



# DISCUSSION GUIDE FOR *THE HEART OF A BOY*

BY KATE T. PARKER

1. What traits do you think of when you hear the word *boy*? What traits do you wish people would think of when they think of boys?
2. Where do you think the stereotypes about boys and girls crying come from? Should it be okay for anyone to cry?
3. What does being vulnerable mean to you? Think about a time when you felt vulnerable. Did the experience make you a stronger person?
4. What does it mean to be creative? Can only artists and musicians be creative? What is your unique brand of creativity?
5. Resilience is getting back up right after you fail. How have you been resilient in the past? How can you be more resilient in the future?
6. Independence is finding your own way. Can you think of a time when you had to stand on your own? Were you okay with it? Were you proud of yourself?
7. How can being curious open your world?
8. Is it hard to be kind? Think of a time when you were kind to someone else. How did it make you feel?
9. What does it mean to have the heart of a boy?

**VULNERABLE DEDICATED**  
**PLAYFUL JOYFUL RESILIENT**  
**CURIOUS CREATIVE KIND**  
**EXPRESSIVE INDEPENDENT**

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