

FALL 2022

familius

Helping Families Be Happy



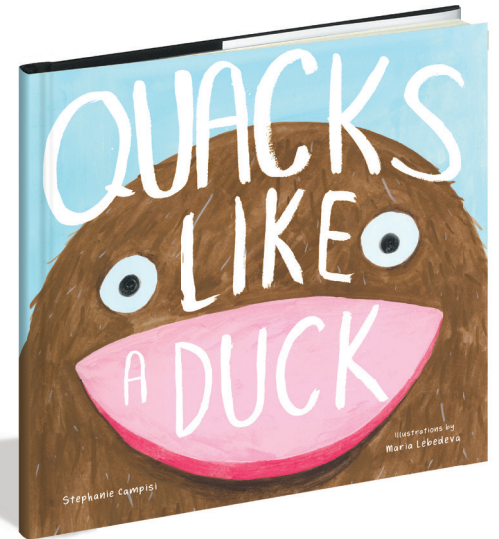
FAMILIUS

Quacks Like a Duck

Stephanie Campisi • Maria Lebedeva

Petunia the platypus heads to her first party since arriving from Australia. She has the present, a party hat, and a pavlova, but it's a costume party and she doesn't have a costume! Everyone asks what she's supposed to be: "Are you a duck?" "Do you have webbed feet?" "Can you lay eggs?" Even without a costume, Petunia stands out, and all of the other party guests give her a full-on identity crisis! Will she, with her weird quirks, ever fit in?

For anyone who has ever felt out of place—from moving to a new country to moving to a new school—*Quacks Like a Duck* is a charming tale of acceptance and individuality that will have you laughing and embracing your own quirks and differences with pride.



Stephanie Campisi is an Australian author living in the US. Her picture books to date include the Kirkus-starred *Ugly Dumpling*, *Luis and Tabitha*, *Very Lulu*, and *Five Sisters*. *Quacks Like a Duck* is her fifth book, and it combines two of her very favorite Aussie things: platypuses and pavlovas.



- **Author Stephanie Campisi is an Australian who recently moved to America and took her early experiences as an odd duck to create this charming picture book about owning who you are.**
- **Adorable and whimsical animal illustrations paired with a humorous storyline help children learn about acceptance and belonging in a way that feels fun!**
- **Australian animals loom large in the public imagination after the recent Australian bushfires.**
- **Themes of fitting in, acceptance, belonging, and new experiences.**
- **Costume party setting allows this book to be merchandised with Halloween and birthday party themes but still fit in year-round.**
- **Features popular Australian Christmas/holiday dessert pavlova.**

Quacks Like a Duck

Full-color illustrations; 32 pages; 10" x 10"

Jacketed hardcover:

\$17.99 / £ 13.99 UK

ISBN: 978-1-64170-729-9

No. 550729

Ships: September



9 781641 707299

Want a Hug?

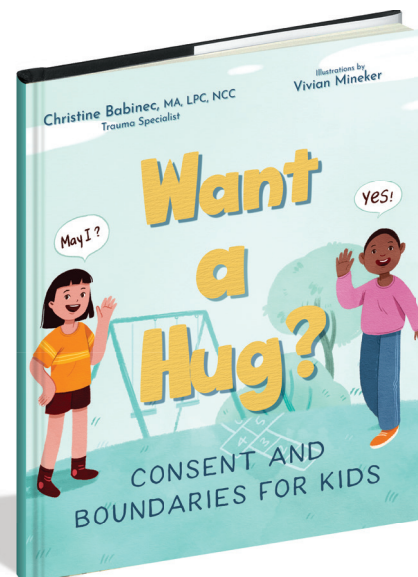
Consent and Boundaries for Kids

Christine Babinec • Vivian Mineker

It's never too early to teach children about the necessity of boundaries and the power of consent. Developed by therapist Christine Babinec after years of working with survivors of abuse, *Want a Hug?* is a book about communication, understanding, mutuality, listening, and love. Far from a didactic lecture, this joyful picture book affirms that developing consent skills is a natural, positive, fun, and affirming experience. With colorful, inviting illustrations, children will learn that it's okay to say no and, perhaps more importantly, it's okay to say yes. The power is in the choice.



Christine Babinec, MA, LPC, NCC, is a licensed professional counselor and National Board Certified counselor currently practicing in Portland, OR, USA. Her work is rooted in social justice, and Chris has devoted her career to working with survivors of trauma and abuse. Chris is also the mom of two growing kids! christinebabineclpc.com



- The key aim of the author is to teach consent as an explicit and meaningful term to kids and their grown-ups. The rise of consent as a major issue permeates our news and social media platforms. An understanding of consent is pivotal to children growing into functional, contemporary members of society.
- This book is directed toward all young children, via the adults in their lives, wishing to open a conversation about consent. It is carefully designed to be appealing to a general audience, while also potentially serving as an educational tool in schools, after-school programs, community agencies, and/or for therapeutic purposes for trauma survivors.
- The actions in the book are rooted in evidence-based practices of racial socialization and show parents how to engage their children in learning how to counteract negative and harmful messages.
- There are a number of books out that advise and teach kids to say no to unwanted touch, but none that tell them what to do and how to say yes, create healthy boundaries, and enact consent in a child-centered way.

Want a Hug?

Full color illustrations; 32 pages; 8½" x 10"

Jacketed hardcover:

\$16.99 / £12.99 UK

ISBN: 978-1-64170-306-2

No. 550306

Ships: October



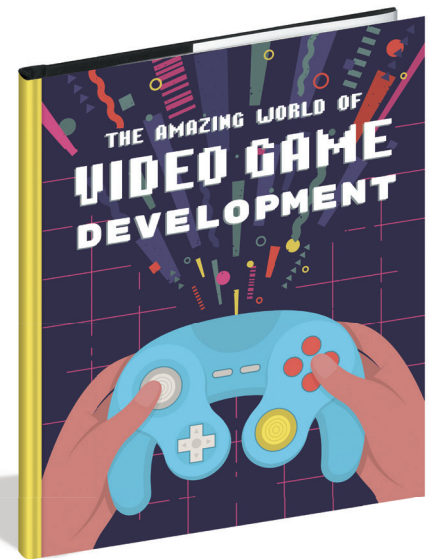
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The Amazing World of Video Game Development

Denis Galanin

Nintendo Switch, PlayStation, Xbox, or online—the ways to play a video game are endless and varied, just like the jobs and skills it takes to make a video game. It's so much more than just coding!

Award-winning video game developer Denis Galanin dives deep into the world of video game development, from the art team to the music, from pre-development to release. With cool video-game style illustrations and simple, child-friendly information on the most essential topics in game design, *The Amazing World of Video Game Development* is the perfect introduction for young gamers and future developers. Whether your child wants to learn more about the process or enter into the game development universe, this book will put the controller in their hands!



- The video game industry is one of the most popular industries in our time, and yet, many do not know what goes into making a video game. This book helps the layperson understand how the industry works and empowers young readers to find their niche within the industry.

- The only book that uses bright images, understandable metaphors, and light humor to teach how video game development happens from start to finish in a way that makes sense to readers.

- Video game sales statistics show that gaming industry revenue dwarfs all other entertainment industries combined. For instance, the global box office revenue in 2018 amounted to \$41.7 billion, while the gaming market generated \$151.2 billion.



Denis Galanin is an independent game developer from the Urals with over eighteen years of experience in the video game industry and with more than twenty released games and more than thirty different awards. He's best known as the creator of *Hamlet* or the Last Game without MMORPG Features, *Shaders* and *Product Placement*, and *The Franz Kafka Videogame*. His games have been featured in *Time*, *NBC News*, and *New York Daily News*.

The Amazing World of Video Game Development

Full-color illustrations; 32 pages; 9" x 11"

Paper over board:
\$17.99 / £13.99 UK

ISBN: 978-1-64170-749-7

No. 550749

Ships: September

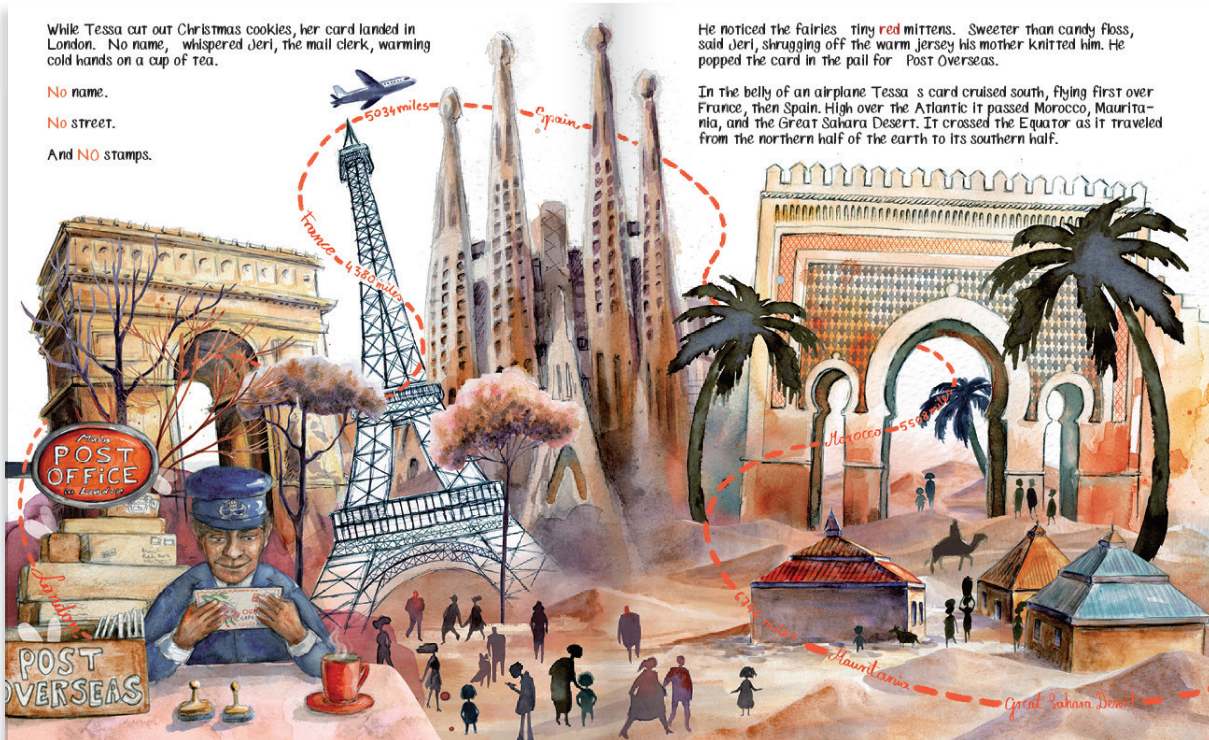
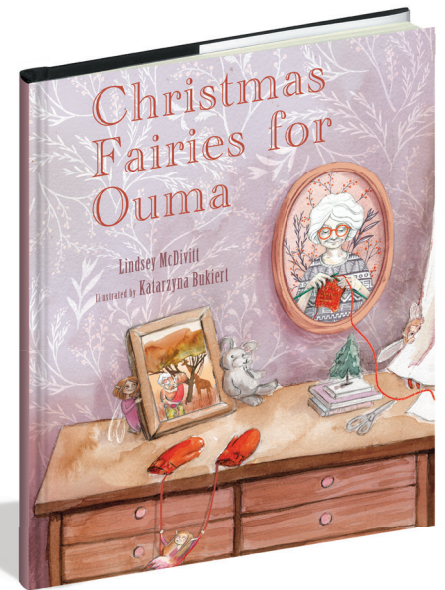


Christmas Fairies for Ouma

Lindsey McDivitt • Katarzyna Bukiert

Wanting to show her grandma a snowy American Christmas, Tessa mails a card with only a drawing of Christmas fairies and the words *Ouma* (that means Grandma) and *Cape Town, South Africa*. The letter carrier who finds it knows that it can't go to Cape Town, so he puts it in his pocket. With no name, no street, and no stamps, how is Ouma ever going to get Tessa's letter?

Follow the magical journey of a child's Christmas card as Christmas fairies guide it 10,000 miles around the world, from the hand of one person spreading cheer to another, all the way to Ouma. With gorgeous illustrations, hidden fairies on



Lindsey McDivitt is the author of three picture book biographies. She reviews picture books with accurate images of aging on her blog "A Is for Aging" at www.lindseymcdivitt.com.



- Features a positive example of intergenerational relationships that span across cultures and countries.
- A heartwarming story of kindness that shows there is no limit to the kindness of strangers.
- Fairies throughout the illustrations add an extra element of magic and childhood imagination.
- Back matter includes fun facts about South Africa as well as a glossary.

Christmas Fairies for Ouma

Full color illustrations; 32 pages; 9" x 11"

Jacketed hardcover:

\$17.99 / £13.99 UK

ISBN: 978-1-64170-734-3

No. 550734

Ships: September

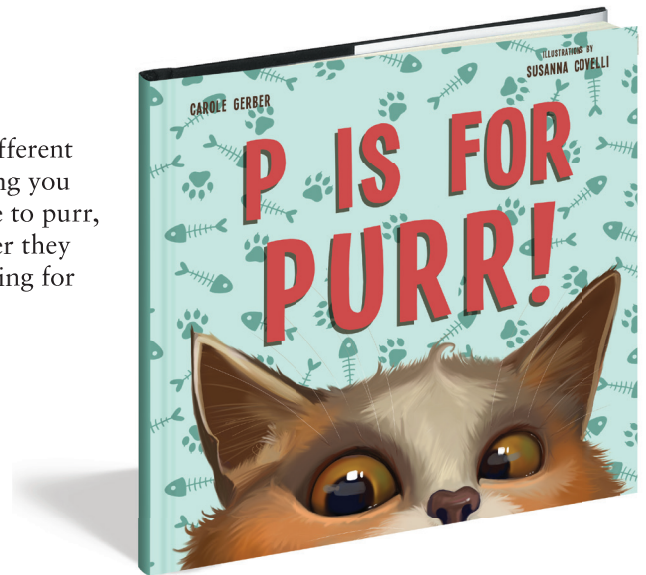


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P Is for Purr

Carole Gerber • Susanna Covelli

Furry felines fill the pages of this ABC picture book, introducing different species, behaviors, and eccentricities of cats. Packed with everything you should know about your cat, from how fast they run to why they like to purr, *P Is for Purr* is the perfect book for kids and cat lovers alike. Whether they are learning to read or they just like cats, this book will have something for everyone!



Carole Gerber has written sixteen picture books, three chapter books, and more than one hundred elementary science and reading texts for major publishers. Her most picture recent book, *A Band of Babies*, was named a 2017 Best Book for Children by Amazon editors. She holds a BS in English education and an MA in journalism from Ohio State, and has taught middle school and high school English as well as college newswriting and factual writing at OSU. Learn more at www.carolegerber.com.



- Fun facts about different cat breeds, behaviors, and care tips told in perfectly metered rhyming couplets make this book perfect for reading aloud.
- Back matter features resources to help readers learn more about cat care and breed-specific information.
- Playful illustrations are sure to delight cat lovers of all ages!

P Is for Purr

Full color illustrations; 56 pages; 11" x 11"

Jacketed hardcover:

\$18.99 / £14.99 UK

ISBN: 978-1-64170-741-1

No. 550741

Ships: October

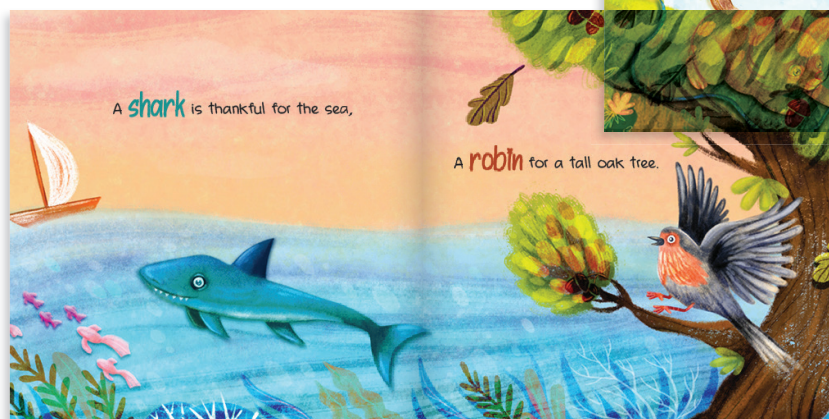
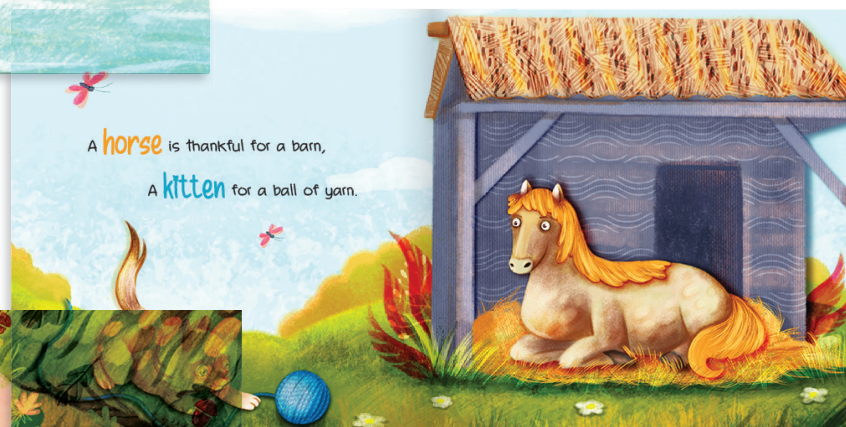
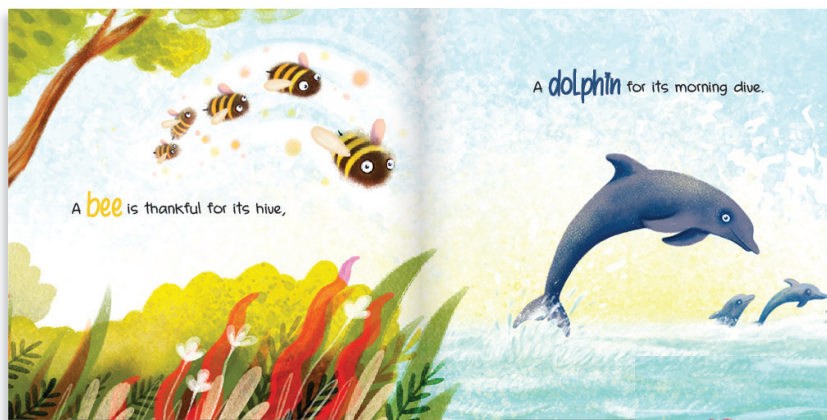
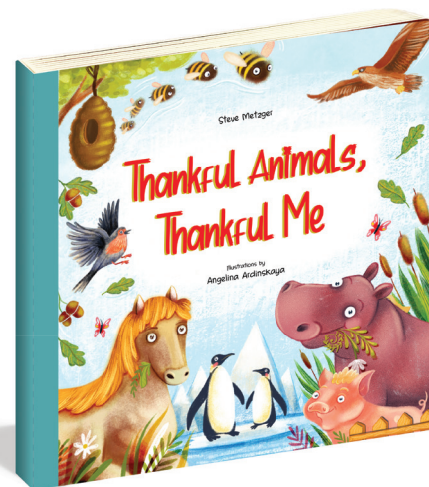


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Thankful Animals, Thankful Me

Steve Metzger • Angelina Ardinskaya

In this colorful board book, animals are the perfect examples of gratitude for the simple things, from the open sea to a safe barn stall. With adorable, brightly colored drawings and rhyming couplets, *Thankful Animals, Thankful Me* will teach your child about a multitude of animals, all while showing them how to be thankful. A life full of gratitude has never been so easy—or cute!



Steve Metzger is the award-winning author of more than eighty children's books, including *The Way I Act* (approved for classroom use by the California Department of Education), *Detective Blue* (IRA-CBC Children's Choice List, SLJ starred review), *Pluto Visits Earth!* (ABC Best Books for Children) and *Yes, I Can Listen!* which received a 2019 Eureka! Honor Award from the California Reading Association. Steve lives in New York City with his wife and daughter. For more information, visit www.stevemetzgerbooks.com

- Adorable board book featuring a variety of animals and the things they may give thanks for.
- Encourages children to explore gratitude and thankfulness.

Thankful Animals, Thankful Me

Full color illustrations; 20 pages; 7" x 7"

Board book:
\$9.99 / £7.99 UK

ISBN: 978-1-64170-737-4

No. 550737

Ships: August

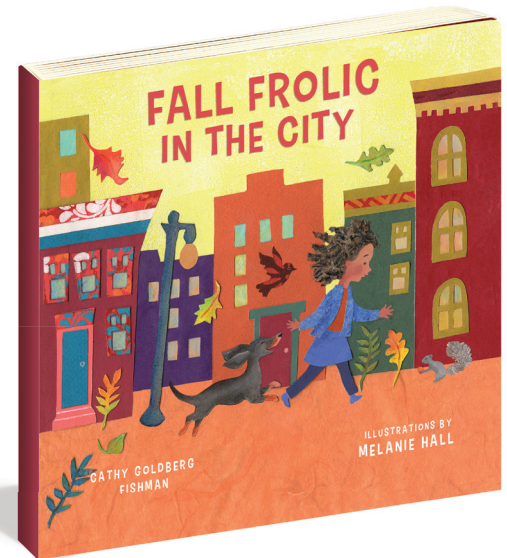


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Fall Frolic in the City

Cathy Goldberg Fishman • Melanie Hall

Frolic through the city in the fall and experience the sights, sounds, colors, and smells of the multitude of different holidays we celebrate this season. From Rosh Hashanah to Halloween and Día de Muertos, everyone has a reason to celebrate. With simple rhymes, a counting pattern, and stunning papercraft art reminiscent of Ezra Jack Keats, this diverse board book is the perfect introduction to autumn and the cultural melting pot that makes the city so special.



Cathy Goldberg Fishman *taught in an elementary school, directed a daycare center, and owned a children's bookstore. In addition to writing, Cathy teaches at Georgia Military College in Augusta, Georgia, and works part-time at the Augusta Jewish Federation.*

- Combines a counting element with diverse celebrations to make this fun board book educational on multiple levels.
- Many parents and readers have called for more diverse books; this book takes a look at the diversity of an urban city in the fall.
- The fourth book in our Walk in the City board book series completes the set with all seasons!

Fall Frolic in the City

Full color illustrations; 16 pages; 7" x 7"

Board book:
\$9.99 / £7.99 UK

ISBN: 978-1-64170-726-8

No. 550726

Ships: August



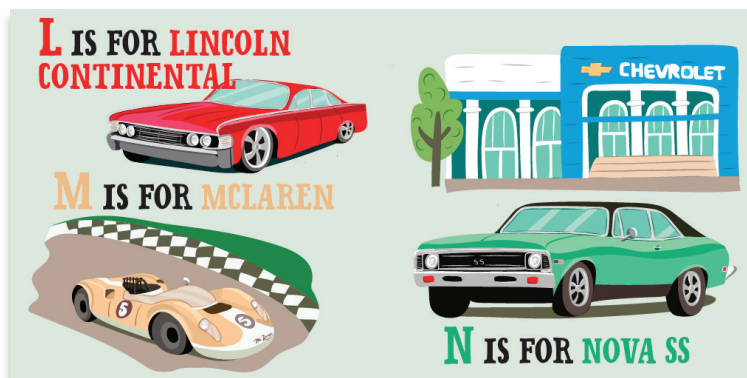
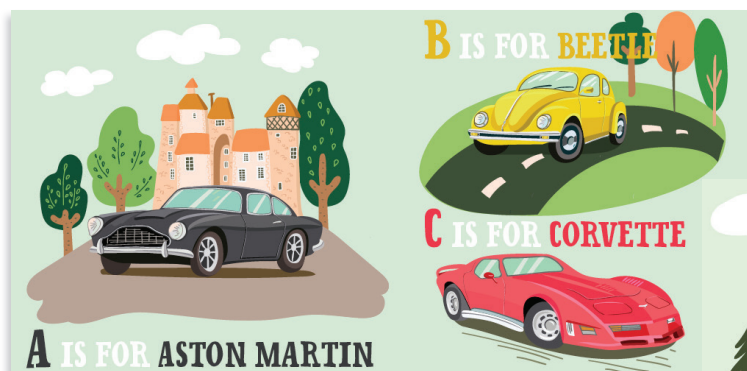
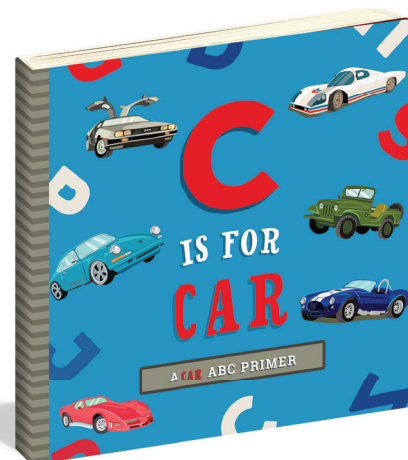
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C Is for Car

An ABC Car Primer

Ashley Mireles • Volha Kaliaha

With F for Ferrari, K for Karmann Ghia, and S for Shelby, going from A to Z has never been more fun—or fast! Zoom into the ABCs with the classic models and luxury brands that make the car world so amazing!



Ashley Mireles was born and raised in the heart of California's Central Valley, where her time visiting the library blossomed into a career in publishing. She currently lives in Fresno, California, with her boyfriend of seven years and their terrier.

- *C IS FOR CAR* features classic car models and famous cars sure to spark the interest of car enthusiast parents.
- A 2019 SEMA report found that a majority of car enthusiasts and classic car fans picked up the hobby from the generation before them. This report also found that classic cars were more likely to be favored by all genders and age groups.
- Millennials are considered the largest auto enthusiast generation with Auto News reporting that 63 percent are more likely to buy auto accessories and auto-themed gifts than any other generation.
- The year 2020 saw an increase in restomod and classic car restoration as well as an increase in classic car searches online.

C Is for Car

Full color illustrations; 20 pages; 7" x 7"

Board book:

\$9.99 / £7.99 UK

ISBN: 978-1-64170-725-1

No. 550725

Ships: September



9 781641 707251

Also available in the ABC Primer Series



S Is for Space

Full color illustrations; 20 pages; 7" x 7"

Board book: \$9.99 / £7.99 UK

ISBN: 978-1-64170-557-8

No. 550557



9 781641 705578



F Is for Farm

Full color illustrations; 20 pages; 7" x 7"

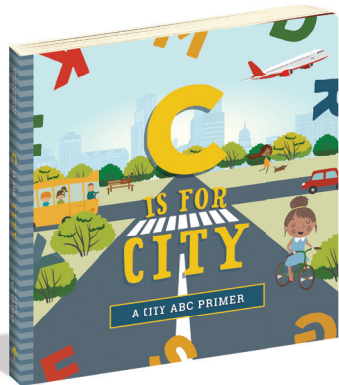
Board book: \$9.99 / £7.99 UK

ISBN: 978-1-64170-452-6

No. 550452



9 781641 704526



C Is for City

Full color illustrations; 20 pages; 7" x 7"

Board book: \$9.99 / £7.99 UK

ISBN: 978-1-64170-453-3

No. 550453



9 781641 704533



S Is for Snow

Full color illustrations; 20 pages; 7" x 7"

Board book: \$9.99 / £7.99 UK

ISBN: 978-1-64170-256-0

No. 550256

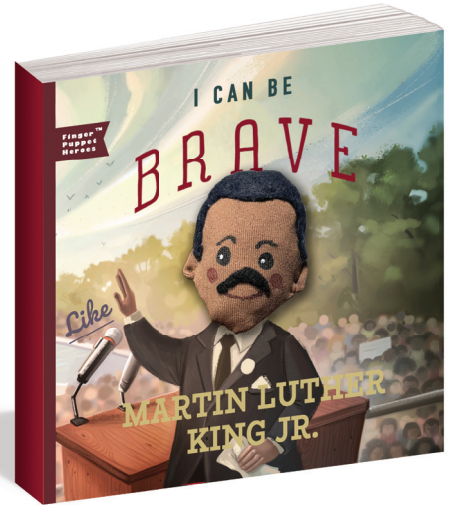


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I Can Be Brave Like Martin Luther King Jr.

Familius • Susanna Covelli

Inspire your child to be brave like Martin Luther King Jr. with this interactive book and finger puppet. Each page has authentic scenes and photos from Martin's life, and with openings for the cute and durable finger puppet, your child can become part of the true story. Told in an easy-to-read voice that will entertain your children and teach them about the racism and dreams that sparked Martin's journey, *I Can Be Brave Like Martin Luther King Jr.* invites readers to join in the monumental events that have shaped history.



Little Martin liked the Bible stories his grandmother told him after dinner each evening. His grandmother taught him that he should love everyone.



- The first finger puppet series featuring historical figures and their biography.
- A fun and engaging way to introduce Martin Luther King Jr. to children.
- The touch-and-feel element of a finger puppet helps to keep children entertained and focused on the book during storytime.
- For ages 2-5.

I Can Be Brave Like Martin Luther King Jr.

Full color illustrations; 12 pages; 5" x 5"

Die-cut board book with finger puppet:

\$9.99 / £7.99 UK

ISBN: 978-1-64170-747-3

No. 550747

Ships: November



9 781641 707473



Familius believes that the family is the fundamental unit of society and that happy families are the foundation of a happy life. The greatest work anyone will ever do will be within the walls of his or her own home. And we don't mean vacuuming! We recognize that every family looks different and passionately believe in helping all families find greater joy, whatever their situation.

Also available in Finger Puppet Heroes Series



I Can Be Creative Like Leonardo daVinci

Full color illustrations; 12 pages; 5" x 5"

Die-cut board book with finger puppet:

\$9.99 / £7.99 UK

ISBN: 978-1-64170-560-8

No. 550560



9 781641 705608

I Can Be Kind Like Mother Teresa

Full color illustrations; 12 pages; 5" x 5"

Die-cut board book with finger puppet:

\$9.99 / £7.99 UK

ISBN: 978-1-64170-559-2

No.



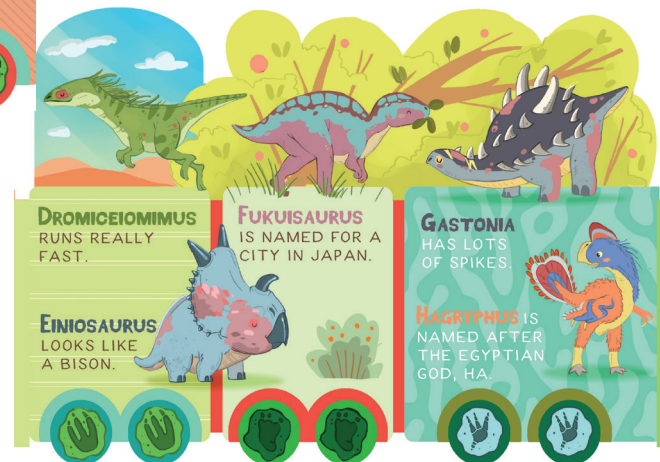
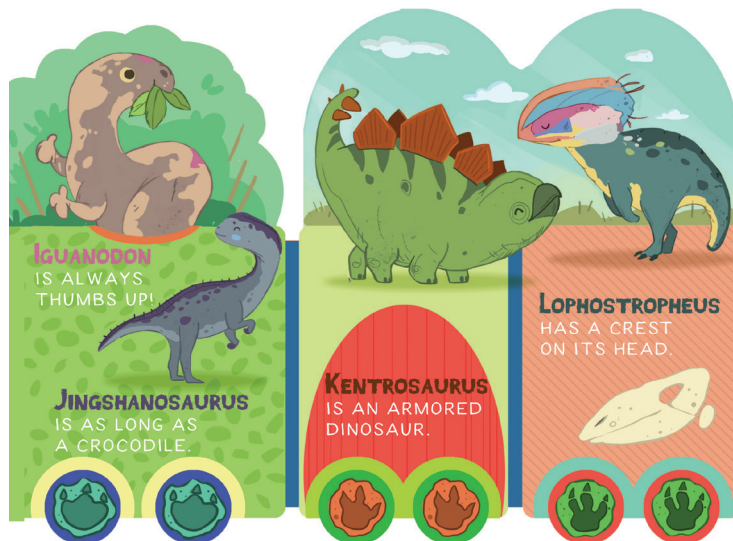
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Dino Train

Christopher Robbins • Susanna Covelli

All aboard the dino train! Join Brachiosaurus, Triceratops, and Velociraptor on a train ride that teaches fun facts about the adorable alphabetized dinos aboard this 56-inch fold-out train (perfect for playtime or room decor)! Printed on both sides with boldly colored and hilarious dinosaur illustrations, the book includes a handy velcro clasp to keep everything snugly shut when reading time is over. A perfect interactive primer for teaching dinosaur names and letter sounds to kids, *Dino Train* provides that colorful, educational, and toy-like experience that makes learning fun.



- A board book and fold-out 56-inch train for dinosaur lovers of every age!

- Each train car is filled to capacity with different dinosaurs.

- For ages 2-5.

Dino Train

Full color illustrations; 14 pages; 8" x 6"

Die-cut board book:
\$12.99 / £9.99 UK

ISBN: 978-1-64170-731-2

No. 550731

Ships: August



Familus believes that the family is the fundamental unit of society and that happy families are the foundation of a happy life. The greatest work anyone will ever do will be within the walls of his or her own home. And we don't mean vacuuming! We recognize that every family looks different and passionately believe in helping all families find greater joy, whatever their situation.

Also available in the On-Track Learning Series



Music Train

Full color illustrations; 20 pages; 8" x 6"

Die-cut board book:

\$12.99 / £9.99 UK

ISBN: 78-1-64170-564-6

No. 550564



Color Train

Full color illustrations; 14 pages; 8" x 6"

Die-cut board book:

\$12.99 / £9.99 UK

ISBN: 978-1-64170-106-8

No. 550106



Christmas Train

Full color illustrations; 14 pages; 8" x 6"

Die-cut board book:

\$12.99 / £9.99 UK

ISBN: 978-1-64170-165-5

No. 550165

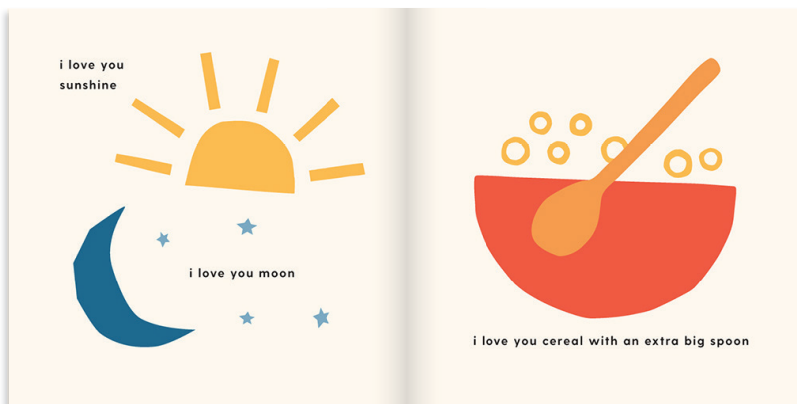


Good Morning, World I Love You So

A Little Book of Gratitude

Olivia Herrick

From sunshine to an extra big spoon, there are so many things in the world to be thankful for! Luckily, showing gratitude can be as simple as waving and saying, "I love you!" With an adorable rhyme, stylish illustrations, and a positive mindset, *Good Morning, World: I Love You So* builds a lifelong habit of gratitude and self-care for kids. Take a moment with this board book to soak in the world and teach your child to live a glass-half-full kind of life.



Olivia Herrick is a graphic designer based in the Twin Cities of Minnesota, best known for her playful, vibrant, and positive artwork. Though you will often find her glued to her computer at her studio, Olivia finds her greatest inspiration in the great outdoors.

- Colorful, modern design from popular designer Olivia Herrick brings this board book to life with small moments of gratitude you can find in your everyday routine.
- Bright colors contrast against muted backgrounds, making this book great for young readers.
- Mindfulness and gratitude continue to be trending topics for young readers; this book encourages both readers and their guardians to look around their world for reasons to feel happiness.
- Author Olivia Herrick is best known for her social media following and design work which has been featured on BuzzFeed, PopSugar, and more!
- This book will be release alongside the Good Morning World flash card set which will feature words and illustrations from the book.

Good Morning, World I Love You So

Full color illustrations; 20 pieces; 7" x 7"

Board book:

\$9.99 / £7.99 UK

ISBN: 978-1-64170-727-5

No. 550727

Ships: September

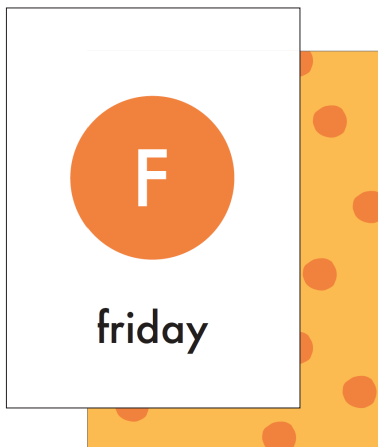
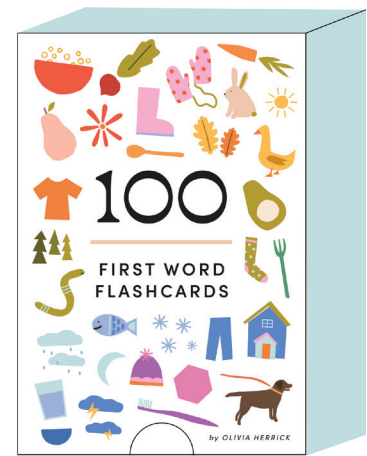


Good Morning, World Flash Cards

Olivia Herrick

From Oliva Herrick, creator of the Instagram sensation Olivia Herrick Design, comes a pack of one hundred flash cards to teach your child words and objects.

Divided into simple first-word categories, they are the perfect introduction to the things a child will encounter in everyday life, from animals and nature to food and clothes. Each card is carefully designed with a single word like *cereal* and an accompanying illustration to make the learning process easy. With stylish, modern illustrations and the companion book, *Good Morning, World: I Love You So*, these cards will assist you in teaching your child to live a glass-half-full kind of life while making learning fun!



Olivia Herrick is a graphic designer based in the Twin Cities of Minnesota, best known for her playful, vibrant, and positive artwork. Though you will often find her glued to her computer at her studio, Olivia finds her greatest inspiration in the great outdoors.

- One hundred trendy flash cards for parents who want to teach their children sight words while sticking to their nursery aesthetic.
- A slipcase gift box gives this pack of cards an elevated gift look and feel at an affordable price.
- These flash cards will be release alongside the Good Morning World board book, perfect for in-store displays and gift sets.

Good Morning, World Flash Cards

Full color illustrations; 100 cards; 3" x 5"

Flash cards in slipcase box:

\$15.99 / £12.99 UK

ISBN: 978-1-64170-748-0

No. 550748

Ships: September



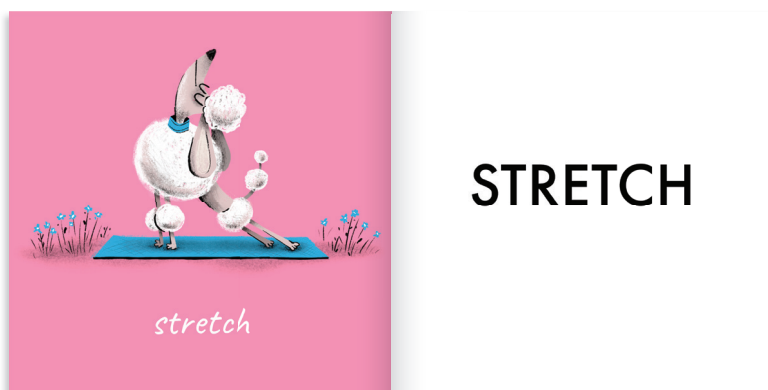
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Teach Your Dog to Read

Susan Holt Simpson • Bernardo França

Dog parents only want the best for their fur babies. With *Teach Your Dog to Read*, you can train your dog to recognize twenty different words and commands (yes, really!).

These spiral-bound flashcard-like have a simple word or short phrase on one side for your dog to read and a hilarious retro illustration just for you on the other. Using this book is no different than training your dog to sit. It's a matter of showing them the word, saying it, and then sealing the deal with a treat. Action-oriented words or commands like *walk*, *leash*, *lie down*, and *treat* will pair nicely with your dog's typical training, or you can use the book to train your dog and teach them to read simultaneously. Maybe next time you sit down to read with the family, your best friend can join in the fun!



LEASH



Author
Photo
(optional)

Susan Holt Simpson writes and enjoys life on one acre in northern Kentucky, which is well-patrolled by her now-grown family dog, Dottie. When Dottie allows, Susan volunteers in the community as a reading buddy, a parenting coach, and a writing mentor.



- **Seventy-eight percent of dog owners purchase gifts for their pets.** This book is an attractive and humorous book that will be desirable for gifting to new pet owners, including children who have a new family dog.
- **Easy-to-use training guide helps owners begin the training process of teaching their dog to read.**
- **Parents, grandparents, and caregivers of children in lower elementary-school grades who want to improve reading experiences and motivation by involving their dogs will enjoy this book.**
- **Millennials comprise the largest demographic of pet owners and are willing to spend more on their pets than any previous generation.** The trendy illustration style will appeal to this demographic of pet parents.

Teach Your Dog to Read

Full color illustrations; 64 pages; 8.25" x 8.25"

Spiral bound hardcover:
\$18.99 / £14.99 UK

ISBN: 78-1-64170-733-6

No. 550733

Ships: October

FORMAT



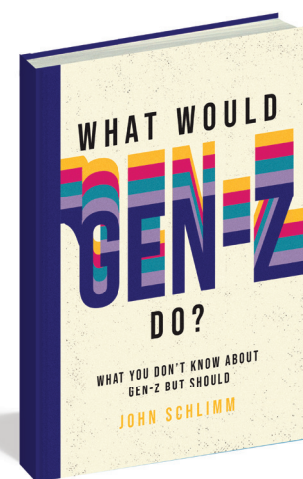
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What Would Gen-Z Do?

Everything You Don't Know About Gen-Z but Should

John Schlimm

When interacting with Gen-Zers, whether you be their parent, teacher, coach, relative, neighbor, or anything in between, the generational divide can seem larger than ever. Gen-Zers ignore you, they refuse to turn on their Zoom cameras, they procrastinate, they make strange jokes, they have short attention spans, and they take *so many* selfies. But that isn't all there is to Generation Z. *What Would Gen-Z Do?* but Should will help you reach across the generational divide and learn how to navigate your relationships with Gen-Zers.



John Schlimm, Harvard-trained educator, artist, advocate, and award-winning author, was among the first to start piecing together the authentic and multifaceted face of Generation Z—beyond the stigmas, stereotypes, and often misguided media profiling of these dynamic young people, who remain largely misunderstood and vastly underestimated.

- In 2022, Gen Z (those born between 1997 and 2012) will span ages 10–25, as well as elementary school, middle school, high school, college, and their first years in the workforce—a rare moment for any generation—making this book a must-read guide for parents, teachers, coaches, librarians, community organizers, employers, and anyone else who is navigating the Gen-Z universe.
- The first book to both speak directly to and respectfully of Gen-Zers and to those who live and work with them.

What Would Gen-Z Do?

Full color interiors; 256 pages; 6" x 9"

Trade paperback:

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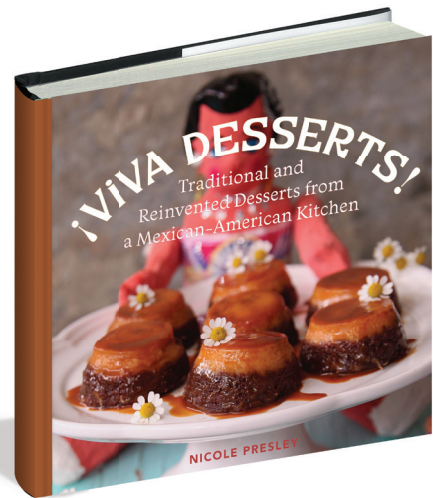
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iViva Desserts!

Traditional and Reinvented Sweets from a Mexican-American Kitchen

Nicole Presley

From Atole de Canela and Buñuelos de Viento to Oreo Horchata Cheesecake and Dulce de Leche Pumpkin Pie, *¡Viva Desserts!* is a scrumptious collection of traditional Mexican desserts and American desserts Mexicanized. With dessert items like conchas, churros, empanadas, and flan, all your favorite traditional Mexican treats are here. Then add in classic American cakes and pies with a Mexican twist and other Mexican treats with an American twist, and all your cravings will be covered!



Marranito Pear Empanadas

Adapted from a traditional Mexican gingerbread cookie shaped like a pig. In my house, we call this type of pan dulce "piggy pie." I decided to pay homage to the molasses pig with a marinated pear-stuffed empanada. I made these the night I had a little child in the air and pears are in season.

Pig (100g) / Pear (100g) / Molasses (100g) / Raisins (100g) / Raisins (100g)

GINGERBREAD DOUGH

1. Add flour, ground cinnamon, baking powder, ground ginger, and brown sugar to a food processor. Pulse to mix completely. Add butter, vegetable shortening, eggs, and molasses. Pulse to bring dough completely together.
2. Remove dough from food processor and knead with hands to fully incorporate. Dough should not be sticky at all. Divide into 16 parts and flatten into disks. Wrap each disk in plastic wrap and refrigerate overnight.

PEAR FILLING

1. In a small bowl mix cold water and cornstarch until cornstarch dissolves. Set to the side.
2. In a heavy-bottomed pot over medium-high heat, add pear halves, brown sugar, brown, white, and molasses. Bring to a boil, stirring occasionally, about 15 minutes.
3. Add whipping cream and mix to fully incorporate cream with sugar. Cook for 10 minutes.
4. Pour cornstarch mixture into pear mixture and mix until thickened. Remove from heat and allow to cool to room temperature.

ASSEMBLY

1. Preheat oven to 350 degrees. Prepare egg wash by mixing egg and water together. Set to the side.
2. On a generously floured surface, roll out gingerbread dough to a 1/16-inch thickness. With a piggy cookie cutter, cut out as many cookie shapes as possible, rerolling scraps and

INGREDIENTS

Gingerbread Dough

- 2 cups flour
- 2 teaspoons ground cinnamon
- 1 teaspoon baking powder
- 1 teaspoon ground ginger
- 3/4 cup brown sugar
- 3/4 cup cold butter
- 2 tablespoons vegetable shortening
- 2 large eggs
- 4 tablespoons dark molasses

Pear Filling

- 2 tablespoons cold water
- 1 1/2 tablespoons cornstarch
- 4 cups peeled, cored, and cubed pear (about 5 1/2 cups)
- 4 cups brown sugar
- 2 tablespoons butter
- 1/2 teaspoon Mexican vanilla extract
- 3 tablespoons heavy whipping cream

Egg Wash

- 1 egg
- 1 tablespoon water

Royal Icing

- 3 tablespoons confectioner's sugar
- 3 tablespoons milk
- 1 tablespoon vanilla extract

Empanadas 2 (pg. 10)

Dulce de Leche Pumpkin Pie

Can we really welcome the holiday season into our homes without the addition of pumpkin pie? This dulce de leche pumpkin pie covered in a meringue sauce combines traditional pumpkin pie and dulce de leche together to make a truly unique holiday treat.

Pie (100g) / Meringue (100g) / Pumpkin (100g) / Dulce de Leche (100g)

CRUST

1. Preheat oven to 425 degrees. Prepare egg wash by mixing together egg and water. Set to the side.
2. On a floured work space, roll out 1 dough disk larger than a 9 1/2-inch pie plate, to a 1/16-inch thickness. Carefully transfer dough to pie plate. Let edge hang over sides, then tuck edge under itself and crimp with your fingers. Brush edge with egg wash.
3. Fit a large piece of parchment paper in the center of the pie. Fill with 2 pounds dried beans or pie weights to keep the pie crust from puffing up. Bake for 15 minutes. Remove beans and parchment paper and bake for an additional 5 minutes. Remove from oven and allow blind-baked crust to cool.
4. Fit a large piece of parchment paper in the center of the pie. Fill with 2 pounds dried beans or pie weights to keep the pie crust from puffing up. Bake for 15 minutes. Remove beans and parchment paper and bake for an additional 5 minutes. Remove from oven and allow blind-baked crust to cool.

DULCE DE LECHE PUMPKIN FILLING

1. In a blender combine all filling ingredients. Blend until completely pureed.
2. Place pie plate with blind-baked pie crust on a cookie sheet to make it easier to place in the oven. Cover the edges of the crust with aluminum foil to ensure they do not overbrown while baking.
3. Pour pumpkin filling into crust and bake at 425 degrees for 15 minutes. Lower temperature to 350 degrees and bake for an additional 35 minutes.

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• **Second- and third-generation Latinos, many of whom are looking to rediscover their roots and culture, are a growing market in the US.**

• **Latinos make up the largest group of immigrants in most states. Mexico is the biggest source of immigrants in thirty-three states. In 2015, Hispanics controlled \$1.3 trillion in buying power, and it's expected to reach \$1.7 trillion in 2020.**

• **Mexican desserts have grown in popularity with churros and flan popping up on menus everywhere from trendy food trucks to high-end restaurants and even in the Disney parks!**

• **¡VIVA DESSERTS! appeals to a general market audience and a bicultural demographic seeking nostalgia.**

iViva Desserts!

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Nicole Presley is a culinary enthusiast and recipe developer passionate about culture and food. Her childhood and life experiences drove her to create Presley's Pantry, a platform from her East LA kitchen that celebrates family, food, and original recipes.

CALM for Moms

Worry Less in Four Simple Steps

Denise Marek

Motherhood is stressful, but international award-winning speaker and worry management expert Denise Marek is here to tell you that you can stress less by learning to worry wisely! With her proven CALM method, a four-step process that has helped many individuals and organizations around the world connect with their inner peace, overcome their fears, and take the risks that are essential for success, mothers can tackle the stress of parenting. Whether you suffer from chronic worry about finances, family difficulties, your children's happiness, or even your teen getting home late, the CALM process can teach you how to handle it all.

The process is simple:

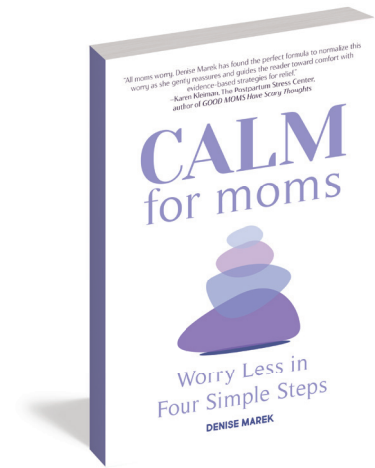
Challenge negative assumptions that create unnecessary worry.

Act on your worry to overcome fears and reduce the physical and emotional effects of stress.

Let go of worries beyond your control and upsetting feelings like mom-guilt, mom-shaming, and fear.

Master your mind and guard against negative thinking by planting new, positive thoughts.

With the science behind the CALM process, now tailored specifically for mothers, and with relatable stories, puzzles, fun exercises, jokes, and easy-to-implement strategies packed in a single stress-busting book, *CALM for Moms* gives the gift of worry-free parenting.



- **The CALM method of reducing anxiety, originally introduced in CALM: A PROVEN FOUR-STEP PROCESS DESIGNED SPECIFICALLY FOR WOMEN WHO WORRY, has been proven to work. Author Denise Marek has received testimonial from thousands of women around the world.**
- **The discovery of a "worry-gene" twenty-five years ago made front-page news in the NEW YORK TIMES. This book helps mothers break the "worry cycle."**
- **A whopping 86 percent of adults consider themselves a worrier. An average adult spends one hour and fifty minutes a day worrying, according to a study conducted by Rescue Remedy. That adds up to twelve hours and fifty-three minutes a week—that's nearly twenty-eight days a year spent worrying!**

CALM for Moms

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Denise Marek is known as "The Worry Management Expert." An international speaker, author, and television personality, she has helped thousands of people around the world transform their feelings of worry into feelings of inner peace.

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