

THE KINDNESS BOOK

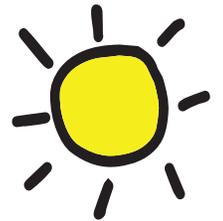
storytime kit



Beloved and bestselling author Todd Parr uses his signature blend of playfulness and sensitivity to explore the value and joy in being kind to others.

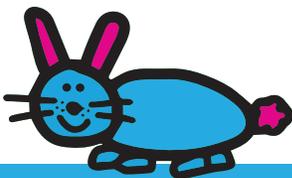


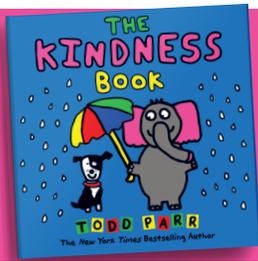
With bright colors and bold lines, Todd Parr takes on a topic more important than ever: **being kind**. This idea is both a perfect fit for Todd's cheerful, child-friendly positivity and incredibly close to Todd's own heart. No matter what other people choose to do, you can always choose to be kind—and what a wonderful thing to be! Today's parents and teachers are looking for ways to instill empathy and kindness in children at a young age—this book is the perfect introduction to a timely and timeless topic.



INSTRUCTIONS FOR EVENT

Kindness is...sharing, caring, and reading with others! Host the ultimate colorful—and kind—storytime with Todd Parr's **THE KINDNESS BOOK**. In this kit you'll find a sing-along song, a coloring page, a maze activity, and more ideas for creating a wonderful event to share kindness (and a love of reading) with friends and families of all shapes and sizes.





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SING-A-LONG

It feels good to be kind! Get everyone excited about spreading kindness with this song, sung to tune of “If You’re Happy and You Know It!” Once you learn the verses below, create your own! Ask kids to suggest their own way of showing that they’re kind, whether it’s doing a dance, wiggling their toes, or just jumping for joy. There are so many ways to be kind!



If you’re kind and you know it clap your hands

[clap, clap]

If you’re kind and you know it clap your hands

[clap clap]

If you’re kind and you know it and you really want to show it,
If you’re kind and you know it clap your hands!



If you’re kind and you know it shout HELLO

[HELLO!]

If you’re kind and you know it shout HELLO

[HELLO!]

If you’re kind and you know it and you really want to show it,
If you’re kind and you know it shout HELLO

[HELLO!]



HELLO!

If you’re kind and you know it give a high five

[give the person next to you a high-five]

If you’re kind and you know it give a high five

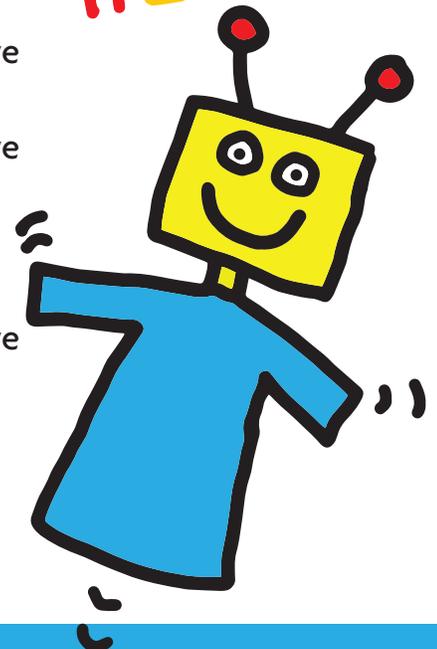
[give the person next to you a high-five]

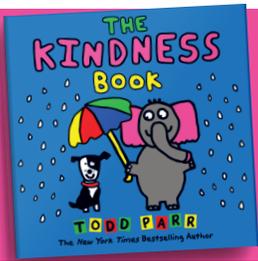
If you’re kind and you know it and
you really want to show it,

If you’re kind and you know it give a high five

[give the person next to you a high-five]

HLOXK!





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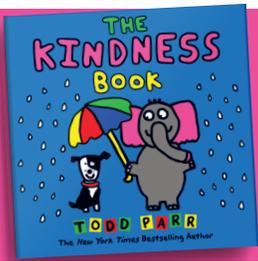
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COLORING PAGE

IT'S
EASY TO
BE
KIND!





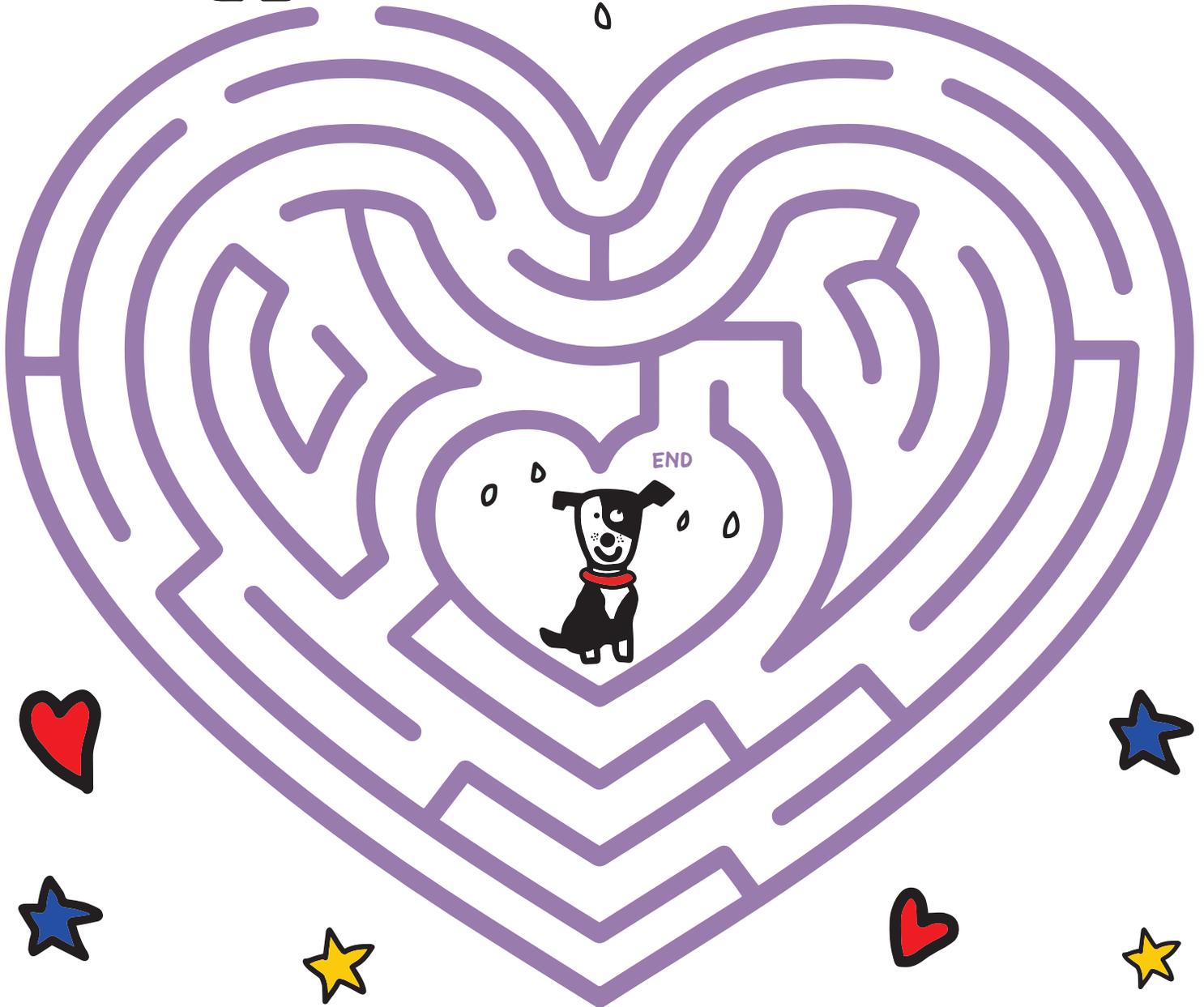
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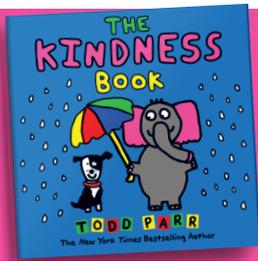
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MAZE

It's raining cats and dogs! Help the elephant reach the dog so that they can share the umbrella in the rain.





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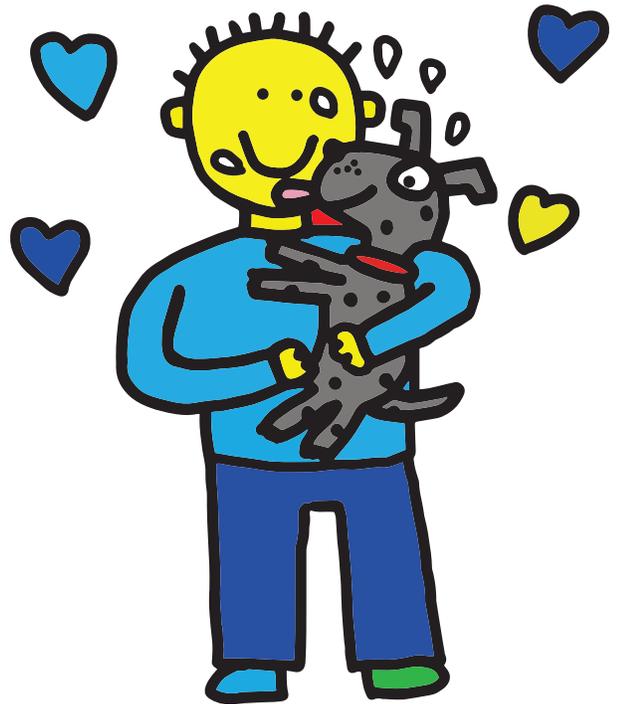
MORE ACTIVITIES TO SPREAD KINDNESS

WAYS TO BE KIND

There are so many ways to show kindness every day! Take turns having everyone share a way that they are kind to others, and to themselves, and write them on a large piece of paper or poster board. Once everyone has contributed an idea, the group can decorate the poster using crayons and markers to make a colorful piece of art.

KINDNESS IS LISTENING

Turn an act of kindness into a game of telephone! Start with a kind message, and whisper it to the person sitting next to you. Continue sharing the message with each person whispering into the ear of the person next to them. It's tricky to listen carefully, but remind children that it's OK to ask for help and to ask the person to repeat the message. The last person in the group announces the message to see if it made it all the way down the line!



KIND MAIL

Who doesn't love getting a nice note in the mail? Provide paper and crayons or markers and have everyone write a note to someone about kindness. Helpful prompts might be: "Kindness is ____" or "You are kind because ____." Take it one step further and send the cards to a military organization or hospital.

KINDNESS IS LETTING OTHERS BE WHO THEY ARE

Get to know your friends, and make new ones! Line up chairs in a circle with one person standing in the middle. The person in the middle gets to share one fact about themselves, such as "I love ice cream" or "I have a brother." If that applies to you, you have to switch to another empty chair that isn't one of the ones directly next to you. Whoever is without a chair gets to share the next fun fact!

