

The Patient's Checklist

By Elizabeth Bailey

Supplemental PDF

My Important Health Information

Name: _____

DOB: _____

Insurance (name of carrier and member ID):

My Important Contacts

Contact 1: _____

Phone: _____

Relationship to me: _____

Contact 2: _____

Phone: _____

Relationship to me: _____

My Health-Care Proxy: _____

Phone: _____

I have a health-care proxy: YES NO (see form attached)

I have a living will: YES NO (see form attached)

I use hearing aids ☐, glasses ☐, dentures ☐,
reading glasses ☐.

My current health conditions (including any implants):

Current list of medications, allergies to medication, and over-the-counter meds that I take (name/dose/schedule):

My current doctors (name/number/why I see them):

DRUG NAME	DESCRIPTION	DAILY SCHEDULE	
		TIME	DOSAGE
DOCTOR	WHY		
SPECIAL INSTRUCTIONS			
ADVERSE REACTIONS			
DATE STARTED			
DATE ENDED			

DRUG NAME	DESCRIPTION	DAILY SCHEDULE	
		TIME	DOSAGE
DOCTOR	WHY		
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NOTES:

THE PATIENT'S CHECKLIST—Daily Medication Log

DATE: _____		DAY: _____		
TIME	DRUG	DOSAGE	ROUTE	ON TIME?
			<input type="checkbox"/> ORAL <input type="checkbox"/> IV <input type="checkbox"/> SHOT <input type="checkbox"/> OTHER	<input type="checkbox"/>
			<input type="checkbox"/> ORAL <input type="checkbox"/> IV <input type="checkbox"/> SHOT <input type="checkbox"/> OTHER	<input type="checkbox"/>
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NOTES:				

DATE: _____ **DAY # OF HOSPITALIZATION:** _____

NURSES TODAY

Day Nurse: _____ Shift Time: _____

Night Nurse: _____ Shift Time: _____

Doctors seen today / Time: ☐

Medications on time and correct? ☐

Invasive devices (IV, catheter, ventilator, etc.) checked by nurse? ☐

Is there a removal date? ☐

What Happened Today? Refer to Daily Reminders Checklist.

RED FLAG

DATE: _____ **DAY # OF HOSPITALIZATION:** _____

NURSES TODAY

Day Nurse: _____ Shift Time: _____

Night Nurse: _____ Shift Time: _____

Doctors seen today / Time: ☐

Medications on time and correct? ☐

Invasive devices (IV, catheter, ventilator, etc.) checked by nurse? ☐

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What Happened Today? Refer to Daily Reminders Checklist.

RED FLAG

Primary Insurance Provider (adapt from your card info)

Name of policyholder:

DOB and SS# of policyholder*:

Member ID#:

Group#:

Claims phone number:

Contact:

Secondary Insurance Provider (adapt from your card info)

Name of policyholder:

DOB and SS# of policyholder*:

Member ID#:

Group#:

Claims phone number:

Contact:

Prescription Drug ID Card (adapt from your card info)

ID#:

RxGrp:

RxBin:

Employer human resources contact (name/phone/email for contact):

Hospital billing dept. contact (name/phone/email for contact):

***If you are not the policyholder—spouse, parent, etc.**

HOSPITAL INFORMATION PAGE

Date of hospitalization: _____

MRN number: _____

Hospital name: _____

Address: _____

Main number: _____

Nurses' station number for your floor: _____

Nurse manager name and number
for your floor or unit: _____

Room number: _____

Room phone number: _____

Case manager: _____

Social worker: _____

Patient relations number (call if you have issues that
are not being addressed): _____

Rehab facility if applicable: _____

Discharge instructions reviewed with: _____

Discharge services referrals (medical equipment, nursing
services, PT, etc.):

Doctor name:

Specialty:

Typical time for rounds:

Office phone:

Cell phone:

Email:

Office receptionist:

Nurse practitioner:

NP contact info:

Physician's assistant:

PA contact info:

Hospital resident/intern reporting to doctor:

Contact info:

Doctor name:

Specialty:

Typical time for rounds:

Office phone:

Cell phone:

Email:

Office receptionist:

Nurse practitioner:

NP contact info:

Physician's assistant:

PA contact info:

Hospital resident/intern reporting to doctor:

Contact info:

Special notes:

Doctor name:

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Hospital resident/intern reporting to doctor:

Contact info:

Doctor name:

Specialty:

Typical time for rounds:

Office phone:

Cell phone:

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Office receptionist:

Nurse practitioner:

NP contact info:

Physician's assistant:

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Nurse practitioner:

NP contact info:

Physician's assistant:

PA contact info:

Hospital resident/intern reporting to doctor:

Contact info:

Special notes:

Doctor name:

Specialty:

Typical time for rounds:

Office phone:

Cell phone:

Email:

Office receptionist:

Nurse practitioner:

NP contact info:

Physician's assistant:

PA contact info:

Hospital resident/intern reporting to doctor:

Contact info:

Doctor name:

Specialty:

Typical time for rounds:

Office phone:

Cell phone:

Email:

Office receptionist:

Nurse practitioner:

NP contact info:

Physician's assistant:

PA contact info:

Hospital resident/intern reporting to doctor:

Contact info:

Special notes:

Doctor name:

Specialty:

Typical time for rounds:

Office phone:

Cell phone:

Email:

Office receptionist:

Nurse practitioner:

NP contact info:

Physician's assistant:

PA contact info:

Hospital resident/intern reporting to doctor:

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Specialty:

Typical time for rounds:

Office phone:

Cell phone:

Email:

Office receptionist:

Nurse practitioner:

NP contact info:

Physician's assistant:

PA contact info:

Hospital resident/intern reporting to doctor:

Contact info:

Special notes:

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Landline:

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Special notes:

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Notes

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Notes

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