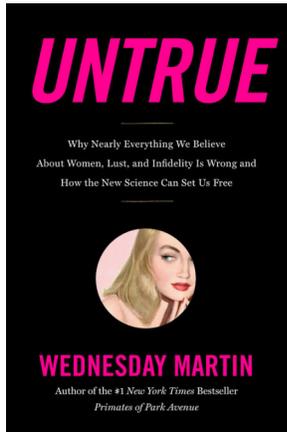


# UNTRUE Reading Group Guide



“*Untrue* is a book with a point of view—namely that whatever else we may think of them, women who reject monogamy are brave, and their experiences and possible motivations are instructive. Not only because female infidelity is far from uncommon but also because the fact of it and our reactions to it are useful metrics of female autonomy, and of the price women continue to pay for seizing privileges that historically belonged to men.” —Wednesday Martin, from the Introduction

*Untrue is a thought-provoking book that uncovers the truth about women, lust, and infidelity—topics often considered taboo in mainstream American culture. The questions below are meant to be provocative and spark a candid conversation based on the findings you read in Untrue. In other words, this isn't your grandmother's reading group guide.*

## Questions for Discussion:

1. How would you feel if your partner/spouse had an affair?
2. Do you think monogamy is a choice for women, or is it a “false choice,” something that is actually imposed on women by stigma, slutshaming, or even science?
3. What are your thoughts on polyamory? Do you think it can work?
4. How do you think you would respond if your spouse or partner told you he/she wanted to “open up” your relationship?
5. If you could “step out” one time only, knowing you would get away with it/there would be no consequences, would you?
6. Do you think consensual non-monogamy can “cure” infidelity?
7. What do you think counts as cheating in this digital age?
8. How important do you think sexuality is to a female's identity vs. a male's?
9. What role do you think race plays in your sexuality? In your sexual relationships? How are race and sexuality linked in America?
10. In speaking with leading experts, Wednesday found that women get bored of sex in a long-term monogamous partnership sooner than men do. And that women crave novelty and variety of sexual experience every bit as much as men do, if not more. Sometimes, when they don't get it, their libidos just “shut down,” and they figure, “I guess I don't like sex.” But if they could be with someone new, their desire for sex would come right back. As one woman told Wednesday, “I want to have sex all night long, just not with my husband.” Does that ring true?
11. Do you agree with the author that female infidelity is a feminist issue? Why or why not?
12. Has the sexual double standard affected your life? When was the first time you noted it? The most recent time?
13. Can you think of TV shows, songs, or movies where women are punished for being sexual? Do you think there are TV shows or movies that accurately portray your sexuality, and female sexuality in general?
14. Do you think female sexual fluidity is real? Do you know women who have “switched teams”?
15. Have your feelings about monogamy changed since reading this book? How?