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PUBLISHING**

FOR IMMEDIATE RELEASE

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**GRAND CENTRAL PUBLISHING ACQUIRES MEMOIR BY ABC NEWS'
ELIZABETH VARGAS**

New York, NY—March 20, 2014

Grand Central Publishing, a division of Hachette Book Group, is pleased to announce the acquisition of a memoir by ABC News anchor Elizabeth Vargas. Gretchen Young, VP, Executive Editor acquired the world rights from Creative Artists Agency. The as-yet untitled memoir and accompanying audio book have a tentative publication date of Spring 2016.

In January 2014 on *Good Morning America*, Emmy award-winning journalist Elizabeth Vargas admitted to the world her alcohol addiction, leading to an outpouring of sympathy and support. Vargas's memoir will be a no-holds-barred account of growing up with crippling anxiety and of turning to alcohol for relief. She'll divulge how she found herself living a dark double life and will share personal stories of her despair, her time in rehab, and, ultimately, her recovery process.

Vargas found salvation from her anxiety and alcoholism in the realization that many others were similarly suffering; more Americans are medicated for anxiety than any other disorder, and alcoholism is a growing problem among women. Through her memoir, Vargas hopes to provide solace and guidance to others who are battling addiction.

Of her memoir, Vargas said, "When I first began to worry about my own drinking, I turned to books other women had written about their own alcoholism. I learned I was not alone, and it helped me find the courage to reach out and get help. I have spent my entire life telling other peoples' stories. This one is my own, and is incredibly personal: the burden and the loneliness of the secret drinker. If just one other person can relate to it, it will make my own story worth writing, and I will have paid the gift forward."



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Of the acquisition, Deb Futter, VP, Editor-in-Chief, Hardcover at Grand Central Publishing said, “Grand Central Publishing is proud to bring Elizabeth Vargas’ story to her fans and to the myriad readers suffering from anxiety and addiction, or who know a loved one who is suffering. “

As an award-winning ABC News anchor and correspondent, Elizabeth Vargas has traveled the world covering breaking news stories, reporting in-depth investigations and conducting newsmaker interviews. She is currently co-anchor of ABC News’ 20/20.

About Hachette Book Group:

Hachette Book Group is a leading trade publisher based in New York and a division of Hachette Livre, the third-largest trade and educational publisher in the world. HBG publishes under the divisions of Little, Brown and Company, Little Brown Books for Young Readers, Grand Central Publishing, Orbit, Hachette Books, Hachette Nashville, and Hachette Audio.

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