THINGS THAT MAKE YOU FEEL GOOD

A FUN ACTIVITY BOOK

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INSTRUCTIONS

1. Follow these instructions.

2. Have fun! Don’t be afraid to write, draw, or add pages to this book.

3. Share all your feelings in this book. You can paint, draw, color, glue, paste, etc. etc.

Just have fun!
THIS BOOKS BELONGS TO:

WRITE YOUR NAME HERE.
DRAW THINGS THAT LIVE IN THE OCEAN
DRAW A DOG ON THIS PAGE.

BARK!
PUT ANYTHING YOU WANT ON THIS PAGE.
DRAW SOME THINGS TO TAKE WITH YOU ON A TRIP.
USE THIS PAGE FOR SILLY THINGS.
GLUE OR TAPE SOME PICTURES HERE.
USE THIS PAGE TO PUT STICKERS ON.
DON'T USE THIS PAGE!

JUST KIDDING! PUT ANYTHING YOU WANT HERE.
WRITE DOWN ALL YOUR FAVORITE THINGS HERE.

COLOR. __________________

FOOD. __________________

ANIMAL. __________________

THING TO DO. __________________

FAVORITE PLACE TO VISIT. __________________

FAVORITE THING ABOUT YOURSELF. __________________
DRAW A PICTURE OF YOUR FAMILY.
COLOR THESE BUGS.
COLOR IN THIS XL PAIR OF UNDERWEAR.
DRAW A BIRD AND A BUTTERFLY.
DRAW A PICTURE OF HOW YOU ARE FEELING RIGHT NOW.

WHY DO YOU FEEL LIKE THIS?
It doesn’t matter what color you are, where you are from or who’s in your family. Everyone needs to be loved. Always love yourself and BE WHO YOU ARE!

The End. Love, Todd
THE End!
DO NOT TURN THE PAGE!!!
YOU TURNED THE PAGE!!

ALWAYS FEEL GOOD ABOUT YOURSELF!

THE END.

LOVE,

Todd

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How To Make A Book

How I MAKE A BOOK

TODD PARR
First! I have to think of an idea.
When I have my idea I am ready to start making my book.
I like to use the computer and a draw-tablet. I draw the black lines first.
Then I add the colors and the words.
Sometimes I paint the pictures.
When I am all done, I send it to my editor (She’s like a teacher)
Then I have to wait.
And wait.
When my editor gets my new book idea

oh! A new idea from Todd!
She is very excited!
When I hear back from my editor there are lots of changes.
I make all of the changes and send it back.
Then I have to wait.
And wait.
When I hear back from my editor, there are even more changes.

Revise this and revise that and change this and add this and take out this and......
That’s okay. When I listen to my editor, it always makes my books better.
Then, I start thinking of my next idea.
Anyone can write a book. All you need is an idea. What will your book be about?
The End. LOVE, Todd