 18484

Two color with illustrations throughout; 272 pages; 6" x 8"



SMASHED, MASHED, BOILED, AND BAKED—AND FRIED, TOO! Raghavan Iyer

Raghavan Iyer celebrates his favorite ingredient: the amazing potato. These recipes, inspired by a diversity of cuisines, are accompanied by enticing full-color photographs and feature scrumptious starters and mains like Moroccan Potato Stew with Saffron Biscuits.

Paper: \$16.95/\$22.95 Can.
ISBN: 978-0-7611-8547-5
No. 18547

Full-color photos throughout; 256 pages; 8" x 8"



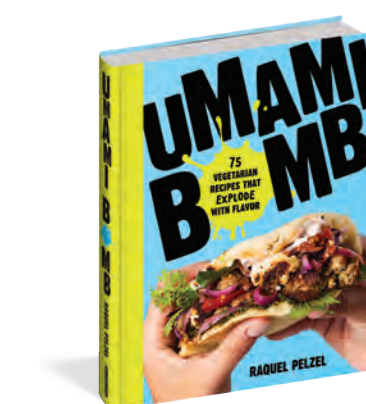
UNICORN FOOD Beautiful Plant-Based Recipes to Nurture Your Inner Magical Beast Kat Odell

A trend that began as brightly colored bowls on Instagram becomes, in the hands of Kat Odell, a cuisine that adds fresh new excitement to the idea of clean eating. With a rainbow of over 75 vegan recipes, using ingredients that are all natural and veer toward the super-nutritious, here are gently flavored nut

milks, grain bowls loaded with vegetables, probiotic breakfast custards, and toasts with slathers and spreads. And all look as good as they taste.

Paper over board: \$19.95/\$29.95 Can.
ISBN: 978-1-5235-0213-4
No. 100213

Full-color photos throughout; 192 pages; 7½" x 9"



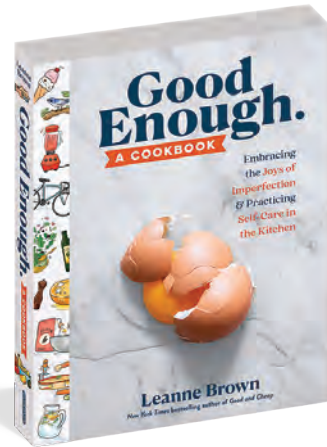
UMAMI BOMB 75 Vegetarian Recipes That Explode with Flavor Raquel Pelzel

Enjoy the bold, savory sixth taste of umami—without the meat! Ingeniously built around the use of eight umami-rich ingredients that include mushrooms, aged cheese, tomatoes, soy sauce, and caramelized onions, here are 75 recipes so sublimely delicious that you'll do a double take. Part of the brilliance of *Umami Bomb* is how the author sometimes doubles and

triples the umami bomb effect—like adding miso to an already cheesy cacio e pepe sauce for a vegetarian pasta on steroids, or grilling the fruit first to create an otherworldly Banana Split. Who doesn't want that?

Paper over board: \$19.95/\$26.95 Can.
ISBN: 978-1-5235-0036-9
No. 100036

Full-color photos throughout; 256 pages; 6¼" x 8¼"

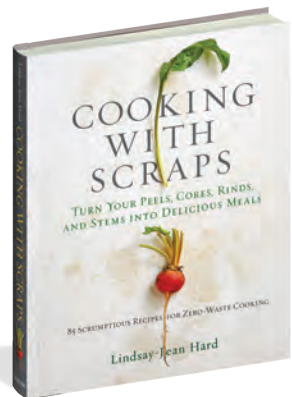


GOOD ENOUGH A Cookbook: Embracing the Joys of Imperfection & Practicing Self-Care in the Kitchen
Leanne Brown

A generous mix of essays, stories, and nearly 100 dazzling recipes, *Good Enough* is a deeply personal cookbook with a profoundly uplifting, relatable message. It's a book about self-compassion and knowing it's OK to have a cheese plate for dinner. About cooking as self-care, and healing your spirit with a comforting Salmon Dinner Pie. About giving yourself permission

to feel great—so go ahead, have another Sticky Toffee Cookie. And ultimately, about embracing the joy of imperfection to find peace and happiness in and out of the kitchen. Because *good enough* is great.

Paper: \$19.95/\$24.95 Can.
ISBN: 978-1-5235-0967-6
No. 100967
Full-color photos and illustrations throughout; 304 pages; 7" x 9"



COOKING WITH SCRAPS Turn Your Peels, Cores, Rinds, and Stems into Delicious Meals
Lindsay-Jean Hard

In 85 inspired recipes, Lindsay-Jean Hard shows just how delicious and surprising the all-too-often discarded parts can be. Carrot greens make a perfect pesto. Liquid from canned beans behaves just like egg whites—use it for vegan mayonnaise. And not so fast with those broccoli stems! Use them olive oil-poached

on lemony ricotta toast. It's pure food genius, all the while critically reducing waste one dish at a time.

Paper over board:
\$19.95/\$23.95 Can.
ISBN: 978-0-7611-9303-6
No. 19303
Full-color photos throughout; 216 pages; 7" x 9"



GOOD AND CHEAP Eat Well on \$4/Day Leanne Brown

A perfect and irresistible idea: A cookbook filled with delicious, healthful recipes created for everyone on a tight budget—and a cookbook with a strong charitable component: With every copy of *Good and Cheap* purchased, a second copy will be given to a person or family in need.

How well can a person eat on the \$4 a day given by SNAP, the program informally known as food stamps? The answer is surprisingly well, from Broiled

Tilapia with Lime to Green Chile and Cheddar Quesadillas. In addition, Ms. Brown gives tips on shopping; on creating pantry basics; and on how to make fundamentally smart food choices.

Paper: \$16.95/\$22.95 Can.
ISBN: 978-0-7611-8499-7
No. 18499
Full-color photos throughout; 208 pages; 8" x 8"
6-copy counter display:
\$101.70/\$137.70 Can.
ISBN: 978-0-7611-8503-1
No. 28503



SHEET PAN SUPPERS 120 Recipes for Simple, Surprising, Hands-Off Meals Straight from the Oven
Molly Gilbert

Here are more than 120 recipes for complete meals, plus snacks, brunch, and dessert, that require one pan (occasionally two). Molly Gilbert's fresh, sophisticated recipes range from easy dinners—Soy-Mustard Salmon and Broccoli—to special occasion

meals—Rack of Lamb with Herby Breadcrumbs and Buttered Carrots. Plus dessert!

Paper with rounded corners: \$16.95/\$22.95 Can.
ISBN: 978-0-7611-7842-2
No. 17842
Full-color photographs throughout; 304 pages; 7" x 9"



BUENO Y BARATO Alimentate bien a \$4 al día
Leanne Brown

Now in Spanish, the *New York Times* bestselling, IACP Award-winning cookbook that shows how to make tasty, easy, healthy food on the tightest of budgets. From Spicy Pulled Pork to Chorizo and White Bean Ragu, the 152 recipes maximize every ingredient while teaching smart cooking skills.

In addition, for every copy of *Bueno y barato* purchased, Workman Publishing donates a second copy to a person or family in need.

Paper: \$16.95/\$22.95 Can.
ISBN: 978-1-5235-0118-2
No. 100118
Full-color photos throughout; 208 pages; 8" x 8"



SHEET PAN SUPPERS MEATLESS
Raquel Pelzel

The magic of *Sheet Pan Suppers* is back, bringing its inspired one-pan approach to vegetarians, flexitarians, vegans, and everyone who's interested in adding meat-free meals to their repertoire. Here's how to cook pasta in a sheet pan—like Orzo with Pan Roasted Tomatoes, Lemon, and Mozzarella. How to cook soups, salads, and stews in a sheet pan. Plus pizzas, risottos, polenta, granola. And desserts, like Dulce de Leche Pumpkin Squares.

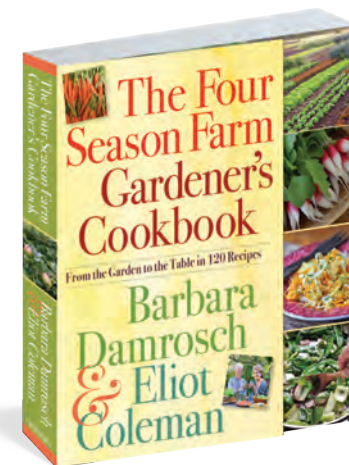
Paper with rounded corners: \$16.95/\$22.95 Can.
ISBN: 978-0-7611-8993-0
No. 18993
Full-color photos throughout; 264 pages; 7" x 9"



WILL IT SKILLET?
Daniel Shumski

Celebrating the versatile, inexpensive, and just about indestructible cast-iron skillet, *Will It Skillet?* offers 53 original recipes that are surprising, delicious, and ingenious in their ability to capitalize on the strengths of cast iron. From the perfect steak to a gooey, spiraled Giant Cinnamon Bun, this is one-pot cooking redefined.

Paper: \$14.95/\$19.95 Can.
ISBN: 978-0-7611-8743-1
No. 18743
Full-color photos throughout; 216 pages; 8" x 8½"
6-copy counter display:
\$89.70/\$131.70 Can.
ISBN: 978-1-5235-0083-3
No. 220083



THE FOUR SEASON FARM GARDENER'S COOKBOOK
Barbara Damrosch and Eliot Coleman

From America's foremost organic gardeners, it's two books in one: A four-season cookbook with 120 recipes showing you how to maximize the fruits and vegetables of your labors, from Stuffed Squash Blossom Fritters to Hazelnut Torte with Summer Berries. And a step-by-step garden guide that works no matter how big or small

your plot, with easy-to-follow instructions, plans for different gardens, plant-by-plant growing information, and more. Eating doesn't get any more local than your own backyard.

Paper with stepback cover:
\$24.95/\$33.95 Can.
ISBN: 978-0-7611-5669-7
No. 15669
Full-color photographs throughout; 496 pages; 7½" x 9½"

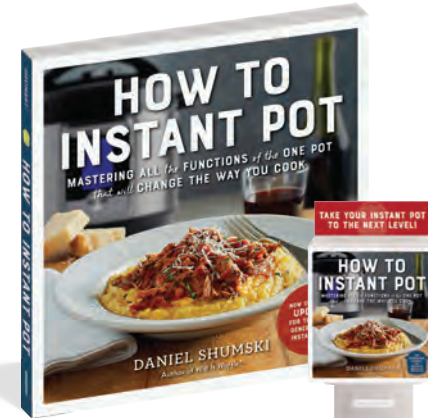


WILL IT WAFFLE? 53 Irresistible and Unexpected Recipes to Make in a Waffle Iron
Daniel Shumski

Daniel Shumski is a man obsessed—a cook who discovered 53 surprising foods to make in a waffle iron. And it's not about the novelty. Waffling is an innovation that leads to an irresistible outcome: Waffled Meatballs end up with dimples where the delicious sauce pools. Leftover macaroni and cheese waffles into a decadent version of a grilled cheese sandwich.

And a waffle iron is ideal for baking soft, gooey Oatmeal Chocolate Chip Cookies.

Paper: \$16.95/\$22.95 Can.
ISBN: 978-0-7611-7646-6
No. 17646
Full-color photographs throughout; 224 pages; 8" x 8½"
6-copy counter display:
\$101.70/\$137.70 Can.
ISBN: 978-0-7611-8255-9
No. 28255



HOW TO INSTANT POT Mastering All the Functions of the One Pot That Will Change the Way You Cook
Daniel Shumski

Master the revolutionary appliance that is changing the way we cook! It's a guide to understanding instant pot basics and a creative collection of over 100 recipes specially crafted to take advantage of the Instant Pot's many virtues. Make five different yogurts, incredible hands-off meals like Korean-Style Short Ribs, plus plenty of sides, breakfasts, and desserts.

Plus, surprising "hacks"—basics like perfect hard-boiled eggs.

Paper: \$17.95/\$24.95 Can.
ISBN: 978-1-5235-0206-6
No. 100206
Full-color photos throughout; 288 pages; 8" x 8½"
6-copy counter display:
\$101.70/\$149.70 Can.
ISBN: 978-1-5235-0253-0
No. 220253

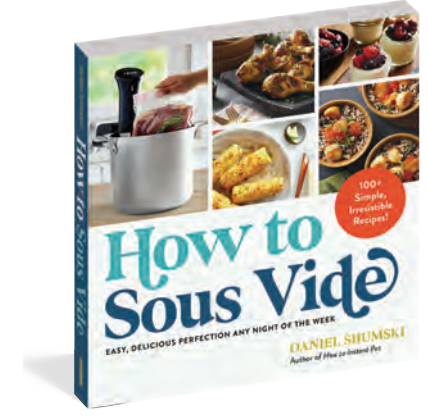


THE MOM 100 COOKBOOK 100 Recipes Every Mom Needs in Her Back Pocket
Katie Workman

The cookbook every mom needs, filled with delicious, easily adaptable recipes. *The Mom 100* is 20 dilemmas x 5 solutions for each, from lunches they won't throw out to fish dishes they'll actually eat to healthy snacks and pretty-healthy desserts. Recipes include an

inspired "fork-in-the-road" variation—how to keep it simple for the kids, then ramp up flavor for the grown-ups.

Paper: \$19.95/\$22.95 Can.
ISBN: 978-0-7611-6603-0
No. 16603
Full-color photographs throughout; 396 pages; 7½" x 9"



HOW TO SOUS VIDE Easy, Delicious Perfection Any Night of the Week: 100+ Simple, Irresistible Recipes
Daniel Shumski

Perfection is in the bag. Daniel Shumski gives readers all the knowledge they need to sous vide—how to use the device, set up a water bath, seal food, and dial in precise cooking times and temperatures for every ingredient. Then he offers over one hundred recipes, plus amazing hacks (how to sous vide cold brew!) that take full advantage

of this revolutionary technique, from perfectly cooked steaks to custardy eggs to incredible desserts cooked in a jar, like Salted Dulce de Leche.

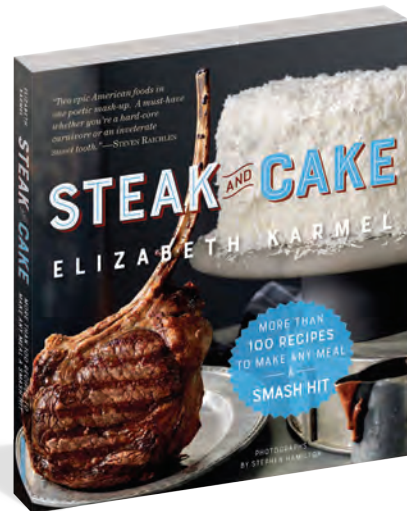
Paper: \$19.95/\$24.95 Can.
ISBN: 978-1-5235-1233-1
No. 101233
Full-color photos throughout; 240 pages; 8" x 8½"



DINNER SOLVED! 100 Ingenious Recipes That Make the Whole Family Happy, Including YOU!
Katie Workman

From the bestselling author of *The Mom 100 Cookbook*: Make everyone at the table happy. These 100 ingenious "Fork in the Road" recipes make it easy to turn one deliciously pleasing dish into two or more, like a spicy version and mild version, or one with meat and the other vegetarian.

Paper: \$17.95/\$23.95 Can.
ISBN: 978-0-7611-8187-3
No. 18187
Full-color photographs throughout; 384 pages; 7½" x 9"
Hardcover:
\$39.95/\$54.95 Can.
ISBN: 978-0-7611-8497-3
No. 18497

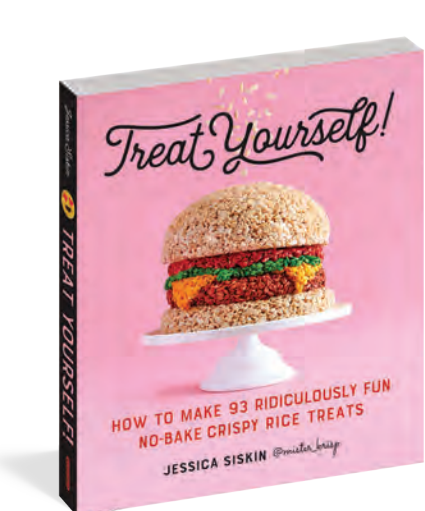


STEAK AND CAKE More Than 100 Recipes to Make Any Meal a Smash Hit Elizabeth Karmel

Elizabeth Karmel shares more than 100 recipes that scream to be made, paired, and eaten with pure joy. How about a Cowboy Steak with Whiskey Butter followed by a Whiskey Buttermilk Cake? Or a Porterhouse for Two with Steakhouse Spinach and Wild Mushroom Sauté followed by My Mother's Freshly Grated Coconut Cake? Not only will you find some of the best recipes ever for steak—and steakhouse sides

and sauces—and those all-butter-eggs-and-sugar cakes, but you will also pick up tips for choosing and cooking steaks and baking cakes. The result is an instant dinner party, the kind of universally loved meal that makes any occasion special.

Paper: \$22.95/\$29.95 Can.
ISBN: 978-0-7611-8574-1
No. 18574
Full-color photos throughout; 272 pages; 8" x 9 1/4"



TREAT YOURSELF! How to Make 93 Ridiculously Fun No-Bake Crispy Rice Treats Jessica Siskin

MisterKrisp, aka Jessica Siskin, presents the perfect answer for any cook, crafty food lover, or creative parent looking to make crowd-pleasing and unique treats for birthdays, holidays, school events, and virtually every other occasion. From an Avocado (that feeds

a crowd) to individual emojis, here are 93 projects that require no baking, with few ingredients and step-by-step instructions.

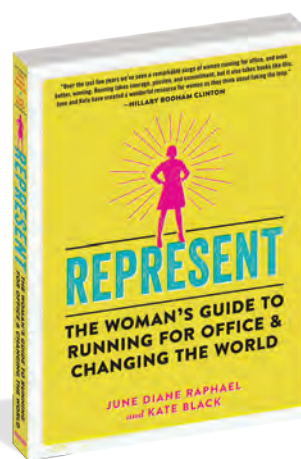
Paper: \$14.95/\$19.95 Can.
ISBN: 978-0-7611-8980-0
No. 18980
Full-color photos throughout; 304 pages; 7" x 8 1/2"



CAKE MAGIC! Caroline Wright

It's a new way to bake: building luscious cakes out of a handful of simple elements. The secret begins with a simple five-ingredient dry mix, and from there it's a matter of mixing and matching a batter, a flavoring syrup (a step that professional bakers use), and a frosting. Includes gluten-free variations.

Flexibound paper with three ribbon markers: \$17.95/\$23.95 Can.
ISBN: 978-0-7611-8203-0
No. 18203
Full-color photos throughout; 192 pages; 7 1/2" x 8 1/4"
6-copy counter display:
\$107.70/\$143.70 Can.
ISBN: 978-0-7611-9024-0
No. 29024

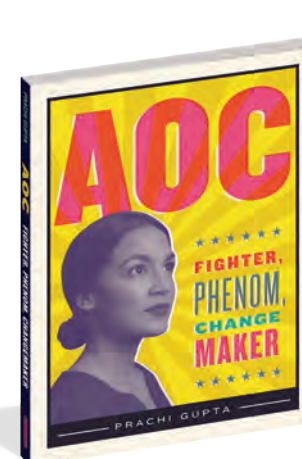


REPRESENT The Woman's Guide to Running for Office and Changing the World June Diane Raphael and Kate Black

Represent is a comprehensive, energetic, and inspiring guide, structured around a 23-point document called "I'm Running for Office: The Checklist." Doubling as a workbook, it covers it all, from the nitty gritty of filing deadlines and managing social media

to the larger issues of fundraising.

Paper with lay-flat binding and rounded corners: \$19.95/\$26.95 Can.
ISBN: 978-1-5235-0297-4
No. 100297
Four color with photos and illustrations throughout; 256 pages; 7" x 9 1/2"

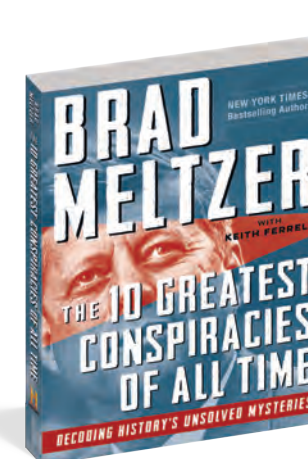


AOC Fighter, Phenom, Changemaker Prachi Gupta

Meet the audacious Alexandria Ocasio-Cortez! She is an activist from the Bronx with a Puerto Rican heritage who grew up acutely aware of racism and income inequality. The underfunded outsider who defeated a 10-term incumbent to become the youngest woman ever elected to the US House of Representatives. A

punching bag for the right, but an inspiration to millions of women, millennial voters, and progressive Democrats. A lively, photo-filled celebratory biography.

Paper: \$14.95/\$19.95 Can.
ISBN: 978-1-5235-1037-5
No. 101037
Full-color photos throughout; 144 pages; 6" x 8"

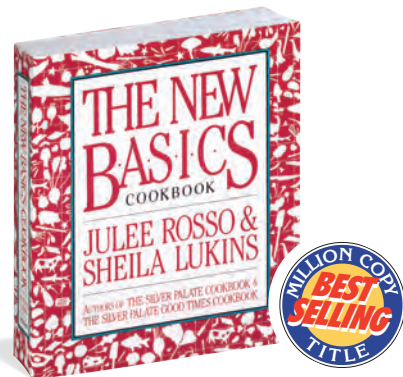


THE 10 GREATEST CONSPIRACIES OF ALL TIME Brad Meltzer with Keith Ferrell

Master storyteller Brad Meltzer counts down the world's top 10 conspiracies, from Leonardo da Vinci's stolen prophecy to the Kennedy assassination. Meltzer sifts through the evidence, weighs competing theories, separates what we know to be true with what's still—and perhaps

forever—unproved or unprovable, and in the end, decodes the mystery and arrives at the most likely explanation. Or does he?

Paper: \$15.95/\$21.95 Can.
ISBN: 978-1-5235-1236-2
No. 101236
Full-color illustrations/photos of ephemera and original documents throughout; 224 pages; 6" x 8"

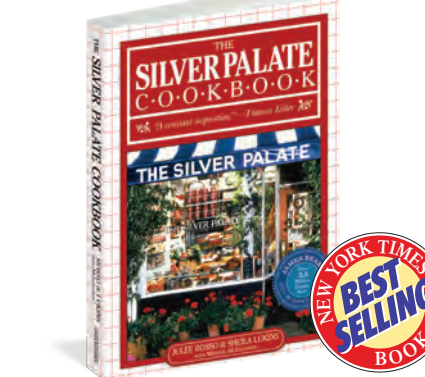


THE NEW BASICS COOKBOOK Julie Rosso & Sheila Lukins; Illustrated by Sheila Lukins

In one spectacular volume, the authors celebrate the tastes, ingredients, techniques, and dishes that comprise the best of our cuisine. Includes: pastas, pizzas, and risottos; soups; salads; every kind of vegetable; grains; beans; seafood; the chicken and the egg; grilling—from ribs to surprise paella; beef; lamb; pork; game; and

desserts, from a simple plate of cookies to the most sinful of chocolate confections. With 875 recipes; techniques, charts, lore, and tips; and microwave miracles. 2,025,000 copies in print.

Paper: \$27.95/\$37.95 Can.
ISBN: 978-0-89480-341-3
No. 1341
Two color; illustrations throughout; 864 pages; 8" x 9 1/8"



THE SILVER PALATE COOKBOOK Julie Rosso & Sheila Lukins with Michael McLaughlin

The Silver Palate Cookbook is the beloved classic that brings a new passion for food and entertaining into American homes. Featuring 350 flawlessly seasoned standout dishes to make every occasion special, plus kitchen wisdom, cooking tips, suggested menus, quotes, and lore, this timeless book feels as fresh and exciting as the day it was

published. It will make every reader fall in love with food all over again. 3,978,000 copies in print.

- Main selection of *The Good Cook*.

Paper: \$29.95/\$39.95 Can.
ISBN: 978-0-7611-4597-4
No. 14597
Full-color photos and illustrations throughout; 464 pages; 7" x 10"



BEN & JERRY'S HOMEMADE ICE CREAM & DESSERT BOOK Ben Cohen & Jerry Greenfield with Nancy Stevens

Ben & Jerry offer fans over 90 recipes, all easy to make with even a simple ice-cream maker. 1,125,000 copies in print.

- Selection of *The Good Cook*.

Paper: \$11.95/\$14.95 Can.
ISBN: 978-0-89480-312-3
No. 1312
Full-color illustrations throughout; 128 pages; 7 3/4" x 7"



THE TROUBLE WITH REALITY Brooke Gladstone

Every week, award-winning journalist Brooke Gladstone, from NPR's *On the Media*, helps us understand how Donald Trump and his team of advisors managed to hijack the reality we thought we knew. Drawing on writers as diverse as Hannah Arendt

and Philip K. Dick, this bracing—and ultimately hopeful—book shows exactly why so many of us didn't see it coming.

Paper with flaps: \$8.95/\$11.95 Can.
ISBN: 978-1-5235-0238-7
No. 100238
496 pages; 4 1/2" x 6 3/4"



POSTERS FOR A GREEN NEW DEAL Creative Action Network and Demond Drummer

Just as the Roosevelt administration used WPA posters to sell the New Deal and help pull the country out of the Great Depression, 50 powerful, original, and colorful posters from artists of the Creative Action Network rally support for and explain the goals of the Green New Deal—to create a green-energy economy, fight climate change,

promote economic and racial equality, and so much more. "Powerful . . . artists translate these exciting ideas into images that move us all."—Bill McKibben, bestselling author of *Deep Economy*.

Paper: \$24.95/\$33.95 Can.
ISBN: 978-1-5235-1146-4
No. 101146
Full-color illustrations throughout; 112 perforated pages; 11" x 14"

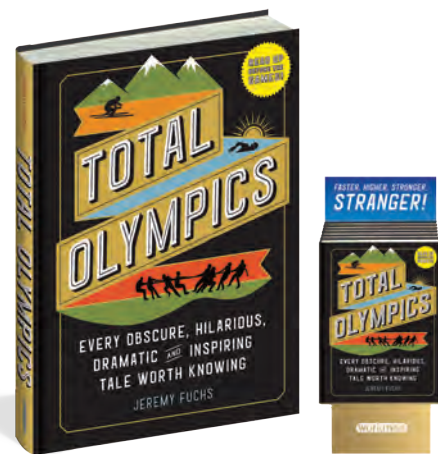


WE ARE CALLED TO BE A MOVEMENT Reverend Dr. William J. Barber II

In this rousing sermon, the celebrated Reverend William J. Barber II of the Poor People's Campaign calls for everyone to come together, stand together, and lead a moral revival; renounce the politics of rejection and greed; and fight income inequality. Designed like a pamphlet, with an immediacy, urgency, and low barrier to buying

and sharing, this small but powerful book has a clear message: It's time for change.

Paper: \$8.95/\$11.95 Can.
ISBN: 978-1-5235-1124-2
No. 101124
96 pages; 4 3/8" x 6 1/4"
8-copy counter display:
\$71.60/\$95.60 Can.
ISBN: 978-1-5235-1145-7
No. 221145



TOTAL OLYMPICS Every Obscure, Hilarious, Dramatic, and Inspiring Tale Worth Knowing Jeremy Fuchs

A glorious tapestry of legendary characters, forgotten records, crazy accomplishments, unbelievable feats, wacky contests, and controversial moments, here are 336 pages of unputdownable pleasure for anyone who cares about the world's greatest sporting event. Discover how the modern games began, in an out-of-the-way Victorian English

town called Much Wenlock. The shifting ideas of what constitutes "sport"—previous Olympic competitions featured tug of war, firefighting, live pigeon shooting, and painting. (Picasso for the gold!?) Never-to-be-repeated achievements, like that of the "missing marathoner" whose official time was 54 years, eight months, six days, five

hours, 32 minutes, and 20.3 seconds.

Paper over board:
\$22.95/\$29.95 Can.
ISBN: 978-1-5235-0838-9
No. 100838

Full-color photos throughout;
336 pages; 6" x 8"
6-copy counter display
\$137.70/\$179.70 Can.
ISBN: 978-1-5235-1079-5
No. 221079
Also available on Workman audio.

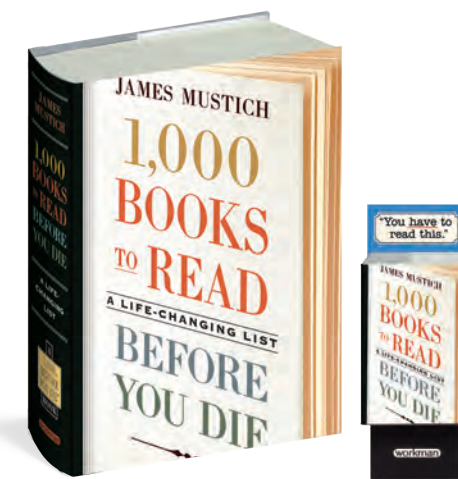
A POCKET GUIDE TO PIGEON WATCHING Getting to Know the World's Most Misunderstood Bird Rosemary Mosco

Bringing the joy of birding to everyone, *The Pocket Guide to Pigeon Watching* combines the accessible information of an illustrated field guide with a quirky history that recalls how we once held pigeon beauty contests or used them to carry messages over battlefields. Now readers will rediscover the wonders of this

wondrous bird: why they coo, how they preen, kiss, and mate (monogamously), and how they raise their young—on chunky pigeon milk. Plus there's anatomy, identification tips, and how to be a good steward—like what to do if you find a baby pigeon stranded in the park.

Paperback with rounded corners: \$14.95/\$19.95 Can.
ISBN: 978-1-5235-1134-1
No. 101134

Full-color illustrations throughout;
240 pages; 5" x 7"
6-copy counter display:
\$89.70/\$119.70 Can.
ISBN: 978-1-5235-1496-0
No. 221496

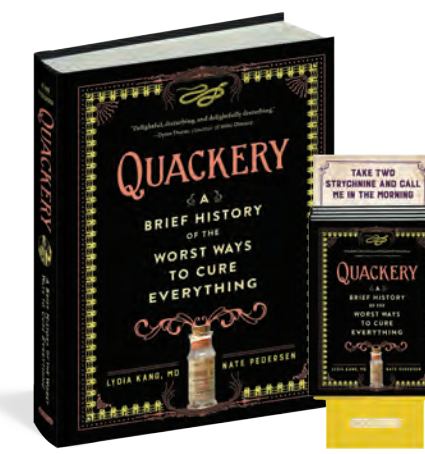


1,000 BOOKS TO READ BEFORE YOU DIE™ A Life-Changing List James Mustich

An eclectic and extraordinary book about books, as compulsively readable, entertaining, surprising, and enlightening as the 1,000-plus books it recommends. The expected pillars are here—Dante, Woolf, Shakespeare, Kafka—but also unexpected titles—from *Harold and the Purple Crayon* to *Citizen to Do Androids Dream of Electric Sheep?* The alphabetical

listing by author last name results in the great joy of juxtaposition.
129,000 copies in print.

Jacketed hardcover:
\$35.00/\$48.00 Can.
ISBN: 978-1-5235-0445-9
No. 100445
Full-color photos throughout;
960 pages; 6½" x 9½"
5-copy counter display:
\$175.00/\$240.00 Can.
ISBN: 978-1-5235-0564-7
No. 220564



QUACKERY A Brief History of the Worst Ways to Cure Everything Lydia Kang, MD, and Nate Pedersen

Looking back with fascination, horror, and dark, knowing humor, *Quackery* recounts the at times unbelievable history of medical misfires and malpractices, cluelessness, and outright scams. Here are dozens of morbidly hilarious "treatments"—conceived by doctors, spiritualists, and snake oil salesmen.

88,000 copies in print.

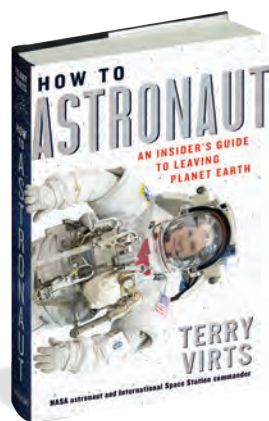
Paper over board:
\$24.95/\$33.95 Can.
ISBN: 978-0-7611-8981-7
No. 18981
Full color with photos and illustrations throughout;
352 pages; 6" x 8"
5-copy counter display:
\$124.75/\$169.75 Can.
ISBN: 978-1-5235-0250-9
No. 220250

PATIENT ZERO A Curious History of the World's Worst Diseases Lydia Kang, MD, and Nate Pedersen

How did it start? Why did it spread? How do we stop it?!? Packed with one page-turning tale after another, *Patient Zero* tells the curious history of the world's worst diseases—including smallpox, Bubonic plague, polio, and AIDS—by combining "patient zero" narratives with examinations of missteps, milestones, scientific theories,

and more. Including how a rye fungus in 1951 turned a small village in France into a phantasmagoric scene reminiscent of Burning Man.

Paper over board:
\$24.95/\$32.95 Can.
ISBN: 978-1-5235-1329-1
No. 101329
Full-color photos and illustrations throughout; 400 pages; 6" x 8½"
Also available on Workman audio.



HOW TO ASTRONAUT An Insider's Guide to Leaving Planet Earth Terry Virts

A wildly entertaining account of space travel, *How to Astronaut* is a book that will appeal to anyone with even a passing interest in space. A born storyteller with a gift for the surprising turn of phrase, Col. Terry Virts—former astronaut, space shuttle pilot, and commander of the International Space Station—reveals

the often untold side of space travel in more than 50 chapters filled with the inherent suspense of describing experiences that few will ever know firsthand.

Jacketed hardcover:
\$27.95/\$37.95 Can.
ISBN: 978-1-5235-0961-4
No. 100961
B/W photos throughout;
320 pages; 6" x 9"

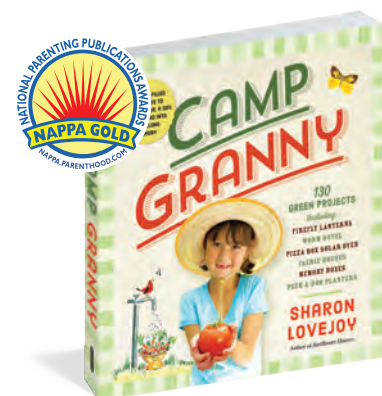


THE GIRL'S GUIDE Getting the Hang of Your Whole Complicated, Unpredictable, Impossibly Amazing Life Melissa Kirsch

Navigating the most stressful and personal subject matter with the humor of a recently been-there, smart older sister, Melissa Kirsch is authoritative and compassionate, covering everything a reader needs to know—mastering your money, impressing the boss, dating,

placating your overly anxious parents, grocery shopping like a pro, and so much more.
165,000 copies in print.

Paper: \$17.95/\$23.95 Can.
ISBN: 978-0-7611-8012-8
No. 18012
Two color; illustrations throughout; 464 pages; 6" x 9"



CAMP GRANNY Wonder-Filled Activities to Turn an Hour, a Day, a Weekend into a Lifelong Memory Sharon Lovejoy

"For green grandparents everywhere and the young lives they touch." —Richard Louv, author of *Last Child in the Woods*

Make leaf rubbings, blow jumbo bubbles, bake Moon Pizzas, create a firefly lantern. More than an activity book, *Camp*

Granny is an interactivity book, filled with 130 projects that connect grandparents and grandchildren through nature.

Paper: \$14.95/\$19.95 Can.
ISBN: 978-0-7611-8730-1
No. 18730
Full-color illustrations and photos throughout; 272 pages; 8" x 8"



THE WEDDING PLANNER & ORGANIZER Mindy Weiss

Weddings require organization, record-keeping, legwork, logistics. Now from the celebrity wedding planner and author of *The Wedding Book* comes a beautifully designed planner that helps couples keep track of every detail leading up to their Big Day. It's the organizer that includes exactly what you need for on-the-go, on-the-ground wedding planning. It's

a user-friendly three-ring binder packed with tips, tools, checklists, spreadsheets, and schedules to help brides (and grooms) manage everything.
242,000 copies in print.

Paper over board:
\$29.95/\$39.95 Can.
ISBN: 978-0-7611-8957-2
No. 18597
160 pages; 3-ring binder; 10½" x 11½" with nine divider pages with pockets; interior pages: 8½" x 11"



THE WEDDING BOOK Second Edition An Expert's Guide to Planning Your Perfect Day—Your Way Mindy Weiss with Lisbeth Levine

The most comprehensive wedding guide on the market. Mindy Weiss is the most trusted name in the business, and this timely update incorporates everything that's fresh and exciting in weddings no matter what your budget. Here's how to get the most out of social media and websites. The latest on digital

photos and videos and nontraditional wedding cake options. And, at the core, a guide that's as exhaustive, informative, and indispensable as ever.
202,000 copies in print.

Paper: \$24.95/\$33.95 Can.
ISBN: 978-0-7611-8954-1
No. 18954
Two color with illustrations throughout; 496 pages; 8" x 9½"

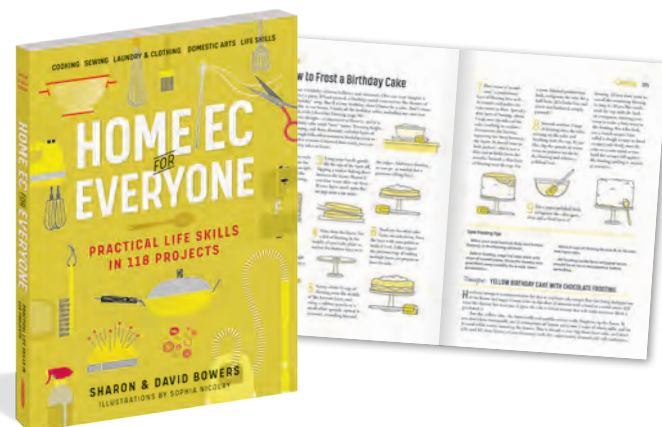


TO MARRY AN ENGLISH LORD Tales of Wealth and Marriage, Sex and Snobbery in the Gilded Age Gail MacColl and Carol McD. Wallace

Social history at its liveliest—the story of how the American heiresses took on the peerage, filled with vivid personalities, gossipy anecdotes, grand houses, plus photographs, illustrations, quotes, and the finer points of Victorian etiquette.

"Marvelous and entertaining." —Julian Fellowes, creator of *Downton Abbey* and *The Gilded Age*
151,000 copies in print.

Paper: \$16.95/\$22.95 Can.
ISBN: 978-0-7611-7195-9
No. 17195
B/W photographs throughout; 416 pages; 6" x 9"



HOME EC FOR EVERYONE Practical Life Skills in 118 Projects
Sharon & David Bowers

Discover the tremendous pleasure of learning how to do it yourself—how to cook, sew, clean and more, the way it used to be taught in the class called Home Ec. With illustrated step-by-step instructions, plus relevant charts, lists, and handy graphics, here is a crash course in learning 118

practical life skills—everything from how to brew the perfect cup of coffee to fix a zipper to pack a suitcase (the right way). And it comes with a guarantee: No matter how simple the task, doing it with your own two hands provides a feeling of

accomplishment that no app or device will ever give you.

Paper: \$14.95/\$19.95 Can.
ISBN: 978-1-5235-1237-9
No. 101237
Two color with illustrations throughout; 240 pages; 6½" x 9¼"



SHOP CLASS FOR EVERYONE Practical Life Skills in 83 Projects
Sharon & David Bowers

Once upon a time schools offered a thing called shop class where students learned to use a circular saw or rewire a busted lamp—while discovering the pleasure of being self-reliant and doing it yourself. Packed with illustrated

step-by-step instructions, plus relevant charts, lists, and handy graphics, here's how to plaster a wall, build a bookshelf from scratch, unclog a drain, and change a flat tire (on your car or your bike). All the things you might have learned in

shop class, providing the kind of satisfaction no app or screen will ever give you.

Paper: \$14.95/\$19.95 Can.
ISBN: 978-1-5235-1238-6
No. 101238
Two color with illustrations throughout; 256 pages; 6½" x 9¼"



HOW DREAMS SPEAK An Interactive Journey into Your Subconscious
Nicole Chilton

Unlock the mysteries. Richly illustrated in watercolor and with explanations and prompts throughout, this unique visual dream interpretation guide demystifies 150 universal symbols and themes to help us understand what our dreams are saying. Yes, the messages are coded and the

language is abstract and metaphorical, but with this book in hand and through the practice of first remembering and then untangling our nightly dreams, we can learn to connect with ourselves on a more intuitive level and understand what's truly on our minds.

Paper: \$14.95/\$19.95 Can.
ISBN: 978-1-5235-1144-0
No. 101144
Full-color illustrations throughout; 176 pages; 6" x 8"
6-copy counter display:
\$89.70/\$119.70 Can.
ISBN: 978-1-5235-1378-9
No. 221378



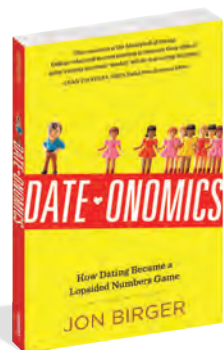
HOW MAGICIANS THINK Misdirection, Deception, and Why Magic Matters
Joshua Jay

There's a saying: The door to magic is closed, but it's not locked. In *How Magicians Think*, professional magician and bestselling author Joshua Jay opens that door to reveal magic's artistry and obsessiveness, inside history and fascinating

traditions. But above all, he reveals the mindset behind the magic—how magicians become who they are, develop their skills, and conjure their illusions. "A loving, behind-the-scenes map of the world of magic, by someone who knows and lives the art. Swift, funny,

honest, and alive with enthusiasm."—Teller (of Penn & Teller)

Jacketed hardcover:
\$24.95/\$33.95 Can.
ISBN: 978-1-5235-0743-6
No. 100743
Four color; 320 pages; 6" x 9"
Also available on Workman audio.

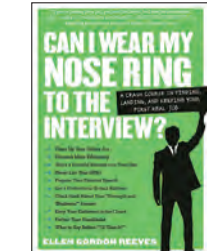


DATE-ONOMICS How Dating Became a Lopsided Numbers Game
Jon Birger

It's not that he's just not that into you—it's that there aren't enough of him. And the numbers prove it. Using a combination of demographics, statistics, game-theory, and number-crunching, *Date-onomics* tells what every single, college-educated, heterosexual, looking-for-a-partner woman needs to know: the "man deficit" is real.

"A fascinating look at romance. This book will surprise and enlighten you."—A. J. Jacobs, *New York Times* bestselling author

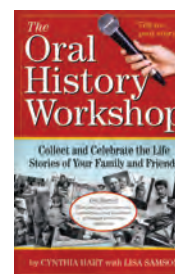
Paper: \$15.95/\$21.95 Can.
ISBN: 978-0-7611-8208-5
No. 18208
224 pages; 5½" x 8¼"



CAN I WEAR MY NOSE RING TO THE INTERVIEW? A Crash Course in Finding, Landing, and Keeping Your First Real Job
Ellen Gordon Reeves

Craft a short pitch and always be prepared to use it. The art of writing killer résumés. How to dress for an interview—and why never to order linguine if they take you out to lunch.

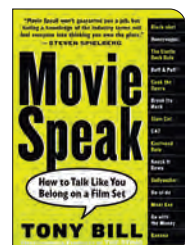
Paper: \$13.95/\$18.95 Can.
ISBN: 978-0-7611-4145-7
No. 14145
240 pages; 6" x 9"



THE ORAL HISTORY WORKSHOP Collect and Celebrate the Life Stories of Your Family and Friends
Cynthia Hart with Lisa Samson

Cynthia Hart shows exactly how to collect, record, share, and preserve a family member's or a friend's oral history.

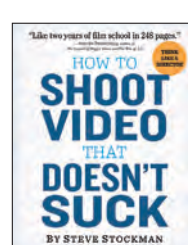
Paper: \$12.95/\$17.95 Can.
ISBN: 978-0-7611-5197-5
No. 15197
B/W photographs throughout; 224 pages; 6" x 9"



MOVIE SPEAK How to Talk Like You Belong on a Film Set
Tony Bill

The secret language of movie-making is technical, odd, colorful, mysterious, and a window into what it's really like to be on the set. From an Oscar-winning producer (*The Sting*) and director, this collection of film terms conjures all the fascination of the movies.

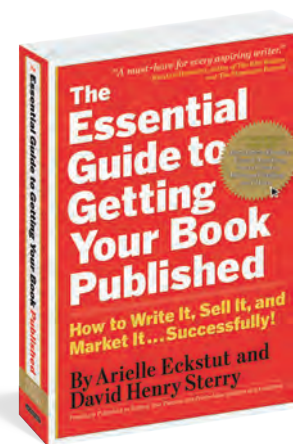
Paper: \$9.95/\$12.95 Can.
ISBN: 978-0-7611-4359-8
No. 14359
224 pages; 4½" x 6¾"



HOW TO SHOOT VIDEO THAT DOESN'T SUCK
Steve Stockman

It's not about the equipment—it's about learning to think like a director. This book covers the basics of framing. Plus, how to make instructional and promotional videos, how to make a music video, how to capture stunts, and much more.

Paper: \$14.95/\$19.95 Can.
ISBN: 978-0-7611-6323-7
No. 16323
Line drawings throughout; 256 pages; 7¾" x 9¾"

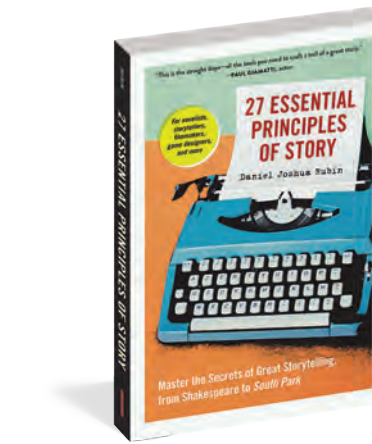


THE ESSENTIAL GUIDE TO GETTING YOUR BOOK PUBLISHED
Arielle Eckstut and David Henry Sterry

The best, most comprehensive book for writers. Written by experts with 13 books between them, this nuts-and-bolts guide demystifies every step of the publishing process. There's information on how to build up a following online;

producing a video book trailer; and ebook pricing and royalties. Includes interviews with hundreds of publishing insiders.

Paper: \$17.95/\$23.95 Can.
ISBN: 978-0-7611-6085-4
No. 16085
544 pages; 6" x 9"

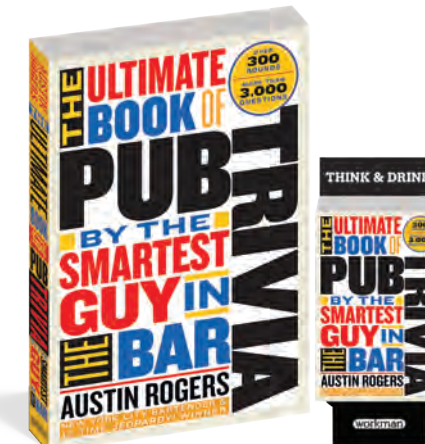


27 ESSENTIAL PRINCIPLES OF STORY Master the Secrets of Great Storytelling, from Shakespeare to *South Park*
Daniel Joshua Rubin

In a masterclass of 27 lessons, drawn from 27 critical moments at the heart of 27 diverse narratives—from *Hamlet* to *The Godfather*, *Harry Potter* to an episode of *South Park*—Daniel Joshua Rubin unlocks the secrets of what makes a story work, and then teaches us how to understand and use each principle

in our own storytelling. The result is a collection of priceless advice for writers, storytellers, filmmakers, video-game designers, podcasters, writing teachers, and anyone interested in how story works.

Paper: \$19.95/\$26.95 Can.
ISBN: 978-1-5235-0716-0
No. 100716
Two color; 384 pages; 6" x 9"



THE ULTIMATE BOOK OF PUB TRIVIA Over 300 Rounds and More Than 3,000 Questions
Austin Rogers

Challenge yourself, challenge your friends. Or make it official and host a night of fun, enlightening, and hilarious trivia. Written by 12-time *Jeopardy!* champion Austin Rogers, here are over 3,000 questions sorted into more than 300 rounds of well-balanced and smartly curated quizzes for hours of amusement with family and friends.

The topics include pop culture, sports, history, and pretty much everything else under the sun.

Paper: \$18.95/\$24.95 Can.
ISBN: 978-1-5235-1052-8
No. 101052
Two color with photos throughout; 336 pages; 6" x 9"
6-copy counter display:
\$113.70/\$149.70 Can.
ISBN: 978-1-5235-1495-3
No. 221495

DEBBIE STOLLER

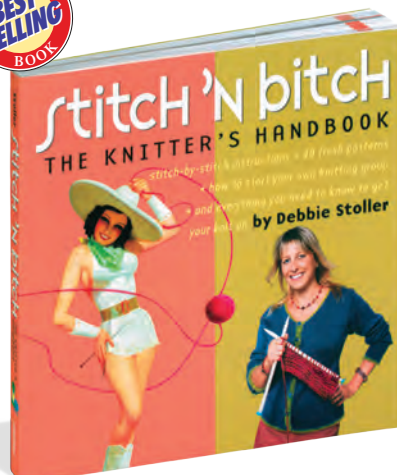


STITCH 'N BITCH SUPERSTAR KNITTING Go Beyond the Basics Debbie Stoller

The only knitting book to teach the full array of advanced knitting techniques and skills. Then come 41 cool, funky, fabulous patterns from Debbie and the Stitch 'n Bitch community. Includes a fluttery Rococo Shawl, Little Red Riding Hoodie, Jackie O. sequined cardigan. Plus

sexy stockings, stylish handbags, blankets, scarves, and more, including how to make your own patterns.
56,000 copies in print.

Paper: \$17.95/\$23.95 Can.
ISBN: 978-0-7611-3597-5
No. 13597
Full-color photographs and illustrations throughout; 368 pages; 8" x 9 1/2"

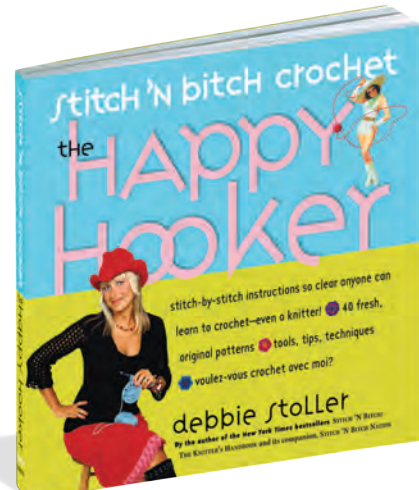


STITCH 'N BITCH The Knitter's Handbook Debbie Stoller

Every aspect of knitting: Debbie Stoller explains the different types of needles and yarns and all the techniques from basic to fancy, knit to purl, and how to make a buttonhole. At the heart of the book are 40 stylish patterns.

649,000 copies in print.
• Selection of Crafter's Choice Book Club.

Paper: \$14.95/\$19.95 Can.
ISBN: 978-0-7611-2818-2
No. 12818
Two-color photographs and illustrations throughout; 32-page four-color insert; 256 pages; 8" x 8"

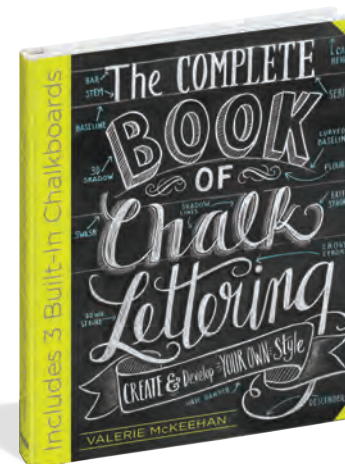


STITCH 'N BITCH CROCHET The Happy Hooker Debbie Stoller

Debbie Stoller does crochet! For knitters and new crafters exploring the hook comes the primer: the advantages of crochet; a discussion of tools; all the cool yarns available; and what the different gauges mean. Then come 40 fabulous, funky projects—Pom Pom Capelet, Retro

Clutch Purse, Anarchy Irony Hat.
275,000 copies in print.
• Selection of Crafter's Choice Book Club.

Paper: \$16.95/\$22.95 Can.
ISBN: 978-0-7611-3985-0
No. 13985
Full-color photographs and illustrations throughout; 256 pages; 8" x 8"



THE COMPLETE BOOK OF CHALK LETTERING Create and Develop Your Own Style Valerie McKeenan

Learn the art of hand-drawn chalk lettering from an Etsy superstar. Master your ABCs, from basic styles—serif, sans serif, and script—to fun letterforms like Bubble, Spooky, and Vintage Circus. Discover how to play with chalk dust to add shadows and dimension; how to illustrate borders, banners, frames; how to embellish with flourishes, laurels, hearts, and arrows. Plus: The

book is also a practice space, with three foldout "chalkboards"—the inside cover and foldout back cover are lined with blackboard paper.
152,000 copies in print.

Paper over board with extended flaps coated with chalkboard paint: \$19.95/\$26.95 Can.
ISBN: 978-0-7611-8611-3
No. 18611
Photos throughout; 176 pages; 8 1/2" x 10"



THE MAGIC PATTERN BOOK Sew 6 Patterns into 36 Different Styles! Amy Barickman

It's a magical illustrated guide to creating a one-of-a-kind wardrobe from six magic patterns. What makes a sewing pattern magic? It's simple: One "magic" pattern can be transformed into six different looks. Even better—there are six magic patterns included, resulting in 36 different looks. Following each look are suggestions for specific fabrics, for a total of 216 garments

and accessories. The skill level is basic, and patterns are bundled onto a CD in an envelope in the back of the book, and also found online (to be downloaded and printed out on 8 1/2" x 11" paper).

Flexibound with CD for patterns: \$22.95/\$29.95 Can.
ISBN: 978-0-7611-7162-1
No. 17162
Full-color photographs throughout; 320 pages; 9 1/2" x 7 1/8"



THE REVERSE COLORING BOOK™ Kendra Norton

Reverse coloring not only confers the mindful benefits of coloring and puzzling but also energizes you to feel truly creative. From the artist Kendra Norton, these beautiful and whimsical unfinished watercolors provide a gentle visual guide for your creativity and exploration. Trace the shapes, draw in figures, doodle, shade, cover an area with dots. Be realistic, with a plan, or simply let your imagination drift, as if

looking at clouds in the sky. Includes 50 original works of art, printed on sturdy paper that's single-sided and perforated. The creative possibilities are endless.

Paper: \$14.95/\$19.95 Can.
ISBN: 978-1-5235-1527-1
No. 101527
Full-color illustrations throughout; 104 perforated pages; 8 1/2" x 11"
6-copy counter display \$89.70/\$119.70 Can.
ISBN: 978-1-5235-1554-7
No. 221554



THE JOY OF ORIGAMI Margaret Van Sicklen

A delightfully fresh twist on the ancient art of paper folding. Traditional in spirit yet contemporary in look and feel, with 100 sheets of paper featuring bold, often whimsical patterns specially designed to complement the models. Among the 57 models are a Ninja Star from Outer Space and a Tie-Dyed Flapping Bird.

213,000 copies in print.
• Selection of Crafter's Choice Book Club and Kids' Book Planet.

Paper: \$16.95/\$22.95 Can.
ISBN: 978-0-7611-3988-1
No. 13988
Full-color photographs and illustrations throughout; 160 pages plus 100 sheets of origami models; perforated; 8 1/2" x 8"



MADE BY DAD 67 Blueprints for Making Cool Stuff Scott Bedford

The Snail Soup Can Decoy. The Snappy Toast Rack. A Bunk Bed Communicator made from cardboard tubes. Clever, whimsical, and ingenious, here are 67 unique projects that will turn any dad with DIY leanings into a mad scientist hero that his kid(s) will adore. The projects are shown in full-color photographs, and the instructions are illustrated in detailed line drawings that exude the

handmade ethos of a Boy Scout manual with a sly sense of humor that kids love.

84,000 copies in print.
Paper: \$19.95/\$26.95 Can.
ISBN: 978-0-7611-7147-8
No. 17147
Four-color photographs and illustrations throughout; 336 pages; 8" x 9 1/4"
5-copy counter display: \$99.75/\$149.75 Can.
ISBN: 978-0-7611-7623-7
No. 27623



GENERATION T® 108 Ways to Transform a T-shirt Megan Nicolay

In 108 unexpected, easy-to-follow projects, this pied piper of DIY shows first how to tee off with the basic materials plus add-ons (ribbons, lace, safety pins) and techniques (stitching, hemming, gathering). Then come recipes for customizing a T-shirt, making tank tops, tube tops, halters, skirts, bags, pillows—even earrings!

One-third of the projects are "no sew," so anyone who can wield a pair of scissors can put a personal stamp on her wardrobe.
250,000 copies in print.

Paper: \$15.95/\$21.95 Can.
ISBN: 978-0-7611-3785-6
No. 13785
Two color; illustrations throughout; 16-page full-color insert; 272 pages; 8" x 8"



EMBROIDER EVERYTHING WORKSHOP The Beginner's Guide to Embroidery, Cross-Stitch, Needlepoint, Beadwork, Appliqué, and More Diana Rupp

A spirited guide packed with everything you need to know to embroider like a pro. Combining attitude and instruction, projects and inspiration—plus iron-on transfer pattern sheets and a practice stitch card—Embroider

Everything Workshop is a complete how-to.

Paper: \$24.95/\$33.95 Can.
ISBN: 978-0-7611-5700-7
No. 15700
Concealed Wire-O binding; four color; 272 pages; 7 3/8" x 9"; includes iron-on transfers and practice stitch card



BOSS BABES A Coloring and Activity Book for Grown-Ups Michelle Volansky

Here is a unique coloring and activity book celebrating some of the strongest, coolest, and most beloved female role models of contemporary culture. On every spread is a black-and-white portrait to color in—Ruth Bader Ginsburg, Tina Fey, Serena Williams, and more. Plus—design a dress for Björk, decode Cher's latest tweet,

complete the Beyoncé crossword (12 down: Who run the world?).
90,000 copies in print.

Paper: \$10.95/\$14.95 Can.
ISBN: 978-0-7611-9355-5
No. 19355
B/W line art throughout; 96 pages; 6 3/4" x 8 1/2"
6-copy counter display: \$65.70/\$89.70 Can.
ISBN: 978-0-7611-9378-4
No. 29378



THE BIG BOOK OF TRICKS FOR THE BEST DOG EVER
A Step-by-Step Guide to 118 Amazing Tricks and Stunts
Larry Kay and Chris Perondi

Embark on a beautiful and meaningful adventure with your dog. This is the ultimate step-by-step, fully illustrated guide to teaching your dog 118 tricks and stunts using the power of positive reinforcement. Cowritten by two masters—Larry Kay, coauthor of the award-winning bestseller *Training the Best Dog Ever*, and Chris Perondi, owner and trainer for the “Stunt Dog Show,” which conducts over 1,000 performances a year—it’s organized from beginner (with simple tricks like fetching) to advanced (with stunts like vaulting, even riding a skateboard!), and is the best way ever to bond with your dog.

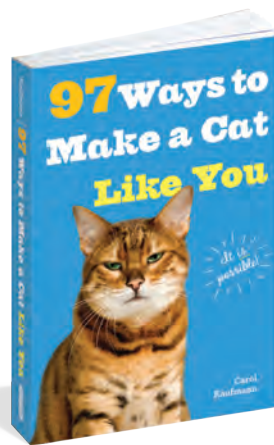
Paper: \$17.95/\$26.95 Can.
ISBN: 978-1-5235-0161-8
No. 100161
Full-color photos throughout; 320 pages; 7" x 9"



97 WAYS TO MAKE A DOG SMILE Jenny Langbehm;
Photographs by Pat Doyle

The irresistible bestseller in a new “chunky” format. As quirky, colorful, and giftable as ever, here are 97 foolproof methods and tricks for putting any dog into a state of pure pleasure. Enhancing each entry is an adorable, full-color photograph of the guaranteed result—a smiling dog.
438,000 copies in print.

Paper: \$8.95/\$11.95 Can.
ISBN: 978-0-7611-8448-5
No. 18448
Full-color photos throughout; 208 pages; 4" x 6"
6-copy counter display:
\$53.70/\$83.70 Can.
ISBN: 978-0-7611-8475-1
No. 28475
16-copy mixed counter display:
(8 each of Dog SMILE and CAT LIKE YOU)
\$143.20/\$223.20 Can.
ISBN: 978-0-7611-8476-8
No. 28476



97 WAYS TO MAKE A CAT LIKE YOU
Carol Kaufmann

The perfect interactive guide to these mysterious, fickle, seemingly aloof—yet really, just particular—pets. Paired with a full-color photograph of friendly, extroverted, happy cats, the 97 inspired, occasionally silly but always behaviorally based tips and tricks prove that when a cat is treated right, he or she will respond in kind. Within reason.
78,000 copies in print.

Paper: \$8.95/\$11.95 Can.
ISBN: 978-0-7611-8216-0
No. 18216
Full-color photos throughout; 208 pages; 4" x 6"
6-copy counter display:
\$53.70/\$83.70 Can.
ISBN: 978-0-7611-8474-4
No. 28474



ENGINEERING FOR CATS Better the Life of Your Pet with 10 Cat-Approved Projects
Mac Delaney

There may be 100 million pet cats in this country, but who says they're domesticated? In this surprisingly funny and yet transcendently practical book, an aerospace engineer gives us 10 projects that solve the most common sources of friction affecting cat owners. Here's how to make a water fountain (cats dislike stagnant water). A shelf that gives your pet a prime perch—and counters the way cats suffer feelings of inferiority around much bigger humans. For any cat lover with a few DIY skills, it's a new approach to living happily ever after with your pet(s).

Paper: \$14.95/\$19.95 Can.
ISBN: 978-0-7611-8990-9
No. 18990
Full-color illustrations throughout; 224 pages; 8½" x 6½"



TRAINING THE BEST DOG EVER
A 5-Week Program Using the Power of Positive Reinforcement
Dawn Sylvia-Stasiewicz and Larry Kay

“Best Training and Behavior Book of the Year”—Dog Writers Association of America
This program works whether you're training a puppy or an adult dog, even one with behavior problems. Illustrated with step-by-step photographs, it teaches readers what a dog new to the family needs to know, from feeling comfortable in a crate to following basic cues like sit and stay and beyond.
273,000 copies in print.

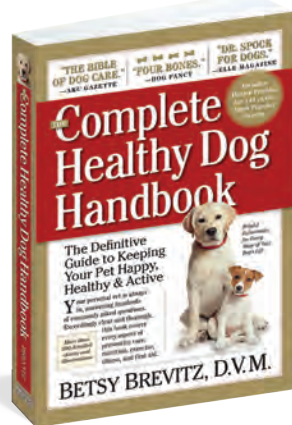
Paper: \$16.95/\$23.95 Can.
ISBN: 978-0-7611-6885-0
No. 16885
Two color; B/W photographs throughout; 304 pages; 6" x 10"



AMAZING GRACIE A Dog's Tale
Dan Dye and Mark Beckloff
Founders of Three Dog Bakery

She was the loneliest pup in the litter—a deaf and partially blind albino Great Dane. It's a moving, funny, inspirational tale, from the fateful meeting to the eureka moment—out of necessity (Gracie's dislike for commercial dog food), Dan teaches himself how to cook and launches Three Dog Bakery.
232,000 copies in print.

Paper: \$12.95/\$17.95 Can.
ISBN: 978-0-7611-2975-2
No. 12975
Line drawings and photographs throughout; 256 pages; 5¼" x 7"



THE COMPLETE HEALTHY DOG HANDBOOK
The Definitive Guide to Keeping Your Pet Happy, Healthy & Active
Betsy Brevitz, DVM

“Dr. Spock for dogs”—*Elle* magazine
“The bible of dog care”—*AKC Gazette*
Clear and complete, with more than 100 illustrations and diagrams, this guide covers everything from choosing the best dog to puppy care, nutrition, vaccines, behavior, first aid, and senior care, plus thorough discussions of more than 100 canine illnesses.
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Paper: \$21.95/\$29.95 Can.
ISBN: 978-0-7611-5412-9
No. 15412
500 pages; 6" x 9"



More gifts for pet lovers

- **ALL I NEED TO KNOW I LEARNED FROM MY CAT**
See page 103.
- **BAD DOG***
See page 103.
- **CAT**
See page 103.
- **MY DOG'S THE WORLD'S BEST DOG**
See page 103.
- **PAINT BY STICKER* CATS**
See page 79.
- **PAINT BY STICKER* DOGS**
See page 79.
- **REALLY IMPORTANT STUFF MY CAT HAS TAUGHT ME**
See page 88.
- **REALLY IMPORTANT STUFF MY DOG HAS TAUGHT ME**
See page 88.
- **UNLIKELY FRIENDSHIPS*: DOGS**
See page 84.

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The book that the two-billion-dollar-a-year kitty litter industry doesn't want you to read!
Paul Kunkel presents a foolproof 21-Day Program for teaching any litter-trained cat between the ages of 6 months and 10 years how to use a toilet instead of a litter box. The requirements are simple: magazines or newspapers, masking tape, heavy-duty plastic wrap, and one last bag of cat litter.
137,000 copies in print.

Paper: \$7.95/\$11.95 Can.
ISBN: 978-0-7611-8952-7
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B/W photos and illustrations throughout; 144 pages; 5¼" x 7"



ADVENTURE CATS Living Nine Lives to the Fullest
Laura J. Moss

The ultimate—and unexpected—guide to taking your cat into the wild. Here are cats hiking on a leash. Cats tramping through snow. Cats camping—even surfing. Written by animal writer and active hiker Laura J. Moss, it's a collection of jaw-dropping photographs, inspiring stories of real-life cats, and all the how-to a cat owner needs, including how to leash-train a cat, what to do if you encounter wildlife on the trail, safety tips, and more.

Paper: \$14.95/\$19.95 Can.
ISBN: 978-0-7611-9356-2
No. 19356
Full-color photos throughout; 224 pages; 5½" x 8¼"
6-copy counter display:
\$89.70/\$131.70 Can.
ISBN: 978-1-5235-0096-3
No. 220096



HEIDI MURKOFF

Heidi Murkoff is the author of the world's bestselling pregnancy and parenting series, *What to Expect*®. She is also the creator of WhatToExpect.com and the WTE app, as well as the founder of the What to Expect Foundation, a nonprofit organization dedicated to helping moms in need have



healthy pregnancies and healthy, happy babies. In 2005, Heidi was inducted into the Books for a Better Life Hall of Fame, and *TIME* magazine

named her one of the 100 Most Influential People in the World for 2011. In 2013, the What To Expect Foundation and the USO created "Special Delivery"—baby showers hosted by Heidi and held at bases all over the world. Heidi and Erik have two children. Their daughter, Emma, graces the cover of *What to Expect When You're Expecting* and the updated *What to Expect Before You're Expecting* and *Eating Well When You're Expecting*, and her son—and Heidi and Erik's grandson—Lennox, is the charmer on the cover of the third edition of *What to Expect the First Year*.

Over 41 million copies in print combined!



WHAT TO EXPECT® WHEN YOU'RE EXPECTING
FIFTH EDITION Heidi Murkoff

This constantly updated book is filled with must-have information, advice, insight, and tips for a new generation of moms and dads. Heidi Murkoff answers every conceivable question expecting parents could have with her trademark warmth, empathy, reassurance, and humor. Advice for dads is fully integrated throughout. All medical information is completely up-to-date, including the latest on prenatal screening and

the safety of medications during pregnancy. Lifestyle trends are incorporated, too: juice bars, raw diets, baby bump posting, and more. *Over 20 million copies in print.*
Paper: \$15.95/\$22.95 Can.
ISBN: 978-0-7611-8748-6
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B/W illustrations throughout; 656 pages; 6" x 9"
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ISBN: 978-0-7611-8924-4
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WHAT TO EXPECT® THE FIRST YEAR
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fundamentals—crib and sleep safety, feeding, vitamin supplements—reflect the most recent guidelines. Breastfeeding gets more coverage. Hot-button topics and trends are tackled: attachment parenting, sleep training, early potty learning, baby-led weaning, and green parenting.
Paper: \$16.95/\$23.95 Can.
ISBN: 978-0-7611-8150-7
No. 18150
B/W illustrations throughout; 704 pages; 6" x 9"



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FOURTH EDITION Heidi Murkoff

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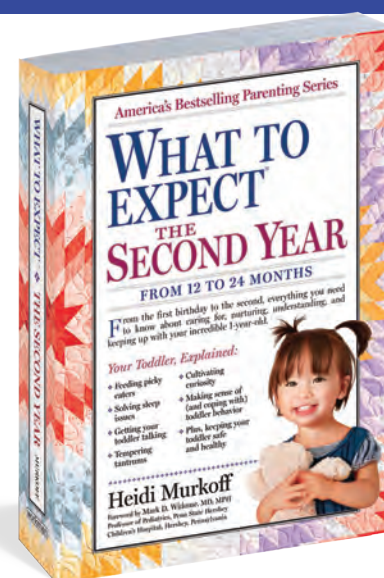
expectant parents at a stressful time when what's most familiar—their first language—is most welcome. *313,000 copies in print.*
Paper: \$15.95/\$21.95 Can.
ISBN: 978-0-7611-5738-0
No. 15738
Illustrations throughout; 704 pages; 6" x 9"



QUÉ PUEDES ESPERAR® EN EL PRIMER AÑO
Heidi Murkoff

The first Spanish-language translation of *What to Expect the First Year*. This is the book that every new parent needs through the first year of a baby's life—specially adapted for the over 1 million Hispanic American moms who give birth each year in the U.S. Comprehensive, reassuring, fun to read,

easy to flip through, it's designed for Spanish speakers, as well as for those who feel more comfortable reading in their native language.
Paper: \$19.95/\$26.95 Can.
ISBN: 978-0-7611-6790-7
No. 16790
Illustrations throughout; 928 pages; 6" x 9"



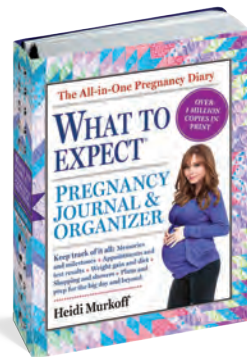
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From 12 to 24 Months Heidi Murkoff

The essential sequel to *What to Expect the First Year*, *Second Year* picks up the action at baby's first birthday, and takes parents through 12 jam-packed months of milestones (from first steps to first words to first friends)—and challenges like picky eating, separation anxiety, and bedtime battles.

Comprehensive, reassuring, empathetic,

realistic, and practical, *Second Year* covers everything parents need to know in an easy-to-access, topic-by-topic format.
367,000 copies in print.

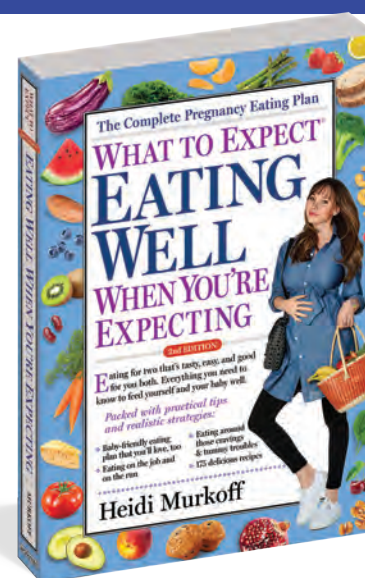
Paper: \$15.95/\$21.95 Can.
ISBN: 978-0-7611-5277-4
No. 15277
Illustrated; 528 pages; 6" x 9"
Hardcover: \$24.95/\$34.95 Can.
ISBN: 978-0-7611-6364-0
No. 16364



WHAT TO EXPECT® PREGNANCY JOURNAL & ORGANIZER
Heidi Murkoff

This planner is an expectant mom's best friend from conception through delivery.
1,159,000 copies in print.

Paper: \$14.95/\$19.95 Can.
ISBN: 978-0-7611-4212-6
No. 14212
Two color; 288 pages; Wire-O binding with title on spine; 5½" x 7½"

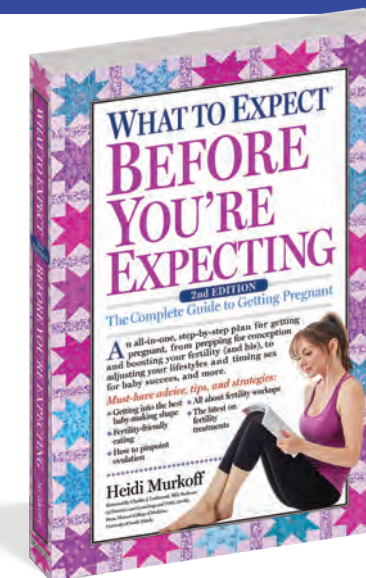


WHAT TO EXPECT®: EATING WELL WHEN YOU'RE EXPECTING
SECOND EDITION Heidi Murkoff

This lively guide provides a fresh, fun, realistic, and body-positive approach to help moms-to-be navigate healthily and tastily through the nine months of pregnancy. Even when you're too green to come face-to-fork with broccoli, or too bloated to eat at all. Thorough chapters are devoted to nutrition, including all the latest facts on superfoods, food trends, food safety,

foods to chow down on, and those to cut out altogether. Plus how to put it all together, with practical tips and recipes that are as delicious as they are nutritious.
Over 1.4 million copies in print.

Paper: \$16.95/\$22.95 Can.
ISBN: 978-1-5235-0139-7
No. 100139
400 pages; 6" x 9"



WHAT TO EXPECT® BEFORE YOU'RE EXPECTING
The Complete Guide to Getting Pregnant
SECOND EDITION Heidi Murkoff

Medical professionals recommend that all hopeful parents plan and prepare for up to a year before getting pregnant. Enter America's bestselling guide to getting pregnant, filled with up-to-the-minute information on everything from the latest on genetic screening, ovulation tracking, fertility treatments, to health

insurance coverage, preconception travel, Zika virus, and more.
363,000 copies in print.

Paper: \$14.95/\$19.95 Can.
ISBN: 978-1-5235-0150-2
No. 100150
B/W illustrations throughout; 304 pages; 6" x 9"
Hardcover: \$27.50/\$37.50 Can.
ISBN: 978-1-5235-0151-9
No. 100151



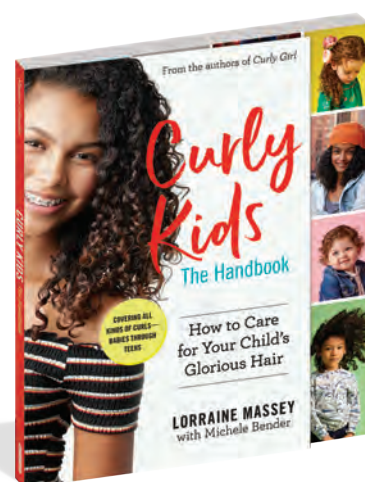
WHAT TO EXPECT® GIFT SETS The Congratulations, You're Expecting! Gift Set • The Welcome, Baby! Gift Set

The Congratulations, You're Expecting! Gift Set is a 1,360-page reference library on pregnancy, childbirth, and baby's first year. *The Welcome, Baby! Gift Set* covers each growth and development phase through the first two years of life

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No. 28932

The Welcome, Baby! Gift Set
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• *What to Expect the Second Year*
Paper: \$32.90/\$48.90 Can.
ISBN: 978-0-7611-6680-1
No. 26680

See page 86 for gifts for parents

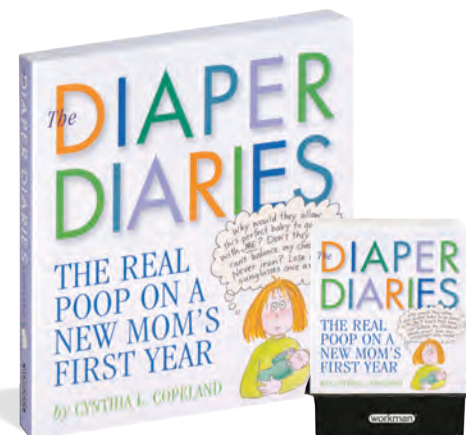


CURLY KIDS: THE HANDBOOK
How to Care for Your Child's Glorious Hair
Lorraine Massey and Michele Bender

From Lorraine Massey—an evangelist for the power of curls—comes a practical and inspirational handbook filled with creative advice for caring for every kind of curly hair. Here's how to use the Curly Girl method of “co-washing,” how to eliminate frizz no matter the weather; how

to sleep with curls; why, always, to avoid blow-drying; and what to tell the hairstylist.

Paper with stepback:
\$16.95/\$22.95 Can.
ISBN: 978-1-5235-0740-5
No. 100740
Full-color photos throughout;
184 pages; 7" x 8½"



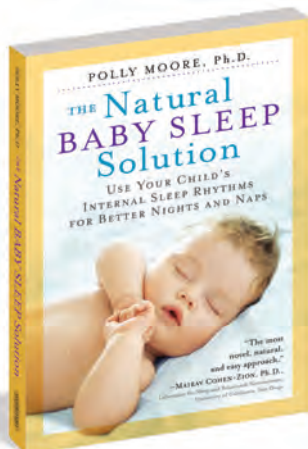
THE DIAPER DIARIES The Real Poop on a New Mom's First Year
Cynthia L. Copeland

Cynthia Copeland helps new mothers maintain the one thing they can't survive without: a sense of humor.

The Diaper Diaries chronicles the first year of motherhood, from the hospital stay to birth announcement faux pas, pacifier tales, and a guide to Nana-speak.

142,000 copies in print.

Paper: \$9.95/\$12.95 Can.
ISBN: 978-0-7611-2860-1
No. 12860
Two color; illustrations throughout;
256 pages; 6" x 6½"
10-copy counter display:
\$99.50/\$129.50 Can.
ISBN: 978-0-7611-3030-7
No. 23030



THE NATURAL BABY SLEEP SOLUTION Use Your Child's Internal Sleep Rhythms for Better Nights and Naps
Polly Moore, PhD

Based on the rest and activity cycle that occurs every hour and a half, here's a scientifically based program for parents to help babies get all the sleep they need, both through the night and during the day. The method is simple and yields long-lasting results: restful daytime naps (which also give an

infant a head start on cognitive development), and consistent nighttime sleep—as beneficial for parents as it is for the baby.

68,000 copies in print.

Paper: \$12.95/\$17.95 Can.
ISBN: 978-0-7611-8747-9
No. 18747
Two color; 192 pages; 5¼" x 7½"



THE BABY KEEPSAKE BOOK AND PLANNER
Mindy Weiss

A baby book like no other. First, because it's a binder, it's completely guilt-free and customizable. Forgot to record baby's first steps? Just take out that page. Second, it includes tabbed dividers with pockets, plus 100 full-color pages covering everything from checklists and doctor's notes to First Feelings and Your Favorite Things.

68,000 copies in print.

Paper over board:
\$28.95/\$35.00 Can.
ISBN: 978-0-7611-8171-2
No. 18171
Four color; 100 pages; 3-ring binder; 10½" x 11½" with 6 tabbed dividers with pockets, plastic pouch, and 3 pull-out booklets; interior pages 8½" x 11"



THE MONTESSORI TODDLER A Parent's Guide to Raising a Curious and Responsible Human Being
Simone Davies

Using the principles developed by the educator Dr. Maria Montessori, Simone Davies shows how to turn life with a “terrible two” into a rewarding time of curiosity, respect, and discovery. *The Montessori Toddler* covers everything from how to stay composed when your

toddler is not to raising an inquisitive learner.

408,000 copies in print.

Paper with flaps:
\$19.95/\$26.95 Can.
ISBN: 978-1-5235-0689-7
No. 100689
Full-color illustrations and photos throughout; 256 pages; 6½" x 9¾"



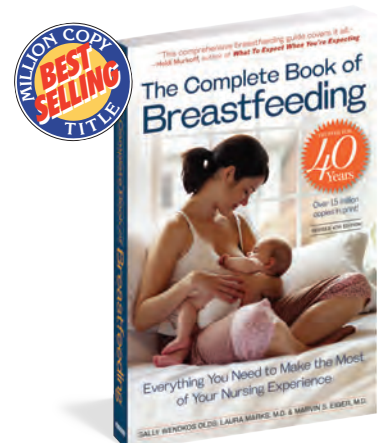
THE MONTESSORI BABY A Parent's Guide to Nurturing Your Baby with Love, Respect, and Understanding
Simone Davies and Junnifa Uzodike

Now it's baby's turn! Filled with the values, advice, and aesthetic that made *The Montessori Toddler* a parenting bestseller, *The Montessori Baby* shows how to raise your baby from birth to age one with love, respect, insight, and a surprising sense of calm. Above all, how to raise a secure baby who is ready

to explore their world with confidence.

105,000 copies in print.

Paper with flaps:
\$19.95/\$26.95 Can.
ISBN: 978-1-5235-1240-9
No. 101240
Full-color illustrations throughout;
288 pages; 6½" x 9¾"
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THE COMPLETE BOOK OF BREASTFEEDING FOURTH EDITION Everything You Need to Make the Most of Your Nursing Experience
Sally Wendkos Olds, Laura Marks, MD, and Marvin S. Eiger, MD

Non-doctrinaire, informative, and friendly, *The Complete Book of Breastfeeding* is as important as a pregnancy guide or baby name book. It's a comprehensive introduction; how to involve fathers and

siblings; and the best diet and foods for mom.

1,656,000 copies in print.

Paper: \$14.95/\$19.95 Can.
ISBN: 978-0-7611-5113-5
No. 15113
B/W photographs throughout;
432 pages; 6" x 9"



BABY BOOK Sara Midda

Irresistible, sophisticated, and never cloying, it's the special baby book to fill in and cherish forever. Sara Midda, the acclaimed artist and author, celebrates the joys of babyhood in a delightful album filled with unexpected touches. There are two miniature, pasted-in keepsake envelopes for first tooth

and lock of hair, and two larger bound-in envelopes in the back to store photographs and other important papers.

137,000 copies in print.

Jacketed hardcover:
\$22.95/\$29.95 Can.
ISBN: 978-0-7611-1229-7
No. 11229
Full color; 96 pages; 7¾" x 8"

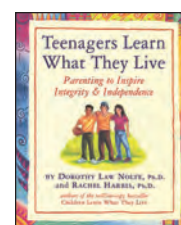


97 WAYS TO MAKE A BABY LAUGH Jack Moore

These 97 games, sight gags, parlor tricks, and practical jokes include Baby's Stinky Feet. The Scamooch. And The Disappearing Noodle (for best results, use capellini *al dente*).

851,000 copies in print.

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Full-color photos throughout;
208 pages; 4" x 6"
12-copy counter display:
\$107.40/\$143.40 Can.
ISBN: 978-0-7611-7284-0
No. 27284



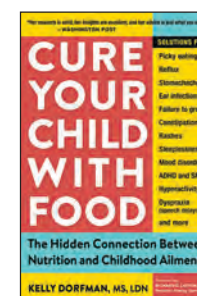
TEENAGERS LEARN WHAT THEY LIVE

Dorothy Law Nolte, PhD, and Rachel Harris, PhD

Drs. Dorothy Law Nolte and Rachel Harris bring their unique perspective to families with adolescents, addressing popularity, peer pressure, and so much more.

52,000 copies in print.

Paper: \$11.95/\$15.95 Can.
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Two color; illustrations throughout; 240 pages;
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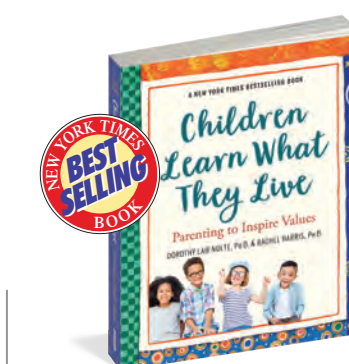


CURE YOUR CHILD WITH FOOD Kelly Dorfman, MS, LND

Newly revised and updated, here's an important book for every parent whose child suffers from allergies, picky eating, ADD/ADHD, or other problems.

67,000 copies in print.

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CHILDREN LEARN WHAT THEY LIVE

Parenting to Inspire Values Dorothy Law Nolte, PhD & Rachel Harris, PhD

A simple but powerful guide to parenting the old-fashioned way—instilling values through example—inspired by Dr. Nolte's “Children Learn What They Live,” the celebrated poem she wrote in 1954 on jealousy, praise, honesty, fairness, and more.

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HOW TO RAISE A READER Pamela Paul and Maria Russo; Illustrated by Vera Brosgol, Lisk Feng, Monica Garwood, and Dan Yaccarino

Combining clear, practical advice with inspiration, wisdom, tips, and extensive reading lists, Pamela Paul, who oversees all book coverage at *The New York Times*, and Maria Russo, children's books editor at the *Times*, show parents how to instill that same joy of reading, and its timeless, time-stopping pleasure, in their children.

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UNPLUGGED PLAY: TODDLER • PRESCHOOL • GRADE SCHOOL
Screen-Free Ideas for Creative Fun! Bobbi Conner

In an era of ubiquitous screens, this collection of timeless, imaginative, easy-to-implement games are here to the rescue. Each volume includes games to play alone and games to play with siblings and friends and parents. Games to play indoors and games for outside. There are craft

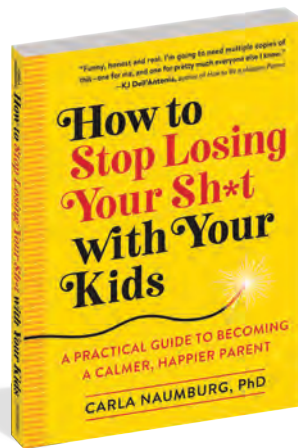
projects, music activities, guessing games—the kinds of truly fun activities designed to stretch the imagination, spark creativity, build strong bodies, forge friendships, and explore the real world. The opposite of hunkering down in front of an addictive screen.

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288 pages

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ISBN: 978-1-5235-1020-7
No. 101020
272 pages



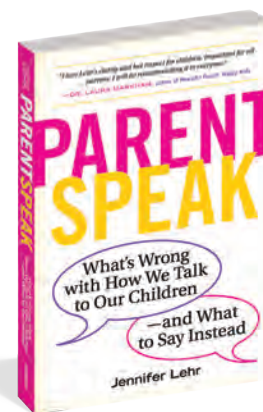
HOW TO STOP LOSING YOUR SH*T WITH YOUR KIDS
A Practical Guide to Becoming a Calmer, Happier Parent
Carla Naumburg, PhD

Stop the yelling, lose the guilt, and become a calmer, happier parent. Based on brain research, evidence-based practices, mindfulness, and more, here is an insight-packed and tip-filled program for how to stop parental meltdowns. Written in a warm, funny, instantly relatable tone of a parent who's been there, the

book not only explains why we explode at our children, but teaches us everything we need to know to turn that behavior around.

147,000 copies in print.

Paper: \$15.95/\$21.95 Can.
ISBN: 978-1-5235-0542-5
No. 100542
Two color; 224 pages; 5¾" x 8"

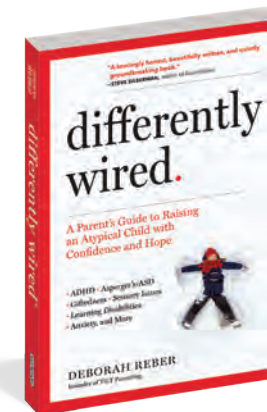


PARENTSPEAK What's Wrong with How We Talk to Our Children—and What to Say Instead
Jennifer Lehr

What if every time you praise your child with "Good job!" you're actually doing more harm than good, offering meaningless approval instead of actually engaging with your child? Is insisting "Can you say thank you?" exactly the wrong way to go about teaching

manners? Jennifer Lehr is a smart, funny, fearless writer who takes on "parentspeak" and, in the process, offers a conscious, compassionate approach to parenting.

Paper: \$14.95/\$19.95 Can.
ISBN: 978-0-7611-8151-4
No. 18151
Two color; 288 pages; 5½" x 8¼"

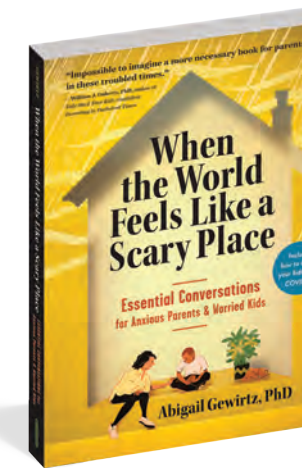


DIFFERENTLY WIRED® A Parent's Guide to Raising an Atypical Child with Confidence and Hope
Deborah Reber

The book that brings much-needed help and advice to the parents of the millions of kids with neurodifferences—the one in five "differently wired" kids with ADHD, autism, anxiety, giftedness, or other atypicalities. "A bracingly honest, beautifully written, and quietly

groundbreaking book."—Steve Silberman, author of *NeuroTribes*.

Paper: \$16.95/\$22.95 Can.
ISBN: 978-1-5235-0631-6
No. 100631
296 pages; 5½" x 8¼"
Jacketed hardcover: \$26.95/\$36.95 Can.
ISBN: 978-1-5235-0212-7
No. 100212



WHEN THE WORLD FEELS LIKE A SCARY PLACE
Essential Conversations for Anxious Parents and Worried Kids
Abigail Gewirtz, PhD

Here is a clear and practical guide to how bad things happening in the world affect our children—and how we can raise engaged and confident kids in spite of it. Written by a child psychologist and leading expert on families under stress, it is filled with conversation scripts about things like bullying, climate change,

active shooter drills, and more; guidance on helping children understand and manage their emotions; and how to make sure your own fears don't color the conversation.

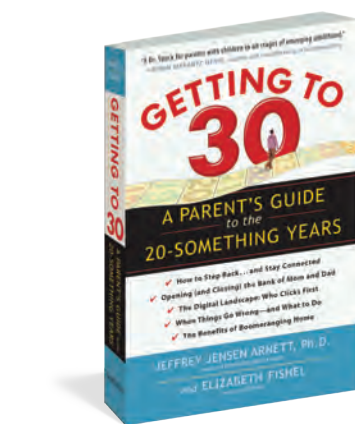
Paper: \$16.95/\$22.95 Can.
ISBN: 978-1-5235-0831-0
No. 100831
Two color; 304 pages; 6" x 8½"



PARENT HACKS®
134 Genius Shortcuts for Life with Kids
Asha Dornfest; Illustrated by Craighton Berman

It's the indispensable handbook for the most seat-of-the-pants job there is—raising kids. Drawing from the award-winning blog ParentHacks.com, *Parent Hacks* presents 134 ingenious tips and shortcuts for simplifying life with little kids. Put the ketchup *under* the hot dog, minimizing the mess.

79,000 copies in print.
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No. 18431
Four color with illustrations throughout; 272 pages; 5" x 7"
6-copy counter display: \$77.70/\$119.70 Can.
ISBN: 978-0-7611-9026-4
No. 29026



GETTING TO 30
A Parent's Guide to the 20-Something Years
Jeffrey Jensen Arnett, PhD, and Elizabeth Fishel

Here's the optimistic, practical, and research-based guide that explains to parents what's really happening to their 18- to 29-year-old, and gives all the tools they need—from six ways to listen more than you talk, to knowing when to open (and close) the Bank of Mom and

Dad while saving for retirement. "A Dr. Spock for parents with children in all stages of emerging adulthood."—Robin Marantz Henig, coauthor of *Twentysomething*
Paper: \$14.95/\$19.95 Can.
ISBN: 978-0-7611-7966-5
No. 17966
320 pages; 5½" x 8¼"



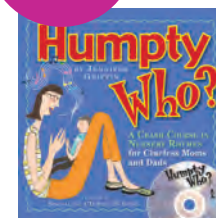
THE POCKET PARENT
Gail Reichlin & Caroline Winkler

It's instant relief—a pocket-size book of tried-and-true advice, common sense, parental wisdom, and sanity, offering hundreds of fast answers in an A-to-Z compendium of common childhood behavior problems.

198,000 copies in print.

Paper: \$12.95/\$17.95 Can.
ISBN: 978-0-7611-2182-4
No. 12182
Two color; 400 pages; 4" x 8"

Available until March 2022 (See page 31.)



HUMPTY WHO?
A Crash Course in Nursery Rhymes for Clueless Moms and Dads
Jennifer Griffin

Humpty Who? is for every mom or dad who wants to give their child the simple pleasures of classic nursery rhymes . . . but can't remember past the first line.

58,000 copies in print.

Paper over board: \$11.95/\$15.95 Can.
ISBN: 978-0-7611-4368-0
No. 14368
Two color; 192 pages; 6" x 6"; includes a 45-minute audio CD



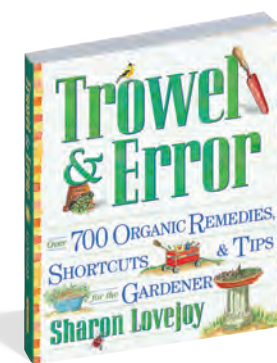
WEEDLESS GARDENING
Lee Reich

A system that protects the soil, contributes to plant health, and mitigates weed problems.

82,000 copies in print.

• Selection of the Book-of-the-Month Club and Country Homes & Gardens Book Club.

Paper: \$10.95/\$14.95 Can.
ISBN: 978-0-7611-1696-7
No. 11696
Illustrations throughout; 208 pages; 6" x 8"



TROWEL & ERROR Over 700 Organic Remedies, Shortcuts & Tips for the Gardener
Sharon Lovejoy

Cure plant viruses with spoiled milk and more practical wisdom that comes only after a lifetime of gardening experience. Indexed by problem, plant, pest, and solution.

159,000 copies in print.

• Selection of Country Homes & Gardens Book Club and the Garden Book Club.
Paper: \$14.95/\$19.95 Can.
ISBN: 978-0-7611-2632-4
No. 12632
Full-color illustrations throughout; 224 pages; 6" x 7"



THE GARDEN PRIMER SECOND EDITION
Barbara Damrosch; Packager Regina Ryan

The most comprehensive gardening reference ever, now revised and made 100% organic. With information on planning a garden, recommended plants, and best tools. Ecological issues are addressed extensively, and new advice on how to extend the growing season.

477,000 copies in print.
• Selection of the Book-of-the-Month Club.
Paper: \$24.95/\$33.95 Can.
ISBN: 978-0-7611-2275-3
No. 12275
Two color; illustrations throughout; 720 pages; 6" x 9"

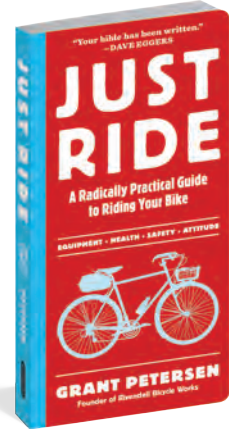


THE MIRACLE BALL METHOD, Revised Edition Relieve Your Pain, Reshape Your Body, Reduce Your Stress Elaine Petrone

Small but mighty, the Miracle Ball performs miracles! Now revised and updated to include solutions for modern problems like sleeplessness, anxiety and stress, and the aches and pains that come from sitting in front of a screen all day, the 1.5-million-copy bestseller delivers a revolutionary program of relief for wherever there's

pain. And the package is cleverly redesigned—without plastic, and with a smaller footprint for easier shelving.

Paper book and 2 inflated PVC balls in box: \$24.95/\$33.95 Can.
ISBN: 978-1-5235-1074-0
No. 101074
 B/W illustrations and photos throughout; 176 pages; 3¼" x 7½"; package: 4½" x 8½" x 4"



JUST RIDE A Radically Practical Guide to Riding Your Bike Grant Petersen

A revelation from the legendary owner of Rivendell Bike Works, who shares a lifetime of unexpected facts, expert techniques, and his own maverick philosophy. Covering technique, equipment, safety, health and fitness, and more, it's the book that argues that it's time to forget racing and ride like you did when you were a kid—just get on your bike and discover the pure joy.

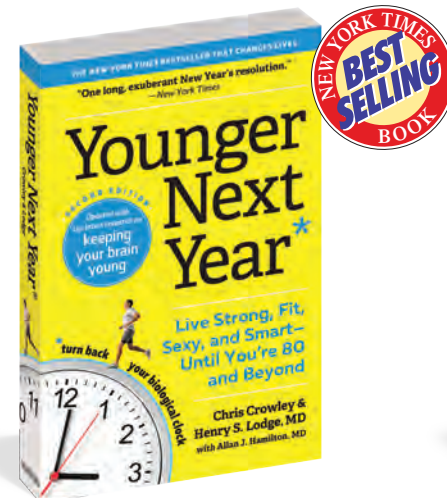
70,000 copies in print.
Paper with rounded corners: \$14.95/\$19.95 Can.
ISBN: 978-0-7611-5558-4
No. 15558
 Two color; illustrations and line drawings; 256 pages; 4½" x 9"
6-copy counter display: \$89.70/\$125.70 Can.
ISBN: 978-0-7611-6953-6
No. 26953



EAT BACON, DON'T JOG Get Strong. Get Lean. No Bullshit. Grant Petersen

The author of *Just Ride* shows why fat makes us thin, cardio makes us stressed and hungry, and not all calories are created equal—all based on the latest science. He addresses "Food basics" in essays like "You eat less often when you eat more fat, fewer carbs." "Exercise basics" begin with "Don't jog" (it just makes you hungry and trains muscle to tolerate more jogging) and lead to

a series of exercises that greatly enhance strength and endurance.
 69,000 copies in print.
Paper with rounded corners: \$14.95/\$19.95 Can.
ISBN: 978-0-7611-8054-8
No. 18054
 Two color; illustrations throughout; 240 pages; 4½" x 9"
6-copy counter display: \$89.70/\$137.70 Can.
ISBN: 978-0-7611-8262-7
No. 28262

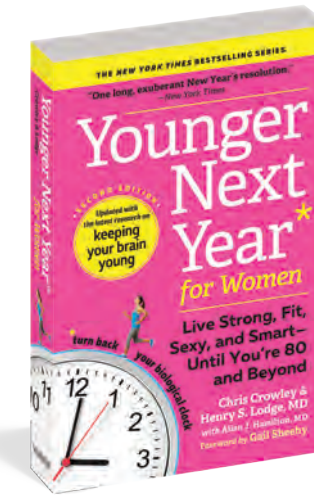


YOUNGER NEXT YEAR® SECOND EDITION Live Strong, Fit, Sexy, and Smart—Until You're 80 and Beyond Chris Crowley & Henry S. Lodge, MD, with Allan J. Hamilton, MD

Significantly updated with two new chapters on the link between physical exercise and brain health, this *New York Times* bestseller shows us how to turn back our biological clocks—and now, become 10% smarter. In other words, how to become functionally

younger every year, and continue to live with newfound vitality and pleasure.
 905,000 copies in print.

Paper: \$15.95/\$22.95 Can.
ISBN: 978-1-5235-0792-4
No. 100792
 400 pages; 5½" x 8"

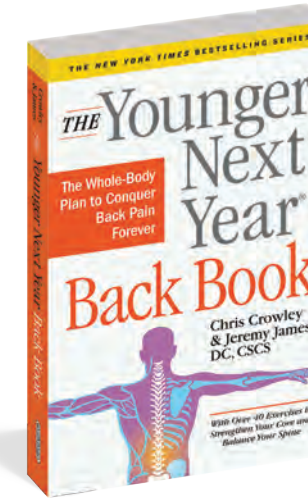


YOUNGER NEXT YEAR® FOR WOMEN SECOND EDITION Live Strong, Fit, Sexy, and Smart—Until You're 80 and Beyond Chris Crowley & Henry S. Lodge, MD, with Allan J. Hamilton, MD

Avoid 70% of the normal problems of aging, eliminate 50% of illness—and become smarter with age—in other words, live brilliantly for the decades after menopause. The key is found in "Harry's Rules," a simple program

of exercise, diet, and maintaining emotional connections.
 583,000 copies in print.

Paper: \$15.95/\$22.95 Can.
ISBN: 978-1-5235-0793-1
No. 100793
 472 pages; 5½" x 8"

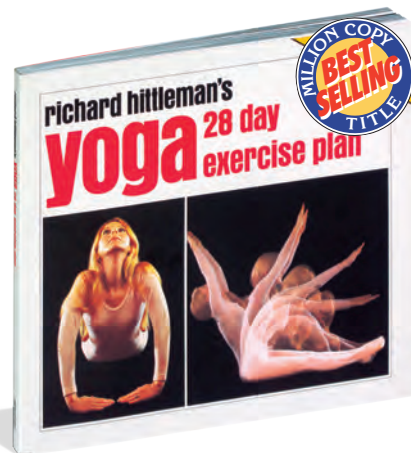


THE YOUNGER NEXT YEAR® BACK BOOK The Whole-Body Plan to Conquer Back Pain Forever Chris Crowley & Jeremy James, DC, CSCS

Eighty percent of Americans seek expert help for back pain. Coincidentally, 80 percent is the cure rate at Dr. Jeremy James's Aspen Back Institute. Now he brings his revolutionary behavioral/whole-body approach to the book that will heal, and often eliminate, back pain forever with Jeremy's Rules and a regimen of

simple exercises—all shown in step-by-step two-color illustrations.

Paper: \$15.95/\$22.95 Can.
ISBN: 978-1-5235-0447-3
No. 100447
 Two color with illustrations throughout; 256 pages; 5½" x 8"
Jacketed hardcover: \$26.95/\$34.95 Can.
ISBN: 978-1-5235-0296-7
No. 100296

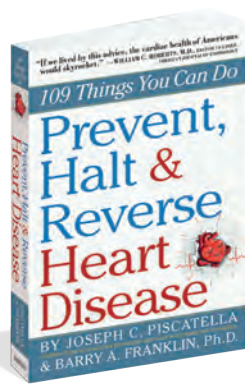


YOGA 28 DAY EXERCISE PLAN Richard Hittleman

The continuing bestseller for maintaining a healthy and relaxed body.

"Highly recommended."
 —*Library Journal*
 Over 1 million copies in print.

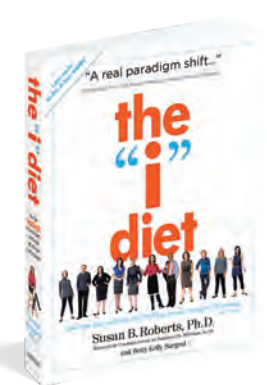
* Selection of the Book-of-the-Month Club.
Paper: \$15.95/\$21.95 Can.
ISBN: 978-0-911104-21-9
No. 194
 Photographs throughout; 224 pages; 9" x 8½"



PREVENT, HALT & REVERSE HEART DISEASE 109 Things You Can Do Joseph C. Piscatella and Barry A. Franklin, PhD

This book is divided into three sections: Cardiac Markers (10 of the most important risk factors are examined); Life Skills (109 practical tips, like #109: Floss your teeth); and Cardiac Basics (an explanation of

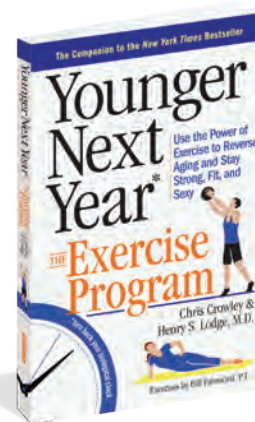
contemporary tests and treatments).
 315,000 copies in print.
Paper: \$15.95/\$21.95 Can.
ISBN: 978-0-7611-6073-1
No. 16073
 432 pages; 6" x 9"



THE "I" DIET Use Your Instincts to Lose Weight—and Keep It Off—Without Feeling Hungry Susan B. Roberts, PhD, and Betty Kelly Sargent

Here's how the hardwired food instincts that once ensured our survival are now driving too many to obesity—and how we can turn those same instincts into an engine for permanent, healthy

weight loss.
 68,000 copies in print.
Paper: \$13.95/\$18.95 Can.
ISBN: 978-0-7611-5874-5
No. 15874
 B/W photographs; 384 pages; 6" x 8"

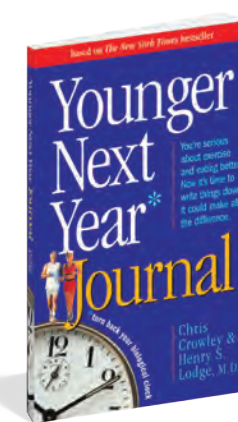


YOUNGER NEXT YEAR®: THE EXERCISE PROGRAM Use the Power of Exercise to Reverse Aging and Stay Strong, Fit, and Sexy Chris Crowley & Henry S. Lodge, MD

The exercise program that combines the best information from the *New York Times* bestselling *Younger Next Year* with the cutting-edge workouts from *Thinner This Year*. How much aerobics to do. How to calculate heart rate effectively. How hard to hit those

intervals. The magic of dynamic warm-ups versus old-style stretching, and the key to pain-free joints for life.
 61,000 copies in print.

Paper: \$10.95/\$14.95 Can.
ISBN: 978-0-7611-8612-0
No. 18612
 Two color; illustrations throughout; 176 pages; 5½" x 8"



YOUNGER NEXT YEAR® JOURNAL Chris Crowley & Henry S. Lodge, MD

Is it a cardio day or a strength day? What's your resting heart rate? Time to work on your abs? This 52-week fill-in book with detailed prompts helps organize and record exactly what you're doing, and when. Plus, it includes room to write down what you ate (the essential first

step in losing weight) and how you did with the all-important three "c's": caring, connecting, committing.
 107,000 copies in print.

Paper: \$11.95/\$15.95 Can.
ISBN: 978-0-7611-4469-4
No. 14469
 Two color; perfect-bound; 240 pages; 5½" x 8"

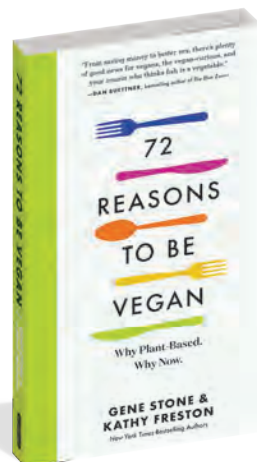


THINNER THIS YEAR A Younger Next Year® Book Chris Crowley & Jen Sackel, PhD

Lose up to 25 pounds in the first six months—and keep it off for life. Avoid solid fats and added sugars; skip the supplements; pile on fruits and vegetables; and don't drink your calories. And with its simple, fully illustrated program of 25 "sacred exercises," readers will build muscle, protect joints, add

mobility, put off 70% of the normal problems associated with aging, and eliminate 50% of serious illness and injury.
 123,000 copies in print.

Paper: \$12.95/\$17.95 Can.
ISBN: 978-0-7611-7746-3
No. 17746
 B/W illustrations; 384 pages; 5½" x 8"

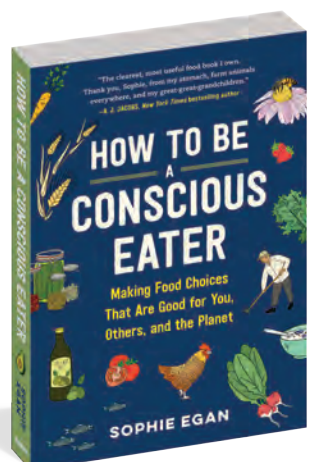


72 REASONS TO BE VEGAN Why Plant Based. Why Now. Gene Stone and Kathy Freston

Did you know that if you adopt a vegan diet you can enjoy better sex? Save money? Eat delicious burgers? Ward off Alzheimer's, Type 2 diabetes, rheumatoid arthritis, and other metabolic diseases? And help save the planet? Literally. While plenty of books tell readers how to go vegan, this is the book

that tells you *why*. It's the ideal next book for every food-conscious reader and the perfect gift for vegans to give their friends and family.

Paper with flaps: \$14.95/\$19.95 Can. ISBN: 978-1-5235-1031-3 No. 101031 Four color with illustrations throughout; 208 pages; 4 1/2" x 8"

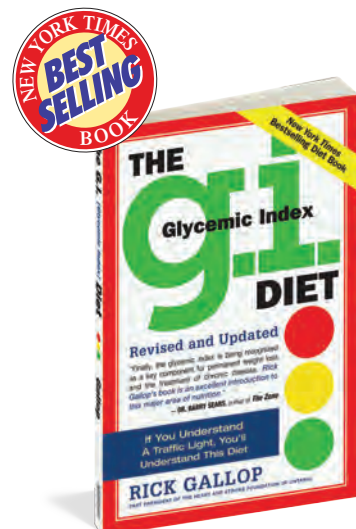


HOW TO BE A CONSCIOUS EATER Making Food Choices That Are Good for You, Others, and the Planet Sophie Egan

In this radically practical guide, Sophie Egan, an expert in health, nutrition, and sustainability, helps us navigate the bewildering world of food by using three criteria—is what I'm about to eat good for me? Is it good for others? Is it good for the planet? And in doing so, covers everything: tips

for buying produce, diet and cancer risks, the truth about sell-by dates, cutting down on food waste, the great protein myth, and more.

Paper: \$16.95/\$22.95 Can. ISBN: 978-1-5235-0738-2 No. 100738 Full-color illustrations throughout; 280 pages; 5 1/2" x 8"



THE G.I. DIET REVISED AND UPDATED Rick Gallop

The *New York Times* and *Wall Street Journal* bestseller, and the book chosen by *People* magazine and *The View* as one of the top diet books of 2005. Backed by the science of the glycemic index, *The G.I. Diet* places every type of food into one of three color-coded categories: Green—make these foods the centerpiece of

your diet; Yellow—eat occasionally, after you've achieved your ideal weight; and Red—avoid. Includes recipes, snack ideas, a shopping list, and tips for dining out.

Paper: \$11.95/NCR ISBN: 978-0-7611-4478-3 No. 14479 Four color; 176 pages; 5 1/2" x 8 3/4"

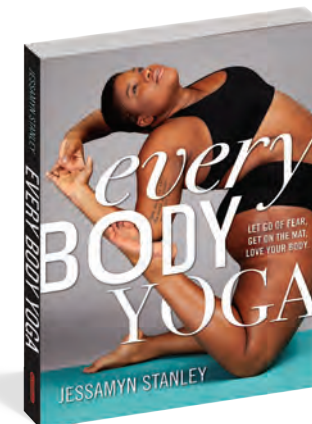


SILVER HAIR: A HANDBOOK Say Goodbye to the Dye and Let Your Natural Light Shine Lorraine Massey with Michele Bender

Celebrate the power of silver with this ultimate handbook-plus-manifesto for every woman who's ready to say goodbye to the dye and let her natural color shine. From the coauthors of the bestselling *Curly Girl*, *Silver Hair* covers the many options for graying stylishly, with before and after photos of real models; how to stay gorgeous post-silver, with tips on haircuts (pixies

work every time) and care (conditioning is crucial); as well as products and DIY recipes; then how to complement your chic new look with flattering fashion, makeup, and accessories.

Paper with flaps: \$16.95/\$22.95 Can. ISBN: 978-0-7611-8929-9 No. 18929 Full-color photos throughout; 208 pages; 7" x 8 1/2"

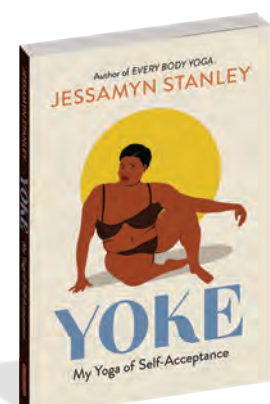


EVERY BODY YOGA Let Go of Fear, Get on the Mat, Love Your Body Jessamyn Stanley

The irrepressible teacher Jessamyn Stanley's school of yoga—yoga for every body, regardless of ability, body type, age, or experience—is about a whole way of life: bold, empowered, emotionally and physically authentic. Combining how-to and memoir, instruction and humor, the practical with the personal, *Every Body*

Yoga will help readers of all different levels of experience seamlessly weave yoga into their lives.

Lay-flat paper with flaps: \$16.95/\$22.95 Can. ISBN: 978-0-7611-9311-1 No. 19311 Full-color photos throughout; 232 pages; 6 1/2" x 8 1/2"

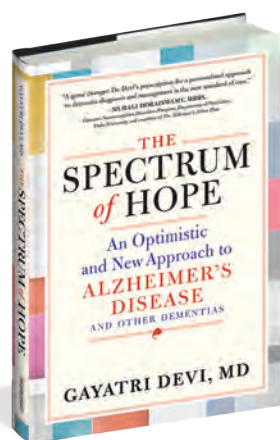


YOKE My Yoga of Self-Acceptance Jessamyn Stanley

In Sanskrit, *yoga* means "to yoke." To yoke mind and body, movement and breath, light and what Jessamyn Stanley calls the yoga of applying lessons learned on the mat to the daily project of living. In a series of deeply honest, funny essays, Jessamyn explores everything from racism to body image, cannabis to cultural appropriation. It is a personal journey

that will change everything you think you know about what it means to "practice yoga."

Paper with flaps: \$15.95/\$21.95 Can. ISBN: 978-1-5235-0521-0 No. 100521 Two color with illustrations throughout; 208 pages; 5" x 7 1/2" Also available on Workman audio.

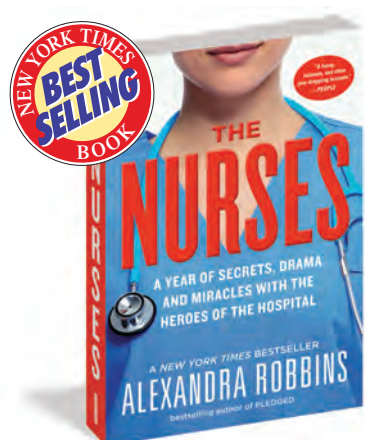


THE SPECTRUM OF HOPE An Optimistic and New Approach to Alzheimer's Disease and Other Dementias Gayatri Devi, MD

A neurologist who's been specializing in dementia for more than 20 years, Dr. Gayatri Devi rewrites the story of Alzheimer's by defining it as a spectrum disorder—a disease, like autism, that affects people differently, and one that can be successfully managed, particularly with an early diagnosis. Told

through the stories of her patients, here's a gripping medical narrative that offers personal experience, practical advice, and hope.

Jacketed hardcover: \$26.95/\$36.95 Can. ISBN: 978-0-7611-9309-8 No. 19309 336 pages; 6" x 9"



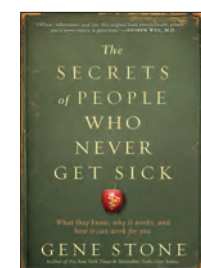
THE NURSES A Year of Secrets, Drama, and Miracles with the Heroes of the Hospital Alexandra Robbins

"A funny, intimate, and often jaw-dropping account of life behind the scenes." —*People* magazine

The compelling stories of Molly, Lara, Juliette, and Sam, four women whose real-life stories of drama, heroism, and unsung sisterhood will rivet the reader in this pull-back-the-curtain narrative.

Their experiences provide an insightful and thought-provoking look inside a profession that's one of the world's most vital, and most dangerous.

Paper: \$14.95/\$19.95 Can. ISBN: 978-0-7611-8925-1 No. 18925 384 pages; 5 1/2" x 8 1/4"



THE SECRETS OF PEOPLE WHO NEVER GET SICK Gene Stone

Who doesn't want to be healthier? In profiles of 25 people who never get sick, and why, Gene Stone covers the surprising science of personal health. The research explains why, and the do-it-yourself information shows how to bring each secret into the reader's life.

Paper: \$14.95/\$17.95 Can. ISBN: 978-0-7611-6581-1 No. 16581 232 pages; 6" x 8 1/2"



HEAL YOUR HEADACHE David Buchholz, MD

Dr. David Buchholz takes headache sufferers out of the vicious cycle of misdiagnosis and rebound and puts them in charge with a simple three-step system.

233,000 copies in print.
• Selection of the Book-of-the-Month Club, Quality Paperback Books, One Spirit, and In Books book clubs.

Paper: \$14.95/\$19.95 Can. ISBN: 978-0-7611-2566-2 No. 12566 272 pages; 6" x 9"



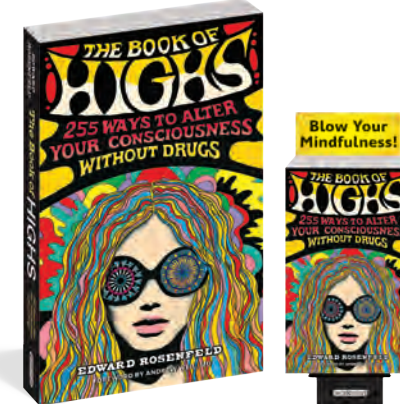
CURLY GIRL The Handbook EXPANDED SECOND EDITION Lorraine Massey with Michele Bender

Packed with unique and fail-proof hair-care methods, inspiration, and an empowering pro-curl attitude, it's all here: daily routines; Lorraine's no-more-shampoo epiphany; homemade lotions and potions; an illustrated, step-by-step guide to trimming your own hair; Lorraine's

Down-and-Dirty Curly Boy Routine—plus downloadable video tutorials on curl care techniques.

Paper: \$15.95/\$21.95 Can. ISBN: 978-0-7611-5678-9 No. 15678 Full-color photographs throughout; 176 pages; 7" x 8 1/2"

Also available: **CURLY KIDS: THE HANDBOOK** See page 128.

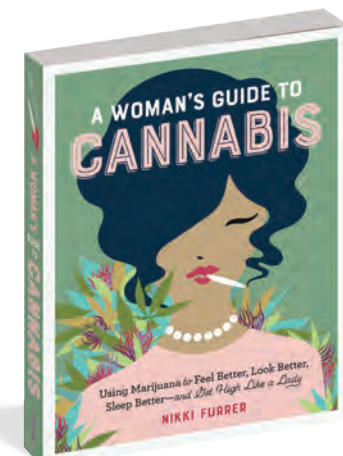


THE BOOK OF HIGHS 255 Ways to Alter Your Consciousness Without Drugs Edward Rosenfeld; Foreword by Andrew Weil, MD

An encyclopedia of the hundreds of ways humans alter consciousness, without drugs and alcohol. Drawn from cultures around the world, here are positive techniques—Self-Hypnosis, Fervent Prayer. And "negative" techniques, like Fire Walking. Methods derived from religious and mystic traditions—Transcendental

Meditation, and more! It's guaranteed to blow your mindfulness.

Paper: \$17.95/\$23.95 Can. ISBN: 978-0-7611-9387-6 No. 19387 Full-color illustrations throughout; 320 pages; 6" x 9 3/4" 6-copy counter display: \$107.70/\$155.70 Can. ISBN: 978-1-5235-0406-0 No. 220406



A WOMAN'S GUIDE TO CANNABIS Using Marijuana to Feel Better, Look Better, Sleep Better—and Get High Like a Lady Nikki Furrer

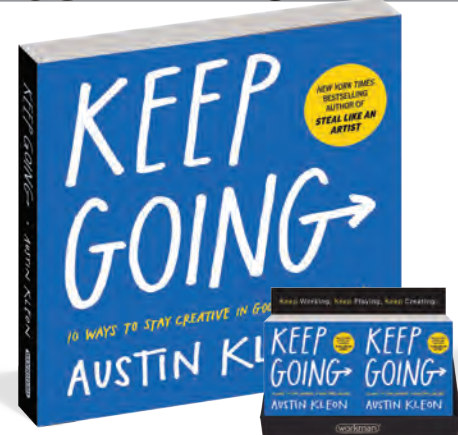
Women of all ages are using marijuana and its products to feel and look better—even a small daily dose is enough to relieve anxiety, lift depression, melt stress, reduce inflammation, ease aches and pains, help you lose weight, and give you a great night's sleep. *A Woman's Guide to Cannabis* is here to show how to understand the amazing health-giving

compounds found in cannabis—THC, CBD, and more. Plus over twenty recipes, from edibles to self-care products.

Paper with flaps: \$16.95/\$23.95 Can. ISBN: 978-1-5235-0200-4 No. 100200 Full-color illustrations throughout; 224 pages; 6" x 8"

76,000 copies in print.

AUSTIN KLEON

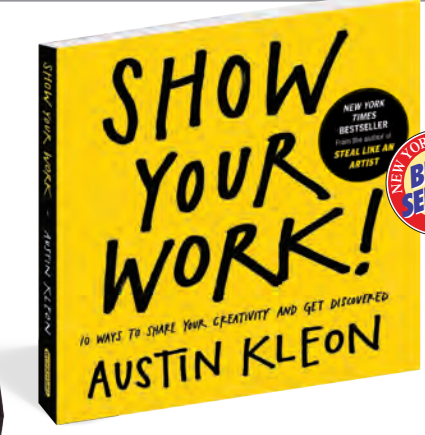


KEEP GOING 10 Ways to Stay Creative in Good Times and Bad Austin Kleon

In his most inspiring book yet, Austin Kleon gives readers life-changing, illustrated advice and encouragement on how to stay focused, creative, and true to yourself—for life. Ostensibly written for artists and writers, *Keep Going* and its timeless, practical, and ethical principles are really for anyone trying to sustain a meaningful and productive life.

139,000 copies in print.

Paper with flaps: \$12.95/\$17.95 Can. ISBN: 978-1-5235-0664-4 No. 100664
B/W illustrations throughout; 224 pages; 6" x 6"
8-copy counter display: \$103.60/\$143.60 Can. ISBN: 978-1-5235-0750-4 No. 220750



SHOW YOUR WORK! 10 Ways to Share Your Creativity and Get Discovered Austin Kleon

An inspiring, quirkily illustrated guide to sharing your creativity and getting discovered, by bestseller author Austin Kleon. From broader life lessons about work (you can't find your voice if you don't use it) to the etiquette of sharing—and the dangers of oversharing, it's a manifesto for succeeding as any kind of artist or entrepreneur

in the digital age. And its 10 transformative rules show how to be open, generous, brave, and productive.
 391,000 copies in print.

Paper with flaps: \$14.95/\$19.95 Can. ISBN: 978-0-7611-7897-2 No. 17897
B/W illustrations throughout; 224 pages; 6" x 6"



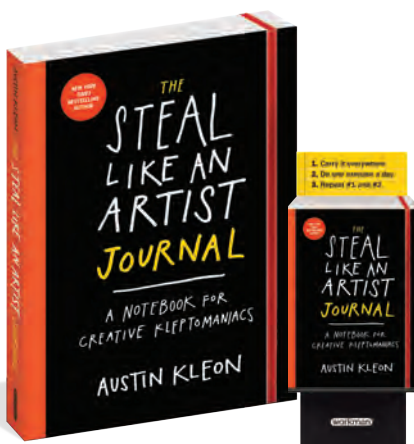
New gift edition available February 2022. See page 16.

STEAL LIKE AN ARTIST 10 Things Nobody Told You About Being Creative Austin Kleon

Unlock your creativity. In a manifesto for the digital age, Austin Kleon presents 10 transformative principles that will help readers build a more creative life. The result is inspiring, hip, and original, and filled with new truths about creativity.

921,000 copies in print.

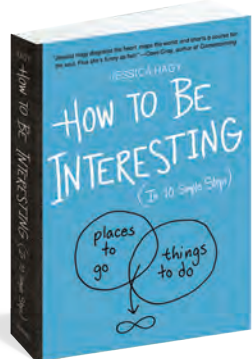
Paper with flaps: \$14.95/\$19.95 Can. ISBN: 978-0-7611-6925-3 No. 16925
Illustrations throughout; 160 pages; 6" x 6"
8-copy counter display: \$119.60/\$159.60 Can. ISBN: 978-0-7611-6954-3 No. 26954
8-copy mixed Show/Steal counter display: \$111.60/\$151.60 Can. ISBN: 978-0-7611-8191-0 No. 28191



THE STEAL LIKE AN ARTIST JOURNAL A Notebook for Creative Kleptomaniacs Austin Kleon

For readers inspired by Austin Kleon, an interactive journal to get those creative juices flowing. Each spread has a prompt or exercise, and space for writing, drawing, whatever. There are lists to fill in—10 Things I Want to Learn, 10 Things I Probably Think About More Than the Average Person. Plus creative exercises—Make a Mixtape (for someone who doesn't know you),

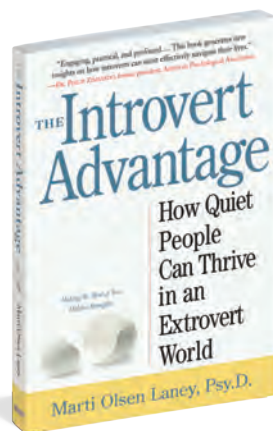
and Fill the Speech Balloons.
 133,000 copies in print.
Paper with pocket and elastic band: \$12.95/\$17.95 Can. ISBN: 978-0-7611-8568-0 No. 18568
Illustrations throughout; 224 pages; 6" x 8"
5-copy counter display: \$64.75/\$89.75 Can. ISBN: 978-0-7611-8692-2 No. 28692



HOW TO BE INTERESTING (In 10 Simple Steps) Jessica Hagy

Leave a mark, not a blemish. Be a hero, not a spectator. Be interesting! Combining fresh and pithy life lessons, often just a sentence or two, with deceptively simple diagrams and graphs, this inspiring guide shows you how to lead a richer life.
 174,000 copies in print.

Paper with flaps: \$12.95/\$19.95 Can. ISBN: 978-0-7611-7470-7 No. 17470
Two color; illustrations throughout; 272 pages; 5" x 7"
8-copy counter display: \$103.60/\$159.60 Can. ISBN: 978-0-7611-7614-5 No. 27614



THE INTROVERT ADVANTAGE How Quiet People Can Thrive in an Extrovert World Marti Olsen Laney, Psy.D

After dispelling introverts' belief that something is wrong with them, *The Introvert Advantage* helps "innies" recognize their inner strengths—their analytical skills, ability to think outside the box, and strong powers of concentration. It provides tools to improve relationships to

create a life that's just right for the introvert temperament.
 306,000 copies in print.
 • Selection of the Book-of-the-Month Club, Quality Paperback Books, and One Spirit Book Club.
Paper: \$16.95/\$25.95 Can. ISBN: 978-0-7611-2369-9 No. 12369
 336 pages; 6" x 9"



A FIELD GUIDE TO LUCID DREAMING Mastering the Art of Oneironautics Dylan Tuccillo, Jared Zeisel, and Thomas Peisel

Imagine all the things that happen in dreams, but with one extraordinary difference: You are "lucid"—consciously, joyously in control. This lively dream guide shows step-by-step how to get lucid and discover creative thinking, healing, inspiration, and self-knowledge.

94,000 copies in print.

Paper: \$14.95/\$19.95 Can. ISBN: 978-0-7611-7739-5 No. 17739
B/W illustrations throughout; 288 pages; 6" x 8"
6-copy counter display: \$89.70/\$137.70 Can. ISBN: 978-0-7611-7764-7 No. 27764

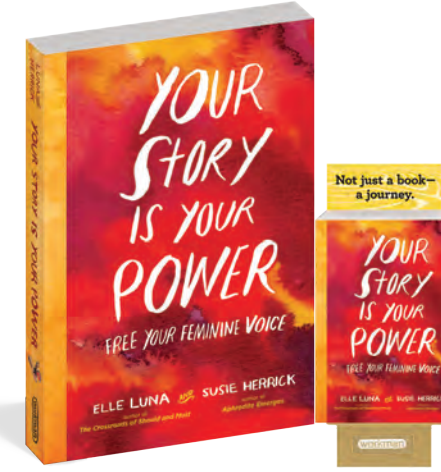


THE CROSSROADS OF SHOULD AND MUST Find and Follow Your Passion Elle Luna

A timeless, inspirational, highly visual gift book with a universal message: We get to choose the path between Should (what we feel we ought to be doing) and Must (the thing we dream of doing, our heart's desire). Elle Luna shows how to face the most common fears behind choosing Must; and how to discover your Must, do something about

it, and share your gifts with the world.
 159,000 copies in print.

Paper over board: \$16.95/ \$22.95 Can. ISBN: 978-0-7611-8488-1 No. 18488
Four color; illustrations throughout; 176 pages; 6" x 9 1/2"
5-copy counter display: \$84.75/\$114.75 Can. ISBN: 978-0-7611-8504-8 No. 28504

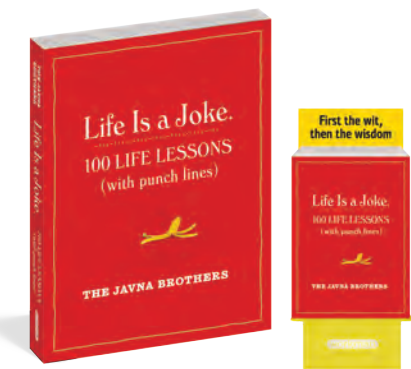


YOUR STORY IS YOUR POWER Free Your Feminine Voice Elle Luna and Susie Herrick

In a very real sense, we define ourselves through our stories. By following the beautifully illustrated labyrinth of questions, exercises, personality assessments, confessions, and advice, the reader can discover the center of her voice, power, and truth. And then learn how to share her story—and all of her feminine

power—with a world that needs to hear it.

Paper over board: \$17.95/\$23.95 Can. ISBN: 978-1-5235-0269-1 No. 100269
Full-color illustrations throughout; 192 pages; 6" x 9 1/2"
8-copy counter display: \$143.60/\$207.60 Can. ISBN: 978-1-5235-0405-3 No. 220405

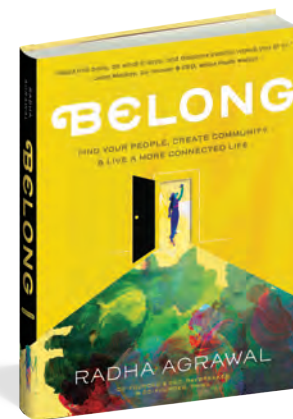


LIFE IS A JOKE 100 Life Lessons (with Punch Lines) The Javna Brothers

The perfect marriage of wisdom and wit—100 valuable lessons on how to live, drawn from hilarious and unforgettable jokes. Straddling self-help and entertainment, here is a refreshing new take on a book of wisdom, conveying its messages in a way that's clear, humorous, and often practical. All from the hands of Gordon and

John Javna, known for their inventive series of impulse books, *Uncle John's Bathroom Reader*®.

Paper with flaps: \$12.95/\$17.95 Can. ISBN: 978-1-5235-0007-9 No. 100007
 256 pages; 5 1/4" x 7 1/4"
8-copy counter display: \$103.60/\$151.60 Can. ISBN: 978-1-5235-0084-0 No. 220084



BELONG Find Your People, Create Community & Live a More Connected Life Radha Agrawal

A book that's equal parts inspiring and interactive, and packed with prompts, charts, and quizzes. *Belong* takes readers on a unique two-part journey of self-discovery and community to help them find those special people who feed their soul, and discover, or create, the groups that align with their aims and desires.

"If you want to belong, read this book."
 —Deepak Chopra, MD
 58,000 copies in print.

Paper over board with a die-cut cover: \$19.95/\$25.95 Can. ISBN: 978-1-5235-0205-9 No. 100205
Full-color illustrations throughout; 232 pages; 6" x 8"



FRIENDSHIPPING The Art of Finding Friends, Being Friends, and Keeping Friends Jenn Bane and Trin Garritano

Today, making and keeping friends is anything but simple—which makes *Friendshipping* an essential book for anyone who's feeling a little alone or trying to navigate the challenging world of grown-up friendships. Illustrated throughout, here are the tips and tools readers need to make new friends

and improve the quality of existing friendships. The tone is relatable and irreverent; the advice stresses gender inclusivity, empathy, and practicality, with scripts and step-by-step guides.
Paper: \$14.95/\$19.95 Can. ISBN: 978-1-5235-0861-7 No. 100861
Full-color illustrations throughout; 224 pages; 6" x 8"



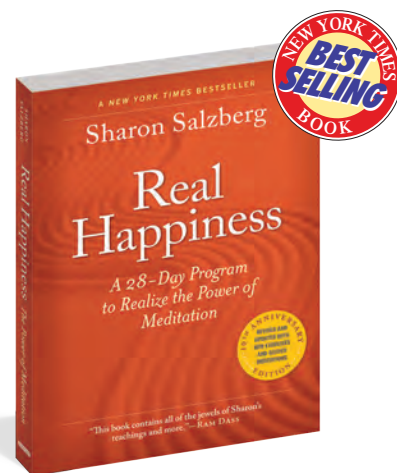
WELCOME TO THE GRIEF CLUB Because You Don't Have to Go Through It Alone

Janine Kwoh

Combining her own experiences with grief—the author's partner died when both were in their late 20s—with what she learned from others in her “grief club,” Janine Kwoh uses brief writings and observations, hand-drawn illustrations, and diagrams to offer a fresh, empathetic approach to all of the surprising, confusing, brutal, funny, and downright bizarre

parts of grief. It is a book to put into the hands of anyone who is grieving, because from its very first page, that person will know they are not alone.

Jacketed hardcover:
\$15.95/\$21.95 Can.
ISBN: 978-1-5235-1171-6
No. 101171
Full-color illustrations throughout;
128 pages; 6" x 7"



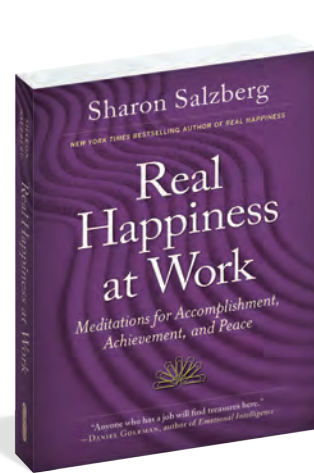
REAL HAPPINESS, 10TH ANNIVERSARY EDITION A 28-Day Program to Realize the Power of Meditation

Sharon Salzberg

In this *New York Times* bestseller, one of the world's foremost meditation teachers and spiritual authors offers a complete guide to starting and maintaining a meditation practice. Includes exercises, journal prompts, and ten guided meditations recorded by the author and available as

downloads through links embedded in scannable QR codes. “Wonderfully clear, remarkably accessible, warmhearted and wise”—Jack Kornfield.

Paper: \$16.95/\$22.95 Can.
ISBN: 978-1-5235-1012-2
No. 101012
240 pages; 6" x 8"



REAL HAPPINESS AT WORK Meditations for Accomplishment, Achievement, and Peace

Sharon Salzberg

This practical guide shows how to improve work life through mindfulness, compassion, and ingenuity. How to manage time and emotions to counterbalance stress and frustration. How to focus the mind in order to do stronger, more productive work. And how to be more creative, organized, accomplished—and open—through core

meditations, spiritual exercises, and stealth practices that are quick, private, and doable.
58,000 copies in print.

Paper: \$16.95/\$22.95 Can.
ISBN: 978-0-7611-6899-7
No. 16899
272 pages; 6" x 8"
8-copy counter display:
\$135.60/\$207.60 Can.
ISBN: 978-0-7611-7795-1
No. 27795



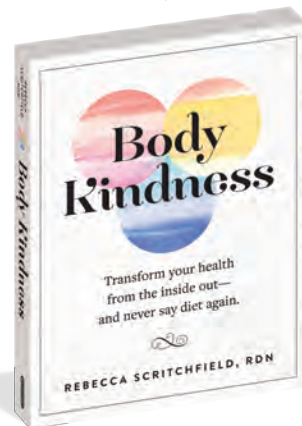
SEE YOUR WAY TO MINDFULNESS Ideas and Inspiration to Open Your I

David Schiller

In a world filled with distraction, seeing mindfully is like meditation, a way to hit pause, pay attention, and find calm by focusing on what's directly in front of us. This full-color illustrated book from the bestselling author of *The Little Zen Companion* is meant to both inspire and instruct readers to open their eyes—and their “I”s. A collection of quotes, prompts, and creative

exercises, married with photographs and drawings, it encourages seeing as a practice—like a Zen of seeing.

Paper with flaps:
\$12.95/\$17.95 Can.
ISBN: 978-0-7611-8744-8
No. 18744
Full-color photos and illustrations throughout; 208 pages; 6" x 6"
8-copy counter display:
\$103.60/\$159.60 Can.
ISBN: 978-0-7611-9214-5
No. 29214



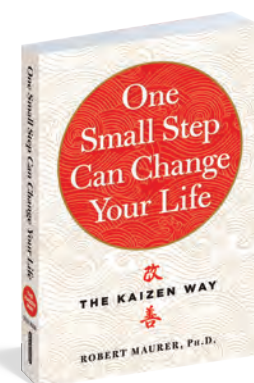
BODY KINDNESS Transform Your Health from the Inside Out—and Never Say Diet Again

Rebecca Scritchfield, RDN

Imagine a graph with two lines. One line tracks happiness. The other tracks how you feel about your body. For millions of women these lines never intersect, but it does not have to be that way. *Body Kindness* is a loving, practical, inspirational, and visually lively book that shows how to change poor health habits using incremental alterations to bring together those lines. A holistic program

filled with motivations, lively infographics, the science behind cognitive change, and more, it's the anti-diet book.
64,000 copies in print.

Paper with flaps:
\$15.95/\$21.95 Can.
ISBN: 978-0-7611-8729-5
No. 18729
Four color with illustrations throughout; 296 pages; 6" x 8"
5-copy counter display:
\$79.75/\$119.75 Can.
ISBN: 978-0-7611-9215-2
No. 29215

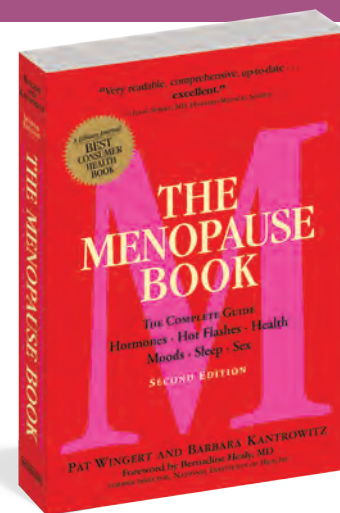


ONE SMALL STEP CAN CHANGE YOUR LIFE The Kaizen Way

Robert Maurer, PhD

The essential guide to kaizen—the art of making great and lasting change through small, steady steps—for anyone who wants to lose weight, quit smoking, inspire a team, write a novel, meet new people, and more.
283,000 copies in print.

Paper: \$10.95/\$12.95 Can.
ISBN: 978-0-7611-8032-6
No. 18032
228 pages; 4" x 6"
Hardcover: \$19.95/\$26.95 Can.
ISBN: 978-0-7611-2923-3
No. 12923



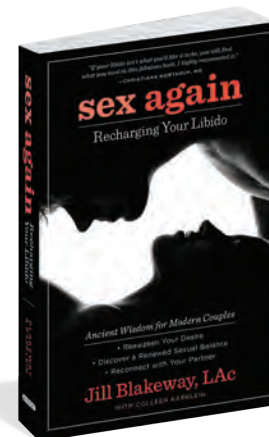
THE MENOPAUSE BOOK The Complete Guide: Hormones, Hot Flashes, Health, Moods, Sleep, Sex

SECOND EDITION Pat Wingert and Barbara Kantrowitz

It's the all-in-one menopause bible. It incorporates the latest medical findings, cutting-edge research, and advice on hormone therapy; hot flashes; heart disease; breast cancer; estrogen; weight gain and loss; the pros and cons of breast

implants; and more. A *Library Journal* Best Consumer Health Book.
163,000 copies in print.

Paper: \$19.95/\$26.95 Can.
ISBN: 978-1-5235-0428-2
No. 100428
Two color, with illustrations throughout; 544 pages; 6" x 9"



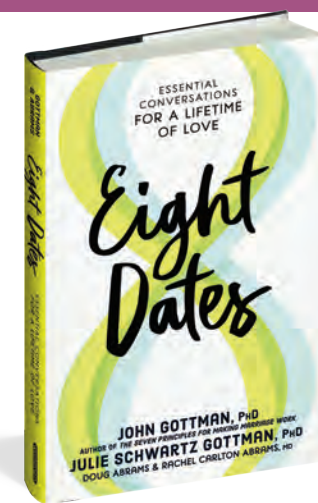
SEX AGAIN Recharging Your Libido

Jill Blakeway, LAc, with Colleen Kapklein

Combining Eastern wisdom and techniques with a Western medical perspective, *Sex Again* shows women step-by-step how to revive their libidos and rekindle their sex lives. There are meditations to help unblock *qi*, the essential energy that flows through the body. Chapters on massage,

positions, orgasms. And “Sex in Six,” a six-week program of reclaiming an active, satisfying, and possibly better-than-ever-before sex life.
60,000 copies in print.

Paper: \$16.95/\$22.95 Can.
ISBN: 978-0-7611-7169-0
No. 17169
Two color; spot illustrations;
304 pages; 6" x 9"



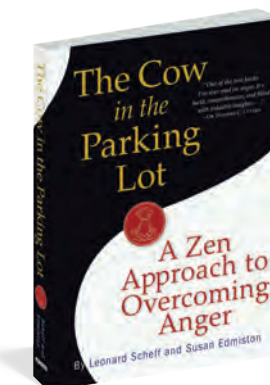
EIGHT DATES Essential Conversations for a Lifetime of Love

John Gottman, PhD, Julie Schwartz Gottman, PhD, Doug Abrams, and Rachel Carlton Abrams, MD

Happily ever after is not by chance—it's by choice. From award-winning marriage researcher and bestselling author Dr. John Gottman and researcher Julie Gottman comes a program of how, why, and when to have eight conversations with your partner that can result in a lifetime of love. Dates are structured around discussions about trust,

dealing with conflict, sex and intimacy, and more. There are exercises, real-life case studies, and skills to master. Because to make love truly last, each of you must be involved and active.
250,000 copies in print.

Jacketed hardcover:
\$24.95/\$34.95 Can.
ISBN: 978-1-5235-0446-6
No. 100446
224 pages; 5 1/4" x 8"



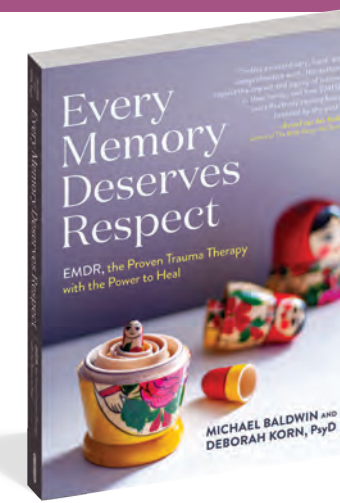
THE COW IN THE PARKING LOT A Zen Approach to Overcoming Anger

Leonard Scheff and Susan Edmiston

Using simple Buddhist principles, Leonard Scheff has created an interactive book that helps readers replace anger with a newfound happiness. Scheff shows how anger is based on unmet demands, and how, once we understand our “buttons,” we can change what happens when

they're pushed. And how to accept the liberating truth—only you can make yourself angry.
101,000 copies in print.

Paper with flaps:
\$14.95/\$19.95 Can.
ISBN: 978-0-7611-5815-8
No. 15815
208 pages; 5" x 7"



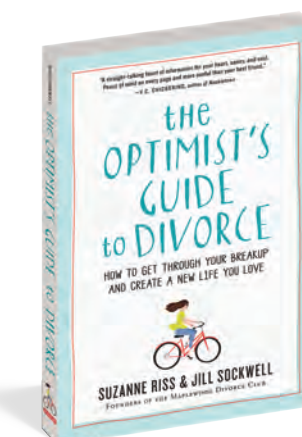
EVERY MEMORY DESERVES RESPECT EMDR, the Proven Trauma Therapy with the Power to Heal

Michael Baldwin and Deborah Korn, PsyD

Filled with motivating science, personal stories, and powerful images combined with healing language, *Every Memory Deserves Respect* explains how and why the revolutionary therapy known as EMDR works on all traumas, big and small. Cowritten by a patient who experienced transformative relief from trauma through EMDR therapy and a

therapist who explains exactly how and why EMDR works, here is a book that provides clear information and offers inspiration and hope.

Paper with flaps:
\$17.95/\$23.95 Can.
ISBN: 978-1-5235-1142-6
No. 101142
Full-color photos throughout;
304 pages; 6" x 8"
Also available on Workman audio.



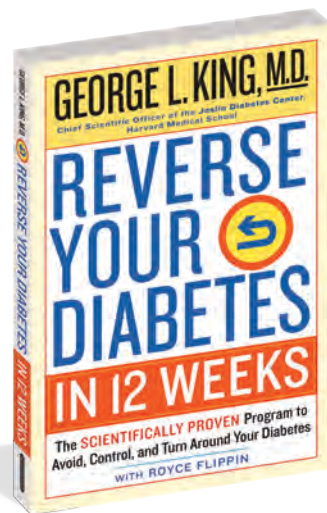
THE OPTIMIST'S GUIDE TO DIVORCE How to Get Through Your Breakup and Create a New Life You Love

Suzanne Riss & Jill Sockwell

A girlfriend-to-girlfriend guide that draws on real women's experiences, here's the book that shows how to Deal, i.e., what readers need to know right away, from telling the kids to confronting financial issues; Heal, which helps readers work through their anger, loss, and sadness; and Reveal, when it's time to

celebrate a new, stronger self.
It's the book that will get every reader into a better relationship with the one person she'll be with for the rest of her life—herself.

Paper: \$14.95/\$17.95 Can.
ISBN: 978-0-7611-8742-4
No. 18742
Two color with illustrations throughout; 288 pages; 6" x 9"



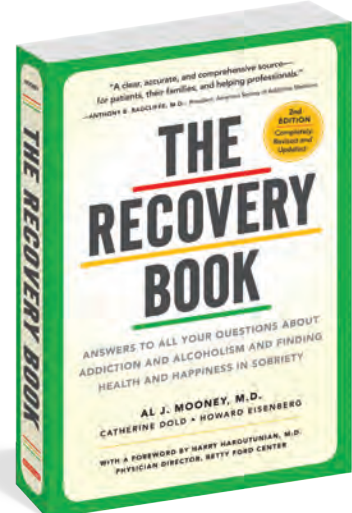
REVERSE YOUR DIABETES IN 12 WEEKS The Scientifically Proven Program to Avoid, Control, and Turn Around Your Diabetes George L. King, MD, with Royce Flippin

Boasting a new title, *Reverse Your Diabetes in 12 Weeks* (previously *The Diabetes Reset*) is now in paperback.

The research of Dr. George King, director of Harvard Medical School's Joslin Diabetes Center, is widely recognized in the medical community as the gold standard. This book

transforms the center's cutting-edge research into a plan of simple lifestyle changes to avoid, control, and even reverse the course of type 2 diabetes over twelve weeks.

Paper: \$15.95/\$21.95 Can.
ISBN: 978-0-7611-8944-2
No. 18944
 336 pages; 6" x 9"



THE RECOVERY BOOK, REVISED EDITION Answers to All Your Questions About Addiction and Alcoholism and Finding Health and Happiness in Sobriety Al J. Mooney, MD, with Howard Eisenberg and Catherine Dold; Foreword by Harry Haroutunian, MD, Physician Director, Betty Ford Center

Here is the indispensable guide to becoming clean and sober. And it is completely revised and updated with the latest in addiction science and recovery techniques—most important, on how recovery can actually

remold the brain, making sobriety a routine way of life.
 390,000 copies in print.

Paper: \$17.95/\$23.95 Can.
ISBN: 978-0-7611-7611-4
No. 17611
 624 pages; 6" x 9"

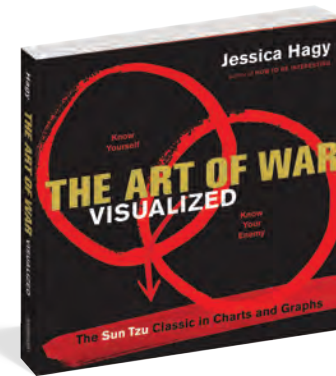


HOW TO CARE FOR AGING PARENTS A One-Stop Resource for All Your Medical, Financial, Housing, and Emotional Issues **THIRD EDITION** Virginia Morris

The best and bestselling book of its kind, *How to Care for Aging Parents* is an authoritative, clear, and comforting source of advice and support for the 42 million Americans who care for an elderly parent, relative, or friend. This third edition includes a chapter on fraud; details on "aging in place" technologies;

helpful online resources; and fill-in worksheets for gathering specifics on medications, caregivers' names, schedules, and contact info.
 408,000 copies in print.

Paper: \$19.95/\$26.95 Can.
ISBN: 978-0-7611-6676-4
No. 16676
 688 pages; 6¼" x 9"

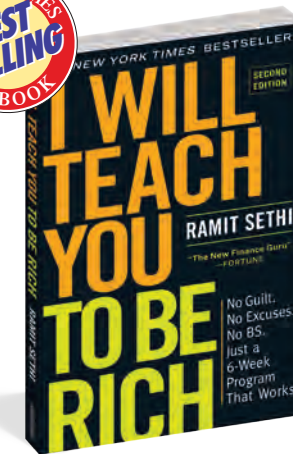


THE ART OF WAR VISUALIZED The Sun Tzu Classic in Charts and Graphs Jessica Hagy

It's the perfect meeting of minds, a Bronze Age/Information Age marriage of Sun Tzu, whose lessons on strategy offer timeless insight and wisdom, and Jessica Hagy, a cutting-edge visual thinker. This inspired mash-up completely reenergizes the perennial bestseller and makes it accessible to a new generation of

students, entrepreneurs, business leaders, artists, and anyone seeking guidance in the teachings of the past.
 58,000 copies in print.

Paper with flaps: \$14.95/\$19.95 Can.
ISBN: 978-0-7611-8238-2
No. 18238
 Two color; illustrations throughout; 256 pages; 6¾" x 6¾"

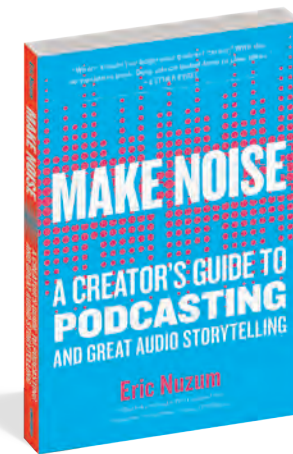


I WILL TEACH YOU TO BE RICH SECOND EDITION Ramit Sethi

Here is a simple, powerful, and effective six-week program for 20-to-35-year-olds for gaining control of your finances. Written in an irreverent and entertaining style, *I Will Teach You to Be Rich* shows you step by step how to beat banks at the fee game, negotiate a raise, manage student loans, and enjoy things you love by practicing

conscious spending. Ramit Sethi is "the new finance guru" (*Fortune*) who reaches over 500,000 followers a month on his website, iwillteachyoutoberich.com.
 950,000 copies in print.

Paper: \$15.95/\$22.95 Can.
ISBN: 978-1-5235-0574-6
No. 100574
 Two color; 352 pages; 6" x 9"

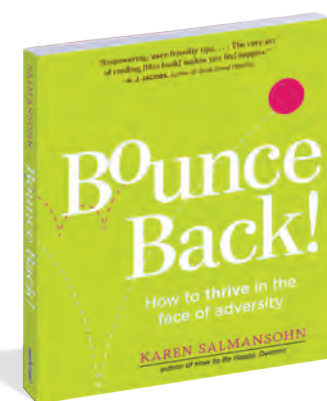


MAKE NOISE A Creator's Guide to Podcasting and Great Audio Storytelling Eric Nuzum

Podcasting is the fastest-growing media platform in the world, so the question for every potential creator is, how do you "make noise"—stand out—as a podcaster? Now NPR and Audible podcasting veteran Eric Nuzum distills years of wisdom, advice,

practical information, and strategic big-picture thinking to answer it. Includes advice from audio stars like Ira Glass, Terry Gross, and Anna Sale.

Paper: \$18.95/\$25.95 Can.
ISBN: 978-1-5235-0455-8
No. 100455
 272 pages; 6" x 9"

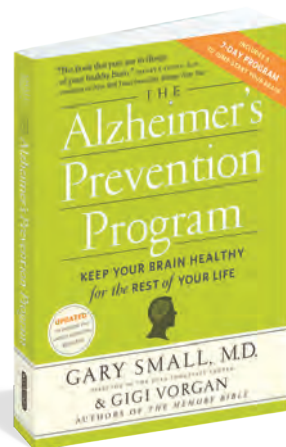


BOUNCE BACK! How to Thrive in the Face of Adversity Karen Salmansohn

Mixing wisdom, humor, feistiness, and sophistication, this is a hip, inspiring resource that will brighten the darkest mood. The book is grounded in happiness research, psychological studies, and ancient Greek philosophy: 70 easily digestible, potentially life-changing

tips on how to bounce back from adversity, each on a spread that's as punchy in look as it is powerful in message.
 124,000 copies in print.

Paper: \$12.95/\$17.95 Can.
ISBN: 978-0-7611-4627-8
No. 14627
 Full-color illustrations throughout; 192 pages; 6" x 7"

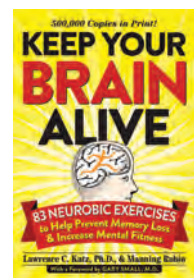


THE ALZHEIMER'S PREVENTION PROGRAM Keep Your Brain Healthy for the Rest of Your Life Gary Small, MD, and Gigi Vorgan

Want to keep Alzheimer's at bay for years—ideally, forever? Prevention is the way, and this is the guide. It's the science-based breakthrough program that shows how to strengthen memory and avoid everyday lapses. And how to reduce stress, a risk factor for

developing dementia and Alzheimer's, through meditation and 11 other relaxation strategies.
 92,000 copies in print.

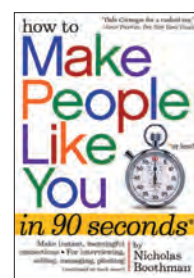
Paper: \$15.95/\$18.95 Can.
ISBN: 978-0-7611-7222-2
No. 17222
 B/W photographs and charts; 304 pages; 6" x 8½"



KEEP YOUR BRAIN ALIVE Lawrence Katz, PhD, and Manning Rubin; Foreword by Gary Small, MD

This book introduces 83 deceptively simple exercises to help keep the brain younger and stronger. Offbeat, fun, and easy, neurobics will result in a mind fit to meet any challenge.
 596,000 copies in print.

Paper: \$8.95/\$11.95 Can.
ISBN: 978-0-7611-6893-5
No. 16893
 B/W illustrations throughout; 204 pages; 4" x 6"
6-copy counter display: \$53.70/\$83.70 Can.
ISBN: 978-0-7611-8075-3
No. 28075

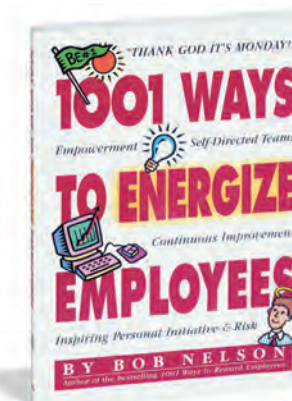


HOW TO MAKE PEOPLE LIKE YOU IN 90 SECONDS OR LESS Nicholas Boothman

The secret of success is connecting with other people. In this program, readers learn how to establish immediate trust by synchronizing voice tone and body language; the power of a Really Useful Attitude; and how to get people talking.
 324,000 copies in print.

Paper: \$13.95/\$18.95 Can.
ISBN: 978-0-7611-4946-0
No. 14946
 224 pages; 5" x 7"

BOB NELSON

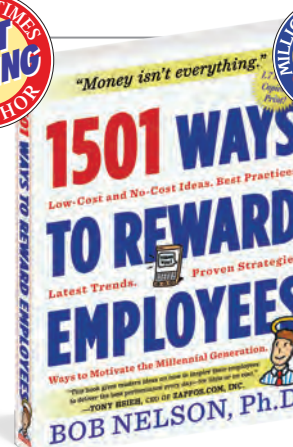


1001 WAYS TO ENERGIZE EMPLOYEES Bob Nelson; Foreword by Ken Blanchard

Bob Nelson reveals what real companies across America are doing to get the very best out of their employees—and why it's the key to their success. It's a practical handbook chock-full of suggestions for increasing employee involvement and enthusiasm.

526,000 copies in print.
 • Selection of the Executive Book Club.

Paper: \$12.95/\$17.95 Can.
ISBN: 978-0-7611-0160-4
No. 10160
 Illustrations throughout; 224 pages; 6" x 8"

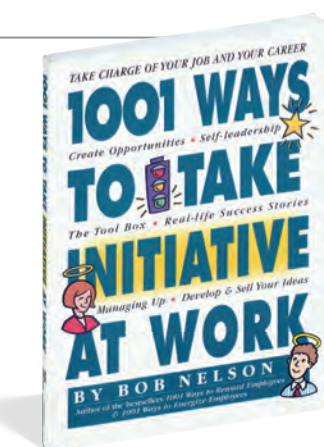


1501 WAYS TO REWARD EMPLOYEES Bob Nelson, PhD

Here is the latest update to *1,001 Ways to Reward Employees*, the groundbreaking national bestseller with over 1.7 million copies in print. Adapted to meet the needs of an evolving workplace—especially to deal creatively with virtual employees, freelancers and permalancers,

international colleagues, and millennials—its 1,501 low- and no-cost rewards and strategies are drawn from thousands of companies across the globe.
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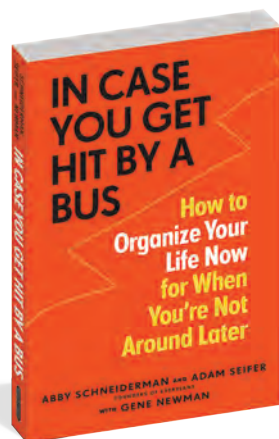


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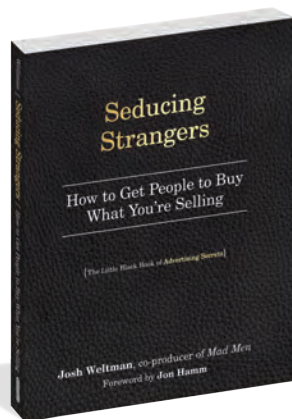


IN CASE YOU GET HIT BY A BUS How to Organize Your Life Now for When You're Not Around Later
Abby Schneiderman and Adam Seifer with Gene Newman

From Everplans, a digital company that helps people of all ages organize their lives and legacy now—so that their loved ones won't have to later—comes this brilliantly designed and easy-to-follow program. From the most urgent (granting access to passwords) to the technical (creating a manual for the systems

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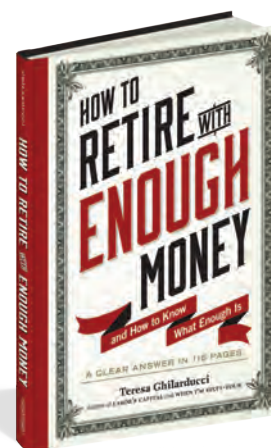


SEDUCING STRANGERS How to Get People to Buy What You're Selling
Joshua Weltman;
Foreword by Jon Hamm

An advertising creative director for more than 25 years and the *Mad Men* coproducer responsible for Don Draper's credibility as an advertising genius, Weltman distills everything he knows about the art of persuasion. The author says it best: "This book is for people like you and me. People who go to work and—using words,

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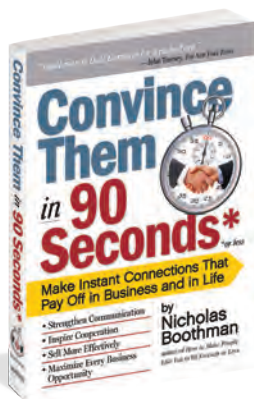


HOW TO RETIRE WITH ENOUGH MONEY and How to Know What Enough Is
Teresa Ghilarducci

Written by Dr. Teresa Ghilarducci, a retirement and savings expert, this read-it-in-one-sitting guide cuts through the confusion, misinformation, and bad policy-making that keeps us spending or saving poorly. It begins with acknowledging what a person or household actually needs to have saved—including how much to expect from

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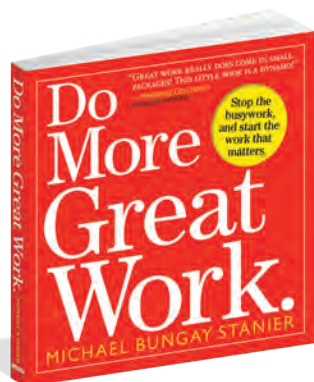


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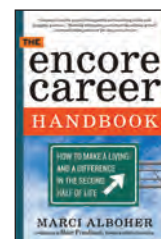


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Marci Alboher; Introduction by Marc Freedman

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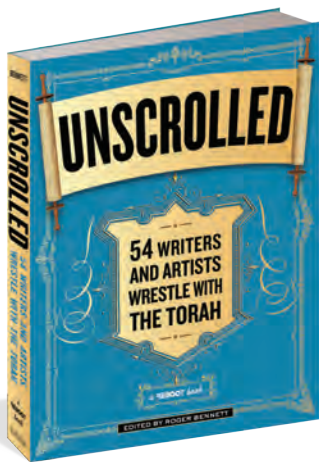
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A Reboot Book; Edited by Roger Bennett

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