

# workman

WINTER  
2023



THIS IS MY HAPPY PLACE

**EASY SIT**  
Sukhāsana

You Are Strong and Worthy  
(See page 22.)

# On the Curry Trail

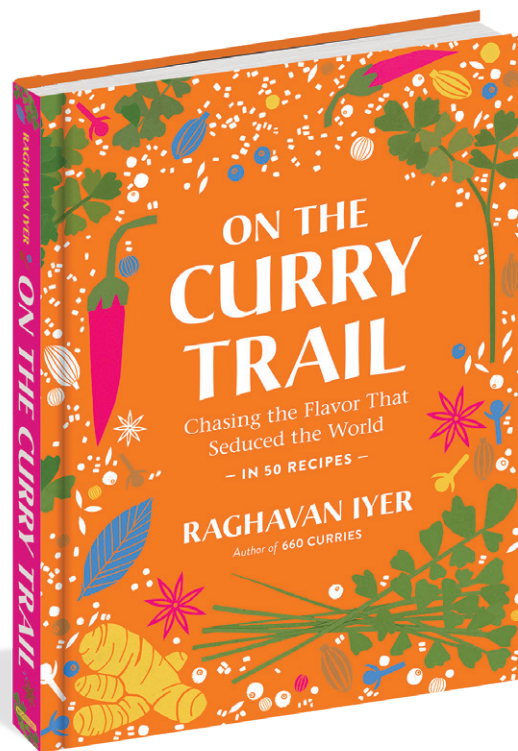
## Chasing the Flavor That Seduced the World

Raghavan Iyer

For thousands of years, Indian cooks created saucy, brothy, gravy-rich dishes filled with the bewitching flavors of their native spices. And when the outside world, starting with Britain, discovered these foods it was love at first taste. Soon that magical thing that the British called “curry” started traveling the globe, creating a trail that the beloved author, Raghavan Iyer, celebrates in this fascinating and lively cookbook filled with recipes, history, lore, anecdotes, and beautiful illustrations.

*On the Curry Trail* takes readers from curry’s origins in India to its dynamic impact on the food of neighboring countries across Asia, to the Middle East, Africa, Europe, Oceania, and finally the Americas. A way of making pure comfort food that’s also alive with scintillating flavors, curried dishes not only turn up everywhere from Nepal to Nigeria to remote Fiji, but have become iconic—think Jamaican goat curry and the American South’s Country Captain Chicken. Iyer’s versions of these and 48 other international curries are irresistible, simplified for home kitchens and local markets, and designed to deliver stunning flavor—like Chicken Lemongrass Curry with Potatoes from Vietnam, Red Lentils with Ginger from Ethiopia, British Curry House Vindaloo, Pork Meatballs in a Creamy Curry Sauce from Denmark, and Prawn Curry with Darkened Cinnamon from Sri Lanka.

On the one hand, it’s a classic story of the exciting things that happen in the kitchen when cultures accommodate new flavors and techniques. On the other, it’s unique, capturing what’s so special about curry and how, in Raghavan’s telling, the dish creates lasting connections with diverse cultures wherever it goes.



**Raghavan Iyer**, a James Beard and IACP Award winner, is the author of *Indian Cooking Unfolded*, *660 Curries*, *Betty Crocker's Indian Home Cooking*, and *The Turmeric Trail: Recipes and Memories from an Indian Childhood*. He is a spokesperson and recipe consultant for General Mills, Target, and Canola, among others. Mr. Iyer is also host of the Emmy-winning documentary *Asian Flavors*. His articles have appeared in *Eating Well*, *Cooking Light*, *Fine Cooking*, *Saveur*, and *Gastronomica*. Born in Mumbai, Mr. Iyer lives with his family in Minneapolis, Minnesota.

### Curried Deviled Eggs

Makes 8 halves

- 4 large eggs (see Tip)
- ½ teaspoon baking soda
- 1 tablespoon butter
- 1 large scallion, trimmed, white half finely chopped, green top thinly sliced (keep separate)
- 2 teaspoons Madras Curry Powder (page 18)
- 2 tablespoons crème fraîche or sour cream
- 1 tablespoon mayonnaise
- 1 tablespoon Dijon mustard
- 1 tablespoon white wine vinegar
- 1 tablespoon finely chopped fresh dill
- ½ teaspoon coarse sea salt
- ½ teaspoon coarsely cracked black peppercorns

- 1 Place the eggs carefully in a small saucepan side by side so they don't crack with your rough handling. Add cold tap water to cover by a depth of a least an inch, add the baking soda to the water. Bring it to a boil over medium-high heat. Turn off the heat. Cover the pan and allow the eggs to gently cook in the hot water, undisturbed, 15 minutes.
- 2 Fill a medium bowl halfway with cold tap water and add a cup of ice to it. Remove the cooked eggs gently from the pan with a slotted spoon and lower them into the bath. Let the eggs chill, until cool to the touch, about 10 minutes, then peel and discard the shells. Slice the eggs in half and scoop the yolk into a small bowl, leaving behind a hollowed interior and a velvet smooth white egg.

**TIP**  
The eggs for this dish should be not too fresh—see ones that have been sitting in your fridge for at least a few days. They will be easier to peel once hard-boiled.

- 3 Meanwhile, heat the butter in a small skillet over medium heat. Once the butter melts and foams around the edges, add the white scallion bulb to it. Sauté to sauté the butter, until the scallions are a bit limp (not browned), 1 to 2 minutes. Turn off the heat and sprinkle in the curry powder. The heat will be just right to cook the spices without browning them. Place the egg whites face down into the spiced butter as you get the filling ready.
- 4 In the scooped egg yolk, add the crème fraîche, mayonnaise, mustard, vinegar, dill, salt, pepper, and the green scallion tops. Remove the egg whites onto a plate, placing the yolk side up. Scoop the spiced butter from the skillet into the bowl along with the filling ingredients. Beat the filling to a smooth and whipped consistency until slightly chunky but creamy and airy.
- 5 Fill and mound each egg white generously with the filling, making sure to cover almost up to the edges. Serve at room temperature (they will keep in a heat-sealed an airtight container in the refrigerator (they will keep for a few days).



It's not hard to see the influence of curry in the cuisines of Europe. From the signature dishes of Venice, Italy, scented with aromatic spices like cinnamon and cardamom, to the ubiquitous Chicken Tikka Masala (a dish that feels quintessentially Indian to so many despite its debated origins in the Glasgow kitchen of a Bangladeshi chef), curry makes its redolent presence known.

After all, the European taste for spices dates from the time of the ancient Greeks and Romans who acquired cinnamon, cardamom, ginger, and the like, first from Arab traders and then from Romans who began trading with India. Following the decline of Rome, Italian city states began dealing in spices, with Venice becoming dominant. To break Venice's hold on this lucrative business and to avoid the dangers of the overland routes, fifteenth and sixteenth century European rulers began to search for ways to procure spices directly—going to the sources by way of the sea, beginning what became known as the Age of Discoveries. Portuguese, then Spanish and Dutch explorers reached Asia where they sought to control spice markets by whatever means they could, often by force and other exploitative methods. One result was that spices became more affordable to Europeans who began incorporating them into everyday dishes. Returning explorers also brought back a taste for the foods they had found in their travels. Both factors no doubt laid the groundwork for the presence of curries, as well as the invention of new curries, throughout the budding modern world.

Though curries' roots took hold in Oceania later than they did in Europe, thanks to multiple immigration channels from Europe and Asia, its foothold in the cuisine is clearly seen in dishes that have become widely embraced and beloved, like the goat curry popular in the Fijian archipelago today. Curry, I so emphatically believe, reinforces lasting connections among diverse cultures wherever it goes.

- A fresh and original story of curry's travels across the globe—sure to appeal to food lovers and armchair adventurers alike.
- By an IACP Award-winning Teacher of the Year and author of *660 Curries and Indian Cooking Unfolded*, with 97,000 copies in print
- 50 recipes for the world's favorite comfort food, with delicious offerings from India to Mexico, Jamaica to Japan.

### THAILAND THE CURRY PASTE TRILOGY

Kanyakakap phak

I am going to go out on a limb and say that Thailand is the only country outside of India to worship curries with such devotion. Culinarian from Myanmar to the west, Laos and Cambodia to the east, and Malaysia to the south, Thailand has a history that goes back to the first century BCE. To understand the influence of India in Thailand, witness the stronghold of the Khmer (aka Angkor) empire (now called Cambodia), from 802 to 1431 CE, which included Thailand and many of the neighboring countries. Hinduism and Buddhism were the main religions that faced this empire, and stories of Rama and Buddha became its soul. Brahmin priests played the messengers between the kings and the Hindu gods, while traders from India and China peddled in terrestrial goods: spices, opium, sandalwood, silk, tea, and gold.

The foods in Thailand evolved over the centuries from the simplicity of glutinous rice, soy beans, and wild greens among the indigenous mountain tribes of Khmer that included Hmong, Mien, and Akha (there is an engaging historical fiction called *The Girl of Huananghat Lane* by Lisa See that sheds light on the hardships and uncharted lives of this community) to a rustic curry paste of galangal, shallots, and peppercorns alongside lemons, wild field greens, pork, frogs, seafood, fowl, and wild deer. As Thailand prospered, so did its cuisine. David Thompson, in his seminal book *The Food*, spoke about Nicolas Gervaise, a French Jesuit missionary in the late seventeenth century who, in his book *The Natural and Political History of the Kingdom of Siam*, mused about foods in Thailand:

"They mix with all their acres a certain paste made of rotten prawns, called capy in Thai, which has a pungent smell that nauseates anyone not accustomed to it. It is said to give meat a certain zest which whets the appetite... so that to make a good sauce in the Siamese manner salt, pepper, ginger, cinnamon, cloves, garlic, white onions, nutmeg and several strongly flavoured herbs must be mixed in considerable quantities with

this shrimp paste. At banquets the dishes are served all higgledy-piggledy and in no particular order, with fruit and rice in vessels of gold, silver and porcelain." An un-anthropological view, in my not-so-humble opinion. He never understood the role of balance in the world of sophisticated curries and its accoutrements (yes that's a French word!) from Thailand.

Just as India has a mastery of combining various spices and herbs to fashion their curries, so do modern-day Thai cooks with their curry pastes that form the soul of their regional curries. The country's geographical location is reflected in their provincial curries as Myanmar influences northern pastes (less coconut milk, more spices), while India, Indonesia, and Malaysia inspire southern pastes that are punctuated with cardamom, coconut milk, and curries. As traders, from the seventeenth to the nineteenth century, the Portuguese spread the curry paste game with their introduction of chilies in the sixteenth century. Poise be!

Here are three curry pastes that reflect amalgamations from various regions of Thailand. They are all complex-tasting, highly nuanced, and easy to make, and will deliver any combination of meats, vegetables, and grains.



### On the Curry Trail

Full-color illustrations throughout; 208 pages; 7" x 9 1/2"  
 Paper over board: \$30.00/\$38.00 Can.  
 ISBN: 978-1-5235-1121-1  
 Ships: February



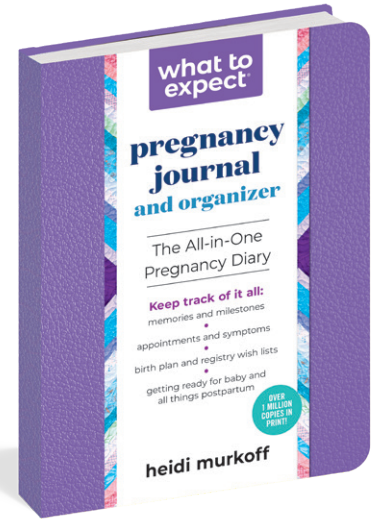
# What to Expect® Pregnancy Journal and Organizer

## The All-in-One Pregnancy Diary

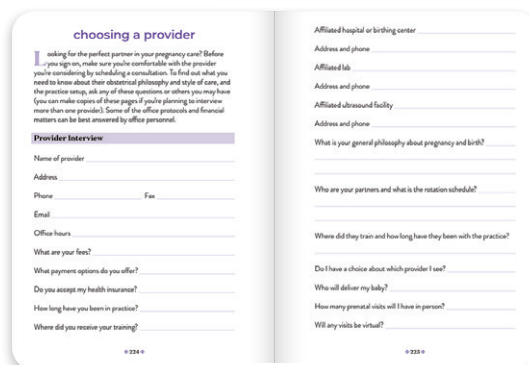
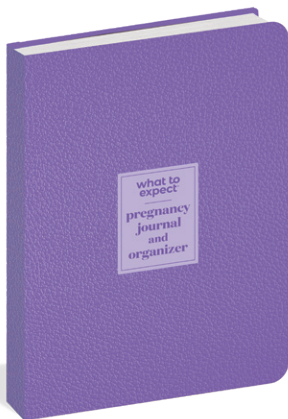
Heidi Murkoff

**A**nnouncing the revised, updated, and reimagined *What to Expect Pregnancy Journal and Organizer*—with more than 1 million copies in print, it's the bestselling and hardest-working gift for every expectant parent and the natural companion to *What to Expect When You're Expecting*, America's pregnancy bible. Elegantly designed to look like a contemporary journal and with a removable O-band that makes the diary more personal once you start using it, it is a daily companion to help every expectant mom keep track of it all.

For this new journal, all the text is up to date to reflect the fifth edition of *What to Expect*, plus there's more room to write and a dedicated space for your partner to jot down their thoughts and memories. Also new is a postpartum tracker to chart the highs and lows of your "fourth trimester." An all-in-one write-in book, filled with prompts, it works as a journal and daily diary to record all those memorable moments in the making of your baby, from that positive pregnancy test to those precious ultrasounds, first kick to first contraction to first cuddle. Stay organized and keep track of provider visits, questions you want to ask the doctor, shopping lists, medications, birthing plans, and emergency phone numbers. And, finally, it's the cherished place to write down everything you'll want to remember about these extraordinary nine months. Its compact design means it can go everywhere you go—and once baby comes, it's an invaluable keepsake.



- The bestselling *What to Expect Pregnancy Journal and Organizer*, with over 1 million copies in print
- Completely revised, updated, and redesigned to function like a contemporary journal (no wire-O) with a removable O-band
- A hardworking journal for every moment of your pregnancy, and a cherished keepsake to remember those amazing nine months
- The What to Expect series has 42 million copies in print



## What to Expect Pregnancy Journal and Organizer

Two color; 304 pages; 5½" x 7½"

Flexibound paperback with o-band and rounded corners:  
\$17.99/\$22.99 Can.

ISBN: 978-1-5235-1804-3

Ships: March



# Qué puedes esperar cuando estás esperando

Heidi Murkoff

**A**nnouncing a direct Spanish-language translation of the fifth edition of *What to Expect® When You're Expecting*, America's pregnancy bible with more than 20 million copies in print. A translation that is lively, conversational, and accessible, it is perfectly suited for the Spanish-speaking American audience for which it is intended.

And the audience is huge. Spanish-speakers are the fastest-growing linguistic group in the United States, and approximately 60% of this population of over 38 million people are millennials. The translation is also suited to all the different forms of Spanish spoken in the Americas. *Qué puedes esperar*—which has more than 300,000 copies in print—is just what's needed for the mother-to-be who either doesn't speak English or doesn't feel comfortable enough with her English; for the doctor who is having trouble communicating with a patient; for the expectant parents at a stressful time.

Filled with must-have information, practical advice, realistic insight, easy-to-use tips, and lots of reassurance, readers will also find the very latest on prenatal screenings, which medications are safe, and the most current birthing options—from water birth to gentle c-sections. Your pregnancy lifestyle gets equal attention, too: eating (including food trends) to coffee drinking, working out (and work) to sex, travel to beauty, skin care, and more. Expecting multiples? There's a chapter for you. Expecting to become a dad? This book has you covered, too.

All medical and health information is up-to-the minute, including COVID-19 and vaccines, and it even addresses the most contemporary lifestyle trends: juice bars, tattoos, baby bump posting on social media, and more.

*Heidi Murkoff is the author of the What to Expect® series of pregnancy and parenting books with over 42 million copies in print in 36 languages, also available in ebook format and audio worldwide via Audible. She is also the creator of WhatToExpect.com and the WhatToExpect app, which reach over 18 million expecting and new parents, and the What to Expect Project, a nonprofit organization dedicated to helping at-risk moms around the world expect healthier pregnancies, safer deliveries, and healthy, happy babies. Her What to Expect podcast is a production of iHeart Radio. Visit Heidi on Twitter and Instagram @HeidiMurkoff or via @WhattoExpect or WhatToExpect.com.*



- **A direct Spanish-language translation of the most recent edition of America's pregnancy bible**
- ***What to Expect When You're Expecting* has over 20 million copies in print**
- ***Qué puedes esperar cuando estás esperando* 4th edition has over 300,000 copies in print**
- **Translated to appeal to the broad range of the over 38 million Spanish-speaking Americans**

## Qué puedes esperar cuando estás esperando

B/W illustrations throughout; 720 pages; 6" x 9"

Paper: \$19.99/\$24.99 Can.

ISBN: 978-1-5235-0633-0

Ships: February



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# Our Brave Foremothers

Celebrating 100 Black, Brown, Asian, and Indigenous Women Who Changed the Course of History

Rozella Kennedy • Illustrated by Joelle Avelino

Inspired by her own foremothers' legacies and the friendships formed throughout her life, Rozella Kennedy centers and celebrates the stories of 100 Black, Brown, Asian, and Indigenous women—both famous and little-known—who changed the course of US history in her debut book, *Our Brave Foremothers*.

Featuring women of color changemakers, risk-takers, and visionaries, artists, scientists, activists, and more, the book is a rich collection of short biographies detailing the women's accomplishments, hardships, passions, and joys alongside inspirational quotes from the women and beautifully detailed artwork by illustrator Joelle Avelino. Each spread also includes an actionable prompt that encourages readers to impact the world around them in positive ways, as a tribute to the foremothers in the book and their own.

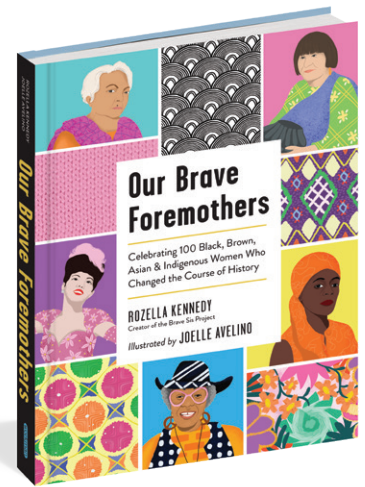
Meet Pura Belpré, who, after being hired as New York City's first Latina librarian in 1921, became a champion of Puerto Rican folklore and introduced bilingual story hours and Día de Reyes celebrations. Politician Thelma Garcia Buchholdt, whose 1974 election to the Alaska House of Representatives made her the first Filipina American legislator. Charlotte Forten Grimké, whose diaries provide a unique lens into the life of an African American woman in the antebellum period, and Lorraine Hansberry—Broadway's first Black woman playwright and author of the groundbreaking play *A Raisin in the Sun*. And legends who are still with us, including labor and women's rights activist Dolores Huerta.

Each is a portrait of power and resilience and reminds us that we all have an opportunity to change the world, in ways big and small.

**Rozella Kennedy (left)** has dedicated her work and life to uplifting issues of culture, belonging, authentic allyship, and intercultural celebration and solidarity. She is the creator of the Brave Sis Project and the Director of Impact and Equity for the global consulting firm Camber Collective. A native New Yorker, she now lives on the West Coast with her husband and their Caribbean potcake dog, Pippa.



**Joelle Avelino (right)** is a Congolese and Angolan illustrator and animator. She lives in London.



- A celebration of women of color, by women of color, reclaiming stories that have too often been overlooked or erased
- Pure inspiration meets the joy of learning, in 100 illustrated biographies of women of color who have changed US history
- Honors both famous women and many of the women who are not household names despite their incredible achievements



## Our Brave Foremothers

Full-color illustrations throughout; 208 pages;  
6 1/4" x 8 1/2"

Paper over board:  
\$20.00/\$26.00 Can.

ISBN: 978-1-5235-1455-7

Ships: March

Also available as an audiobook.



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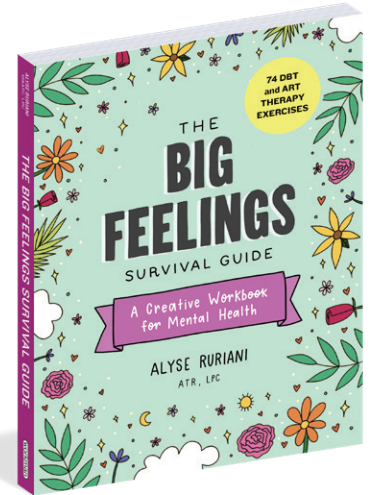
# The Big Feelings Survival Guide

## A Creative Workbook for Mental Health

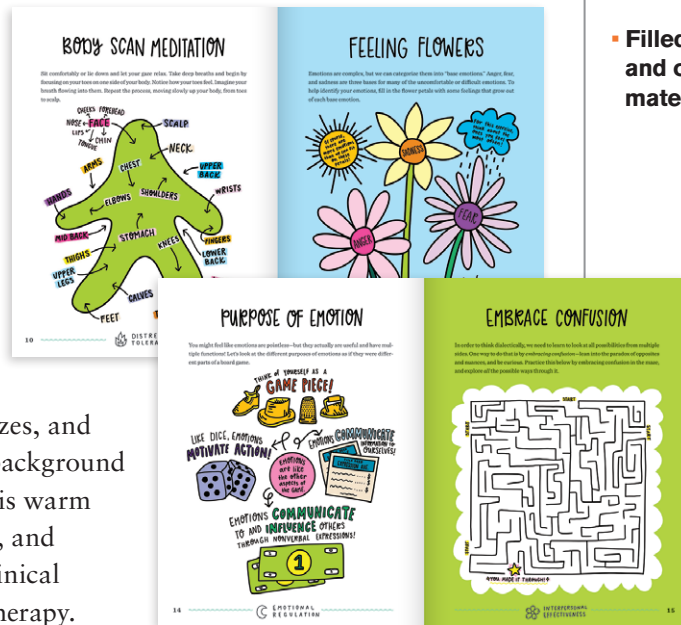
Alyse Ruriani

What do Lizzo, Naomi Osaka, Pete Davidson, Mayim Bialik, Selena Gomez, Jonathan Van Ness, Kevin Love, and millions of other people have in common? Mental health issues. And they are speaking out because there's a growing mental health crisis in America, exacerbated by the pandemic and affecting people of all ages. Now comes a book uniquely positioned to help. Grounded in the evidence-based treatment called DBT—dialectical behavior therapy—*The Big Feelings Survival Guide* is like a series of mini-art therapy sessions that require nothing more than honesty and a pencil to yield insight, understanding, and true self-care.

Created by art therapist Alyse Ruriani, this innovative, interactive workbook is filled with creative exercises that help readers identify their big feelings and behaviors and target the results and triggers of those feelings: stress, anxiety, depression, OCD, PTSD, ADHD, and more—in order to find ways to help build what DBT calls “a life worth living.” The exercises are deceptively simple yet richly thought out: draw a safe space for yourself, scribble out angry impulses, explore the mind-body connection by matching emotions with somatic sensations, embrace confusion by working through a maze with different paths, act out rebellious urges by painting a messy rainbow, create a character—Fear, Sadness, Anger—drawing its portrait and describing its attributes. The book is organized by emotion and includes tips, quizzes, and other practical help as well as background information on DBT. The tone is warm and knowing, the exercises fun, and the promise very real, with a clinical underpinning to each page of therapy.



- A uniquely warm and accessible book targeting the growing mental health crisis, particularly among young people
- Grounded in the evidence-based treatment called DBT—dialectical behavioral therapy—which teaches people how to live in the moment and handle stress, anxiety, depression, and other big feelings
- Filled with art prompts, quizzes, and other interactive illustrated material on every page



Alyse Ruriani is an illustrator, mental health advocate, and art therapist. She holds a BFA in Graphic Design and an MA in Art Therapy and Counseling and works as an art therapist and counselor, primarily for young adults. She's also worked with organizations such as Active Minds, the National Council for Behavioral Health, Janssen Pharmaceuticals, and the American Foundation for Suicide Prevention. She lives in Chicago.

### The Big Feelings Survival Guide

Full-color illustrations throughout; 128 pages; 6½" x 8½"

Paper: \$15.99/\$21.99 Can.

ISBN: 978-1-5235-1593-6

Ships: April



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# You Are Strong and Worthy

## Celebrating the Yogi in All of Us

### Harmony Willow Hansen

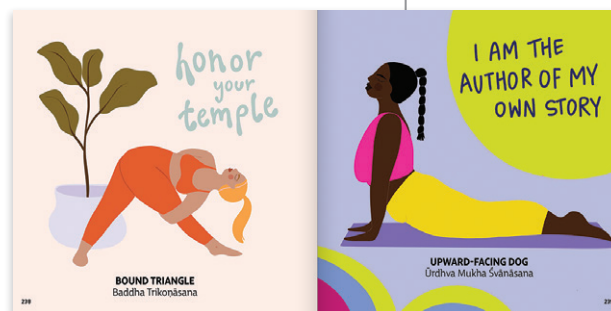
**D**on't be fooled by all the skinny young white women on the covers of yoga magazines. Yoga is for everyone. For yogis of all different ages, all different colors, all shapes and sizes, all genders. Yogis in wheelchairs or with other disabilities. No matter who you are—*You Are Strong and Worthy*. And you will see yourself in these pages.

A beautiful and uplifting celebration of both yoga and inclusivity, *You Are Strong and Worthy* inspires with more than 100 full-color illustrations of diverse bodies doing every kind of a yoga pose, plus quotes and mantras that promote a feeling of self-acceptance. The work is the passion of Harmony Willow Hansen, a Brooklyn-based artist and Instagram influencer who didn't fit the yogi stereotype and was made to feel like an outsider because of it. And like another Workman author, Jessamyn Stanley (*Everybody Yoga* and *Yoke*, together with more than 90,000 copies in print), Hansen took that experience of exclusion and turned it on its head. Her yogis, painted with warmth and joy, are older people, pregnant people, disabled people. They accept themselves, they take chances, they know they're amazing, they know they belong. And they exude a confidence and positivity that make this book a gift for anyone who does yoga, because it gets to the core of the generosity and spirit of this beloved practice.

Welcome to the mat—there's room for everyone.



- A beautiful and uplifting celebration of yoga for everyone
- The power of inclusivity in action through dozens of full-color illustrations of yoga poses performed by a diverse range of bodies, plus mantras that inspire and motivate
- By an up-and-coming Instagram artist and influencer with over 60K followers



© A.J. Ferris

**Harmony Willow Hansen** is a practicing yogi and illustrator whose commitment to spreading positivity, growth, and acceptance through her art grew out of her own experiences of exclusion in the yoga community. Find her on Instagram @harmonywillowstudio.

### You Are Strong and Worthy

Full-color illustrations throughout; 256 pages; 6" x 6"

Paper over board:  
\$17.00/\$23.00 Can.

ISBN: 978-1-5235-1440-3

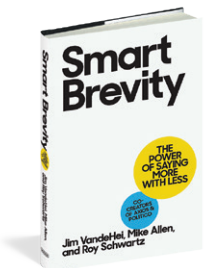
Ships: March

HARDCOVER



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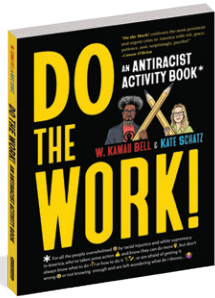




**SMART BREVIETY** The Power of Saying More with Less Jim VandeHei, Mike Allen & Roy Schwartz

Anyone who writes is facing an epic challenge—readers are drowning in a sea of words. So, how do you get your audience to pay attention? By learning *Smart Brevity*, a system and strategy from the creators of Axios and Politico that will teach you how to write less, say more, and punch through the noise. “If getting your message across matters to you, this is the way to do it.” —Arianna Huffington

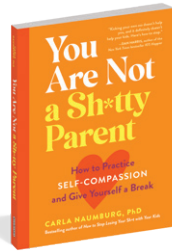
**Jacketed hardcover:** \$27.00/\$34.00 Can./£20.99 UK  
**ISBN:** 978-1-5235-1697-1  
 Full-color photos and illustrations throughout; 224 pages; 5¼" x 8"  
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**DO THE WORK!** An Antiracist Activity Book W. Kamau Bell and Kate Schatz

A highly illustrated, highly informative interactive workbook that gives readers a unique understanding of systemic racism—and how to dismantle it. Created by the sociopolitical comedian W. Kamau Bell and bestselling author Kate Schatz.

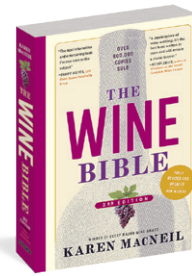
**Paper:** \$24.95/\$33.95 Can.  
**ISBN:** 978-1-5235-1428-1  
 Full-color illustrations and photos throughout; 160 pages, plus 2 gatefolds, lift-the-flap, paper dolls, stickers, a tear-out poster, and other special pullouts; 8" x 10½"  
**6-copy counter display** \$149.70/\$203.70 Can.  
**ISBN:** 978-1-5235-1553-0



**YOU ARE NOT A SH\*TTY PARENT** How to Practice Self-Compassion and Give Yourself a Break Carla Naumburg, PhD

Filled with empathy, insight, and hard-working strategies and tips, here's a breakthrough plan to help readers get past the self-destructive thinking that plagues too many modern parents. Based on the powerful practice of self-compassion, these tangible steps will help you to reduce anxiety, trust your instincts, move past feelings of guilt and shame. And to stop listening to that inner voice talking sh\*t.

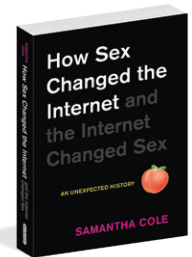
**Paper:** \$16.99/\$22.99 Can.  
**ISBN:** 978-1-5235-1711-4  
 Two color; 224 pages; 5¾" x 8"  
 Also available on Hachette Audio.



**THE WINE BIBLE** 3rd Edition Karen MacNeil

The essential classic—with over 800,000 copies in print—is now even better, with a new, completely revised, full-color third edition that's fully updated. It's the indispensable bible, grounding the reader deeply, and passionately, in the fundamentals while layering tips, definitions, maps, labels, and hundreds of great wine recommendations.

**Paper:** \$39.99/\$49.99 Can./£31.99 UK  
**ISBN:** 978-1-5235-1009-2  
 Four color with maps and photos throughout; 736 pages; 7" x 10"  
**Hardcover:** \$55.00/\$70.00 Can./£42.99 UK  
**ISBN:** 978-1-5235-1010-8



**HOW SEX CHANGED THE INTERNET AND THE INTERNET CHANGED SEX** An Unexpected History Samantha Cole

From the moment there was an “online,” there was sex online, and from that point on virtually every significant development that defines the Internet we know and love (and hate) today—issues related to privacy, online payments and banking, dating, social media, streaming technology, mass data collection—was the result of what happened when sex and technology came together. It is a history like no other.

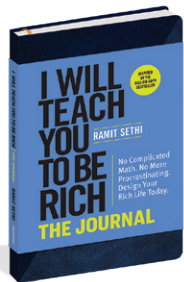
**Jacketed hardcover:** \$30.00/\$38.00 Can./£23.99 UK  
**ISBN:** 978-1-5235-1384-0  
 Full-color photos throughout; 288 pages; 6" x 8½"  
 Also available on Hachette Audio.



**THE ATLAS OBSCURA GIFT SET: THE EXPLORER'S LIBRARY** • Atlas Obscura, 2nd Edition Joshua Foer, Ella Morton, and Dylan Thuras • Gastro Obscura Cecily Wong, Dylan Thuras, and the Editors of Atlas Obscura

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 Full-color photos and illustrations throughout; 928 pages; 7¼" x 11"



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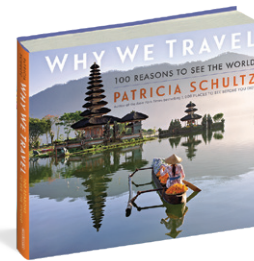
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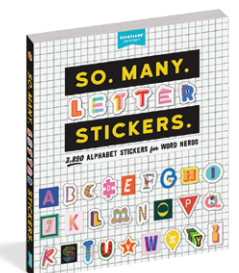
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