

LOLA OUT LOUD

Inspired by the Childhood of Activist Dolores Huerta

By Jennifer Torres
Illustrated by Sara Palacios



TEACHING TIPS

WHO IS DOLORES HUERTA?

Dolores Huerta grew up in California. Her mother owned a hotel that served the farmworker community. Dolores witnessed the inequities around her and knew she could use her voice to speak up. She grew up to be a teacher and witnessed many of her students, who were the children of farmworker communities, come to school without shoes and without having enough to eat. Dolores began organizing in her community and founded the Agricultural Workers Association. Soon after, she was introduced to Cesar Chavez. Together they, and other leaders, including Filipino activist Larry Itliong, established what would become the United Farm Workers union.

Dolores continues to advocate for just and fair practices for farmworkers and others who are treated unfairly throughout the United States.

From <https://doloreshuerta.org/>



WHAT'S A PROBLEM YOU CAN FIX?

Dolores's mom taught her to be active in her community.

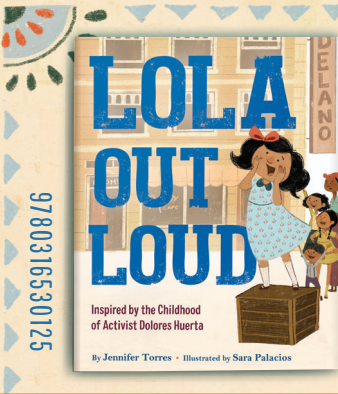
She said, "When you see a problem fix it." With a grown-up's permission, go on a walk around your community. Notice all the things around you. Do you see trash on the ground? Is there broken playground equipment? Is there a building without an accessible entrance/exit? What's a problem you notice? How can you fix it?

HOW DO YOU USE YOUR VOICE?

"Sí se puede" means "Yes, we can!" When Lola grew up, she used the phrase "Sí se puede" to speak up for the rights of farmworkers in the United States. There are a lot of different ways we can use our voice to speak up for others. How do you use your voice? Who do you speak up for?



These Teaching Tips were created by Vera Ahiyya, Author, Educator, Presenter & Educational Content Creator



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NO FAIR!

Have you ever had something happen to you that was unfair? How did that make you feel?
In the space below, draw a picture of a time something happened to you that felt unfair.



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