



IBEX



ONE-TOED



TWO-TOED



THREE-TOED



FOUR-TOED



AYE AYE



TINY ROYAL ANTELOPE



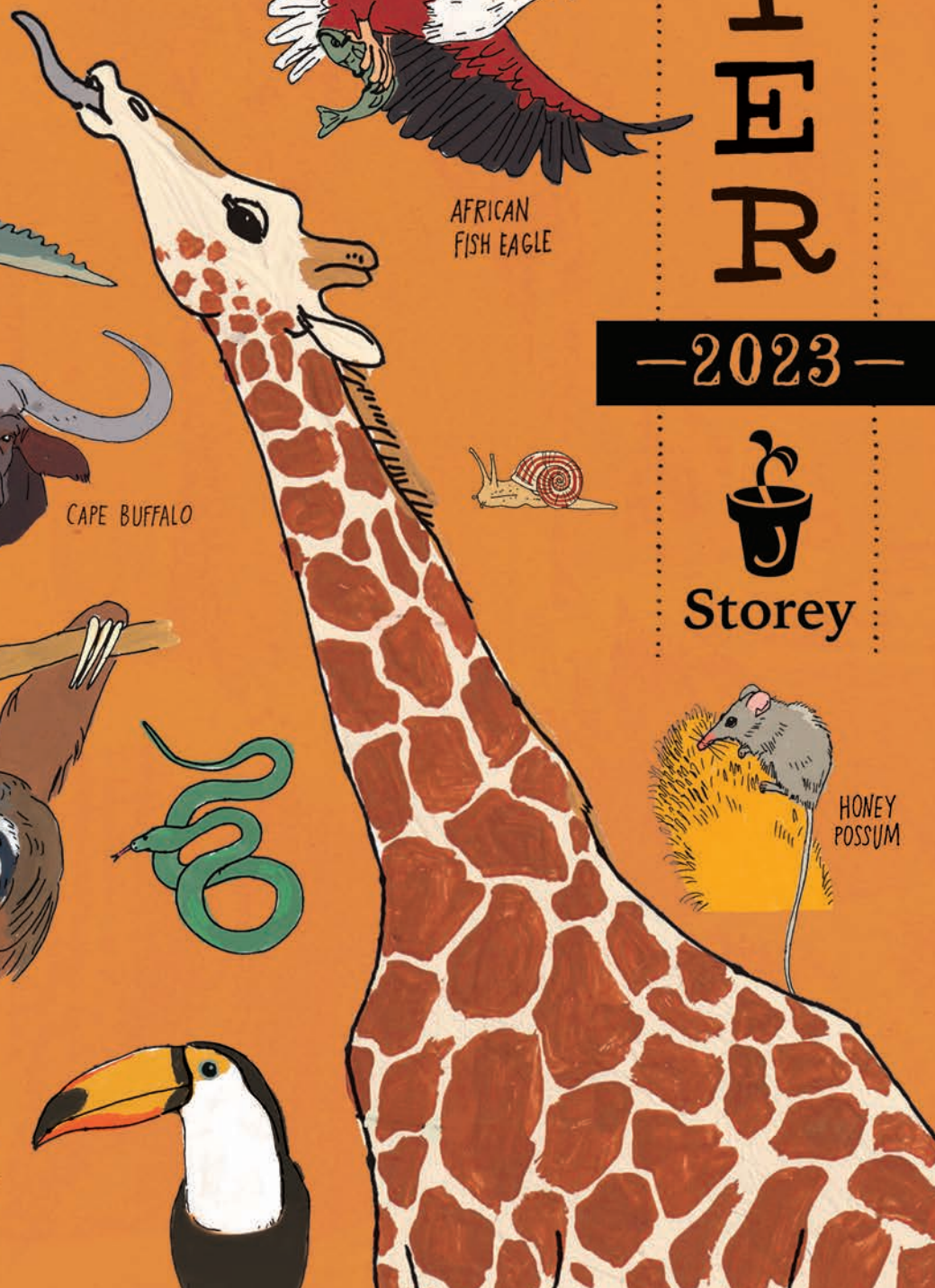
RED KNEED TARANTULA



AFRICAN FISH EAGLE



TARANTULA HAWK



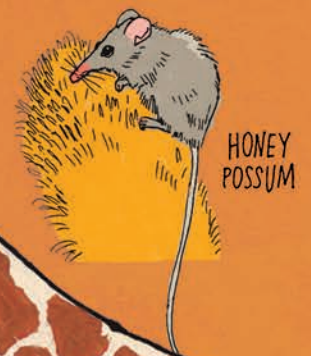
ELEPHANT SEAL



CAPE BUFFALO



THREE-TOED SLOTH



HONEY POSSUM



WHITE-TAILED DEER

SHEEP

HORSE

CAMEL

RHINO

ELEPHANT



W I N T E R

—2023—



Storey

An interactive introduction to geology for young nature lovers

- **The sixth book in the best-selling Backpack Explorer series** of take-along field guides for adventurers ages 4–8
- **Rocks are a perennially popular topic** with kids and a great way to get children outside observing and engaging with nature
- **Early science learning introduced through hands-on activities**, crafts, and field guide pages—plus the included magnifying glass and sticker pages encourage screen-free fun

FEBRUARY 2023

48 pages; 7½ x 9¼; Full-color

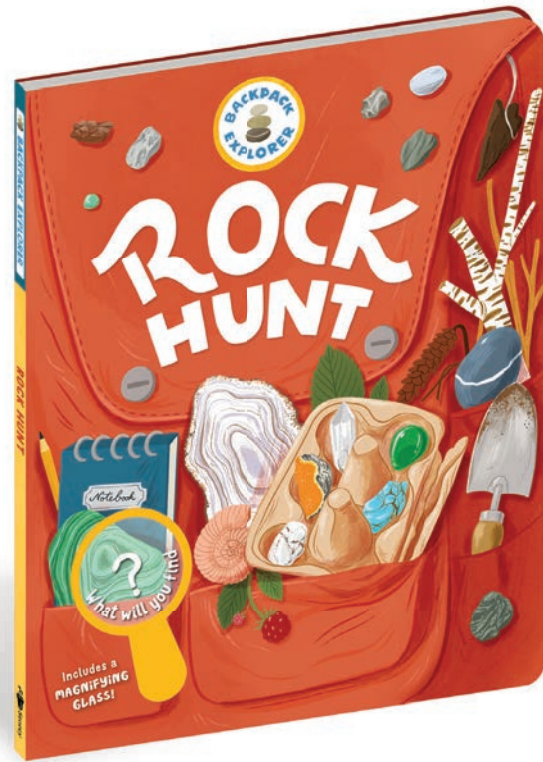
Hardcover with 3 sticker sheets, magnifying glass, and fold-out journal

\$12.99 US / \$16.99 CAD / UK: £9.99

ISBN 978-1-63586-553-0; No. 626553



9 781635 865530



Backpack Explorer: Rock Hunt

The latest addition to the best-selling Backpack Explorer series (462,000 copies in print) invites kids ages 4–8 to head outside and find, collect, and learn about rocks with this take-along activity book!

Backpack Explorer: Rock Hunt is packed with prompts and activities, including: 12 interactive field guide pages introducing rock classifications (color, shape, size, texture); sensory scavenger hunts; hands-on outdoor creative activities; rock experiments; and discovery zone pages with facts about geology, landforms, igneous and metamorphic rocks, gems, fossils, and more. The book includes a real magnifying glass, stickers, and a log for recording rock finds, making it the perfect explorer's guide for budding geologists, whether in a backyard, a city park, or a nature preserve.



5-copy counter display

\$64.95 US / \$84.95 CAD

ISBN 978-1-63586-659-9;

No. 626659



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Hardcover;

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Creative, hands-on garden projects specially designed for ages 3 to 6



- Awakens pre-school aged kids' curiosity about nature, plants, and how things grow with 20 creative, hands-on garden projects
- Projects require few supplies, are inexpensive, and can be done in classrooms, urban settings, or small outdoor areas
- Written by the garden curriculum experts at CitySprouts, each activity features photographic step-by-step instructions and introduces fundamental STEM and nature appreciation concepts to pre- and early-readers

FEBRUARY 2023

48 pages; 8 x 9; Full-color
 Paper; \$12.99 US / \$16.99 CAD / UK: £9.99
 ISBN 978-1-63586-545-5; No. 626545



We Garden Together!

Jane Hirschi and the Educators at CitySprouts

Kids don't need a big backyard or outdoor space to learn about gardening and how plants grow. This introductory garden book, packed with photos of 3 to 6 year olds in action, features hands-on planting and growing activities that can be done in a small yard, classroom, or community garden.

Written by the staff of City Sprouts, a leading educational organization in promoting urban gardening and equitable access to nature, each activity—from Sorting Seeds to Going on a Worm Hunt to Planting a Tasty Salad—encourages kids to roll up their sleeves and learn about seeds, planting, and gardening. Step-by-step photos and on-the-page discovery prompts, presented in a lively design, make it easy and inviting for kids everywhere to become plant lovers and nature explorers.



Jane Hirschi is the founding director of nature education program CitySprouts. Hirschi has been recognized as a Social Innovator by Root Cause Social Innovation Forum and is the author of *Ripe for Change: Garden-Based Learning in Schools*. She lives in Cambridge, Massachusetts.



CitySprouts is a nationally recognized educational organization promoting urban gardening and equitable access to nature for young learners. For over 20 years, CitySprouts's programming has provided early science and nature education in collaboration with Boston-area public elementary schools.



Step-by-step instructions are presented with colorful photos of the CitySprouts kids in action.

Best-selling author Julia Rothman's newest Anatomy book explores wild animals around the world

- The highly anticipated fifth book in the best-selling **Anatomy series**—a favorite of adults and kids alike—with a combined 549,000 copies in print
- Details the unique attributes, habits, and habitats of **wild animals** around the world, including the animals most-requested by Julia's devoted fans
- Packed with original art by a popular contemporary **illustrator** whose work appears in her Scratch column in the Sunday New York Times, as well as on products ranging from dishware to designer fabrics

APRIL 2023

208 pages; 6½ x 9; Full-color

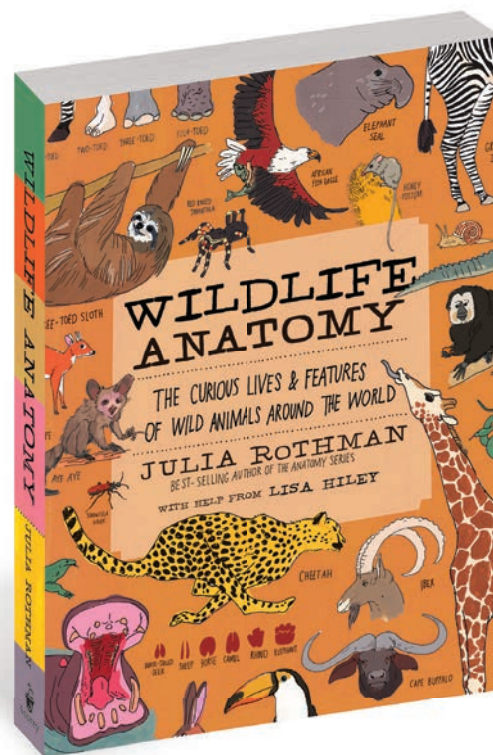
Paper with flaps; **\$18.99 US** / \$23.99 CAD / UK: £14.99

ISBN 978-1-63586-388-8; No. 626388



9 781635 863888

Julia Rothman is an illustrator, pattern designer, and author. Her illustrated column, *Scratch*, is featured biweekly in the Sunday *New York Times*. Clients include Target, the *Washington Post*, MTA Arts & Design, and more. Rothman has authored, coauthored, and illustrated twelve books, including *Ocean Anatomy*, *Nature Anatomy*, *Farm Anatomy*, *Food Anatomy*, and *Nature Anatomy Notebook*. She lives and works in Brooklyn, New York.



Wildlife Anatomy

Julia Rothman

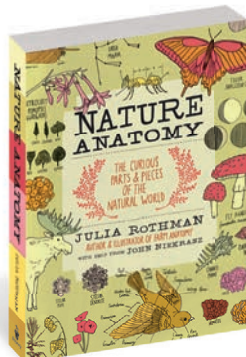
Julia Rothman's series of Anatomy books (549,000 in print) are beloved by children and adults alike. In ***Wildlife Anatomy***, Rothman captures the exciting and distinctive attributes of wild animals around the world. The book is packed with hundreds of her charming, original illustrations, detailing the unique features of animals of the rainforest, desert, grasslands, oceans, and much more.

From lions, bears, and zebras to monkeys, mongoose, bats, elephants, giraffes, hippos, and much more, Rothman's visual guide covers all the key features, right down to the anatomy of a lion's claw and a wild horse's hoof. All the illustrations are accompanied by labels, intriguing facts, and identifying details, posing questions such as: "When is a Panther Not a Panther?" and "What Makes Aardvarks So Odd?" Rothman's characteristic combination of curiosity and an artist's eye makes this wildlife treasury rich and full, promising new discoveries every time it's opened.

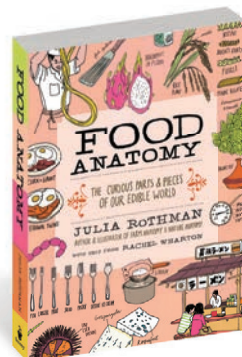
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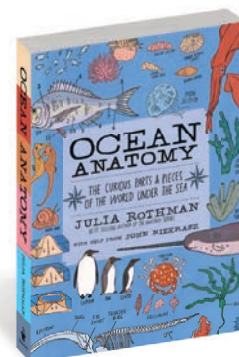
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ISBN 978-1-60342-981-8



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\$16.95 US / \$25.95 CAD / £12.99 UK
ISBN 978-1-61212-231-1



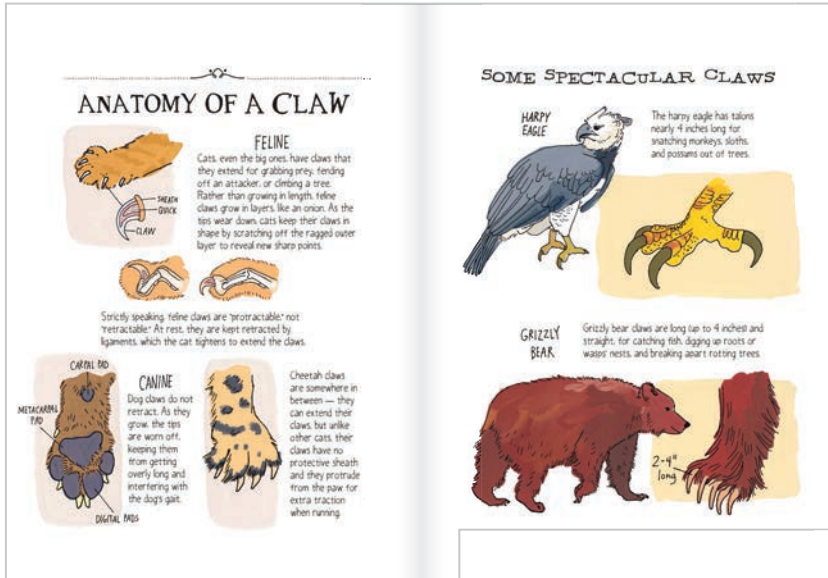
Paper with flaps;
\$16.95 US / \$25.95 CAD / £12.99 UK
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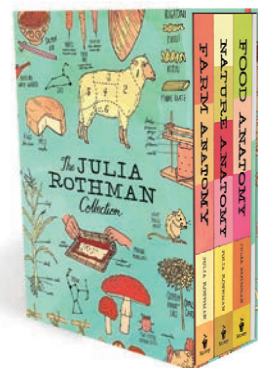
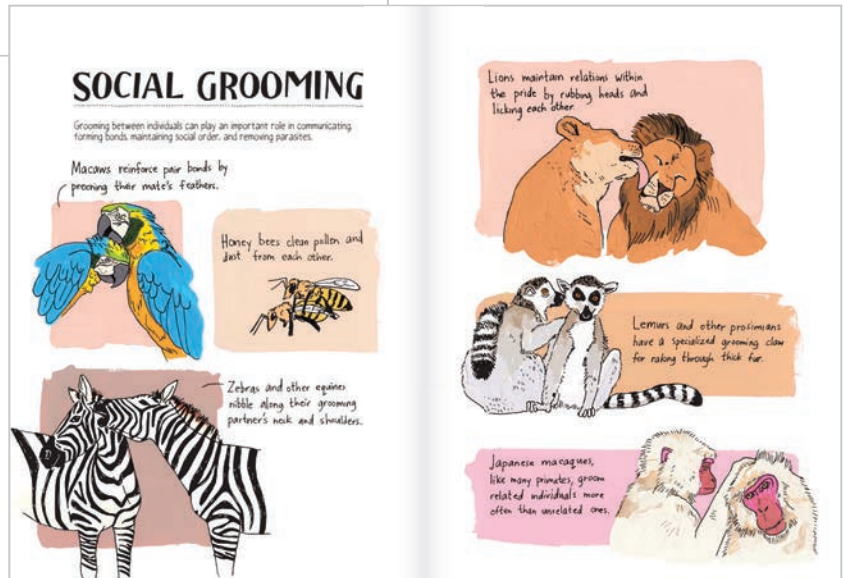
Paper with flaps;
\$16.95 US / \$25.95 CAD / £12.99 UK
ISBN 978-1-63586-160-0



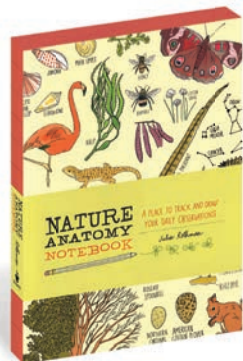
Up-close illustrations explore the inner structure and fascinating functions of claws on various animals.



Rothman profiles the amazing behaviors of wild animals from around the world.



Boxed set with 3 paperback books and 10 framable prints; \$50.00 US / \$75.00 CAD / £35.00 UK ISBN 978-1-61212-852-8



Paper with exposed stitched spine and removable belly band; \$18.95 US / \$26.95 CAD / £14.99 UK ISBN 978-1-63586-178-5

ALSO AVAILABLE

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Ocean Anatomy: The Puzzle; \$19.95 US / \$24.95 CAD / £15.99 UK ISBN 978-1-63586-402-1

STICKER BOOKS:

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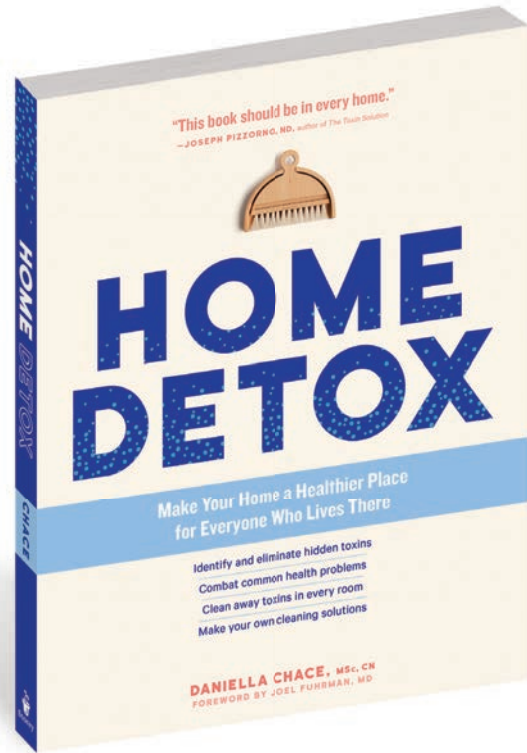
Ocean Anatomy Sticker Book; \$12.95 US / \$14.95 CAD / £9.99 UK ISBN 978-1-63586-537-0

An accessible, room-by-room guide to identifying and eradicating toxic household items

- **Home toxins are a pressing health concern** increasingly connected to a range of chronic health conditions, including headaches, asthma, skin issues, and sleep problems
- **For green-cleaning fans and health-conscious families** who are looking for safe, affordable alternatives to products containing harmful chemicals
- **Know-how from a trusted toxicologist** who identifies the most significant risks in each room and suggests healthful, natural substitutions

JANUARY 2023

208 pages; 7 x 9; Full-color
Paper; \$19.99 US / \$24.99 CAD / UK: £15.99
ISBN 978-1-63586-390-1; No. 626390



Home Detox

DANIELLA CHACE, MSc, CN

Daniella Chace, MSc, CN, is a nationally recognized clinical practitioner, author, and educator. She is a leader in the field of medical nutrition therapy, writing books, columns, and patient care materials, and appearing on radio and television. Chace is the creator and host of *Nutrition Matters*, an NPR podcast covering hot topics in toxicology, medicine, and nutrition. She lives in Port Townsend, Washington.

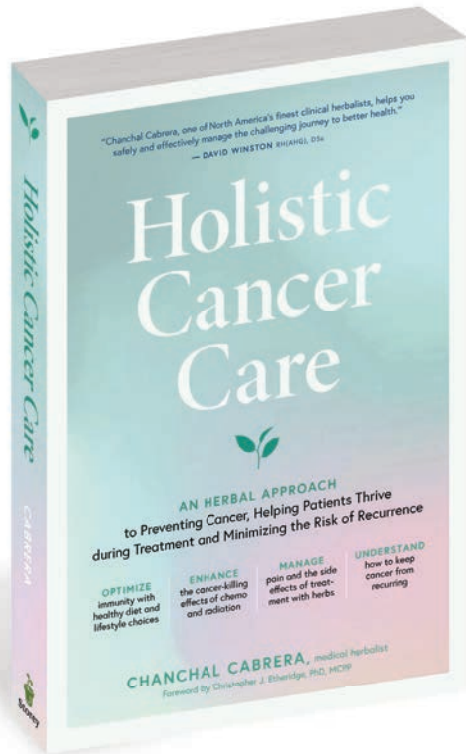


From bedroom mattresses to daily cleaning products for the kitchen, toothbrushes, and even furniture and clothing, toxins are embedded in many products and items used regularly in the home. *Home Detox* is a practical, accessible guide to understanding the problem and how we can address it in our own homes in a manageable and affordable way.

Daniella Chace, a professional toxicologist and health writer, teaches readers how to identify potential toxins with an easy-to-follow, room-by-room evaluation of the "Toxic Ten" in each space. She explains the connection between toxins in everyday objects and chronic health issues. She then offers strategies for eliminating toxins, along with easy recipes for effective homemade cleaning solutions using essential oils, baking soda, vinegar, and other ingredients that are natural, affordable, and effective.



The room-by-room approach to detoxifying makes it easy to gradually make the home a healthier place.



Holistic Cancer Care

CHANCHAL CABRERA

Patients facing a cancer diagnosis often feel at the mercy of an illness they don't understand and in the hands of doctors offering treatments that focus on the cancer, instead of on the patient. In *Holistic Cancer Care*, Chanchal Cabrera, a consulting medical herbalist with more than 20 years specializing in holistic oncology, provides in-depth guidance for using herbal therapies in conjunction with conventional treatments.

Putting the patient front and center, holistic therapies help boost the immune system, slow the spread of certain cancers, and can, in some cases, even enhance the cancer-killing effects of chemotherapy. Herbal medicine and other therapies also offer effective ways of dealing with the side effects of chemotherapy and radiation. Drawing from decades of clinical experience helping patients recover from cancer, Cabrera provides a wealth of safe, well-researched information, including specific herbal formulas, detox protocols, recommendations for nutritional supplements, and patient case histories that demonstrate the power of the strategies she recommends.

An in-depth guide for using herbal medicines and other natural therapies to complement conventional cancer treatment

- **Applicable for all cancer patients** seeking guidance on nutrition, self-care practices, and immune system support, as well as relief from the side effects of chemotherapy and radiation
- **Detailed guidance on using integrative natural therapies**—including targeted herbal formulas, detox protocols, simple recipes, and a full materia medica of herbs for cancer—make this a valuable resource for both patients and practitioners
- **Combines in-depth knowledge of herbalism and oncology** gleaned from the author's 20+ years collaborating with medical oncologists in the treatment of cancer patients

APRIL 2023

400 pages; 6 x 9; **Paper**; \$29.99 US / \$37.99 CAN / UK: £23.99
ISBN 978-1-63586-373-4; No. 626373



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Hardcover; \$40.00 US / \$50 CAD / UK: £30.00
ISBN 978-1-63586-648-3; No. 626648



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Chanchal Cabrera is a medical herbalist who specializes in collaborative oncology. She has been a member of the National Institute of Medical Herbalists since 1987 and has held the faculty chair position in Botanical Medicine at the Boucher Institute of Naturopathic Medicine in British Columbia since 2004. She publishes widely in professional journals and lectures on medical herbalism, nutrition, and health. She lives on Vancouver Island, BC.

"Chanchal Cabrera, one of North America's finest clinical herbalists, helps you safely and effectively manage the challenging journey to better health."

— DAVID WINSTON RH(AHG), DSc

"Provides a sense of empowerment by offering practical advice and knowledge on food compounds, supplements, recipes, simple nutritional guidelines, and strategies for optimal success."

— CAROLINA BROOKS, BA (HONS), ND, IFMCP,
Creator of the Vitamorphic Method®

"Combines traditional knowledge with modern science to provide effective strategies for every stage of the cancer journey."

— NALINI CHILKOV, LAC, OMD, Founder, Integrative Cancer Answers,
American Institute of Integrative Oncology

250 recipes from the creators of the popular *ChopChop Family* magazine that makes cooking fun and easy for families

- **ChopChop Family magazine**—a James Beard award-winning publication distributed widely to families, pediatricians, and schools—has been endorsed by the American Academy of Pediatrics and Michelle Obama’s “Let’s Move” campaign
- **Focuses on budget-friendly meals** using common pantry ingredients, and is specially designed to be time-and-cost-effective for busy families to cook together
- **Teaches healthy eating habits and beginner kitchen skills** in a friendly, nutrition-focused introduction to whole foods and from-scratch cooking

MARCH 2023

256 pages; 8 x 9; Full-color

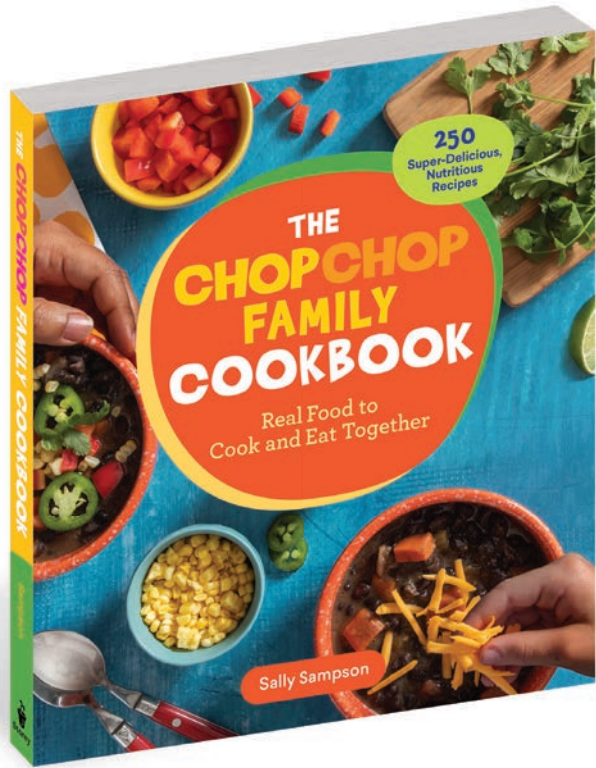
Paper; \$19.99 US / \$24.99 CAD / UK: £15.99

ISBN 978-1-63586-525-7; No. 626525



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Sally Sampson is the founder and president of the national nonprofit ChopChop Family. She is the author or coauthor of 26 cookbooks, including *ChopChop: The Kids' Guide to Cooking Real Food with Your Family*, *The Olives Table* (with Todd English), and *The \$50 Dinner Party*. She has contributed to numerous publications, including *The New York Times*, *Bon Appétit*, *Food & Wine*, and *The Boston Globe*. She lives in Belmont, MA.



The ChopChop Family Cookbook

Sally Sampson

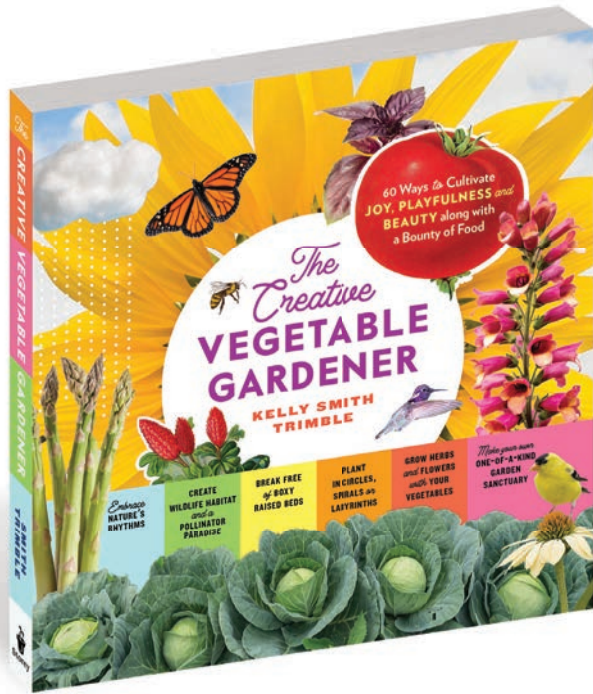
This colorful, easy-to-follow, beginner cookbook from *ChopChop Family* magazine, a James Beard award-winning publication with a mission to get families to cook real food together, features more than 250 recipes for breakfast, lunch, and dinner. Specially designed to appeal to both adults and kids in budget- and time-strapped families, the recipes include favorites like Overnight Oatmeal, Free Form Lasagna, and One-Ingredient Banana Ice Cream, along with simple cooking and meal-prep instructions.

The book is packed with inspiring introductions to popular whole foods, lessons on basic kitchen skills, nutrition sidebars, and mix & match charts for sandwiches, smoothies, and more. Every page of this rich resource is designed to help families develop the know-how and confidence to cook with whole foods, allowing them to enjoy the benefits of making and eating homemade meals together.



Easy, budget-friendly recipes introduce kids and adults to fresh flavors and the pleasures of homemade food.

Re-envision the vegetable garden as a space to create and play



- **Approaches gardening as a creative activity**, daring gardeners to break with convention and imagine a space that is beautiful as well as productive
- **Integrated approach to growing in the home landscape** that includes pollinator plants, medicinal herbs, cut flowers, and other beautiful and eco-friendly elements, along with a bounty of nutritious, home-grown food
- **Perfect for beginning gardeners intimidated by all the vegetable-growing rules**, as well as gardeners of all levels looking to introduce creativity and self-care into their garden practice

FEBRUARY 2023

240 pages; 8 x 8; Full-color

Paper; \$19.99 US / \$24.99 CAD / UK: £15.99

ISBN 978-1-63586-503-5; No. 626503



The Creative Vegetable Gardener

Kelly Smith Trimble

For decades, gardeners have approached vegetable gardening the same way: planting in square or rectangular beds or in straight rows, keeping vegetables separate from flowers, and definitely not mixing perennial plants with annual ones. It's time to break the rules!

Lifestyle editor and master gardener Kelly Smith Trimble encourages readers to widen their focus, be playful, and imagine a vegetable garden that reflects their own unique aesthetic and offers a meditative sanctuary as well as a source of fresh, homegrown food. From seed selection to garden layout and regenerative gardening practices, Smith Trimble's liberating advice offers gardeners of all levels a pathway to making the garden a place of nourishment for the soul and creative spirit, while also feeding the body.



Kelly Smith Trimble is the author of *Vegetable Gardening Wisdom*. Currently the senior editorial director for HGTV, she has been a lifestyle editor for nearly 20 years, working for brands such as *Southern Living*, *Lowe's*, and the National Park Foundation. A master gardener, she grows vegetables, herbs, and flowers and loves cooking and preserving. She lives in Knoxville, Tennessee.



Readers will discover dozens of ways to make the vegetable garden a place of beauty and sanctuary as well as a source of healthy food.

A multi-year program for turning any yard into a family's primary food source

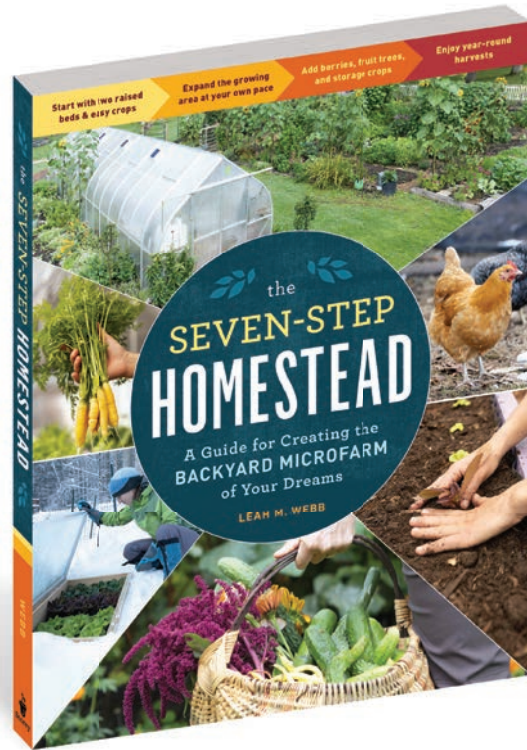
- **Interest in backyard food gardening has spiked**, driven by the COVID-19 pandemic, inflation, and disruptions to food supply chains
- **The seven-step plan starts small**—with a couple of raised beds and easy-to-grow vegetables—and expands each year to produce fruit trees, medicinal herbs, storage crops, and a chicken coop for fresh eggs
- **Webb teaches from first-hand experience**, with detailed step-by-step instruction and photography throughout from her own prolific, self-sufficient homestead

APRIL 2023

272 pages; 8½ x 10½; Full-color

Paper; \$24.99 US / \$30.99 CAD / UK: £19.99

ISBN 978-1-63586-411-3; No. 626411



The Seven-Step Homestead

Leah M. Webb

Leah M. Webb, MPH, CHC, is a certified health coach and an avid gardener. Motivated by the desire to supply her family (including two children who have serious health challenges) with as much fresh, healthy food as possible, she developed the seven-stage implementation plan for her own homestead and gardens in North Carolina.

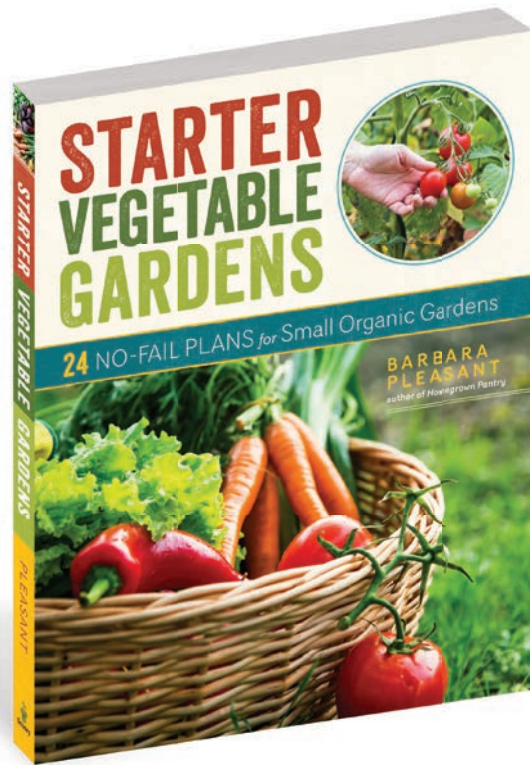


Today's gardeners want a bit of everything—vegetables, fruit, medicinal herbs, flowers for pollinators, and even chickens for eggs. The dream is to build a diverse landscape that serves multiple functions, but achieving that goal can be intimidating and overwhelming. Homesteader Leah M. Webb shares her strategy for implementing a homestead plan in seven stages by starting small and gradually adding more features each year.

The Seven-Step Homestead takes readers through the process with a series of doable steps, beginning with establishing one or two raised beds of the easiest vegetables to grow, and gradually building up to the addition of fruit trees and berry bushes on hugelkultur mounds, a coop full of chickens, and a winter's worth of storage crops. Step-by-step photos from the author's own homestead, accompanied by her hard-earned advice and instruction, make this a one-of-a-kind guide for anyone who aspires to grow more of their own food.



With step-by-step photos, author Leah M. Webb demonstrates key techniques for establishing a productive backyard homestead.



This must-have manual for beginner gardeners gets a fresh new look

- **New compact format and design** gives *Starter Vegetable Gardens*, a proven favorite with 55,000 copies in print, a fresh look
- **With 24 detailed illustrated planting plans** for small, tailored food gardens, homeowners will find the perfect plan to meet their space needs and harvesting goals
- **Step-by-step, plant-by-plant instructions** teach what to buy, where to plant, and how to care for every plant through their first season, along with expansion plans for subsequent years

JANUARY 2023

232 pages; 8½ x 10½; Full-color
Paper; \$19.99 US / \$24.99 CAD / UK: £15.99
 ISBN 978-1-63586-413-7; No. 626413



Starter Vegetable Gardens, 2nd Edition

Barbara Pleasant

Best-selling author Barbara Pleasant makes organic vegetable gardening easy, fun, and rewarding with detailed designs for 24 beginner-friendly gardens. From what to buy and where and when to plant, to how to care for each vegetable, Pleasant encourages readers to start small, grow the food they love, and expand their plant selection as their skills develop.

Specially tailored plans focus on what gardeners most want to grow, from the Front-Yard Food Supply to the Marinara Medley, Sweet Corn & Company, and High-Value Verticals. There's a plan and plant selection to fit every gardener's passion. Detailed illustrations show how to start small the first year and expand the garden in years two and three, encouraging readers to make food gardening a way of life.



Barbara Pleasant has written about organic gardening and self-sufficient living for more than 30 years. Her books include *Starter Vegetable Gardens*, *The Complete Compost Gardening Guide*, *The Complete Houseplant Survival Manual*, *The Gardener's Bug Book*, *The Gardener's Weed Book*, and *The Gardener's Guide to Plant Diseases*. She lives in Floyd, Virginia.



Detailed planting plans for 24 customized gardens ensure success for beginning gardeners.

A practical guide to growing cannabis outdoors and making medicine for common ailments

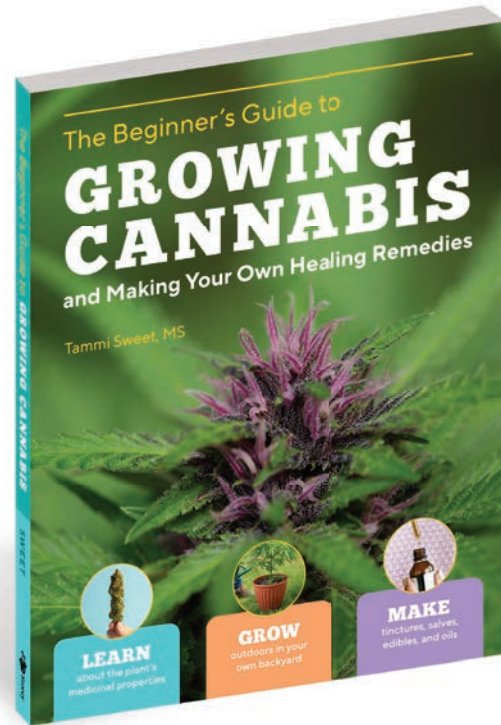
- Offers an affordable and safe alternative to dispensary products as growing and making cannabis medicine at home offers the opportunity to ensure quality at every stage
- Expert authorship and step-by-step photography detail the cannabis growing phases and techniques for planting, caring for, harvesting, drying, and curing the plant
- A complete how-to guide to medicine-making shows how easy it is to make whole-plant tinctures, salves, edibles, and oils

APRIL 2023

168 pages; 7 x 9; Full-color

Paper; \$19.99 US / \$24.99 CAD / UK: £15.99

ISBN 978-1-63586-558-5; No. 626558



The Beginner's Guide to Growing Cannabis and Making Your Own Healing Remedies

Tammi Sweet, MS

Tammi Sweet, MS, LMT, is the author of *The Wholistic Healing Guide to Cannabis*. She is the cofounder and codirector of The Heartstone Center for Earth Essentials where she offers workshops and classes in herbal medicine and online courses in anatomy and physiology. She holds a master's degree in endocrinology and has been teaching for the past 30 years. She lives and works in upstate New York.



CBD and other cannabis-based products are widely available and popular, with the number of dispensaries increasing exponentially every month. But not all products are equal in terms of quality. The safest and most cost-effective way to use cannabis is to grow a small quantity of the plant in the home garden and make your own medicines.

This beginner-friendly guide, written by an herbalist who specializes in every aspect of making and using cannabis medicine, teaches readers how to grow healthy cannabis plants outdoors for personal use and make their own customized remedies for addressing a range of common ailments and chronic conditions. With step-by-step photography taken in her own garden, author Tammi Sweet, shows the growing phases of the plant and details techniques for planting, caring for, harvesting, drying, and curing the plant. A complete how-to guide to medicine-making shows the reader how easy it is to make whole-plant tinctures, salves, edibles, and oils.



Expert advice paired with full-color photography make this an indispensable reference.



An award-winning garden photographer's stunning, curated collection in a keepsake box

- **50 original images from award-winning photographer** and member of the Garden Writer's Association Hall of Fame
- **For gardeners, nature enthusiasts, and flower lovers**, 100 cards feature vibrant flower images with short descriptions on the back
- **Makes a beautiful keepsake gift** with richly printed cards packaged in a sturdy flip-top box

FEBRUARY 2023

100 pages; 6 x 4¼; Full-color

100 postcards in a flip-top box

\$19.99 US / \$24.99 CAD / UK: £15.99

ISBN 978-1-63586-623-0; No. 626623



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Garden Flowers, 100 Postcards

Rob Cardillo

The perfect gift for flower lovers everywhere, ***Garden Flowers, 100 Postcards*** features two sets of 50 breathtaking images taken by award-winning photographer Rob Cardillo, with identification of the flowers on the back of each card.

From the explosive heads of pink peonies to delicate sweet peas, majestic hollyhocks, and fields of black-eyed Susan, every picture celebrates the exuberant joy of the garden. Cardillo has visited public and private gardens across North America to collect these one-of-a-kind, artful images. A lidded keepsake box completes this perfect gift for fresh-from-the-field flower lovers, gardeners, and nature enthusiasts.



Rob Cardillo has been photographing gardens, plants, and the people who tend them for more than 30 years. Formerly the director of photography at *Organic Gardening*, he now works for major publishers, horticultural suppliers, and landscape designers throughout the United States. He can be found online at robcardillo.com.

The postcard collection features 50 one-of-a-kind, stunning images from noted garden photographer Rob Cardillo.



Also Available:



100 postcards in a flip-top box;

\$19.95 US / \$24.95 CAD / UK: £15.99

ISBN 978-1-63586-586-8

A beautifully designed keepsake album for chronicling the chicken-keeping adventure

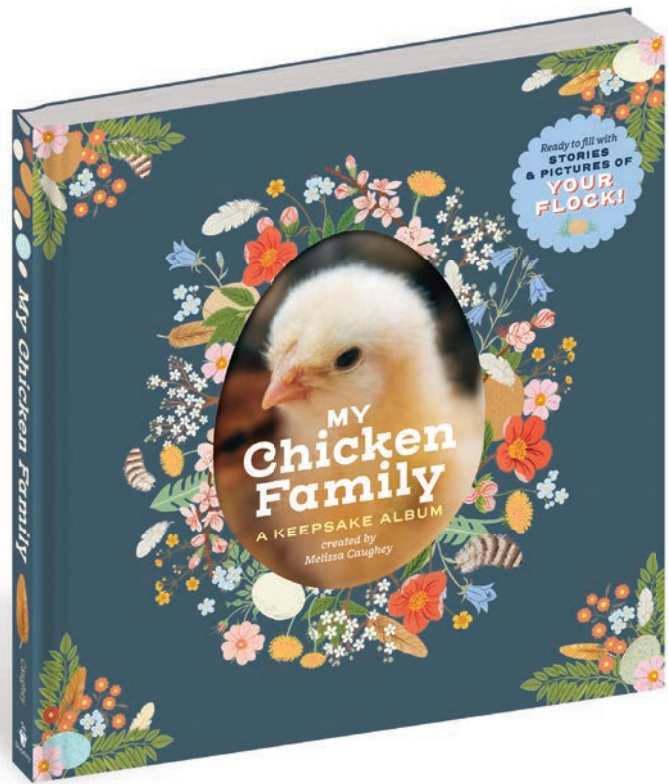
- **Like a baby book for chickens**, this irresistible scrapbook has specially designed pages for recording a flock's growth, favorite memories, personalities of each chick, and more
- **Special keepsake hardcover** with an egg-shaped die-cut cover (ready to receive a custom photo) makes a perfect gift for the growing number of families that embrace their backyard chickens as beloved pets
- **From the best-selling author of *How to Speak Chicken*** (160,000 copies in print), each page is packed with Melissa Caughey's enthusiasm, insights, and passion for all things chicken

JANUARY 2023

80 pages; 9 x 9; Full-color

Hardcover; \$16.00 US / \$22.00 CAD / UK: £12.99

ISBN 978-1-63586-535-6; No. 626535



My Chicken Family

Melissa Caughey

Melissa Caughey is the author of *Chicken Wisdom Frame-Ups* and the best-selling books *How to Speak Chicken* and *A Kid's Guide to Keeping Chickens*. She is a backyard chicken keeper, beekeeper, master gardener, and freelancer who writes the award-winning blog Tilly's Nest. Caughey has been featured in HGTV, DIY Network, *Country Living*, and on NPR. She lives on Cape Cod in Massachusetts.



Backyard chicken keepers have a deep affection for their animals and interact with them like any pet, as Melissa Caughey, best-selling author of *How to Speak Chicken*, knows well from her decades of chicken friendships. With **My Chicken Family**, Caughey has created a unique keepsake album that invites chicken owners to create a lasting record of their chicken adventures, with spots for adding photos of their favorite flock members and write-in prompts customized to every phase of the chicken-keeping experience.

Featuring charming chicken-themed art borders, every page invites users to chronicle the phases of their chickens' lives as they progress from chicks and young adults to egg-laying hens (or roosters) and flock elders. Spaces are allocated for recording amusing anecdotes and individual chicken names and personalities, along with practical information about selected breeds, health care, and flock dynamics. The hardcover format features an egg-shaped die-cut cover that every owner can customize with a portrait of one of their own feathered friends.



Every page of this keepsake gift book invites users to create a record of their chicken-keeping adventure.



A fresh, inclusive beginner's guide for backyard chicken keepers

- **Focuses on affordable, inclusive, sustainable practices**, extending the invitation to raise chickens to new generation of backyard keepers, with a special emphasis on those in urban and suburban settings
- **Includes practices gleaned from cultures around the world**, teaching all the basics of successful chicken raising with respect paid to how the practice has shaped our collective history
- **From the creator of popular website Chickenlandia**, the author is a fresh voice with an infectious passion for the power of chickens to heal divides in human society

FEBRUARY 2023

192 pages; 7 x 9; Full-color

Paper; \$16.99 US / \$22.99 CAD / UK: £12.99

ISBN 978-1-63586-477-9; No. 626477



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Let's All Keep Chickens!

Dalia Monterroso

Dalia Monterroso, founder of the popular website Chickenlandia, brings a fresh, inclusive voice to the backyard chicken keeping community with this entry-level guide. Monterroso's enthusiasm is contagious as she conveys the basics of chicken keeping—with an emphasis on low-cost, natural practices—and shares her belief that humans have an innate ability to care for chickens. Asserting that the backyard chicken community welcomes everyone, she addresses a broad audience, including those in urban and suburban locations. Readers will learn how to plan their flock, how to raise baby chicks, what to look for in a chicken coop, how to keep chickens healthy naturally, and more.

Drawing from her own experience as the child of Guatemalan immigrants, Monterroso celebrates how chicken-keeping has been practiced around the world and offers an opportunity to connect with previous generations and transcend cultural, racial, economic, and political divides.



Dalia Monterroso is a chicken keeper and a sought-after teacher on the basics of raising backyard chickens. She teaches classes on the joys of chicken keeping and is passionate about broadening the community of chicken keepers to be more diverse and inclusive. She is the creator of the popular Chickenlandia website and the Bawk Tawk podcast. She lives in Bellingham, Washington with her family.



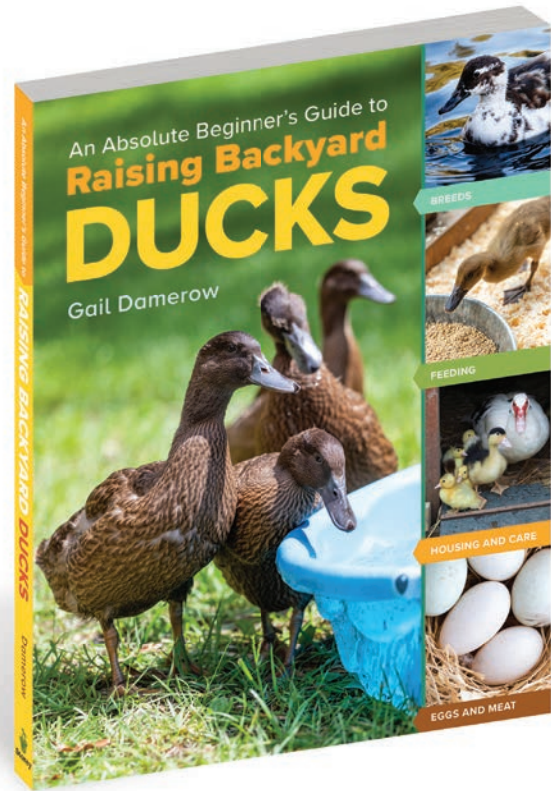
The colorful pages radiate author Dalia Monterroso's enthusiasm for making chicken-keeping accessible to everyone.

An introductory guide to successfully raising ducks in a yard or on a small homestead

- **Ducks have been gaining popularity** with backyard homesteaders in recent years as a healthy and hardy alternative to chickens, capable of laying eggs into a fifth or sixth season
- **Storey is a leader in poultry reference books**, and this strong addition to the line will find readers with the many outlets that sell chicks and ducklings
- **From a best-selling expert poultry author Gail Damerow**, the authoritative voice behind *Storey's Guide to Raising Chickens* and *The Chicken Health Handbook*

JANUARY 2023

176 pages; 7 x 9; Full-color
Paper; \$16.99 US / \$22.99 CAD / UK: £12.99
ISBN 978-1-63586-529-5; No. 626529



An Absolute Beginner's Guide to Raising Backyard Ducks

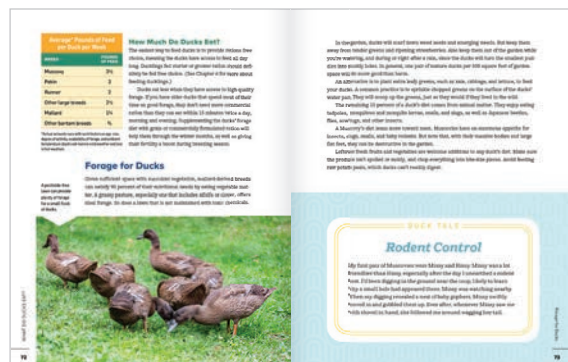
Gail Damerow

Gail Damerow has written extensively on raising chickens, ducks, and other livestock, as well as edible gardening and related rural know-how in books including *What's Killing My Chickens?* and the best-selling *Storey's Guide to Raising Chickens*, *The Chicken Encyclopedia*, *The Chicken Health Handbook*, and *Hatching & Brooding Your Own Chicks*. She lives in Tennessee with her husband, where they operate a family farm.



Ducks are quickly gaining on chickens as popular animals for the backyard homestead or small farm. They are friendly, productive, good at eating pests, remarkably healthy, and easier to raise than chickens in many ways. Plus, they are exceptionally adorable!

This is the perfect introductory guide from poultry raising expert and best-selling author Gail Damerow. Sections detail everything the beginner duck keeper needs to know, including breed selection, housing, feeding, health care, understanding behavior, breeding, and egg and meat production. Original photography throughout tracks the growth and care of a small backyard flock, from just-hatched ducklings to full-grown adults, showing what it takes to be successful at each step of the process.



From choosing a breed to feeding and housing, beginners will find the perfect amount of information to be successful with backyard ducks.



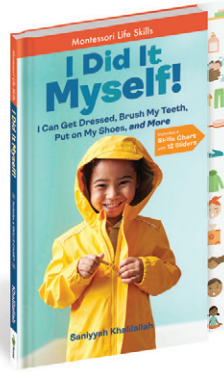
Busy Little Hands: Science Play!

SUSAN EDWARDS RICHMOND

The fourth book in the series joins *Art Play!*, *Food Play!*, and *Math Play!* and features the same kid-friendly format with easy-to-follow, step-by-step photography and open ended activities written by an early childhood learning expert. Twenty fun experiments and play activities offer a fun introduction to science for toddlers and preschoolers ages 3 – 5.

Hardcover; 48 pages; 8 x 9
Full-color

\$12.99 US / \$16.99 CAD / £10.99 UK
ISBN 978-1-63586-465-6; No. 626465



I Did It Myself!

SANIYYAH KHALILALLAH

Introducing a new series teaching independence for kids ages 2-5, with an interactive skills chart to track daily accomplishments. Inspired by the Montessori curriculum, the step-by-step photos in this book teach twelve essential daily activities, including getting dressed, brushing your teeth, putting on a coat, and excusing yourself from the table.

Hardcover with moveable slides;
32 pages; 6 x 10¼
Full-color

\$16.99 US / \$22.99 CAD / £12.99 UK
ISBN 978-1-63586-551-6; No. 626551



I Help at Home!

SANIYYAH KHALILALLAH

From setting a table to washing dishes, dusting shelves, and cleaning the bedroom, preschoolers learn the confidence and satisfaction that comes from being able to help at home. This book offers the perfect incentive to make home chores a daily routine, as they complete each activity and slide the book's skill chart slider window to confidently declare, "I did it!"

Hardcover with moveable slides;
32 pages; 6 x 10¼
Full-color

\$16.99 US / \$22.99 CAD / £12.99 UK
ISBN 978-1-63586-523-3; No. 626523



Montessori Life Skills format feature



The innovative package includes a skill chart with slider windows.



Barnyard Sticker Book

ILLUSTRATIONS BY
CHRISTINA WALD

This irresistible collection includes two-hundred fifty colorful stickers that capture every aspect of the farm, including all the animals — chickens, pigs, sheep, cows, horses, dogs, and cats — as well as equipment, tools, and supplies — tractors, wheelbarrows, and feed. The book includes 4 fold-out scenes on the laminated covers: the full farm, a barn interior, an animal pen, and a chicken coop.

Paper with 12 sticker sheets;
12 pages; 8½ x 10½
Full-color

\$7.99 US / \$11.99 CAD / £6.99 UK
ISBN 978-1-63586-494-6; No. 626494



The Great Ball Game

REBECCA SHEIR

The third book in the Circle Round book series, this stunning picture book tells a classic folktale originating from the Cherokee, Creek, Ojibwe and Menominee people of North America, and adapted for a contemporary audience by Rebecca Sheir, with illustrations by Joshua Mangeshig Pawis-Steckley, an Ojibwe Woodland artist. The vibrant story promotes the values of diversity, acceptance, and understanding of others.

Hardcover; 44 pages; 8½ x 8½
Full-color

\$14.99 US / \$19.99 CAD / £11.99 UK
ISBN 978-1-63586-343-7; No. 626343



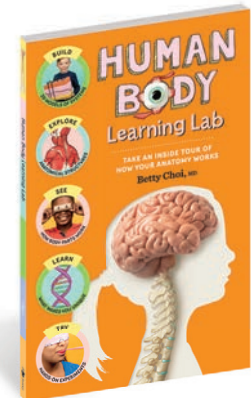
Love Your Amazing Self

OFOSU JONES-QUARTEY

The empowering lyrical verses of Ofosu Jones-Quarthey, a meditation teacher and hip-hop musician, offer a unique entry point to mindfulness and self-empowerment for kids ages 10 and up, with words that call out to be spoken or sung aloud. Accompanied by the vibrant illustrations of Ndubisi Okoye, each verse carries a theme that encourages kids to affirm the positive in themselves and their lives.

Hardcover; 72 pages; 9 x 9
Full-color

\$17.99 US / \$22.99 CAD / £13.99 UK
ISBN 978-1-63586-547-9; No. 626547



Human Body Learning Lab

BETTY CHOI, MD

Pediatrician Betty Choi invites kids ages 8 and up to explore the marvels of the human body with lively hands-on projects and activities, including shaping bones from salt dough and crafting a 3D skin model. This book is packed with colorful diagrams of how each major body system works, fun facts, and easy tests that kids can use to explore how their own body functions.

Paper; 144 pages; 7 x 10½
Full-color

\$18.99 US / \$23.99 CAD / £14.99 UK
ISBN 978-1-63586-479-3; No. 626479

Library edition;
\$28.99 US / \$36.99 CAD / £22.99 UK
ISBN 978-1-63586-488-5; No. 626488



The book includes a bonus pop-out "Find Your Way" wheel.

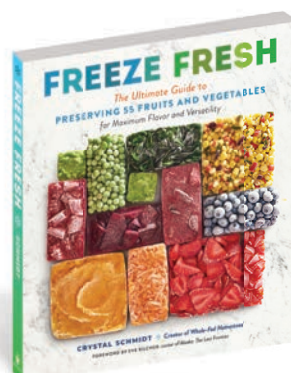
The Soul Support Book, 2nd Edition

DEB KOFFMAN

With playful art, *The Soul Support Book* offers wise observations on getting unstuck, gaining new perspectives, and joyfulness in everyday life. Author and artist Deb Koffman first created these cartoons as reminders to herself, with clever visual interpretations of common sayings, like Explore Options and Consider Another Point of View. Her uplifting mini-meditations appeal to anyone seeking encouragement, insight, open-heartedness, and a healthy dose of laughter.

Paper with flaps; 112 pages; 5¼ x 7
Full-color

\$12.99 US / \$16.99 CAD / £7.99 UK
ISBN 978-1-63586-601-8; No. 626601



Freeze Fresh

CRYSTAL SCHMIDT

Capturing the peak flavor of freshly harvested produce and preserving it for year-round eating is easier than ever. Author Crystal Schmidt shares her time-tested preparation techniques that ensure color, texture, and flavor are retained in the freezer. Schmidt details the best ways to prepare each food and offers more than 100 recipes that freeze well, as well as delicious ways to cook the frozen food after thawing.

Paper; 208 pages; 8 x 9
Full-color

\$19.99 US / \$24.99 CAD / £14.99 UK
ISBN 978-1-63586-447-2; No. 626447



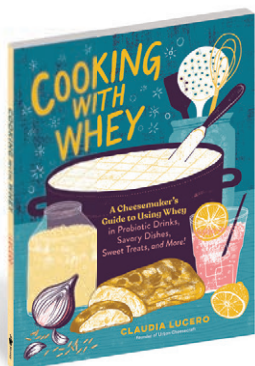
Garden Fresh, 100 Postcards

ROB CARDILLO

This vibrant collection of 100 postcards features 50 different images of vegetables, fruits, and herbs from the camera of award-winning garden photographer Rob Cardillo. Up-close shots capture the distinctive shapes and features of heirloom varieties, with short descriptions of the pictured varieties on the back. A lidded keepsake box completes this perfect gift.

100 postcards in a flip-top box;
4¼ x 6; Full-color

\$19.95 US / \$24.99 CAD / £15.99 UK
ISBN 978-1-63586-586-8; No. 626586



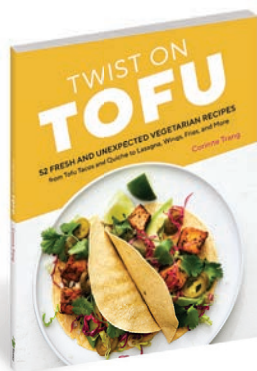
Cooking with Whey

CLAUDIA LUCERO

"Don't throw away your whey!" says cheesemaker Claudia Lucero. She offers 60 inventive recipes that use whey, which is rich in protein, minerals, and vitamins. Sweet whey, a byproduct of cheesemaking, enhances baked goods while acid whey, produced in yogurt- and kefir-making, is ideal for brining meat, turning into tangy beverages, and adding zip to main dishes. This little book is the key to put whey to work!

Paper; 128 pages; 7 x 9
Two-color

\$16.99 US / \$22.99 CAD / £12.99 UK
ISBN 978-1-63586-263-8; No. 626263



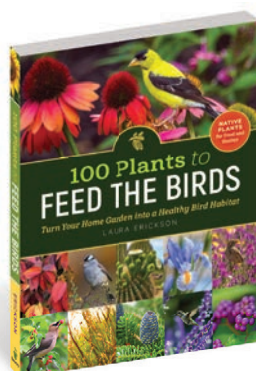
Twist on Tofu

CORINNE TRANG

Award-winning food writer Corinne Trang shows how versatile and flavorful tofu can be, with 52 recipes for creative dinners, as well as starters, soups, salads, sandwiches, and even desserts. There are tofu twists on familiar favorites like French fries, Buffalo "wings," tacos, satay, and empanadas. Recipes for lasagna, Bolognese pasta, chili, poke bowl, and bibimbap offer delicious options for tofu-rich dinners.

Paper; 128 pages; 7 x 9
Full-color

\$16.99 US / \$22.99 CAD / £12.99 UK
ISBN 978-1-63586-481-6; No. 626481



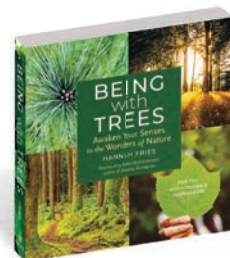
100 Plants to Feed the Birds

LAURA ERICKSON

This stunning collection features in-depth profiles of 100 native plant species that provide food and shelter for birds throughout the year. Readers will discover useful plants to include in the garden along with 29 tree species that provide food and nest sites. Plant photographs and range maps offer guidance for selecting the right plants for any location in North America.

Paper; 256 pages; 7 x 9
Full-color

\$16.99 US / \$22.99 CAD / £12.99 UK
ISBN 978-1-63586-438-0; No. 626438



Being with Trees

HANNAH FRIES

Poet and nature lover Hannah Fries invites readers to slow down and connect with the wonders and healing power of nature, featuring a guided journey of prompts, poetry, meditations, and inspirational photos, with a foreword by Robin Wall Kimmerer, author of *Braiding Sweetgrass*. This irresistible gift package is filled with stunning artwork and photography that will leave you feeling like you just walked in the woods.

Paper with flaps; 192 pages; 6 x 6
Full-color

\$14.95 US / \$19.99 CAD / £11.99 UK
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