

Reading Group Guide

1. Let's plan a road trip: if you could drop everything and go anywhere, right now, what would your destination be? Is there a place you always visit, to center yourself and find some peace? Or, alternatively, is there a solo trip you've always wanted to take? Where?
2. What would your ideal trip playlist be? And what are your personal road "Rules of Conduct"?
3. In "Heartbreak City" Abbi shares a friend's observation she'd taken to heart and which had completely shifted how she saw herself. Abbi writes, "I took her words about me in like a fugitive...I fed this thought, talked to it as I went to bed, lived with it for years. If one of my best friends, one of the people closest to me, honestly felt that she could never see me with anyone, maybe it was true?"

Is there something that a loved one has told you that shifted your perspective and caused you to examine yourself differently? What did you do about it? Did you, like Abbi, turn those words over repeatedly in your mind? Did you try to change? Or did you, ultimately, find that you were content?

4. In "Asheville Bed & Breakfast," Abbi passionately shares her views on saucers: she believes they're on the outs. Where do you stand? Are you a firm saucer-supporter?

And what are some of your other personal (perhaps similarly controversial) pet peeves?

5. On a related note—she later explores some of life's biggest questions, from whether or not this world is just a computer simulation, to if there's ever a point in our lives where we stop feeling like we're eighteen. What are some of your "Big Questions"?
6. In *I Might Regret This* Abbi shares some deals she's made with herself: the first, that if she thought someone was interesting or attractive, she would boldly ask him or her out, and second, that she would try and live her life without needing anyone else. Have you made a deal with yourself over the years? Have you stuck to it, and was it easy to do so? How has keeping that deal (or breaking it) changed your life, if at all?

And if you haven't—what's a deal you'd want to make with yourself, now?

7. What are your go-to snacks, and what do you think they say about you? If you had to classify yourself—are you a Netflix, a Hulu, or an HBO (when it comes to snacks)?
8. In "Minor Regrets," Abbi talks about the small things she wishes she'd done, writing "Living without regrets is impossible, but for me keeping them in a mental file...can come in handy. I can go through them once in a while to see how much I've grown, see the old versions of myself, lined up next to one another, knowing that this version of me, right now, will soon join the pack."

Do you have a list of minor regrets of your own that you parse through—like pretending Elijah Wood was your cousin? What are some of them? Do you also use them as a way to measure your own personal growth?

9. *Broad City* was indubitably and completely Abbi (and Ilana's) dream come true. Did their story inspire you to chase your own dream? Do you have a passion of yours that you're already in the midst pursuing? What do you think it will take to get you there?
10. In "Working Woman," Abbi shares some of her workplace struggles, from being a (female) boss to confidently saying no. Did you identify with her struggles? What are some of your own? What are some struggles you see women, particularly female bosses, facing in the workplace?
11. Who is your "bacon, egg, and cheese...anywhere, anytime" person? If you could say something to them right now, what would you say?
12. Is there a place that holds significant meaning to you, as Jerome holds to Abbi? Or a memento that you make sure to always carry with you? What's the story behind it?
13. None of us are strangers to heartbreak, whether romantic or not. Heartbreak and ache drove Abbi across the country on a solo road trip to find peace, distance, and time to think—which she found, along with solace, (literal and figurative) space, and a new version of herself. She ends her journey reminding us that it's okay—okay to be a mess, to be heartbroken, to have loved and lost, to love again.

How has heartbreak molded you? How did you deal with the loss? What do you need to remind yourself is "okay"?

14. In "Palm Springs" Abbi has a "vision" of herself—a woman daring to swim through a chaotic pool, despite the crowd in her way. She wonders if that might be her in thirty years, and who that person would be.

Who do you think or hope you'll be? What are the concerns you hope to have left behind? And the happiness you hope to have found?